

GYM RULES

GREAT FACILITIES REQUIRE GREAT COMMUNITY COOPERATION!
To keep our gymnasium in top condition, please observe the following guidelines.

SHOES

Non-marking gym shoes ONLY
No street shoes, no tap shoes, no cleats, etc.
No skates

BALLS

Indoor appropriate balls ONLY:
indoor soccer balls, mush balls, tennis balls,
wiffle balls, increda balls, basketballs, volleyballs
No baseballs or softballs
No bouncing or kicking balls-against walls, doors,
ceiling or rafters. Balls stuck in the rafters are "lost".
No slam dunking or hanging on basketball rims
No batting practice

COURTESY AND GOOD SPORTSMANSHIP

No spitting or foul language
Clean-up after play, including sweeping floor
Return baskets/equipment to original position

SAFETY

No leaning into volleyball nets
No climbing or playing on bleachers
No playing or sitting on gymnastic
equipment or mats
No playing or running in the halls
No propping open doors or windows
All children MUST be supervised by an
adult at all times

DAMAGE PREVENTION

No food or beverages
No chewing gum
No dance-enhancing powder
No tape on floor or walls
No markers on floor or walls
No pulling bleachers out
No pushing/pulling chairs, tables, or
other equipment across floor
Group/individual is responsible for damage

The building supervisor is authorized by the West Des Moines Community School District to enforce these and other related rules. Persons who refuse to comply with these rules and/or cooperate with the building supervisor will be asked to leave the premises. Non-compliance may result in police intervention and loss of privilege to use the district facilities.

THANK YOU! YOUR COOPERATION IS APPRECIATED.