Your ad could be read in over 31,000 homes and businesses in West Des Moines.

Contact WDM Magazine at 222-3610. Ask for a media kit and more information on how you can increase YOUR business by being a sponsor in the WDM Magazine.
The City of West Des Moines is partnering with WDM Magazine to sponsor the Eye on West Des Moines Photo Contest. Submissions for the 2018 contest are accepted anytime through Friday, June 1, at 4:00 p.m. Entries must be electronically submitted to parkrec@wdm.iowa.gov.

- Grand Prize/Overall Winner: $100 and featured on the cover of a future edition of WDM Magazine.
- Category Winners: $50

All submissions must be received by June 1, 2019, at 4:00 p.m. Photographs must be entered in one of four categories that represent life in the City of West Des Moines:

- Living – Activities/Events
- Living – Plants
- Seasons in WDM
- Living – Wildlife

For more information, please contact Mark Brewick at 222-3441 or Mark.Brewick@wdm.iowa.gov.
I’m always amazed at how strong the momentum is during the winter months for many of our big initiatives.

A major source of excitement today is the MidAmerican Energy Company RecPlex, which was announced last summer. This proposed $30 million facility will provide a much needed year-round sports facility for adults and children in central Iowa.

Plans call for the RecPlex to be located just west of Interstate 35 along the south side of Grand Avenue. The complex will be built with a mix of public funds from hotel motel tax revenue, grants, utility funds and private donations.

Studies show the demand for youth sports facilities is high, and this complex is sure to attract large numbers of people who will participate in or observe training sessions and tournaments. The RecPlex will feature ice hockey rinks, indoor and outdoor soccer fields, and court sports such as basketball and volleyball. In addition to the recreation benefits, the economic activity the RecPlex will also generate for West Des Moines' restaurants, stores and hotels makes it an ideal project for hotel motel funds.

We’re also using grants and hotel motel revenue to support public art that enriches our community. In the spring, we can look forward to additional temporary exhibits at Art on the Campus, and we’ll be able to enjoy the debut of the Folded Flag project that honors veterans along Veterans Parkway.

We’ll also soon be able to see enhanced City entrance signs that will be posted at various locations throughout West Des Moines.

Enthusiasm is also strong for our Five Waters Project, which includes a Civic Campus Amphitheater, a Boathouse at Raccoon River Park, a marathon trail loop, a Raccoon River greenway, and Raccoon River pedestrian bridges and a Great Western Trail Connection.

We’re actively seeking donations and sponsors for these wonderful additions to our community.

Our plans are ambitious, but all these projects set West Des Moines up for success, and they offer tremendous recreational venues and amenities for our residents and visitors.

Parts of Valley Junction also will experience new activity in the months ahead as we launch our broadband initiative with Microsoft that will increase connectivity for residents and students in the pilot project area. In addition, the City has awarded funding for ten redevelopment projects in Historic Valley Junction that provide a cumulative capital investment of more than $1.7 million.

I also want to mention that for the 21st consecutive year, the Business Record named West Des Moines the Best City Government Conducive to Doing Business. The statistics tell the story – 2018 was the second highest year on record for total construction valuation since we topped the $1 billion mark a few years ago. Year-end numbers put our total valuation at nearly $533 million. We have active development in all four counties that comprise the City (Polk, Dallas, Warren and Madison).

It’s no easy task to keep a rapidly growing City like ours running smoothly. In my experience, it takes extensive planning and working partnerships with key members of our community and an exceptional City staff. We’re fortunate to work with so many committed groups of individuals who have a passion for what they do.

It won’t be long before everyone will be able to enjoy some of these amazing additions to West Des Moines. After just a couple of months, it’s clear that 2019 is shaping up to be quite a year.

Steven K. Gaer
Meet Lori Lavorato! She is a retired Des Moines police officer who brings a unique perspective to the West Des Moines Civil Service Commission. As a second term Commissioner, Lori’s commitment to equality and fairness makes her one of our standout volunteers. Thank you, Lori, for making our city government more transparent and a better place to work for our employees and staff.

When did you move here?
Lori: My husband and I moved here in 2005.

As a volunteer Civil Service Commissioner, what is the most important part of your job?
Transparency and fairness.

What is the purpose of the Civil Service Commission?
To provide a harmonious and efficient public service which protects the interests of the City of West Des Moines as well as its employees and to ensure the City is following all federal and state laws. We meet twice a month with the City Human Resources Department making sure that personnel management and policies and procedures are conducted fairly.

Do you also meet with city employees?
As a Civil Service Commissioner, we meet with city employees.

Do you volunteer in other organizations?
Yes. My husband, Nick, and I have two daughters – Talia and Giana – and I coach their softball teams.

How do you apply to become a Civil Service Commissioner?
Go to the city website at wdm.iowa.gov and look for Board and Commissions in the Government menu, Mayor & City Council. Then click on apply to be considered for future Civil Service Commission openings. When there is an opening, you will be contacted. It’s a Mayor-appointed volunteer position.

Why do you volunteer for the Civil Service Commission?
I want to make sure the hiring and management practices of the city are fair and that they comply with anti-discrimination laws. I like contributing to my community.

Are there any specific skills you need to serve on the Civil Service Commission?
A strong belief in justice and anti-discrimination, a commitment to donate my time, and some experience in government is helpful.

What is your guilty pleasure?
Watching “Forensic Files” and University of Iowa football, and treasure hunting at thrift stores.

Who is the person you admire the most?
Ms. Dorothy Height – Civil Rights activist and a Civil War veteran.

What’s your guilty pleasure?
Thrift store shopping and bargain hunting.

What is something most people don’t know about you?
I can juggle and I can ride a unicycle.

“...in my city and making a difference in my community.”

Meet our Mayoral Appointee volunteers.

Why do you volunteer for the Civil Service Commission?
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“The WDM magazine was produced by the City of West Des Moines, Iowa
J.M. Impressions and Colorfx.
© 2019 City of West Des Moines, Iowa
**FEMA Releases New Floodplain Maps for WDM**

The City of West Des Moines participates in the Federal Emergency Management Agency (FEMA) sponsored National Flood Insurance Program (NFIP) so that property owners within the City are eligible to purchase federally backed flood insurance.

Visit our website at [www.wdm.iowa.gov/FEMAmaps](http://www.wdm.iowa.gov/FEMAmaps) to see if your property is now in a floodplain according to the new Flood Insurance Rate Maps (FIRMs) released by FEMA.

If your property appears to be in a floodplain according to the maps, and you do not have a Letter of Map Amendment (LOMA) from FEMA, it is suggested that you discuss the potential flood insurance considerations with your home insurance agent and/or mortgage lender.

**Attention West Des Moines!**

Anyone who lives or works in West Des Moines is invited to complete our short online community surveys that will help us update our City's Comprehensive Plan.

Surveys will be posted every few weeks about eight topics that are important as we plan for the future growth of our community. All your answers will remain anonymous. Just visit [www.OurWDM.com](http://www.OurWDM.com) and look for the Community Survey tab. Feel free to answer any of the surveys that are posted.

Thanks in advance for sharing your thoughts and ideas with us!

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**Cops N’ Bobbers Fishing Derby**

Celebrating **20 Years of REEL Fun!**

Join the WDM Police Department for the 20th Annual Cops N’ Bobbers Fishing Derby at the City Hall Pond. Teams must consist of at least one child under 18 years of age and one adult (18 years old and up). Contestants must supply their own bait, tackle and poles. This is a catch and release event where participants will return all fish to the pond once they are measured. Prizes will be awarded in several categories.

**Event Date**
Saturday, June 8

**Event Location**
West Des Moines City Hall Pond
4200 Mills Civic Pkwy
West Des Moines, IA

**Registration**
Begins at 8:30 am

**Fishing**
From 9:00 am – 11:00 am

**Prizes will be awarded**
11:30 am

Look for us on Facebook @CopsNBobbers and @WDMPolice.

**Questions?** Contact Rod VanGenderen at 222-3620 or Jeff Nash at 222-3475.

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**FEMA FLOOD MAPS**

Visit us on the web at [www.wdm.iowa.gov](http://www.wdm.iowa.gov)
### Event Calendar

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
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</thead>
<tbody>
<tr>
<td>Spring Gallery Night</td>
<td>4/12</td>
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<tr>
<td>Farmers Market / Music in the Junction</td>
<td>5/2 – 9/26</td>
</tr>
<tr>
<td>Cinco de Mayo Festivale</td>
<td>5/4</td>
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<tr>
<td>Arts Festival</td>
<td>5/19</td>
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<tr>
<td>National Public Works Week</td>
<td>5/23</td>
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<tr>
<td>Mustang Car Show</td>
<td>6/2</td>
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<tr>
<td>Summer Antique Jamboree</td>
<td>6/9</td>
</tr>
<tr>
<td>All Iowa Bash</td>
<td>7/3</td>
</tr>
<tr>
<td>Fall Antique Jamboree</td>
<td>9/8</td>
</tr>
</tbody>
</table>

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### Meet one of Central Iowa’s Most Influential Founding Fathers—

**James Jordan**

**His Life and His Legacy**

TO ORDER, CONTACT:

Historic Valley Junction Foundation
137 5th Street • West Des Moines, IA 50265
office@valleyjunction.com or (515) 222-3642

QUANTITIES LIMITED

ORDER TODAY!

$29.95 + $6 S&H

All major credit cards accepted

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### Report for Fiscal Year 2017

prepared by the Department of Economics at Iowa State University.

### How much revenue will WDM receive if this measure is passed?

West Des Moines will receive approximately $7 million annually based on estimated retail sales.

### How will the funds be used?

As required by State law, 50% of the revenue will be applied directly to City property tax reduction for all property taxpayers in West Des Moines. All WDM residents can expect to see an overall 8% reduction in the City’s portion of their residential or commercial property tax rate.

The other 50% of revenue will be applied directly to public safety (hiring 7 new police officers and 5 firefighters in the next fiscal year), additional public infrastructure improvements for transportation and traffic flow as well as flood control, quality of life initiatives such as the Five Waters Project, and a major refurbishment of the Public Library.

### How many votes are needed for this to pass?

If residents vote 50% plus one in favor, this ballot measure would pass.

### Do I need to show ID to vote this year?

Yes. Valid forms of ID include an Iowa Driver’s License, Iowa Non-Operator’s ID, Military ID, U.S. Passport, Tribal ID, Veteran’s ID and Voter ID card.

### Where can I get more information?

Visit our website at www.wdm.iowa.gov for additional information and links to the Secretary of State and the Polk County Auditor websites.

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On Tuesday, March 5, the voters of West Des Moines who live in Polk County will have an opportunity to vote on a ballot measure that would impose a one-cent local sales tax in the incorporated area of West Des Moines located in Polk County.

Due to a change in state law, this will be the first time West Des Moines residents have been able to cast a vote on such a measure without their votes being combined with those from neighboring communities.

### What will this measure do?

If approved, the sales tax will increase in Polk County from 6 to 7 cents. In November 2017, voters approved a measure that increased the sales tax in Dallas County from 6 to 7 cents.

### Who has a local option sales tax now?

In Iowa, 97 out of 99 counties and over 1,200 communities have a one-cent sales tax. Polk and Johnson are the only two counties that do not have a local option sales tax.

### What items are subject to the sales tax?

The extra one-cent tax will only be collected on items currently subject to sales tax, such as retail sales, electrical or plumbing work and the delivery of goods and services (like furniture).

### What items are not subject to the sales tax?

Items not subject to a sales tax include food for home consumption, prescription drugs, vehicles, gasoline, utilities, hotel/motel rentals and professional services such as medical or legal services.

### Who pays the local option sales tax?

Anyone (residents or visitors) purchasing goods or services will pay this tax at retail establishments in Polk County.

### What percentage of sales tax revenue in WDM comes from visitors?

Forty eight percent of the sales tax revenue generated in Polk County comes from visitors who purchase goods and services in West Des Moines, according to a Retail Trade Analysis.

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Visit us on the web at www.wdm.iowa.gov

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—from THE CITY MANAGER

Tom Hadden, City Manager
The West Des Moines Community Foundation (WDMCF) was created in 2007 in order to make a positive impact in our community. To date, the Foundation has received and is managing over $1 million from families, individuals, businesses, the City, and Polk and Dallas Counties for our various funds to support artistic, cultural, recreational, historic, social and natural resources.

Grant Submissions Reviewed Quarterly
The Foundation serves as a catalyst for specific community projects and a champion for promoting quality of life within our city. This past year, grants have been awarded by the WDMCF to support a variety of community initiatives in West Des Moines, including:

- Crossroads Park PTA – Fine Arts Day
- Meals from the Heartland – WDM Schools meal prep event
- Nine Square Feet – Healthy Soil Workshop and produce exchange
- Tallgrass Theatre – Stage upgrade and Box Office upgrade
- WDM Chamber – Leadership Academy Scholarship
- WDM Historical Society – Jordan Scholars Program
- WDM Human Services – Grocery gift cards for the holidays
- WDM Parks and Rec – Bench in Raccoon River Park

Non-profit organizations serving citizens in West Des Moines are eligible to submit a grant to the WDMCF. Grants are reviewed on a quarterly basis by the WDMCF Board of Directors, and awarded on a selective basis, according to established bylaws and policies.

Donating to the WDMCF is a wonderful way to give back to the community and will help to preserve and improve the quality of life in West Des Moines for generations to come.

Questions:
Contact Helen Eddy, WDMCF Board Chair, at helenbikes@msn.com
Donation Form and Grant Application can be found at:  www.wdmcf.org

WDMCF Board of Directors:
Mike Abbott, Tom Cox, Wade Den Hartog, Helen Eddy, Tamara Kenworthy, Robert Palmer, Brett Peterson, Kathleen Till Stange

Ex-Officio Members:
John Mickelson-City Councilman
Jamie Letzring-Deputy City Manager
Sally Ortgies-Director of Parks & Recreation

Donations (of any size) Always Welcome
Donations to the WDMCF are accepted through the Community Foundation of Greater Des Moines, which also administers and manages the five funds. No donation is too small.

WDMCF funds:
- General Pass-through Fund
- Special Interest Fund: Arts and Culture
- Special Interest Fund: Recreation and Trails
- Endowment Fund – maximum of 5% of endowment funds are available on an annual basis
- Quality of Life Fund

www.wdmcf.org
New Permanent Artwork to be Placed in Ashawa Park

“Heartbeat of the Heartland” by Zach Bowman of Ankeny, IA

Artist Zach Bowman’s piece “Heartbeat of the Heartland” was featured in the 2018 Art on the Campus temporary exhibit. The West Des Moines Public Arts Advisory Commission has purchased the artwork to add to the City’s permanent art collection. “Heartbeat of the Heartland” will be placed in Ashawa Park (4431 Waterford Dr.) this spring. Bowman states, “It’s important to find something you’re passionate about. Growing up in rural Iowa, I am passionate about where I was born and raised. This sculpture is my way of expressing that passion. ‘Heartbeat of the Heartland’s’ lace-like pattern portrays Iowa as a central hub for food resources.”

Folded Flags Dedication Event

Friday, June 14 | 7:30pm

Please join us on Flag Day as we dedicate the first installment of Veterans Parkway enhancements at the intersection of Brown’s Woods Drive and Veterans Parkway. Folded Flags, with its 15 individual standing folded flags will be installed in the spring of 2019. The City of West Des Moines collaborated with local veterans groups to create artwork that would honor veterans as well as be aesthetically pleasing and thought-provoking when viewed by the public. Partial funding for Folded Flags was provided by Bravo Greater Des Moines.

7th Annual ART ON THE CAMPUS Temporary Exhibit

Make sure to take a stroll around the WDM Civic Campus Pond to view the selected artworks in the Art on the Campus exhibit. The exhibit begins on April 15 and ends on November 15. Ten art pieces are part of this year’s exhibit. You can learn more about the artwork and artists at www.wdm.iowa.gov/AOC.

Discover Public Art with Mobile Audio Guide

The FREE Otocast app is your personal tour guide for public art in West Des Moines. Explore both the Art on the Campus exhibit and pieces in the City’s permanent collection with the voices of individual artists leading the way. Look for Otocast in the app store on your phone or mobile device, and use it at destination attractions all over the world.

With Otocast, you can:
• Explore art exhibits at your own pace, in your own time
• Scroll through the guide to help plan your visits
• Read about art pieces
• Look at photos of artwork and share with friends
• Listen to custom artist narratives that provide fun and engaging information

If you are interested in serving on the West Des Moines Public Arts Advisory Commission, please contact the West Des Moines City Clerk at 515-222-3603 to request an application.

HOW IS PUBLIC ART FUNDED?

Annual funding for public art in West Des Moines comes from hotel-motel tax revenue dedicated by the City Council for that purpose.
THE WEST DES MOINES HISTORICAL SOCIETY

HISTORY AFTER HOURS
At The Jordan House Museum
6pm-7:30pm

Try something new with us on the third Wednesday of each month this year. Each evening features a tour of the Jordan House Museum and a themed activity. Space for most programs is limited to 15 people, and tickets are $15 per person. They must be purchased in advance by calling 515.225.1286.

February 20: History in the Dark
Candlelight tour of the Jordan House

March 20: Ladies Night
Light appetizers with wine

April 17: White Glove Wednesday
The chance to don conservator’s gloves and examine selected items more closely

May 15: Spring Into History
A focus on the tradition of May Baskets, including the chance to make your own

June 19: History Ala Mode
We’ll make ice cream and enjoy it on the front porches of the Jordan House

July 17: Garden Party
Enjoy some classic yard games with tea

August 21: History and Art
We’ll place an emphasis on the Jordan House’s original artwork, conservation methods and how to hang works in a historic home

September 18: Toys and History
Geared towards the family, this tour will focus on the toys, games and crafts of the late 19th Century

October 16: History on the Hoof
Learn about the wild and domestic animals of early Iowa and make pinecone birdfeeders to take home

November 20: History on the Table
Learn about typical foods and menus for every day and special occasions. We’ll make our own butter and have some delicious treats

December 18: History for the Holidays
Tour the Jordan House by candlelight and make Victorian ornaments

Tea Time at the Jordan House
(page p10 of the P&R Program Guide)

The Iowa Files
(page 41 of the magazine)

Jordan House Museum Public Tours
• Fridays & Saturdays
• 11:00am & 1:00pm
• Cost:
  - Adult (18+): $5
  - Youth (5–17): $3
  - Child (Under 5): Free
• Tour Length: 1 Hour and 15 minutes

Private Rentals
• Jordan House or Bennett School
• 2 Hours
• $150

Call 515.225.1286 to schedule your event today.

The West Des Moines Historical Society is a privately funded non-profit organization that relies on the generosity of its friends and supporters. We kindly ask you to help preserve the legacy of West Des Moines’ history by becoming a West Des Moines Historical Society Member.

Become a member today by visiting the Society’s website at www.wdmhs.org or by calling (515)225.1286.
Scrap Appliance & Metal Drop-Off

**SPRING:** Saturday, June 8  |  **FALL:** Saturday, Sept. 14

8:00 AM to 12:00 Noon

The perfect time for an appliance and metal drop-off event is the weekend AFTER Spring Cleanup! Sometimes residents forget that appliances aren’t accepted during Spring Cleanup. If that happened to you, or if you’re a WDM resident and just have scrap appliances and/or metal items to dispose of, bring them to the West Des Moines Public Services facility located at 560 S. 16th Street on Saturday, June 8th and September 14th from 8:00 AM until Noon.

<table>
<thead>
<tr>
<th>These items will be accepted – <strong>FREE</strong></th>
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</thead>
<tbody>
<tr>
<td>Air Conditioners (all sizes)</td>
<td>Dishwashers</td>
</tr>
<tr>
<td>Batteries, Lead Acid</td>
<td>Dryers</td>
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<tr>
<td>Blenders/Mixers/Toasters</td>
<td>DVD Players</td>
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<tr>
<td>Calculators</td>
<td>Exercise Equipment</td>
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<tr>
<td>Cameras, Camcorders</td>
<td>Fans</td>
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<tr>
<td>Cell Phones</td>
<td>Fax Machines</td>
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<tr>
<td>Chillers</td>
<td>Freezers (no food)</td>
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<tr>
<td>Computer Towers, Servers</td>
<td>Furnaces</td>
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<tr>
<td>Condenser Units</td>
<td>Garage Doors &amp; Openers</td>
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<tr>
<td>Copiers</td>
<td>General Scrap Metal</td>
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<tr>
<td>Dehumidifiers</td>
<td>Humidifiers</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>These items will NOT be accepted –</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Anything with food in it</td>
<td>Garbage</td>
</tr>
<tr>
<td>Chemicals</td>
<td>Light Bulbs</td>
</tr>
</tbody>
</table>

**Television and Monitors**

Televisions and Monitors are accepted at a COST. **Cash or Check Only**

Note: Residents participating in City-provided solid waste collection may dispose of TVs and monitors of any type by putting them at the curb by 6AM on their normal collection day with the appropriate $5 sticker(s). Contact the City’s hauler, Waste Connections, at 265-7374 to make the arrangements. The TVs/monitors will be landfilled vs. recycled. TVs and monitors are accepted during Spring Cleanup at no cost in 2019, the first week of June.

|  |
|---|---|
| $15.00 Each TV or Monitor | $30.00 Each Console or Big Screen |

2019 **Solid Waste EVENTS FOR WEST DES MOINES RESIDENTS**

**April 1**

**Yard Waste Pick-Up**

Begins on normal trash collection day

**May 23**

**Nat’l Public Works Week Celebration**

• 5 – 7 PM  
• Valley Junction

**June 3 – 7**

**Spring Cleanup**

On your normal trash pick-up day.

No appliances. See June 8 event.

**June 8**

**Scrap Appliance, Metal Drop-Off**

• 8 AM – Noon  
• WDM Public Services

**Sept. 14**

**Scrap Appliance, Metal Drop-Off**

• 8 AM – Noon  
• WDM Public Services

**Nov. 30**

**Yard Waste Pick-Up Ends**

**Dec. 30 – Jan. 10**

**Winter Yard Waste & Christmas Tree Collection**

H & W Recycling is partnering with the City of West Des Moines in this collection event. If you have any questions, please call the Public Services Department at 222-3480.

Visit us on the web at www.wdm.iowa.gov

Visit the City’s website at www.wdm.iowa.gov

Visit our web site at www.wdm.iowa.gov

**Household Hazardous Waste Disposal Options:** Visit [https://www.mwatoday.com](https://www.mwatoday.com)

For more information visit [www.wdm.iowa.gov](http://www.wdm.iowa.gov) or call WDM Public Services at 222-3480

Visit us on the web at [www.wdm.iowa.gov](http://www.wdm.iowa.gov)
Rid your home of items that do not fit in your garbage cart

Simple Spring Clean-Up Rules

Garbage Limit:
You can set out as much as will fit in the bed of one pickup truck

Weight limit:
If it’s reasonable that two people could lift the item, then it’s accepted.

What items ARE accepted?
Household items that don’t fit in your cart.

If you’re unsure whether an item is accepted, call your garbage hauler & ask!

Waste Connections
515-265-7374

Examples of ACCEPTED Items:
- Carpet (small rolls)
- Couches
- End Tables
- Fans
- Grills
  (with propane removed)
- Lamps
- Mattresses
- TV’s / Monitors

Make sure things you wish to dispose of are to the curb for pick-up on your normal garbage collection day the week of June 3 – 7:

- No earlier than 5:00 PM the day before pick-up.
- By 6 a.m. the day of pick-up.

What to do with your Appliances?

Bring them to the next Scrap Appliance & Metal Drop-Off event:
Saturday, June 8th
September 14th
8AM – Noon
WDM Public Services
560 S. 16th Street

Tires?

Bring to the next Scrap Tire Drop-Off event
Saturday,
April 13, 2019
April 2020
7:30 AM – 4PM
WDM Public Services

Other Items?

Go to: www.whereitshouldgo.com and type most any item in “search” for disposal options.

SPRING CLEAN-UP NOTE:
Please be mindful: If items are not hauled away by the spring cleanup crew because they are unacceptable (eg. appliances, tires, or if they are not at the curb by 6:00 AM the day of pick-up); it is the resident’s responsibility to properly dispose of these items using normal solid waste guidelines. This also applies to unfortunate incidences of items being dropped off by others. Residents are responsible for all items on their property.
BECOME A WEED WARRIOR

Assist the City of West Des Moines with maintenance of bioswales located in West Des Moines parks.

Bioswale: a multi-purpose stormwater management practice that provides an environmentally friendly alternative to storm sewers. By using a permeable soil bed and perforated subdrain tile, bioswales infiltrate water from frequent, small rains (1.25 inches or less). During heavy rains, bioswales convey runoff in a non-erosive manner.

Weed Warriors (neighborhood volunteers) are needed to help maintain bioswales in specified WDM parks. Weed Warriors will be taught how to identify and remove weeds in the bioswale. Weed Warriors must commit to yearly training led by Parks Maintenance staff, as well as to hands-on weed management in their selected bioswale at least two (2) times between May 1 and September 30 each year. Parks Maintenance staff will create a “prescription” for the management of each bioswale. This “prescription” will identify weeds that should be pulled, plants that should remain in the bioswale, the frequency of hand pulling, and instruction on proper management methods and techniques. Other duties may include placement and raking of mulch and/or control of volunteer trees.

Park bioswales included in the Weed Warrior program currently:
- Wild Rose Park (6801 Cody Drive)
- Valley View Park (255 81st Street)
- Fairmeadows Park (543 22nd Street)
- Woodland Hills Park (1230 South 95th Street)

If you are interested in becoming a Weed Warrior, please contact the WDM Parks and Recreation Department at 515-222-3444 or by email at parkrec@wdm.iowa.gov.

With bioswales being used more frequently in park planning and landscape design, maintenance of plant species and control of weeds in bioswales has become a more time and work-intensive task. Because the use of herbicides kills not plants around bioswales, nuisance weeds need to be hand pulled or cut. This, of course, takes time, energy, and commitment.

West Side Stories Podcast

It’s official…the West Des Moines Parks and Recreation Department has a podcast! Subscribe now to the West Side Stories podcast to hear a monthly episode featuring the staff and friends of the department. You will gain insight and hear stories about the nitty gritty of how the Parks and Recreation Department serves the citizens of West Des Moines. Topics range from park planning and how special events are planned to boards and commissions and cemetery management. Episodes are released the first Friday of each month. You can learn more about the podcast, its host, and episode guests at www.wdm.iowa.gov/WestSideStories.

eARTh Day Exhibition

Calling all artists who are called to care!
Submit your original artwork that brings awareness to ENVIRONMENTAL ISSUES, whether local or global, to the first-ever eARTh Day Exhibition. Use your artistic talents to show our community why you care about the earth and why they should, too.

Your artwork will be shown in a pop-up exhibit at the EARTH DAY FAMILY FUN event hosted by the West Des Moines Parks and Recreation Department’s GREEN TEAM on Saturday, April 20 from 10:00-12:00pm at City Hall. All submitted artwork will be shared on the Parks and Recreation Department’s social media accounts (Facebook, Twitter, and Instagram) and website as well.

Cash prizes will be awarded for the top artwork in each of the following categories. Winners will be selected in both YOUTH and ADULT divisions.
1. Photography
2. Painting/Drawing
3. Digital Composition
4. Written Word

Contact Allison Ullestad, Recreation Coordinator, at 515-222-3455 or at Allison.Ullestad@wdm.iowa.gov for further details about submitting your artwork.

Visit us on the web at www.wdm.iowa.gov
COMMUNITY COMPLIANCE CORNER

As we look forward to the spring transformation of brown dormant lawns to beautiful green, we'll soon be moving from shoveling snow to mowing lawns. West Des Moines neighborhoods, and City Code requirements, are a reflection of the pride our residents take in our beautiful City. Our Community Compliance Specialists work with residents to help ensure that issues not in compliance with City Code are addressed.

The following are some issues the Community Compliance Specialists will be looking at to ensure a well-kept community:

Junk in general should be properly removed from the property and never placed on the right of way until the day prior to a scheduled pick up (with appropriate solid waste stickers).

Inoperable/Obsolete vehicles. All vehicles must have current plates and be able to start and travel down the road. They must also be free of broken windows and have air in the tires. Vehicles may only be parked on a hard surface. If vehicles do not meet all these requirements they must be placed in a garage or hauled away.

Weeds, grass, or vegetation reaching the height of 10” or more.

POTHOLE

Pavement definitely feels the effects of the winter season and temperature fluctuations as spring develops. Even as Public Services crews actively seek out potholes for repair, new potholes will appear elsewhere during a busy spring season. That's why we appreciate when residents let us know of a pothole issue.

If you would like to report a pothole (or any other non-emergency issue), you have several options to report the concern:

• Download the YourGOV app on your phone to report the issue and send a photo if you wish.

• Go to the Online Service Desk on the City's website at www.iowa.gov.com or type YourGOV in the search box. Click on the “+” to add a request.

• Call Public Services at 515-222-3480.

Horticulture in our Midst

The beautiful creations designed, planted and maintained by our City’s Horticulture Division are new and fresh every year throughout the City. Enjoy!

These photos are from last year to compare with what you’ll soon be seeing. Later this spring when the planters are completed in Valley Junction you’ll be able to scan a QR code on the planters to see exactly “What’s In The Planter”? Or visit http://www.wdm.iowa.gov/government/public-services/forestry/what-s-in-the-planter
2019 Sidewalk Program

The City of West Des Moines offers an excellent transportation system for vehicles, bicycles and pedestrians. The number of residents walking, jogging and enjoying our neighborhoods steadily increases.

Our annual sidewalk program is an important means of reviewing the condition of existing sidewalks throughout the City on a rotating basis every eight years. A map (shown below and available on the City website) indicates the areas and schedule for inspection of sidewalk conditions.

Notices of defective sidewalks are sent to the owner of record according to the County Assessor’s office or, if a townhome or condominium complex, the Registered Agent according to the Secretary of State’s office. The property’s responsible party has the option to repair individual sidewalk defects on their own, or they may elect to have their sidewalks included in the citywide repair project. If repairs are not made within the period of time specified (generally 75 days), the City will proceed with the identified repairs and bill the property owner or responsible party.

This sidewalk program helps protect pedestrians who actively use the sidewalks, and property owners from liability issues. More information is available on the City’s website.

National Public Works Week Celebration

May 23 • 4pm – 7pm
North end of the Valley Junction Farmer’s Market  | 300 Block of 5th Street

The name of West Des Moines’ Public Works Department has been changed to “Public Services,” but we’re still in the same family of professionals!

Come join us for a celebration of the Public Works/Services men and women in North America who provide and maintain the infrastructure and services of our communities.

This event is not just a FREE FUN FAMILY EVENT, it’s an opportunity to learn!

Come for the fun, and ask questions on emerald ash borer, solid waste collection, plowing snow, repairing streets, Community Compliance, City horticulture, park maintenance, inspecting sewers . . . anything Public Services related!

Back again this year! Iowa DNR is bringing their Mobile Education Exhibit, equipped with touch screen computer games and interactive displays.
**Become a Master Recycler**

Want to be the best recycler on your block? Here is the guide to MASTER the art of recycling and help the Curb It! recycling program thrive throughout the Metro!

- **Follow the recycling guidelines.**
  Although it’s tempting to toss every kind of plastic, paper, and metal in the green cart, some items are simply not recyclable. For something to be accepted in the Curb It! program, it must be able to be sorted and sold.

  Metro Waste Authority is constantly looking for new opportunities, but there are just some items that don’t have buyers...yet. If you need a refresher of what can be recycled, check out the recycling guide at www.WhereItShouldGo.com.

- **Keep it clean.**
  Give your items a quick rinse before tossing them in your recycling cart. This helps keep recyclables free from contamination and ensures products are desired by businesses that want to purchase recyclables for new uses.

- **Buy products made from recycled material.**
  A great way to support recycling is to buy items made from post-consumer products. Purchase power is one of the most influential ways to show companies you want to support a sustainable recycling program.

  You make all the difference in your recycling program. Once you master these guidelines, pass them on to your neighbors and friends. Together, we can create a positive impact on the recycling world!

**Hazardous Waste in your House!**

While it might be obvious to be careful with bleach, do you know what to do when you’re done with it?

Bring it to Metro Waste Authority!

You take precautions to put cleaners in high or locked cupboards away from kids, and everyone knows you shouldn’t pour motor oil down the drain.

Knowing what’s hazardous in your home is important. But when it comes time to get rid of things like bleach, antifreeze or bug spray, it’s important to know where it should go.

Hazardous waste can be brought to Metro Waste Authority drop-off sites located in Bondurant and Grimes.

Common household items like bleach, rechargeable batteries, oil-based paints, lawn chemicals such as fertilizers or weed killer, old motor oil or gasoline, and energy efficient lightbulbs (CFL) are all accepted for free.

West Des Moines residents who have Metro Waste Authority garbage and recycling can request houseside pick up of hazardous items for a fee.

**Yard Waste: Compost It!**

The Compost It! program picks up yard waste throughout the Metro. Curbside collection starts again April 1, 2019. The program accepts small twigs and branches, leaves and lawn clippings, as well as any garden vegetation. Just avoid dirt, mulch, rocks, and food.

For more information, call Metro Waste Authority at 515.244.0021 or visit www.WhereItShouldGo.com.

**For collection:**

**Tag it:** Brush bundles and store-brand bags require a green Compost It! sticker for collection. Bundles can be no larger than four feet long by 18 inches in diameter.

**Bag it:** Put loose yard waste such as lawn clippings, leaves, and garden vegetation in Compost It! bags or store-brand bags with a green Compost It! sticker.

**Wheel it:** Throw accepted items in your Compost It! cart and take it to the curb. Carts can be purchased at Public Services and require an annual subscription. If you’re using more than 65 Compost It! bags per year, a cart may be for you!

Retailers sell Compost It! bags and stickers. When using store-brand bags a Compost It! sticker must be added for collection.

**Curbside Yard Waste Collection**

**Season starts April 1, 2019**

**TAG IT**

**BAG IT**

**WHEEL IT**

Accepted yard waste:
Small twigs and branches | Leaves and lawn clippings | Garden vegetation

515.244.0021
www.WhereItShouldGo.com
Most of us have a nightly routine that we follow before climbing into bed, but a study from UL (Underwriters Laboratories) shows most folks skip a very important step. Nearly 60% of people sleep with their bedroom door open.

In the event of a fire in your home, sleeping with your door closed at night could save your life. A fire needs oxygen to burn. A closed door keeps more oxygen in the room and away from the fire. Closed doors can slow the spread of flames, reduce toxic smoke and gas, improve oxygen levels and limit damage to your home. A closed door can also mean reducing 1,000 degrees down to 100 degrees.

In the event of a fire in your home, sleeping with your door closed at night could save your life. A fire needs oxygen to burn. A closed door keeps more oxygen in the room and away from the fire. Closed doors can slow the spread of flames, reduce toxic smoke and gas, improve oxygen levels and limit damage to your home. A closed door can also mean reducing 1,000 degrees down to 100 degrees.

With the increased use of synthetic materials in furniture and construction, fire spreads faster than ever before. Because of this, the average time to escape a home fire has gone from 17 minutes to just three minutes or less.

Start making it a habit to close not only your own bedroom door at night, but your kids' rooms as well. It's also a good time to test your smoke and carbon monoxide detectors, check your home for potential fire hazards and review your family’s escape plan. These small safety measures could make all the difference.

Visit us on the web at www.wdm.iowa.gov

NEW THIS YEAR: TREES CAN BE PURCHASED DAY OF TREE SALE

1. Go to www.wdm.iowa.gov/ShadeCrusade before April 20. The sooner you sign up, the better your chance of receiving your tree of choice.
2. Select your tree(s) and make payment ($30 per tree) online.
3. Contact Iowa One Call by dialing 811 or by going to http://www.iowaonecall.com/homeowners by April 24th to set up a time to schedule underground utility locates on your property.
4. Pick up your tree(s) and take part in tree planting and care demos at WDM Shade Crusade 2019.
5. Plant your tree(s) right away, and be sure to share your tree planting photos on Facebook, Twitter, and Instagram with the hashtag #wdmshadecrusade.

Note that any tree not claimed by 10:00 am will be resold or planted by the City on public property. No warranty is provided. No refunds or replacements.

To learn more about the available tree species and WDM Shade Crusade 2019, go to www.wdm.iowa.gov/ShadeCrusade
Digital photography is often noticeably present in the image.
When to Water; When to Wait; When to Worry

Although your lawn essentially sleeps the gray winter away, soon we will be seeing new, green growth awakened.

In Central Iowa, we typically enjoy adequate rainfall in the spring, but the hot, dry days that follow can take their toll on grass as well as flowers and vegetable gardens. Turfgrass can remain dormant for up to four to six weeks in the summer without significant damage to the plants, says Richard Jauron, Iowa State University Extension Horticulturist.

“The ideal time to water a lawn is at the first signs of water stress,” Jauron points out. Healthy, hydrated turfgrasses are dark green in color. But for cool-season grasses, such as bluegrass, “the first signs of stress are a bluish-green color and footprints that remain in the turf after walking across an area,” Jauron explains.

Most lawns need 1 to 1 1/2 inches of water per week. Jauron advises applying this in a single application, or if that’s not possible, in two applications, 3 to 4 days apart.

The worst watering mistake is frequent, light applications. This promotes shallow rooting and lush growth, which, effectively, makes for wimpy grass.

To determine the amount of water applied by the sprinkler, push three or four rain gauges into the soil within the spray pattern. The average of the gauges provides a good estimate of the amount of water applied to the lawn.

“The 2012 drought demonstrates the difficulty with watering in the face of grueling heat. In a typical summer, the worst mistake homeowners can make is to water just a little, often. Deep, soaking, less-frequent watering makes for healthier grass.”

“Summer and particularly July and August are what we refer to as ‘peak usage’ months,” notes Josh Heggen, acting general manager at West Des Moines Water Works. “A graph of our annual usage looks like a bell curve with June, July and August forming the top of the bell.”

Within these months of increased usage are other peaks: On Monday mornings starting at 3 a.m., a host of automated sprinkler systems turn on generating a peak usage time that initially had Mitch Pinkerton, WDMWW water production manager, scratching his head.

“A NEW PEAK

“We expect water use to go up dramatically in the early evening when people get home and start cooking dinner and doing laundry. We didn’t expect such high usage in the middle of the night,” he says.

Pinkerton surmises that people don’t want to water on the weekends, so those who have automated sprinklers set them for Monday morning.

“It’s not just us,” Pinkerton adds. “All water utilities are experiencing this trend. And, considering the number of homes being built with sprinkler systems, it will continue.”

Jauron urges homeowners to stay away from afternoon and night sprinkling. Early morning — but maybe not Monday at 3 a.m. — is the best time to water the lawn, allowing the water to soak into the soil with less evaporation. Watering later in the day is less efficient because evaporation is rapid. Plus, strong midday winds may carry water just about everywhere but where you want it.

It’s best not to run the sprinklers in the evening either. “Watering lawns in the evening may increase disease problems as the grass foliage remains wet through the night,” Jauron warns.

When it comes to watering your lawn, timing is important. The best time to water is between 5 a.m. and 9 a.m.
All City service requests can be directed to the Online Service Desk at www.wdm.iowa.gov

Des Moines Register
Subscriptions 1-877-4240225

Driver’s License
• Dallas County 993-6992
• Polk County 244-1052
• Madison County 462-1542
• Warren County 961-1144

Election Office
• Dallas County 993-6914
• Polk County 286-3247
• Madison County 462-3914
• Warren County 961-1020

Emergency Services
See Utilities

Emergency Medical Services (EMS) 273-0768
EMS Billing 8055 Mills Civic Parkway
CPR and Public Access Defibrillation Classes
ems@wdm.iowa.gov

Farmers Market (VJ Foundation) 222-3642

Finance Department 222-3600

Fire Administration 222-3420
3421 Ashworth Road • fire@wdm.iowa.gov

Gas Service
See Utilities

Hazardous Waste
Regional Collection Center 967-5512

Holiday Pool 273-0700

Housing Rehabilitation Program 273-0770

Human Resources 222-3616

Human Rights Commission 222-3675

Human Services 222-3660
139 6th Street • humanservices@wdm.iowa.gov

Senior & Disabled Transportation, Energy Assistance, Food & Clothing Pantry, Homeless Prevention

Illegal Waste Disposal 725-0268
http://www.wdminwr.gov

State Dept of Natural Resources industrial or major hazardous waste and chemical spills.

Minor/Household Spills 222-3321

Job Hotline (City of WDM) 222-3616
www.wdmww.com

Library 222-3400
4000 Mills Civic Parkway • library@wdm.iowa.gov

Legal Department 222-3523
4200 Mills Civic Parkway

Marriage Licenses See Vital Records

Mayor’s Office 222-3610

Motor Vehicle License Plates/Registration
• Dallas County 993-5812
• Polk County 286-3030
• Madison County 462-1542
• Warren County 961-1111

Nature Lodge 222-3424
Raccoon River Park 2500 Grand Ave.
One Call Underground Utility Lines 811 OR 1-800-292-8989

Parks & Recreation 222-3444
parkrec@wdm.iowa.gov

Parking Violations (non-moving) 222-3600

Permits
• Oversize Moving Permit
  publicservices@wdm.iowa.gov 222-3480
• ROW/Excavation Permits (Sidewalk)
  Engineering Services 222-3475

Street & Landscapes
publicservices@wdm.iowa.gov 222-3480

Planning & Zoning 222-3620

developmentservices@wdm.iowa.gov

Police Administration 222-3300
police@wdm.iowa.gov

Police/Fire/EMS/Dispatch (Westcom)
• Emergency 911
• Non-Emergency 222-3332

250 Mills Civic Parkway

Post Office 255-6471
430 5th St. WDM 50265 • usps.com

Property Tax
• Dallas County 993-5808
• Polk County 286-3060
• Madison County 462-1542
• Warren County 961-1110

Public Services 222-3480
publicservices@wdm.iowa.gov

Public Transportation See DART

Recycling – Curb It!
Waste Management www.wdm.com

Missed Pickup/Questions 244-7336

Recreation Programs 222-3444

Rental Housing Inspector 222-3360
developmentservices@wdm.iowa.gov

Senior Citizen Meals 274-0373

Sewer Stoppages/Repair
publicservices@wdm.iowa.gov 222-3480

Shelter Rentals (Parks & Rec)
222-3444

School Districts
• Norwalk 981-0667 • www.norwalk.k12.ia.us
• Van Meter 996-2221 • www.vmbulldogs.com
• Waukee 987-5161 • www.waukeeschools.org
• West Des Moines 633-5000 • www.wdmcs.org

State Service Offices 800-772-1213

Street Light Outages
MidAmerican Energy 1-888-427-5632

Street Repairs/Cleaning 222-3480
publicservices@wdm.iowa.gov

Visit us on the web at www.wdm.iowa.gov

Taxes See Property Tax

Tickets Moving Violations
• Dallas County 993-5816
• Polk County 222-3772
• Madison County 462-1542
• Warren County 961-1032

Parking Violations (non-moving) 222-3600

Traffic Signals/Street Signs
publicservices@wdm.iowa.gov

Trash Collection 265-7374
Waste Connections • www.wasteconnections.com

Tree Planting Permits 222-3417
publicservices@wdm.iowa.gov

Utilities Mid American Energy
Gas & Electric 1-888-427-5632
EMERGENCY 1-800-595-5325
One Call Line Locator 1-800-292-8989
www.midamericanenergy.com

Valley Junction Activity Center 222-3440

Valley Junction Foundation 222-3642

Vehicle Registration See Motor Vehicle License Plates/Registration

Vital Records
• Dallas County 993-5804
• Polk County 286-3781
• Madison County 462-3771
• Warren County 961-1089

Voter Registration
• Dallas County 993-6914
• Polk County 286-3080
• Madison County 462-3914
• Warren County 961-1020

Iowa Elections Division 281-8849

Water Treatment Plant 222-3465
1505 Railroad Ave.

West Des Moines Water Works 222-3460

Water/Solid Waste, New Service, Service Changes/Maintenance • 1505 Railroad Avenue
www.wmww.com • waterworks@wmww.com

Westcom
• EMERGENCY 911
• Dispatch Non-Emergency 222-3321

WestPest
273-0651
Animal Licenses • www.westpest.org

Yard Waste – Compost It!
Waste Management www.wdm.com
General Info/Questions 1-800-796-4969
Missed Pickup 1-800-796-4969

Persons with disabilities are encouraged to participate in City activities. Those individuals seeking City services and in need of special accommodations should either contact the department sponsoring the event or the ADA Coordinator.
**Mission Statement:** The WDM Public Library is a relevant and integral part of the community. The library enriches the lives of residents by providing convenient and timely access to information and ideas; by offering engaging activities and opportunities for personal and professional growth; by promoting a love of reading and learning; and by remaining responsive to the changing needs of its users.

**WDM Library Adult Programs**

**REGISTRATION INFORMATION**

All programs are held in the WDM Library Community Room unless otherwise indicated. All programs are free and require registration unless otherwise indicated. Registration dates are in brackets. You may register for most programs online at www.wdmlibrary.org.

**PARENTING PROGRAMS**

**BABIES ON THE MOVE**

Thu at 10 am: Apr 4, May 2, Jun 6, Aug 8 • 1 mo-18 mo & Parent

**PARENT QUEST**

1st Fri 11-noon: Apr 5 | May 3 • Parents of babies/toddlers/preschoolers

See Youth Programs section for details.

**PAPERCRAFTS C.L.U.B.**

Sat 10 am-4 pm: Apr 6, May 4, Jun 1, Jul 6, Aug 3

Be it scrapbooks, holiday cards, book folding, or coloring, we welcome all papercrafters! Bring a project and your own supplies (no sales at the event). We’ll provide snacks and cutting tools. Sponsored by the WDM Library Friends Foundation. Registration preferred.

**TECH: ONE-ON-ONE**

10-11:30 am: Apr 9 & 23, May 7 & 21 | 3-4:30 pm: Apr 17, May 15

If you have a specific computer, mobile device, or other technology related questions, we’re here to help! Sign up for assistance on setting up an email account, downloading eBooks, Word and Excel basics, online job applications, using online resources, and more. You may bring your own device; however, staff is unable to troubleshoot or diagnose malfunctioning computers or devices. 30-minute sessions. Basic computer/mouse skills assumed. Registration required.

**COLOR CONNECTION: ADULT COLORING CLUB**

2nd Tue 2-4 pm • Millie Knee Classroom

Apr 9, May 14, Jun 11, Jul 9, Aug 13

Learn to wire wrap as we create a pair of earrings. Must see well enough to thread a needle and be able to follow step-by-step instructions. Sponsored by the WDM Library Friends Foundation. Registration required.

**THE IOWA FILES: A HISTORY SERIES**

**Sun | 2:30-3:30 pm**

The WDM Historical Society presents an Iowa history series at the WDM Public Library. Ages 18 & up. No registration.

- **Apr 14:** REFUGEES & IMMIGRANTS IN IOWA – Presenter Željka Kravkica
- **May 19:** EXPLORING IOWA & ITS HISTORIC GEMS – Presenter Dan Kaercher

**ADULT SUMMER READING CLUB: A UNIVERSE OF STORIES!**

**Mon, May 20 – Fri, Jul 26**

You could earn prizes by reading (or listening) to books! Reading logs and book review forms are available online and in the library. See page 48 for details. Sponsored by the WDM Library Friends Foundation. 222-3403 • wdmlibrary.org

**PUZZLETIME**

Tue, 2-3:30 pm: Jun 18, Jul 16 • Millie Knee Classroom

Do you like word searches, crosswords, or other word games? Join other “enigmatologists” like yourself for refreshments, friendly chat, and non-competitive word games – or just bring your coloring book along! Ages 18 & up. Registration preferred. 222-3403 • wdmlibrary.org

**CHECKMATES: CHESS & BOARD GAME CLUB**

4th Thu 6:30-8 pm: Apr 25, May 23, Jun 27, Jul 25, Aug 22

For those who know the basics, we’ll provide chess sets and a different board game each month. No Nov/Dec Checkmates due to the holidays. Sponsored by the WDM Library Friends Foundation. Ages 6-adult. Registration preferred.

**QUICK & EASY HOLIDAY CARDS**

(Classroom) Tue: 2-4 pm | Jun 18, Jul 23 [7/1] • Millie Knee Classroom

For this afternoon program, we’ll make three simple thank you, thinking of you, or birthday cards. Friends sponsored. Ages 18 & up. Registration required.

**WDM WRITER’S CLUB**

2nd & 4th Sat @ 10 am • Millie Knee Classroom

Informal meetings for accomplished or aspiring writers – share any form of writing and offer/receive constructive criticism. Call for details. 515.222.3413

Visit us on the web at www.wdmlibrary.org
Support Adult Programs When You Join The Friends!

Friends memberships pay for many ADULT programs and services: Club Read and YA Not Club Read, Holiday Cards, Color Connection, Papercrafts C.L.U.B., Adult Summer Reading Club, Reading Basics, Iowa Author Series, Open Computer Lab, iPad lending, and more.

Donations are tax deductible!

WDM Library Friends Foundation,
4000 Mills Civic Pkwy, WDM, IA 50265 • 222-3407 • wdmlibrary.org

EARLY LITERACY

“Early literacy is what children know about reading and writing before they actually learn to read and write. It is not the teaching of reading, but is laying the foundation for reading so that when children are taught to read, they are ready.” — from Early Literacy Storytimes @ Your Library by Pamela Martin-Diaz and Saroj Nadkarni Ghoting.

Why is Early Literacy important?

Acquiring early literacy (pre-literacy) skills before school leads to reading achievement and academic success. Children who enter school with well-developed early literacy skills are ready to learn to read.

What are the Six Early Literacy Skills?

1. Letter Knowledge – knowing the names and sounds of letters; recognizing that the same letter can look different (upper vs. lower case, different fonts)
2. Narrative Skills – being able to describe events and tell stories
3. Phonological Awareness – the ability to hear and play with the smaller sounds that make up words
4. Print Awareness – noticing print; the ability to handle a book; understanding how to follow the words on a page
5. Print Motivation – showing interest and enjoying books
6. Vocabulary – knowing the names of things

What can YOU do to help your child?

• Allow your child time to talk while you listen attentively
• Encourage your child to handle books and “tell” you the story
• Provide an atmosphere that is fun and language rich
• Read often and make reading time an enjoyable time
• Read, sing, talk, and play with your child
• Write and color with your child to develop fine motor skills

How can the WDM LIBRARY help?

• Ask a librarian for suggestions
• Use our recommended reading lists to find materials your child may enjoy
• Check out library materials to use at home
• Attend age appropriate library programs (see our Storytime Series)
WDM Library Children’s Programs

Storytime Series

Advance registration is required [date in brackets] and begins at 9 am. Programs are held in the Library Storyroom unless otherwise indicated. Storytimes are FREE! Register online, in person, or by phone. youth services | 515.222.3405 | wdmlibrary.org

Daycares with more than five children, please call the Youth Services Desk for information about programming for groups.

Our youth services STAFF are trained in early childhood development. Programs focus on early literacy skills and fun!

**STORYTIMES** offer an age-appropriate selection of books or stories; felt-boards; music and movement; interactive fingerplays and rhymes; puppetry and/or crafts.

**ACTIVITIES** reinforce pre-reading skills: • body part identification • counting • rhythm • sensory stimulation • fine/gross motor skills • animal sounds • creative play • and more – so preschoolers can become successful readers! Build a lifelong love of books and reading at the library!

**MOTHER GOOSE TIME**
6 mo-2 yrs w/adult
Simple stories, gentle tunes, flannel boards, and nursery rhymes. Registration required.

Mon @ 9:30, 10 & 10:30 am:
Apr 8, 15 & 22 [4/1]

**LAPSIT LAMBS**
1 mo-18 mo w/adult
Language rich activities designed for pre-walking babies. Includes play ideas that are easily integrated into baby’s everyday routine. Registration required.

Tue @ 9:30 & 10:30 am:
Apr 9, 16 & 23 [4/1]

May 14, 21 & 28 [5/6]

Thu @ 9:30 & 10:30 am:
Apr 11, 18 & 25 [4/1]

May 16, 23 & 30 [5/6]

**DROP-IN FAMILY STORYTIME**
0-6 w/adult
Stories, songs, and interactive fingerplays. No registration!

Mon @ 6:45 pm:
Apr 8, 15 & 22

Wed @ 9:30 & 10:30 am:
Apr 10, 17 & 24

**DROP-IN OLIVER’S PUPPY TALES**
0-6 w/adult
Enjoy stories and more with little Oliver, followed by gross and fine motor play. Library Community Room. No registration.

Thu @ 10:30 am:
Apr 11, 18 & 25

Fri @ 10:30 am:
Apr 12, 19 & 26

**1000 BOOKS BEFORE KINDERGARTEN**
0-6 yrs & Parents

Read to succeed! The best and the brightest have parents who read to them. Track the time YOU read with your child. When you reach 1000 books, pick up a free book for your home collection! Register anytime online.

WDM Library Youth Programs

**KIDS CLUB READ**
If you like to read and talk about books, this group is for you! Join us for discussion and activities related to each month’s book. Sign up at the Youth Services Desk.

1st Thu | 4:15 pm | ages 8-12
Apr 4 – Wings of Fire by Tui T. Sutherland
May 2 – The Magic Thief by Sarah Prineas

**PARENTING PROGRAMS**

**BABIES ON THE MOVE**
Thu at 10 am : Apr 4 [12/3] | May 2 [4/1]  • 1 mo-18 mo & Parent
Parent/child programs. Enjoy moving and grooving with our littlest library patrons! Registration required.

**PARENT QUEST**
1st Fri 10 am | Parents of babies/ toddlers/preschoolers
Parents learn while their children play with Imagination Playground blue blocks. Presented by Jessica Pierce, Early Childhood Parent Educator, WDMS Community Education. Refreshments provided. Registration required.

Apr 5 [3/4] Coping with Criticism –
Criticism is a fact of life and how you handle it can seriously affect your self-esteem. Let’s take a look at how we can feel good about our parenting choices.

May 3 [4/1] Healthy Meals & Snacks for Summer – Ellen Davis, Hy-Vee Sports Dietitian, will give tips on summer meals and snacks.

**TEEN GROUP SERVICE PROJECT (GSP)**
1st Wed | 3-5 pm: Apr 3, May 1 | ages 14-18
If you need volunteer hours, we need responsible students to do various library projects and tasks. No experience necessary, but positions are limited! For more information contact wdmlibraryvolunteers@wdm.iowa.gov.

**TEEN ADVISORY BOARD (TAB)**
2nd Wed (May–Sep) | 3-4 pm | ages 14-18
Apr 10, May 8 • Millie Knee Classroom
Earn volunteer hours AND make the library a better place for teens! TAB members give input in teen activities and young adult materials; host fundraisers for teen programming; participate in community activities; help with youth programs; and more. Stop by a meeting or pick up an application today! 515.222.3405 | youthservices@wdm.iowa.gov

**WDM WRITES POETRY NIGHT**
Thu, Apr 11 | 6:30 pm | all ages
Celebrate National Library Week and Poetry Month with a live poetry reading event! Winners from the 2019 WDM Writes Poetry Contest will share their winning works. Everyone is welcome!
WDM Library Youth Programs

**AFTER SCHOOL LEGO ADVENTURES**
With LEGOs you can build anything, so have an exciting afternoon at the library. Who knows what you might create? Registration required.

**WDM COMMUNITY READS AUTHOR VISIT WITH LAURIE HALSE ANDERSON**
**Wed, Apr 24 | Time TBA**
Mark your calendars! Laurie Halse Anderson is coming to town for an evening presentation open to the community. More details will be announced soon. Proudly presented by West Des Moines Community Schools, West Des Moines Library, and West Des Moines Rotary Club.

**WORD.**
**Wed, Apr 24 [4/1] | 3 pm | ages 12-18**
Word is a monthly hangout for teens. Some months we will create. Some months we will build. Some months we will eat snacks or watch a movie. Every month it will be rad. Come to Word this month. Registration required.

**CHECKMATES: CHESS & BOARD GAME CLUB**
**4th Thu 6:30-8 pm: Apr 25, May 23, Jun 27, Jul 25, Aug 22 | ages 6-adult**
For those who know the basics – we’ll provide chess sets and feature a different board game each month – or bring your own! To learn the game, see Ben Munson’s Chess Club below. Sponsored by the WDM Library Friends Foundation. Registration preferred.

**BEN MUNSON’S CHESS CLUB**
**Mon | 6:30 pm | all ages**
Offered most Mondays, this is a non-competitive environment for playing chess, learning chess or discussing all things chess. Program is not monitored by Library staff. See library calendar for specific dates. No registration.

**MAY BASKETS**
**Tue, Apr 30 | 10:30 am | ages 0-6**
Tra la...it’s May! So come to the library and make May baskets to share with your friends. Registration required [4/1].

**SHAKE, RATTLE & ROLL**
**Thu, May 9 & Fri, May 10 | 9:30 am (ages 1-4) | 10:30 am (ages 2-6)**
Bop into the library to rock’n’roll, do The Stroll, twist and shout, sing it out...in this upbeat music and movement program. Registration required [5/6].

**ONE PASS, FOUR ADVENTURES**
WDM Library users with a card in good standing may check out passes to four local attractions: The Blank Park Zoo, Greater Des Moines Botanical Gardens, Living History Farms, and Science Center of Iowa.

**HOTSPOTS**
Check out “HotSpots” from the WDM Library! HotSpot devices provide password-protected wi-fi access in places where it might not otherwise be available, like road trips, campgrounds, etc. Available to WDM residents, ages 18 & up, with WDM Library cards in good standing (no lost items or fines). Users are financially responsible for lost or damaged HotSpots. 515.222.3403

**If You Enjoy our Youth Programs, Please Join The Friends!**
- Friends memberships pay for many library youth programs throughout the year.
- During the 2017-18 Fiscal Year, the library offered 574 children’s programs with 34,526 attendees.
- Memberships provide incentives to the 2500 youth participating in Summer Reading Club; SRC encourages readers to keep learning over the break!

**YOUR DONATION IS TAX DEDUCTIBLE!**
WDM Library Friends Foundation
4000 Mills Civic Pkwy, WDM, IA 50265 • 222-3407 • wdmlibrary.org

**SUMMER READING CLUB 2019**
Reach for the stars! Our Summer Reading Club (SRC) encourages reading and learning for ALL ages (babies–adults). This year’s theme is A Universe of Stories! – and it’s sure to be out of this world! Register and pick up your reading log at the youth services desk, or sign up and print online at wdmlibrary.org.

Sign up for ALL Summer Reading Clubs begins **Mon, May 20**
YOUTH SUMMER READING CLUB
Ages 0-18 are invited to enter cosmic contests; complete your reading goals at warp speed; and end the summer with a big bang at our final party (Sat, Jul 27). Pick up your reading log at the youth services desk, or register and print online.

ADULT SUMMER READING CLUB
Adults (18+) share the same summer reading theme! Enter weekly prize drawings – just for reading (or listening) to books! Set a course for the library to pick up your Reading Log and Book Review Forms. Also available online.

YOUTH PROGRAMS:
You’re the captain of your own starship when you chart (plan) your summer schedule around the library’s special events. Meet the challenges of Survivor; discover alien creatures at our Blank Park Zoo visits; celebrate Harry Potter’s birthday; and more! Don’t let your summer fall into a black hole! Sign up for library programs a.s.a.p. on registration days listed below. Check our website at wdmlibrary.org for more information.

June program registration begins Mon, Jun 3 | July program registration begins Mon, Jul 1
Register in person, by phone, or online.
youth services • 515-222-3405 • wdmlibrary.org

ADULT PROGRAMS:
Crawl out of that crater and put on your asteroid belt! We’re over the moon about our adult summer programs. Celebrate the spectrum at Color Connections: Adult Coloring Club; make three Quick & Easy Cards at the speed of light; or explore the final frontier at PuzzleTime - with theme-related word searches, refreshments, and friendly intergalactic chitchat! For more details, check our website.

Due to the popularity of our programs, registration for events often fills quickly and has a waiting list. If your student does not arrive for a program within the first 10 minutes of the event’s start time, we will invite others from the waiting list to take his or her spot.

Benefits of Summer Reading Club:
• Motivates children to read.
• Develops positive attitudes about reading, books, and the library.
• Maintains reading skills over the summer vacation.
• Provides access to experiences that further their sense of discovery.
• Offers opportunities to work cooperatively with others.

Summer Reading Club 2019

WDM Library services

All services are free unless otherwise indicated.

LIBRARY HOURS
(Labor – Memorial Day)
Mon-Thu: 9 am–9 pm | Fri: 9 am–6 pm
Sat: 9 am–5 pm* | Sun: 2 pm–5 pm*

*SUMMER HOURS
Sat: 10 am–4 pm | Sun: Closed
Call or check our website for holiday hours.
515.222.3400 • wdmlibrary.org

GET A LIBRARY CARD...IT’S FREE!
Present a valid ID with proof of current address. Residents of WDM, DSM, Ankeny, Clive, Urbandale, and Windsor Heights may apply. Cards are valid for three years (no renewal fee).

WDMLIBRARY.ORG
Access the library 24/7 from the comfort of home. See today’s news and events on our homepage; search for items in our catalog; check your account; renew materials; use online databases; sign up for programs; make a donation; or visit blogs for Kids, Teens, and Adults.

MY ACCOUNT
BY PHONE OR ONLINE
Use your library card barcode and pin number to access “my account login.” See titles checked out/due dates; requested items/wait list positions; and overdue materials/charges accrued. Renew all items or individual titles if you have the barcodes.
515.225.1576 • wdmlibrary.org

WE TAKE RESERVATIONS (ITEM REQUESTS)
Request items by phone or online from your account. We’ll let you know when it’s ready to pick up. If we don’t own it, we can usually get it for you within a short time. Long wait list? Don’t worry. We buy one copy for every six book reserves.
515.222.3400 • wdmlibrary.org

MOBILE ACCESS
Browse the library catalog, hold or renew a book, check your account, find events, and more with any internet-connected mobile phone. Search your app store for West Des Moines Library and download. It’s free.
515.222.3400 • wdmlibrary.org/app

Questions?
Call 222.3400
RESEARCH
REFERENCE TOOLS
From our homepage, find links to great websites, listed by category: Life Links; Books, Music and Entertainment; Hobbies and Interests; Local Interest; Government; General Reference; and Travel and the Outdoors. Got a question? We can help!
515.222.3403 • wdmlibrary.org

DATABASES
We have a variety of electronic resources available in the library; most are also accessible from home. We have 40+ online exclusive services to choose from on our website on a variety of topics, i.e. business, genealogy, periodical searching, readers’ advisory, travel, hobbies, and more. 515.222.3403 • wdmlibrary.org/databases

USING THE LIBRARY
E-CONTENT
The library has eBooks and eAudiobooks, plus digital magazines, graphic novels, and eComics! Bridges, Flipster, World Cinema Collection, InstantFlix, and more. Get details online or at the Reference Desk
515.222.3403 • wdmlibrary.org

PUBLIC MEETING & STUDY ROOMS
Available for public use at no charge: small rooms for 8 people, Millie Knee Classroom (20), Community Room (60). Call for guidelines/reservation details. 515.222.3400 • wdmlibrary.org

HOMEBOUND DELIVERY: WE MAKE HOUSECALLS!
If you are a WDM resident, unable to come to the library for health reasons, and interested in receiving regular monthly visits from a volunteer, give us a call.
515.222.3400 • wdmlibrary.org

BOOK CLUB COLLECTION
The library has multiple copies of past Club Read titles available for local book clubs to borrow. See our website for titles list. Advance reservations required.
• 515.222.3585 children’s titles
• 515.222.3410 adult titles
wdmlibrary.org

CALENDAR
SCHEDULE OF EVENTS
Check our online calendar for events and descriptions. Searchable by event type and age group. Selecting an event will link to the online registration form (if required). You may also register in person or by phone.
515.222.3400 • wdmlibrary.org

Our community library is fortunate to have the support of the WDM Library Friends Foundation – a volunteer-based, non-profit organization. Each year, the Friends contribute $12,000 to library programming. In addition, Friends Memberships funded these special projects:

• Rotating Outreach Collection • Outreach Van • TaleTrail • Charging Stations • BookPage Subscription • Laptop Lab • iPads • Artwork • Flannel Board • Summer Reading Clubs • and More!

WDM LIBRARY FRIENDS FOUNDATION MAKES A DIFFERENCE
Contributions mean more programs and more books for YOU!

• Your donations are tax deductible

WDM Library Friends Foundation
4000 Mills Civic Pkwy, WDM, IA 50265
515.222.3407 • wdmlibrary.org

Like the Friends on Facebook @ WDMLibraryFriends

SUPPORT THE LIBRARY
FRIENDS FOUNDATION: GIFTS & MEMORIALS
Honor friends, family, or special occasions through the Book Buy Book program. Your tax-deductible donation ($25 per book) builds a better library collection for all to enjoy. Larger gifts may fund a special project or the Friends endowment. Online donations accepted.
515.222.3407 wdmlibrary.org/support-the-library/friends-foundation

FRIENDS BOOK SALE AREA
Find great bargains in the corner by the children’s periodicals – from 10¢ magazines to $1 hardbacks – adult and children’s titles. Coordinated by the Friends Foundation, proceeds benefit library programs and collections. • 515.222.3400

VOLUNTEER
Applications available at our service desks or online. We need reliable adult volunteers, especially in our homebound delivery program. Student applicants must be age 13 or older AND completed 7th grade. Summer applications available in early April; Group service projects during the school year.
515.222.3400 • wdmlibrary.org

Like the Friends on Facebook @ WDMLibraryFriends

LIBRARY
WDM Library services

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ABOUT THE LIBRARY
MORE THAN BOOKS
Your library is more than a warehouse for books. It’s a place to meet, discover, relax, and enjoy a variety of reading, viewing, and listening materials.

TECHNOLOGY & EQUIPMENT
Available for use in the library: photocopier, fax, interactive storybooks, word processing, free Internet and wireless access. Overhead projector and iPads available for checkout. Hate long lines? Try a 3M SelfCheck machine!
515.222.3400 • wdmlibrary.org

KIDS TEENS ADULTS
LIBRARY BLOGS
From our homepage, click on KIDS, TEENS, or ADULTS and select BLOG. Get the latest program updates, book lists, staff picks, reading/literacy tips, and more.

YOUTH SERVICES
The first floor Youth Services Department includes books for babies through 6th grade, as well as audiobooks, music, movies, magazines, puzzles, and puppets. Our kids’ area is equipped with train, lightbox, and Lego Duplo tables which encourage creative play. You’ll find Young Adult (YA) materials upstairs, along with comfy seating and study tables. For info on programs and activities, drop in or check out our website.
515.222.3400 • wdmlibrary.org/teens

SOCIAL NETWORKS
Find links to Twitter, Facebook, and Pinterest on our homepage. Like us on Facebook. Follow us on Twitter @wdmlibrary, @wdmlibrarychild or @wdmlibraryteen to receive “tweets” (updates) on library happenings. Our Pinterest page includes Activities for Kids, Book Club Picks, Staff Picks, and more!
515.222.3400 • wdmlibrary.org

YOUR LIBRARY STORY
In 500 words or less, tell us how the WDM Library has made a difference in YOUR life. Selected stories will be featured on our website or promotional materials (with permission). For details, visit wdmlibrary.org/tell-us-your-library-story

WDM LIBRARY TALETRAIL
From the library through the tunnel to Ashawa Park, the TaleTrail features kiosks that slowly reveal a children’s story. Sponsored by private donations and the WDM Library Friends Foundation in memory of Dr. Robert C. Brooks. New tales quarterly.

DRIVER’S LICENSE RENEWAL KIOSK
Renew your Iowa driver’s license at the library! The DOT kiosk issues a temporary document; the new license or ID will be mailed to the user. Credit/debit cards accepted; no cash. Available during library hours. See our website for details and restrictions.
wdmlibrary.org/using-the-library/iowadot-drivers-license-renewal-kiosk
WDM Human Services

“The ♥ of the Community”

WDM Human Services has been helping community members since 1979. As a department within the City of West Des Moines, WDM Human Services provides necessary assistance to low-income, elderly and disabled individuals in their service area. Basic needs such as food, clothing, shelter, transportation and emergency financial assistance are a few of the critical services provided by WDM Human Services. For 40 years, we have provided assistance to community members during emergency situations to ensure their well-being and to improve their quality of life. WDM Human Services partners with members of the community to provide support and assistance. If you would like to help us meet our community need, please call 273-0633.

TRANSPORTATION

<table>
<thead>
<tr>
<th>description</th>
<th>contact/location</th>
<th>dates days/times</th>
<th>eligibility/qualities</th>
<th>fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>APPOINTMENTS</td>
<td>Trans. Supervisor</td>
<td>M – F 8am – 4pm</td>
<td>• Seniors (60+), disabled and low-income residents of WDM&lt;br&gt;• Reservations must be made by noon, two business days in advance</td>
<td>donations encouraged</td>
</tr>
<tr>
<td>SENIOR DINNER CLUB</td>
<td>Trans. Supervisor</td>
<td>First Tuesday of each month</td>
<td>• WDM senior residents (60+)&lt;br&gt;• Reservations must be made by noon, two business days in advance</td>
<td>Cost of your dinner&lt;br&gt;Transportation FREE (donations encouraged)</td>
</tr>
</tbody>
</table>

CITIZENS WITH SPECIAL NEEDS

FRIENDSHIP CONNECTION

Friendship Connection is a program for adults with special needs.

<table>
<thead>
<tr>
<th>Human Services Staff</th>
<th>Thursdays</th>
<th>• Adults with special needs</th>
<th>NONE</th>
</tr>
</thead>
<tbody>
<tr>
<td>222-3665</td>
<td>10am – 11:30am</td>
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</table>

Friendship Connection is offered every Thursday from 10:00am to 11:30am through WDM Human Services at various locations throughout the community. Participants socialize, play games, sing and have fun! Organizations throughout the community also make special presentations on occasion. To learn more, or to register as a participant, volunteer or presenter, please call 222-3665 or visit our website at www.wdm.iowa.gov/HumanServices.
**ENERGY ASSISTANCE**

The Low Income Home Energy Assistance Program (LIHEAP) helps qualifying households with their primary heating costs during the winter.

- **Human Services Staff**
  - 222-3660
- **Dates**
  - M 8am – 3pm
  - T 8am – 3pm
  - W 8am – noon
  - TH 8am – 3pm
  - F 8am – noon
- **Eligibility**
  - Limited appointments available
- **Application period**
  - 10/1 for seniors (60+) and disabled households by appointment
  - 11/4 for all other households
- **Application period ends**
  - Last business day in April
- **Requirements**
  - Low-income households in Polk County
  - Social security card & date of birth for all household members
  - Past 30 days of verifiable income from all sources for all household members
  - 2017 income tax return

**EMERGENCY FINANCIAL ASSISTANCE**

Emergency Assistance is available to avoid housing evictions and utility disconnections to eligible households.

- **Human Services Staff**
  - 222-3660
- **Dates**
  - M 8am – 3pm
  - T 8am – 3pm
  - W 8am – noon
  - TH 8am – 3pm
  - F 8am – noon
- **Eligibility**
  - Low income WDM residents
  - Residents must present lease or utility bill
  - Past 30 days of verifiable income from all sources for all household members, or 2017 income tax return
  - ID required for all household members

**ASSISTANCE WITH GOVERNMENT FORMS**

Government forms are not always easy to fill out. WDM Human Services is here to help. Includes forms for DHS and tax rebates.

- **Human Services Staff**
  - 222-3660
- **Dates**
  - M 8am – 3pm
  - T 8am – 3pm
  - W 8am – noon
  - TH 8am – 3pm
- **Eligibility**
  - Service area residents

**FOOD**

**DMARC FOOD PANTRY**

Food is available at WDM Human Services for households in need.

- **Human Services Staff**
  - 222-3660
- **Dates**
  - M 8:30am - 3pm
  - T 8:30am - 3pm
  - W 8:30am - noon
  - TH 8:30am - 3pm
  - F 8:30am - noon
  - 2nd & 4th Tues of each month
  - 4 pm – 6 pm
- **Eligibility**
  - Must provide ID for all household members

**HOLIDAY FOOD ASSISTANCE**

Food assistance for the holidays is available to eligible WDM households.

- **Human Services Staff**
  - 222-3660
- **Dates**
  - M – F 9am
- **Eligibility**
  - Walk-ins welcome
  - Deadlines apply – see website

**BREAD DISTRIBUTION**

Donated bakery items are available weekdays for households in need.

- **Human Services Staff**
  - 222-3660
- **Dates**
  - M – F 9am
- **Eligibility**
  - None

**SUMMER FOOD SERVICE PROGRAM**

The state of Iowa and WDM Community Schools provides a free summer lunch program to ensure children from low-income homes receive adequate food while not in school.

- **Human Services Staff**
  - 222-3660
- **Dates**
  - Lunches served M-F, beginning in June – See website for dates, times and locations.
  - All children 18 years or younger
  - FREE for children 18 years or younger

**GARDEN PROGRAM**

Offset the cost of food by growing your own garden.

- **Human Services Staff**
  - 222-3660
- **Dates**
  - M 8am – 3pm
  - T 8am – 3pm
  - W 8am – noon
  - TH 8am – 3pm
  - Registration begins in April
- **Eligibility**
  - Must provide ID for all household members
YOUTH ASSISTANCE

<table>
<thead>
<tr>
<th>description</th>
<th>contact/ location</th>
<th>dates days/times</th>
<th>eligibility/ qualifications</th>
<th>fee</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>YOUTH RECREATIONAL ASSISTANCE</strong>&lt;br&gt;Limited scholarships for recreational/educational youth activities offered through WDM Parks &amp; Recreation are available to eligible households.</td>
<td>Human Services Staff 222-3660</td>
<td>M 8am – 3pm, T 8am – 3pm, W 8am – noon, TH 8am – 3pm</td>
<td>• WDM resident&lt;br&gt;• Proof of income&lt;br&gt;• Proof of address&lt;br&gt;• ID required for all household members</td>
<td>50% off program fee (client pays balance)</td>
</tr>
<tr>
<td><strong>SCHOOL SUPPLIES</strong>&lt;br&gt;School supplies are available on a limited basis in August including classroom supplies and backpacks.</td>
<td>Human Services Staff 222-3660</td>
<td>• See website for dates&lt;br&gt;• Registration begins in July</td>
<td>• WDM resident&lt;br&gt;• Proof of income&lt;br&gt;• Proof of address&lt;br&gt;• ID required for all household members</td>
<td>NONE</td>
</tr>
<tr>
<td><strong>HOLIDAY ASSISTANCE</strong>&lt;br&gt;Need help with the holidays? Programs are available for qualifying WDM households including Adopt-A-Family and Toyland.</td>
<td>Human Services Staff 222-3660</td>
<td>• Walk-ins welcome&lt;br&gt;• Deadlines apply – see website</td>
<td>• WDM resident&lt;br&gt;• Proof of income&lt;br&gt;• Proof of address&lt;br&gt;• ID required for all household members</td>
<td>NONE</td>
</tr>
<tr>
<td><strong>POOL PASSES</strong>&lt;br&gt;Pool passes are available to low-income residents of West Des Moines.</td>
<td>Human Services Staff 222-3660</td>
<td>M 8am – 3pm, T 8am – 3pm, W 8am – noon, TH 8am – 3pm</td>
<td>• WDM resident&lt;br&gt;• Proof of income&lt;br&gt;• Proof of address&lt;br&gt;• ID required for all household members</td>
<td>Reduced Rate – varies depending on household income</td>
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HOUSING

<table>
<thead>
<tr>
<th>description</th>
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<th>fee</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>HOUSING SOLUTIONS</strong>&lt;br&gt;A short-term rental and support services program (Rapid Rehousing) for homeless families residing in emergency shelters with minor children</td>
<td>Housing Solutions Coordinator 222-3666</td>
<td>M – F 8am – 4pm</td>
<td>• Eligible homeless participants will need to meet HUD homeless guidelines and income criteria&lt;br&gt;• Must be referred by Primary Healthcare (515-248-1850)</td>
<td>NONE</td>
</tr>
</tbody>
</table>

CLOTHING CLOSET

<table>
<thead>
<tr>
<th>description</th>
<th>contact/ location</th>
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<th>eligibility/ qualifications</th>
<th>fee</th>
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</thead>
<tbody>
<tr>
<td><strong>Gently used clothing and houseware are available to those in need on a monthly basis.</strong> This is a community supported program — donations of clothing and small houseware are always needed.</td>
<td>Human Services Staff 222-3660</td>
<td>M 8:30am - 3pm, T 8:30am - 3pm, W 8:30am - noon, TH 8:30am - 3pm, F 8:30am - noon</td>
<td>• Proof of income&lt;br&gt;• Proof of address&lt;br&gt;• Service area resident&lt;br&gt;• ID required for all household members</td>
<td>NONE (donations encouraged)</td>
</tr>
</tbody>
</table>

PERSONAL DEVELOPMENT

<table>
<thead>
<tr>
<th>description</th>
<th>contact/ location</th>
<th>dates days/times</th>
<th>eligibility/ qualifications</th>
<th>fee</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ESL CLASSES</strong>&lt;br&gt;For adults whose first language is not English. Transportation available on a limited basis.</td>
<td>Human Services Staff 222-3660</td>
<td>T &amp; TH 10am – noon</td>
<td>• Pre-registration required&lt;br&gt; • Limited # of participants</td>
<td>$30 book fee</td>
</tr>
<tr>
<td><strong>HISSET CLASSES</strong>&lt;br&gt;For individuals seeking to earn their high school equivalency diploma. DMACC instructors lead the classes.</td>
<td>DMACC staff 256-4924</td>
<td>M &amp; W 6pm – 9pm</td>
<td>• Registration required&lt;br&gt; • Must be 18 yrs or older</td>
<td>NONE</td>
</tr>
</tbody>
</table>

ELDERLY ASSISTANCE

<table>
<thead>
<tr>
<th>description</th>
<th>contact/ location</th>
<th>dates days/times</th>
<th>eligibility/ qualifications</th>
<th>fee</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>HANDYMAN SERVICES</strong>&lt;br&gt;Services include lawn mowing, snow removal and minor exterior home repairs for low-income, elderly and disabled residents of WDM.</td>
<td>Human Services Staff 222-3660</td>
<td>M – F 8am – 5pm</td>
<td>• Income-eligible seniors (70+) or income-eligible disabled residents of WDM&lt;br&gt; • Registration required</td>
<td>NONE (donations encouraged)</td>
</tr>
</tbody>
</table>

VOLUNTEER TODAY!

Volunteers are needed in the Clothing Closet, Food Pantry and for ESL classes at West Des Moines Human Services. Opportunities are available Monday through Friday between 8:30 am and 4:00 pm as well as on the 2nd and 4th Tuesday of each month from 4:00 pm to 6:00 pm. Convenient location in Valley Junction neighborhood. Must be 14 years or older. To learn more, please contact Mindy Hotovec at 222-3663 or visit www.wdm.iowa.gov/HumanServices.
Personal Pantry:
Each month WDM Human Services assists approximately 400 low-income households with personal care products. We need your help to meet the needs in our community. The following items are needed on an on-going basis:

- Laundry detergent
- Shampoo and Conditioner
- Deodorant
- Feminine hygiene products
- Toilet Paper
- Toothbrushes and toothpaste
- Diapers
- Soap

Clothing Closet:
Our clothing closet is in need of new or gently used children’s, teen, and adult clothing and shoes. We also need towels, sheets, blankets, toys and small household items. Clothing Closet donations are accepted Monday through Friday, 8:30am – 4pm, at 139 6th Street in West Des Moines. Donations are also accepted on the 2nd and 4th Tuesday of each month from 4:00pm to 6:00pm. Donation receipts are available.

ESL Classes at WDM Human Services
English as a Second Language classes for adults are now being offered at West Des Moines Human Services. The classes take place on Tuesday and Thursday mornings from 10 am to noon in eight week sessions. Volunteer tutors are needed to assist with the classes. Volunteers will provide small group and one-on-one instruction for adult learners. Knowledge of a second language is not necessary to volunteer.

Call 222-3663 for more information or to register as a student or volunteer!
WDM FACILITY MAP

1 City Hall: 4200 Mills Civic Pkwy
2 Public Safety Station #19: 8055 Mills Civic Pkwy
3 Fire Station #21: 3421 Ashworth Road
4 Human Services: 139 6th Street
5 WDM Public Library: 4000 Mills Civic Pkwy
6 Law Enforcement Center: 250 Mills Civic Pkwy
7 Public Services: 560 S. 16th Street
8 Fire Station #17: 1401 Railroad Avenue
9 Westside Fire Station #22: 1801 68th Street
10 Fire Station #18: 5025 Grand Avenue
11 Valley Junction Activity Center: 217 5th Street
12 Nature Lodge: 2500 Grand Avenue
13 Holiday Aquatic Center: 1701 Railroad Avenue
14 Valley View Aquatic Center: 255 S. 81st Street
15 Water Works Plant: 1505 Railroad Avenue

The West Des Moines Fire Fighters Association
Easter Egg Hunt
Saturday, April 20
Easter egg hunt begins promptly at 10:30am
Des Moines Area Community College
West Campus
5959 Grand Avenue, West Des Moines

FIRE TRUCKS!
FACE PAINTING!
and photos with the EASTER BUNNY!

Sponsored by
West Des Moines Fire Fighters Association
Des Moines Area Community College

Visit us on the web at www.wdm.iowa.gov
We provide our community everyday enjoyment through people, parks and programs.

Registration Starts:

RESIDENTS: March 5 | 8am

NON RESIDENTS: March 19 | 8am
CONTENTS

How To Register .................. p2
Policies ..................................... p3
WDM Parks & Recreation
Information ............................. p4-9
Family Programs ..................... p10-19
Youth Programs ..................... p19-42
Adult Programs ..................... p43-55
Travel Program ..................... p56
Senior Program ..................... p57
Aquatic Programs ................ p58-62
Registration Form ................ p63

3 WAYS TO REGISTER

• Online: www.wdm.iowa.gov/ParkRecReg
• Mail-In: P.O. Box 65320, WDM, IA 50265
• Call-In: 222-3444

WDM Parks and Recreation registration

POLICIES

RECREATION PROGRAM REFUND POLICY
Please call the West Des Moines Parks and Recreation Department Administrative Office at 515-222-3444 Monday – Friday, 8:00 a.m. – 5:00 p.m. to request a refund.

1. Full refunds will be given if the request is submitted no later than 7 days prior to the program start date.
2. Refund requests submitted less than 7 days before the start date will be charged a $10.00 withdrawal fee.
3. Requests for refunds submitted after the event start date or completion of the program will not be considered.
4. Please allow 2-3 weeks to process a check refund for payments originally made by cash or check. No cash refunds will be given.
5. Payments made by credit/debit card will be refunded back to the original credit/debit card.
6. The Recreation Program Refund Policy does not apply to travel programs or adult sport leagues.
7. Refunds for medical situations will be considered on a case by case basis.

CANCELLATION POLICY
We reserve the right to cancel a program or activity that does not meet the minimum number of participants necessary to offer the program.

REGISTRATION CHANGE FEE
A fee of $5 will be charged for each Registration Change made after participants are enrolled in a program.

RECREATION PROGRAM ASSISTANCE
Fee discounts are available for WDM residents meeting guidelines for assistance. Applications are available at WDM Human Services, 139 6th Street.

ACCOMMODATIONS
It is the responsibility of the individual with a disability requiring accommodations to inform the Parks and Recreation Department, at least 48 hours in advance. Please call 222-3444 to have accommodations provided.

ANTI-BULLYING STATEMENT
The Parks & Recreation Department will not tolerate bullying* in any youth program or activity, and staff will do all they reasonably can to create a safe space for participants, regardless of an individual’s actual or perceived age, color, creed/denomination, national origin, race, religion, marital status, sex, sexual orientation, gender identity, physical attributes/appearance, physical or mental ability or disability, ancestry, political belief, socioeconomic status, or familial status.

*For the purposes of this statement, bullying is defined as the unwanted, aggressive use of physical, social or mental/intellectual power to control, harm or humiliate another person in a repetitive or pervasive manner.

REGISTRATION FORM ON PAGE 63
West Des Moines Parks & Recreation Department Facilities

For more information visit www.wdm.iowa.gov/ParksAndRec | 222.3444

For more information visit www.wdm.iowa.gov/ParksAndRec | 222.3444

Jordan Cemetery
A resting place for many of the founding families of West Des Moines, Jordan Cemetery is located at 2950 Fuller Road. Jordan Cemetery dates back to 1846 when James Jordan arrived in Polk County and homesteaded in the area. The cemetery is now operated by the Parks & Recreation Department and continues to provide cemetery lots for sale. If you would like information, please contact the Parks & Recreation Office at 222-3444.

Valley Junction Activity Center
Located in the heart of Valley Junction, the Valley Junction Activity Center offers a variety of meeting and social function spaces that can meet your needs. On the first level there are flexible rooms that can accommodate groups from 20 to 100 people depending on your set up requirements.

The Grand Ballroom is located on the second level of the building which offers space for seated functions for groups as large as 200 people. The Ballroom has been updated with a new maple wood floor, ceiling and lighting updates, a fresh coat of paint, and new windows. It is a great space for large family or business dinner affairs as well as wedding receptions.

Give us a call at 222-3440 to check rates and availability today!

Raccoon River Park Nature Lodge
Are you looking for a room with a view to hold that family function or business meeting? The Raccoon River Park Nature Lodge is the place for you. The Lakeview Room provides a panoramic view of Blue Heron Lake in Raccoon River Park. This unique setting provides a quality experience for your guests to enjoy and offers a variety of space and services to make planning your event as easy as one…two…three.

The Lakeview Room can accommodate small or large groups for up to 120 people. You can also bring your own caterer for your event. Weekday business rates are available between the hours of 8:00 am and 5:00 pm, Monday through Friday. Our great rental rates make event planning affordable and works within your budget.

Give us a call at 222-3424 to check availability!
Raccoon River Park Archery Facility

The facility is the first of its kind in Iowa and features:
- Enclosure walls/fencing
- Overhead ‘arrow curtains’
- Shelter over shooting area
- Staging area
- 12 shooting lanes
- Target blocks up to 40 yards distance

Learn more about the facility and download permit forms at www.wdm.iowa.gov/Archery.
Questions? (515) 222-3444 or ParkRec@wdm.iowa.gov

<table>
<thead>
<tr>
<th>Annual Permit</th>
<th>WDM Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult</td>
<td>$20</td>
<td>$40</td>
</tr>
<tr>
<td>Youth (15 &amp; Under)</td>
<td>$10</td>
<td>$20</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Daily Permit</th>
<th>WDM Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult</td>
<td>$5</td>
<td>$5</td>
</tr>
<tr>
<td>Youth (15 &amp; Under)</td>
<td>$5</td>
<td>$5</td>
</tr>
</tbody>
</table>

Permits can be purchased at the following locations:
- **West Des Moines Parks & Recreation Office**
  4200 Mills Civic Pkwy, Suite 1B, West Des Moines
  Phone: 222-3444 | Fax: 222-3459
  Monday-Friday, 8:00am-5:00pm

- **Raccoon River Park Nature Lodge**
  2500 Grand Avenue, West Des Moines
  Phone: 222-3424 | Fax: 222-3658
  Monday-Friday, 8:00am-5:00pm, call for evening/weekend hours

Using the Facility
- A permit is required for each person shooting arrows.
- The Archery Facility is open daily for use from dawn to dusk.
- Archers must supply their own equipment and paper targets.
- Children 15 and under must be supervised by an adult at all times.
- Stationary target blocks are provided; each serves 2 lanes.
- To increase the life of target blocks, use pins to attach paper targets and aim for different areas. No broadheads allowed.

See page 17 for Archery program

Raccoon River Dog Park

Dogs in Parks
For the safety and well-being of all park visitors and for the safety of your dog, please remember that the ONLY place that dogs are allowed to be off-leash in the City’s parks is the Raccoon River Dog Park. In all other parks, rules and regulations require that dogs be on a leash not more than 10 feet long.

Also, please be considerate to other park visitors and clean up after your dog. Waste bags are provided in Raccoon River Park along the trail. Remember to bring a bag with you to all other parks and trails. We appreciate responsible pet owners!

Mail-In
Go to www.wdm.iowa.gov/DogPark download the application form, complete it and mail the form, a copy of rabies & distemper/parvo vaccination records and payment to the address on the form.

Walk-In
Stop by one of the following locations. Be sure to bring your dog’s records showing current rabies & distemper/parvo vaccinations.

**WDM Parks & Recreation Administration**
4200 Mills Civic Parkway – 1B
8am – 5pm, Monday-Friday

**Raccoon River Park Nature Lodge**
2500 Grand Avenue
8am – 5pm, Monday-Friday
Evening/Weekend Hours – Call 222-3424

Permit WDM Resident Non-Resident

<table>
<thead>
<tr>
<th>Annual</th>
<th>$20</th>
<th>$40</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily</td>
<td>$5</td>
<td>$5</td>
</tr>
</tbody>
</table>

$5 Day Passes are available online for the Archery Facility at Raccoon River Park. Find them at wdm.iowa.gov/DayPasses

DAY PASSES AVAILABLE ONLINE!

$5 Day Passes are available online for the Dog Park at Raccoon River Park. Find them at wdm.iowa.gov/DayPasses
TEA TIME AT THE JORDAN HOUSE

Take time to enjoy tea with your family and friends at the Historic Jordan House this spring. Whether you are a parent-child duo, a group of lifelong friends, or just want to spend time away from the office with your co-workers, you will surely delight in this charming hour filled with food, drink, crafts, and activities. The Jordan House’s Victorian setting could not be more appropriate. Each registration includes a voucher for a future Jordan House Tour, so register now. You won’t want to miss this!

<table>
<thead>
<tr>
<th>TIME</th>
<th>Jordan House LOCATION</th>
<th>COURSE ID</th>
<th>MAX. #</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:30pm – 2:30pm</td>
<td>Upstairs Sitting Area</td>
<td>9155</td>
<td>4</td>
</tr>
<tr>
<td>3:30pm – 4:30pm</td>
<td>Upstairs Sitting Area</td>
<td>9156</td>
<td>4</td>
</tr>
<tr>
<td>1:30pm – 2:30pm</td>
<td>Library</td>
<td>9153</td>
<td>4</td>
</tr>
<tr>
<td>3:30pm – 4:30pm</td>
<td>Library</td>
<td>9154</td>
<td>4</td>
</tr>
<tr>
<td>1:30pm – 2:30pm</td>
<td>Informal Parlor</td>
<td>9151</td>
<td>4</td>
</tr>
<tr>
<td>3:30pm – 4:30pm</td>
<td>Informal Parlor</td>
<td>9152</td>
<td>4</td>
</tr>
<tr>
<td>1:30pm – 2:30pm</td>
<td>Kitchen</td>
<td>9149</td>
<td>4</td>
</tr>
<tr>
<td>3:30pm – 4:30pm</td>
<td>Kitchen</td>
<td>9150</td>
<td>4</td>
</tr>
<tr>
<td>1:30pm – 2:30pm</td>
<td>Formal Parlor</td>
<td>9147</td>
<td>6</td>
</tr>
<tr>
<td>3:30pm – 4:30pm</td>
<td>Formal Parlor</td>
<td>9148</td>
<td>6</td>
</tr>
<tr>
<td>1:30pm – 2:30pm</td>
<td>Dining Room</td>
<td>9144</td>
<td>10</td>
</tr>
<tr>
<td>3:30pm – 4:30pm</td>
<td>Dining Room</td>
<td>9145</td>
<td>10</td>
</tr>
</tbody>
</table>

DAY / DATE      Saturday, May 11
AGES            5+
FEE             $15 per person

K9 TOSS AND FETCH LEAGUE

West Des Moines will be forming a K9 Toss and Fetch League that will compete with other Toss and Fetch teams from around the world. Each week we will meet at Jordan Creek Park to “toss and fetch” with our dogs to gather scores that we will submit. Our league is for anyone who has a dog that loves to play “fetch with a frisbee”. If you would like more information about this league call Melanie at 222-3435 or go to our Facebook page at West Des Moines K9 Toss and Fetch.

<table>
<thead>
<tr>
<th>DAY</th>
<th>Wednesdays</th>
</tr>
</thead>
<tbody>
<tr>
<td>TIME</td>
<td>DATES</td>
</tr>
<tr>
<td>6:30pm – 7:30pm</td>
<td>April 10 – May 8</td>
</tr>
<tr>
<td>6:30pm – 7:30pm</td>
<td>June 12 – July 10</td>
</tr>
<tr>
<td>LOCATION</td>
<td>Jordan Creek Park</td>
</tr>
<tr>
<td>AGES</td>
<td>ALL</td>
</tr>
</tbody>
</table>
| FEE              | $13 per team (one dog and owner) owners can have more than one team if they have multiple dogs

EARTH DAY FAMILY FUN

Earth Day is a perfect day for you and your family to come enjoy some family friendly outdoor activities. You can go kayaking, canoeing, fishing or you may choose to create a small paddle boat or relax in our outdoor lounge and enjoy a cup of coffee or cocoa! Free tree saplings will be handed out to celebrate this Earth Day Event. The first 100 families will receive a painted lady caterpillar to raise. Come help us celebrate Earth Day today!

<table>
<thead>
<tr>
<th>DAY</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>DATE</td>
<td>April 20</td>
</tr>
<tr>
<td>TIME</td>
<td>10am – 12pm</td>
</tr>
<tr>
<td>LOCATION</td>
<td>WDM City Hall (4200 Mills Civic Pkwy)</td>
</tr>
<tr>
<td>AGES</td>
<td>All</td>
</tr>
<tr>
<td>FEE</td>
<td>FREE</td>
</tr>
</tbody>
</table>

For more information visit www.wdm.iowa.gov/ParksAndRec | 222.3444
YOGA ON THE LAWN

Get your Sunday off to a great start with some Yoga on the Lawn! This FREE program is a great introduction to Yoga for the beginner and offers new challenges for seasoned yogis. Bring a water bottle and yoga mat.

<table>
<thead>
<tr>
<th>DAYS</th>
<th>SUNDAYS</th>
</tr>
</thead>
<tbody>
<tr>
<td>DATE</td>
<td>JUNE 2 – AUGUST 25</td>
</tr>
<tr>
<td>TIME</td>
<td>9AM – 10AM</td>
</tr>
<tr>
<td>LOCATION</td>
<td>NORTH LAWN AT WDM CITY HALL (4200 MILLS CIVIC PARKWAY)</td>
</tr>
<tr>
<td>AGES</td>
<td>3+</td>
</tr>
<tr>
<td>FEE</td>
<td>FREE</td>
</tr>
</tbody>
</table>

YOGA WITH JAYLA

There is a great need in the world today for stress management. Most people suffer from a tremendous amount of stress and pressure due to the demands of their jobs / careers / lives. Yoga with Jayla is a Yoga Workshop for people of the community so that they can reap the various benefits of yoga. It has been proven medically that yoga releases stress and tension from the nervous system, and this in turn enhances a person’s ability to cope with the increasing pressures of modern day living. Yoga does this by providing deep relaxation to the body and mind through its ancient breathing techniques and physical postures / exercises. So what are you waiting for?! Let’s get started sharpening your mind, body, and soul!

<table>
<thead>
<tr>
<th>DATES</th>
<th>COURSE ID</th>
<th>DAYS</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>APRIL 1 – 29</td>
<td>8549</td>
<td>MON, THU, SAT, SUN</td>
<td>$80</td>
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<tr>
<td>MAY 15 – 29</td>
<td>9235</td>
<td>WED, FRI, SAT</td>
<td>$40</td>
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<tr>
<td>JUNE 1 – 29</td>
<td>9233</td>
<td>MON, WED, FRI, SAT</td>
<td>$85</td>
</tr>
<tr>
<td>JULY 1 – 31</td>
<td>9236</td>
<td>MON, WED, FRI, SAT</td>
<td>$80</td>
</tr>
<tr>
<td>AUGUST 2 – 31</td>
<td>9234</td>
<td>MON, WED, FRI, SAT</td>
<td>$80</td>
</tr>
<tr>
<td>TIMES</td>
<td>WEEKDAYS: 6PM – 7PM</td>
<td>WEEKENDS: 10AM – 11AM</td>
<td></td>
</tr>
<tr>
<td>LOCATION</td>
<td>VALLEY JUNCTION ACTIVITY CENTER</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

MAYOR’S BIKE RIDE

Please join the City of West Des Moines’ Mayor, Steve Gaer, for a morning of cycling in the City of West Des Moines. Different routes will be available to accommodate all ages and abilities. All routes start and end at City Hall. (Routes and distances subject to change.) All registered participants will receive an event t-shirt. Proceeds from the event will be put towards enhancing new and existing trails.

The event is “Ride at your own Risk”. All rules and regulations outlined in the West Des Moines, Iowa: City Code, Title 6 – MOTOR VEHICLES AND TRAFFIC, Chapter 11: BICYCLES shall apply. (www.wdm.iowa.gov)

<table>
<thead>
<tr>
<th>DAY</th>
<th>SATURDAY</th>
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<tbody>
<tr>
<td>DATE</td>
<td>MAY 18</td>
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<tr>
<td>TIME</td>
<td>9AM – 12PM</td>
</tr>
<tr>
<td>LOCATION</td>
<td>STARTS AT WDM CITY HALL, 4200 MILLS CIVIC PARKWAY</td>
</tr>
<tr>
<td>AGES</td>
<td>6 AND UP</td>
</tr>
<tr>
<td>COURSE ID</td>
<td>9735</td>
</tr>
<tr>
<td>FEE</td>
<td>$10 PER RIDER • $25 FAMILY FEE</td>
</tr>
</tbody>
</table>

PRINCESS AND PIRATE SPLASH BASH

Hear Ye! Hear Ye! and Yo Ho Ho! All princesses across the land and pirates of the sea are invited to a spectacular SPLASH BASH at Holiday Aquatic Center! We’ve enlisted our friends from Little Princess Parties to provide “The Little Mermaid” and five of her princess and mermaid friends. They will swim and pose for photos with you. (Be sure to bring your camera!) A mighty Pirate will also be shipwrecked on our pool deck for photos. This event is sure to be a crowd pleaser for the entire family! Join us as we welcome summer!

(Please note: Because this is considered a ticketed special event that is offered after public open swim, aquatic season passes will not be honored for admission.)

<table>
<thead>
<tr>
<th>DAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>DATE</td>
<td>JULY 20</td>
</tr>
<tr>
<td>TIME</td>
<td>6:30PM – 8PM</td>
</tr>
<tr>
<td>LOCATION</td>
<td>HOLIDAY AQUATIC CENTER</td>
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<tr>
<td>AGES</td>
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<td></td>
<td>$15</td>
</tr>
<tr>
<td>COURSE ID</td>
<td>9385</td>
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</table>
INDEPENDENCE DAY EVENTS

INDEPENDENCE DAY PARADE
Parade entry information will be available starting in early May. To have entry information mailed to you please call 222-3444. The parade will be limited to the first 75 entries.

<table>
<thead>
<tr>
<th>DAY</th>
<th>Wednesday</th>
</tr>
</thead>
<tbody>
<tr>
<td>DATE</td>
<td>July 3</td>
</tr>
<tr>
<td>LINE-UP</td>
<td>5:15pm</td>
</tr>
<tr>
<td>PARADE STARTS</td>
<td>6:30pm</td>
</tr>
</tbody>
</table>

35TH ANNUAL MUD VOLLEYBALL TOURNEY
DAY Thursday
DATE July 4
TIME Tourney Begins 8am
LOCATION Raccoon River Park
Pre-registration required. Call WDM Fire Department at 222-3420 to register a team or for more information.

INDEPENDENCE DAY EVENTS

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<td>LINE-UP</td>
<td>5:15pm</td>
</tr>
<tr>
<td>PARADE STARTS</td>
<td>6:30pm</td>
</tr>
</tbody>
</table>

ALL IOWA BASH!
Will be held in Valley Junction July 3rd. For more information visit www.valleyjunction.com or call (515) 222-3642.

HOLIDAY CLASSIC HORSESHOE TOURNEY
For information contact the WDM Horseshoe Pitchers Association at 681-1937.

<table>
<thead>
<tr>
<th>DAY</th>
<th>Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td>DATE</td>
<td>July 4</td>
</tr>
<tr>
<td>TIME</td>
<td>7am – 2pm</td>
</tr>
<tr>
<td>LOCATION</td>
<td>Holiday Park</td>
</tr>
</tbody>
</table>

COMMUNITY BAND CONCERT
DAY Thursday
DATE July 4
TIME 7pm
LOCATION Coneflower Shelters at Raccoon River Park 2500 Grand Ave.

INDEPENDENCE DAY PARADE
Parade entry information will be available starting in early May. To have entry information mailed to you please call 222-3444. The parade will be limited to the first 75 entries.

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INDEPENDENCE DAY EVENTS

INDEPENDENCE DAY PARADE
Parade entry information will be available starting in early May. To have entry information mailed to you please call 222-3444. The parade will be limited to the first 75 entries.

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35TH ANNUAL MUD VOLLEYBALL TOURNEY
DAY Thursday
DATE July 4
TIME Tourney Begins 8am
LOCATION Raccoon River Park
Pre-registration required. Call WDM Fire Department at 222-3420 to register a team or for more information.

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ARCHERY, GIVE IT A “SHOT”!
Have you thought about trying archery, but you don’t have any equipment? These family events are
planned just for you! Come to the archery facility at Raccoon River Park to give it a try. We will
provide the bows, arrows and instruction for you to try this exciting sport. This activity is free, but
registration is required and limited to 35 people. (Children must be 7 years of age or older.)

This class is designed for adults who have wanted to try archery, but have never had the chance. Old or young,
come join this archery fun!

HUNTER EDUCATION
Anyone born after January 1, 1972 is required to complete a 12 hour Hunter Safety
Course before they can obtain an Iowa hunting license. The two-day course includes
instruction on safe handling of firearms and archery equipment, as well as information
on hunter ethics, conservation management and hunting regulations.

**DAYS** | **DATES** | **TIMES**
--- | --- | ---
Must attend both days
Thursday | August 22 | 6pm – 9pm
Saturday | August 24 | 8am – 5pm

(please bring a sack lunch on Saturday)

**LOCATION** Raccoon River Park Nature Lodge

**AGES** 12+

**FEE** Free

**TO REGISTER** www.iowadnr.gov/Hunting/Hunter-Education

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Have you thought about trying archery, but you don’t have any equipment? These family events are
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registration is required and limited to 35 people. (Children must be 7 years of age or older.)

**THEME** | **AGE**
--- | ---
Amazing Animals | 5-7
Moana | 5-7
Sports of All Sorts | 5-7
Trolls | 5-7
Pajama Party | 5-7

For Birthday Parties at WDM Aquatic Centers please see p60

**Great American Campout**
The National Wildlife Federation’s Great American Campout is an easy way to get outdoors and enjoy
the benefits of nature and wildlife whether you are a seasoned pro or a first time camper. So, pack up your
tents, sleeping bags and flashlights for a fun night of camping on the City Hall lawn! Activities will include
nature walks around the campus pond, campfire stories, s’mores, a movie on the big screen, fishing,
crafts and games. Evening snacks and a light breakfast will be provided. Registration not required. Stay tuned
for more information and details to come!

**DAYS** | **DATES** | **TIMES**
--- | --- | ---
Wednesday | April 24 | 5:45pm – 7:15pm
Thursday | May 23 | 5:45pm – 7:15pm
Tuesday | June 25 | 5:45pm – 7:15pm
Tuesday | July 23 | 5:45pm – 7:15pm
Thursday | August 15 | 5:45pm – 7:15pm

**AGES** 7+

**LOCATION** Raccoon River Park Archery Facility

**FEE** Free

This class is designed for adults who have wanted to try archery, but have never had the chance. Old or young,
come join this archery fun!

**ADULT ONLY CLASSES**

**DAYS** | **DATES** | **TIMES** | **COURSE ID**
--- | --- | --- | ---
Wednesday | May 29 | 5:45pm – 7pm | 9696
Thursday | June 13 | 5:45pm – 7pm | 9219
Wednesday | July 10 | 9:30am – 11am | 9222

Interested in shooting more archery? Check out our 3 spot summer adult archery league at
www.wdm.iowa.gov.
MARTIAL ARTS

TAE-KWON-DO/KARATE

The Korean art of self defense, Tae-Kwon-Do, is recognized as a beneficial method of improving health, balance, agility and poise. As a philosophy of mental alertness and moral ethics, TKD can serve to enhance anyone’s life young or old. Beginner classes are for white through green belts. Intermediate/Advanced classes are for green belts and up.

FAIRYTALE TIME IN THE PARK!

FREE EVENT - No Pre-Registration Required: Come experience your community park and join the West Des Moines Parks and Recreation staff for a story and a craft. Bring a blanket and a friend!

*Childcare providers — Please let us know if you are bringing your group so we can be sure to have enough supplies for all participants!

SPOON CARVING

Using traditional tools in this wooden spoon carving class, you will learn how to design, carve and hollow out the bowl of the spoon, as well as sand and finish the piece. It’s a fun class and easy for anyone to learn. The best part is you get to leave the class with your very own custom creation. All supplies are provided for use during class, but feel free to bring in your own axe, knives or wood. This workshop is ideal for adults and also appropriate for kids (10+).

STORY HOUR AT THE PARK

Join the West Des Moines Parks & Recreation staff for an hour of story power! Bring a picnic lunch to enjoy as our Naturalist shares nature books, stories and games.

DATES Tuesdays
DATES June 7 – July 30
TIME 12pm – 1pm
LOCATION Raccoon River Park Nature Lodge
AGES ALL
FEE FREE

DATES Park
June 7 American Legion
June 14 Quail Cove
June 21 Ashawa
June 28 Huston Ridge
July 5 Jaycee
July 12 Wild Rose
July 19 Kiwanis
July 26 Meadowview
August 2 Pearson

DATES Fridays
TIME 10:30am – 11:15am
AGES ALL
FEE FREE

DATES June 4 – July 30

BEGINNER CLASS

DAYS Tuesdays
DATES June 4 – July 30
TIME 6:30pm – 7:30pm
COURSE ID 9229
FEE $41

INTERMEDIATE/ADVANCED CLASS

DATES Tuesdays
TIME 7:30pm – 8:30pm
COURSE ID 9231
FEE $41

DATES June 4 – July 30

LITTLE NINJAS

Join our early childhood program designed to teach the basic fundamentals of both Tae-Kwon-Do and Karate. This class will focus on building self-respect, self-confidence, coordination of mind and body, and self-discipline.

DATES June 4 – July 30

DAYS Tuesdays
DATES June 4 – July 30
TIME 5:30pm – 6pm
COURSE ID 9230
FEE $28

TUESDAYS

LOCATION Valley Junction Activity Center
AGES 6+
REGISTER BY One week before the session starts

DATES June 4 – July 30

DAYS Tuesdays
DATES June 4 – July 30
TIME 6pm – 6:30pm
COURSE ID 9228
FEE $28

LOCATION Ironside Axe Club
AGES 10+
FEE $50
COURSE ID 9675

DATES June 4 – July 30

DAYS Fridays
DATES June 4 – July 30
TIME 10:30am – 11:15am
AGES ALL
FEE FREE

TAE-KWON-DO/ KARATE

LITTLE NINJAS INSTRUCTOR:
Phil Dickey:
Fifth Degree Black Belt in Karate,
Fourth Degree Black Belt in Tae-Kwon-Do, International Martial Arts Hall of Fame Inductee.
Each session of Burnt Marshmallow Day Camp is specifically designed for ages 4 to 6, with a variety of activities that include: games, songs, stories, sharing, crafts, visits from special guests, and field trips. Each camper receives a t-shirt with their registration. Burnt Marshmallow Day Camp is led by three staff members. Registration is limited to 20 children per session, so sign up early. “Each camper is asked to bring a sack lunch every day, with the exception of Thursday, when WDM Parks & Recreation will be providing a “Burnt Marshmallow” Cookout.

**STAR WARS**
June 10 – 14
COURSE ID: 9179
Join our crew and BLAST OFF into a week of high adventure! Our mission will be to explore far away galaxies and learn about outer space. We’ll make our own light sabers, and “Darth Vader” masks. This week our activities will allow your mind to travel into creative dimensions. Our special field trip will be to the Science Center of Iowa, where we’ll tour the planets and see the stars. “What on Earth... could be better?”

**THE ADVENTURES OF CURIOUS GEORGE**
June 24 – 28
COURSE ID: 9176
No monkey business here... we’ll swing into an action-packed week of monkey-games and excitement! Find out about good sportsmanship, sharing, and play a different game or sport each day. We’ll do craft projects and make a special treat with bananas. The “man in the big yellow hat” will encourage us to play fair, and have fun. Our active, monkey-themed field trip will take us to Monkey Joe’s on Friday.

**LITTLE MERMAIDS AND WONDERFUL WHALES**
July 1 – 3
COURSE ID: 9178
THE FEES ARE PRO-RATED THIS WEEK.**
NO CLASS ON JULY 4 or 5.
This week we will journey “Under the Sea” for a whale of a good time at the Pearson Park beach house! We’ll make our own water slide, and learn how to turn your backyard into a slippery, silly water wonderland! Pack your swim suits and plan to get wet. The highlight of our week will be the private use of Valley View Aquatic Center... including all the spray and splash features of the leisure pool!

**FROZEN**
June 17 – 21
COURSE ID: 9174
“Do you wanna build a snowman?” It may be summer outside, but our theme this week features things that are cold and FROZEN! Join us as we create various types of Olaf snowmen, and feature some of the adventures of Anna, Elsa, Kristoff and Sven! We’ll focus on acts of kindness this week and make friendship bracelets. Our field trip will take us roller skating where it will be nice and cool inside. Join the FROZEN phenomenon as we feature activities from one of Disney’s more popular movies.

**MICKEY AND MINNIE’S CLUBHOUSE**
July 8 – 12
COURSE ID: 9172
“Oh, TOODLES!” Everything is more fun when Mickey and Minnie are involved! This week we’ll explore the fascinating wonders of floating, flying and bouncing objects. What goes up must come down. We’ll play several games with balloons and balls and try to keep them up in the air. We’ll fly a kite and make paper airplanes. See how high you can bounce and jump as you take flight at “Pump It Up” on Friday.

**TROLLS**
July 22 – 26
COURSE ID: 9177
Find your HAPPY place this week as we pretend we are TROLLS! Join us for a bright and colorful week full of fun, adventure and music. We will learn how to “survive” the Bergen’s as we venture through the park on a mission to save our village. We will make quick snacks to keep the Bergen’s from eating us! There will be a daily DANCE PARTY in the shelter...sure to make your hair stand on end! Our field trip on Friday will be to the roller skating rink. Join the TROLLS phenomenon.

**MY LITTLE PONY**
July 15 – 19
COURSE ID: 9180
Calling all Cowboys and Cowgirls! Have you ever wondered what life would be like living on a farm? What type of animals would we see? We’ll do plenty of “horsing around” this week as we create, discover and imagine life in Ponyville. We’ll feature a different Pony pal each day, and discover why “Friendship is Magic!” Our field trip will take us out to the Jester Park Equestrian Center. Giddy UP!

**ONCE UPON A TIME...**
July 29 – August 2
COURSE ID: 9173
Just as all good stories begin with the phrase, “Once Upon a Time...” so will our week. We’re featuring several of our favorite princes and princesses this week as we discover the wonderful world of imagination. We’ll build Cinderella’s sand castle and dress up like Knights in Shining Armor. We’ll have a tea party with Mrs. Pots and Chip and ride Aladdin’s magic carpet! “Be Our Guest” on Friday as we watch an animated mouse come to life at Chuck E. Cheese.

**TIME**
9am – 12pm

**AGES**
4 – 6

**LOCATION**
Pearson Park (19th & Pleasant Street)

**FEE**
$69 per week
$42 the week of July 2 (No class July 4 or 5)

**REGISTER BY**
1 week prior to each session

For more information visit www.wdm.iowa.gov/ParksAndRec | 222.3444
NATURE FRIENDS

The purpose of Nature Friends is to give children the opportunity to learn about Iowa’s natural resources, environment and outdoor recreation. It is hoped that children who attend will gain an increased awareness about the earth and will learn to make responsible environmental decisions as they grow. Non-residents of West Des Moines are eligible to register for these programs at the same time residents are allowed to register. These programs are co-sponsored by WDM Parks & Recreation and Polk County Conservation Board.

NATURE FRIENDS - PRESCHOOLERS EXPLORING NATURE

Nature Class for children ages 3-5 with an adult

We will explore a different nature topic each evening through stories, sharing time, guided exploration, and art activities. Snacks will be provided.

Participate in a Park Passport Program. Attend five different programs, each located at a different park and receive a Nature Friend Explorer pack. Participants must record program name, location and date with the speaker’s initials on their passport. Turn the passport in at the office at Jester Park or Raccoon River Nature Lodge to receive your Nature Friend Explorer pack. One Nature Friend Explorer pack per child please.

BEGINNERS TWIRL CAMP

Sign your child up for this very popular program! Let them experience the thrill of learning to twirl the baton. Your child will learn the basics of baton twirling each day of the camp.

A special highlight of the program will be the opportunity for the campers to show off their new-found skill as they march together in the West Des Moines Independence Day Parade (held on July 3rd). A t-shirt and baton are included in the program fee. Don’t miss out on this awesome opportunity!

INTERMEDIATE TWIRL CAMP

Did your child participate in Twirl Camp in previous summers? Do they want to build upon what they already learned? This program is the follow-up to the Beginners Twirl Camp. Your child will learn intermediate skills involved with baton twirling each day of the camp. And once again campers will get to show off their perfected skill as they march in the West Des Moines Independence Days Parade (held on July 3rd). A T-shirt is included in the program fee. Participants should use the baton they used in previous summers or are responsible for purchasing a new one to fit their measurements.
The Right Start...
Start Smart

Start Smart Programs will be held once a week for 5 weeks, and each week the exercises become increasingly more difficult as the class progresses and the children show improvement. All supplies needed for Start Smart programs are provided at the first class and are included in the program fee.

Baseball

- **DAY**: Wednesdays
- **DATES**:
  - June 5 – July 10 (Not held July 3)
  - July 17 – August 14
- **TIME**:
  - 5:30pm – 6:30pm
  - 6:30pm – 7:30pm
- **AGES**: 3 – 6
- **LOCATION**: Wild Rose Park
- **FEE**: $59
- **MAXIMUM**: 10
- **COURSE ID**: 9055

Tennis

- **DAY**: Mondays
- **DATES**:
  - June 3 – July 1
  - July 15 – August 12
- **TIME**:
  - 5:30pm – 6:30pm
  - 6:30pm – 7:30pm
- **LOCATION**: Jaycee Park Tennis Court
- **AGES**: 5 – 7
- **FEE**: $55
- **MAXIMUM**: 10
- **COURSE ID**: 9054

Soccer

- **DAY**: Tuesdays
- **DATES**:
  - June 4 – July 2
  - July 16 – August 13
- **TIME**:
  - 5:30pm – 6:30pm
  - 6:30pm – 7:30pm
- **LOCATION**: Peony Park
- **FEE**: $59
- **MAXIMUM**: 20
- **COURSE ID**: 9066

Sports Development

- **DAY**: Tuesdays
- **DATES**: April 2 – 30
- **TIME**: 5:30pm – 6:30pm
- **LOCATION**: Crossroads Park Elementary School
- **AGES**: 3 – 5
- **FEE**: $65
- **COURSE ID**: 8454

Girls Rugby Tackle League

April 15 - tackle instruction / tournament
April 22 - tackle instruction / tournament
April 29 - tackle instruction / tournament
May 6 - playoffs/championship
Friday May 10 - exhibition/championship game at the HS Boys State Playoff tournament in a lighted football stadium.

- **DAYS**: Mondays & Friday
- **DATES**: April 15 – May 10
- **TIME**: 4:30 – 6pm
- **LOCATION**: Cowles Elementary
- **AGES**: 4 – 14
- **FEE**: $50*
- **COURSE ID**: 8563

Boys Rugby Tackle League

April 15 - tackle instruction / tournament
April 22 - tackle instruction / tournament
April 29 - tackle instruction / tournament
May 6 - playoffs/championship
Friday May 10 - exhibition/championship game at the HS Boys State Playoff tournament in a lighted football stadium.

- **DAYS**: Mondays & Friday
- **DATES**: April 15 – May 10
- **TIME**: 4:30 – 6pm
- **LOCATION**: Cowles Elementary
- **AGES**: 4 – 14
- **FEE**: $50*
- **COURSE ID**: 8564

PLEASE NOTE THAT THIS PROGRAM IS NOT A COMPETITIVE GAME SETTING. SKILLS ARE TAUGHT IN STATIONS EACH WEEK.

A parent is required to attend and participate each week. It is recommended that non-registered siblings do not attend as it makes it difficult for parents to fully participate in the program.

WEATHER HOTLINE: 222-3500

Information regarding cancellation of sessions will be posted after 4pm the day of the session.

*Participants will also need to register with USA Rugby through Iowa Youth Rugby Association for insurance reasons. This will also be an additional fee.

LEARN MORE AT www.Jrrugby.com

*Participants will also need to register with USA Rugby through Iowa Youth Rugby Association for insurance reasons. This will also be an additional fee.
FIRST STEPS DANCE CLASSES

First Steps Dance classes are designed to introduce children to the fundamental skills of dance at a cost and time commitment that is minimal to parents. All classes are led by Josalynn Agnew, an instructor with many years of studio experience.

Let your child learn basic dance movements in a non-threatening, recreational environment.

• 3-4 year olds will receive instruction in ballet and jazz.
• 5-7 year olds will receive instruction in ballet, jazz, and tap.

No special shoes are required.

Tallgrass Theatre Company
Seedlings Children’s Theatre Programs

Tallgrass Theatre Company has been performing in West Des Moines since 2006 and re-launched their Seedlings children’s theatre program in summer 2018. For more on Tallgrass Theatre Company’s productions, visit www.tallgrasstheatre.org.

Play in a Week Camp

Does your child have a flair for the dramatic? Here’s a chance to get them involved in theater, without a long-term commitment. Led by experienced drama instructors, kids will bring a unique and age-appropriate script to life, based on one of several super fun themes. Throughout the week, kids will work to develop their characters and interact with others to create the one-of-a-kind show, which will be performed for family and friends on Friday night/Saturday morning! (no charge for performance). Kids should bring a snack (no peanut products, please) and a bottle of water each day.

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<tr>
<td>Fairy Tale Mashup</td>
<td>9am –12pm</td>
<td>7 – 10</td>
<td>9406</td>
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<tr>
<td>Great Adventure</td>
<td>9am – 12pm</td>
<td>7 – 10</td>
<td>9407</td>
</tr>
<tr>
<td>Fairy Tale Mashup</td>
<td>1pm – 4pm</td>
<td>7 – 10</td>
<td>9408</td>
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<tr>
<td>Time Machine</td>
<td>1pm – 4pm</td>
<td>11 – 16</td>
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<tr>
<td>AGES TIMES COURSE ID</td>
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<tr>
<td>3 – 4 5pm – 5:30pm 9094</td>
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<tr>
<td>5 – 7 5:30pm – 6:15pm 9098</td>
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<tr>
<td>3 – 4 6:15pm – 6:45pm 9095</td>
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<tr>
<td>3 – 4 5:30pm – 6pm 9093</td>
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LOCATION Valley Junction Activity Center
FEE $39

Play in a Week Camp

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<th>MIN.</th>
<th>MAX.</th>
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<td>July 19 at 7pm or July 20 at 10am</td>
<td>Valley Junction Activity Center</td>
<td>$90</td>
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For more information visit www.wdm.iowa.gov/ParksAndRec | 222.3444


**ROUNDED MINDS**

At Rounded Minds™ our mission is to make top-level extracurricular activities available, convenient and affordable, to parents who desire to raise well-rounded children and establish a strong foundation for their lifelong success.

Our unique programming focuses on building strong bodies and minds simultaneously along with the benefits of natural bilingual learning at an early age.

Every Rounded Minds™ class is designed and led by attentive experts committed to providing safe, energetic, creative and fun educational experiences.

Learn more at roundedminds.com

**ROUNDED MINDS TUMBLING**

The format for all Rounded Minds™ programming is high-energy! Children experience the joy of learning new skills by “doing” through fun activities, songs, and positive reinforcement. Our tumbling program allows young children to enhance their social skills and develop greater strength, flexibility, and coordination – along with a lifelong love of fitness. Classes are taught with a theme to catch the attention of the young gymnast and build skills through creative movement and music. This will provide them the confidence to participate in active exercises as they grow older, and at the same time, they will be learning Spanish. This will provide them with a good edge for success in their academic future.

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<tr>
<td>2 – 3</td>
<td>5:30pm – 6pm</td>
<td>$45</td>
<td>9424</td>
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<tr>
<td>4 – 6</td>
<td>6pm – 6:45pm</td>
<td>$55</td>
<td>9605</td>
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</table>

**ROUNDED MINDS BABY FIRST STEPS**

The first steps of a baby bring a world of discoveries. How about making this moment even more fun while incorporating an opportunity to learn a new language? Rounded Minds has designed a program for babies between 9 and 18 months that is perfect for developing cognitive, sensory, motor skills and at the same time learning Spanish. All Rounded Minds programs have a learning benefit while children are playing by giving them an introduction to the Spanish language. *This is a parent and child class. The registration applies only to the child.*

<table>
<thead>
<tr>
<th>DATE</th>
<th>DAY</th>
<th>COURSE ID</th>
<th>TIME</th>
<th>LOCATION</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 1 – 29</td>
<td>Wednesdays</td>
<td>9425</td>
<td>4:30pm – 5pm</td>
<td>Valley Junction Activity Center</td>
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<tr>
<td></td>
<td></td>
<td>9426</td>
<td>5pm – 5:30pm</td>
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</tbody>
</table>

**ROUNDED MINDS SOCCER & SPANISH IMMERSION**

This high-energy fitness program is led by professional soccer coaches who introduce children to fundamental soccer principles, such as using their feet, dribbling, passing, ball control, and shooting by using creative games, positive reinforcement, and even songs. Children will learn the basic rules of the game while practicing sportsmanship and teamwork.

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>FEE</th>
<th>COURSE ID</th>
<th>LOCATION</th>
<th>AGES</th>
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<tbody>
<tr>
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<td>9:30am – 10:30am</td>
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<td>9421</td>
<td>Ashawa Park</td>
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<td>Aug 1 – Sept 5</td>
<td>5:45pm – 6:45pm</td>
<td>$65</td>
<td>9420</td>
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</table>

**ROUNDED MINDS ART PROGRAM**

Classes in our art program help children develop new artistic skills and craftsmanship while creating unique masterpieces using a wide range of quality materials. Our art instructors expose children to a variety of different artistic styles in classes designed to allow children to express themselves creatively while exercising fine motor, cognitive, language, and listening skills. All Rounded Minds programs have a learning benefit of giving them an introduction to the Spanish language. This will provide them with a good edge for success in their academic future.

**ROUNDED MINDS SUMMER CAMP**

This 5-week program is a great way for children to experience a variety of new games and activities in a format that is structured, engaging, and most of all... FUN! Rounded Minds programs have a learning benefit of giving children an introduction to the Spanish language. *This is a parent and child class. The registration applies only to the child.*

<table>
<thead>
<tr>
<th>DAY</th>
<th>COURSE ID</th>
<th>AGES</th>
<th>DATES</th>
<th>LOCATION</th>
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</thead>
<tbody>
<tr>
<td>Monday – Friday</td>
<td>9422</td>
<td>3 – 6</td>
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<td>5:45pm – 6:45pm</td>
<td>$55</td>
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</table>

**NEW!**

**ROUNDED MINDS SPORTS EXPLORATION**

This 5-week program is a great way for children to experience a variety of new games and activities in a format that is structured, engaging, and most of all... FUN! Rounded Minds programs have a learning benefit of giving children an introduction to the Spanish language. *This is a parent and child class. The registration applies only to the child.*

**ROUNDED MINDS CREATIVE MOVEMENT**

Like other Rounded Minds programs, Creative Movement is a high energy program. Children explore and interact with movement and graphic design. The classes involve experiences and personal growth opportunities. Classes focus on the relationship between rhythm, movement, and drawing. All Rounded Minds programs have a learning benefit while children are playing by giving them an introduction to the Spanish language. The benefits of learning a second language at an early age are numerous: increased problem-solving skills, better at tasks, attention span, and creativity.

<table>
<thead>
<tr>
<th>DAY</th>
<th>COURSE ID</th>
<th>AGES</th>
<th>DATES</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>Monday – Friday</td>
<td>9427</td>
<td>3 – 6</td>
<td>May 3 – 24</td>
<td>Valley Junction Activity Center</td>
<td>5:30pm – 6:15pm</td>
<td>$45</td>
</tr>
</tbody>
</table>

For more information visit www.wdm.iowa.gov/ParksAndRec | 222.3444

For more information visit www.wdm.iowa.gov/ParksAndRec | 222.3444
CREATIVE GENIUSES ART CAMP
Students will draw, paint, and sculpt around our seasonal theme, Wild About Art! Students will study the topic of animals to be inspired, grow technical art skills, and have opportunity to share and continue at home upon completion of our program.

<table>
<thead>
<tr>
<th>DAYS</th>
<th>June 19 – 21</th>
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</thead>
<tbody>
<tr>
<td>TIMES</td>
<td>10:30am – 12:00pm</td>
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<tr>
<td>LOCATION</td>
<td>Valley Junction Activity Center</td>
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<tr>
<td>AGES</td>
<td>6 – 11</td>
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PREK ART PLAY

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<tr>
<td>AGES</td>
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<td>FEE</td>
<td>$36</td>
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<tr>
<td>COURSE ID</td>
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CREATIVE GENIUSES MURAL MAKERS
Students will learn how to create large scale art in drawing and painting.

<table>
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<tr>
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<tbody>
<tr>
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<td>6pm – 8pm</td>
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<tr>
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<td>AGES</td>
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<tr>
<td>MAXIMUM</td>
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</tr>
</tbody>
</table>

CANOE & KAYAK CAMP
Your child will spend two days learning about canoeing and kayaking. They will learn how to upright a capsized kayak and will learn the teamwork of operating a canoe. This camp will fill fast so sign up early!

<table>
<thead>
<tr>
<th>DAYS</th>
<th>Thursday &amp; Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>DATES</td>
<td>August 8 &amp; 9</td>
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<tr>
<td>TIME</td>
<td>9am – 2pm</td>
</tr>
<tr>
<td>LOCATION</td>
<td>Raccoon River Park Nature Lodge Classroom</td>
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<tr>
<td>AGES</td>
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<td>FEE</td>
<td>$50</td>
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<td>COURSE ID</td>
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CYCLE INTO SUMMER
Here is a camp for the younger child who loves to ride bikes! They will explore the bike trails of West Des Moines. The trails are nice and flat, so one speed bikes are fine, but each day we will be riding 5-6 miles. Bike helmets required!

<table>
<thead>
<tr>
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<th>TIMES</th>
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<tr>
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<td>June 17 &amp; 18</td>
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<td>9198</td>
<td>July 11 &amp; 12</td>
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<td>TIMES</td>
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<td>9207</td>
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</tbody>
</table>

BIKE BASH
Does your child love to bike? If so, this may be the camp for them! They will spend three days exploring the bike trails of the metro. They will bike the trails of Greenwood Park, Waterworks, Jordan Creek Greenway, Grays Lake and the Principal Park River Walk. There will be lots of time for picnics, splashing in the creek, learning basic bike maintenance, and relaxing rides. Bike helmets required!

<table>
<thead>
<tr>
<th>DAYS</th>
<th>Wednesday – Friday</th>
</tr>
</thead>
<tbody>
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<tr>
<td>TIME</td>
<td>9am – 4pm</td>
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<td>LOCATION</td>
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<td>AGES</td>
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<tr>
<td>FEE</td>
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<td>COURSE ID</td>
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<tr>
<td>MAXIMUM</td>
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</table>
KIDS IN THE KITCHEN
Kids in the Kitchen is an introduction to cooking for young boys and girls. Children involved in the preparation of their meals prove to be healthier eaters, so start them on the right path with this three-week program! The students will be taught everything from mixing and measuring to kitchen safety. In each class, the children will make a snack while learning kitchen basics and cooking techniques. Please feel free to bring an apron to protect clothing from any kitchen messes!

NATURE EXPLORERS
Join the West Des Moines Park and Recreation Department and the Iowa Department of Natural Resources as we co-sponsor this camp held at Walnut Woods State Park. Your child will explore their natural surroundings to find materials for some cool crafts. They will learn about nature with games, hikes and songs. A cookout on Thursday will end this fun filled week.

CREEPY CRAWLERS CAMP
This week is for kids who love to hunt insects, pick up worms and play in the creek. Your child will have lots of fun learning as we go on frog hunts, insect safaris and look under every rock or trash can for “cool” critters!

MYTH BUSTER CAMP
Can eggs cook on a sidewalk on a hot summer day? Can you dissolve a metal screw with cola? Is yawning contagious? Does spitting on a worm attract fish? Join our “mythbusters” team and put these and other myths to the test.

CAMP FISH
This camp is for the boy or girl who really enjoys fishing and being outside. Of course they won’t fish all the time. Your child will be introduced to the wonderful world of nature with a cook-out, outdoor games and geocaching.

LET’S GO FISHING
You can’t beat a summer day, sitting next to Blue Heron Lake and fishing. Get out of the house and enjoy the summer as you learn about fish and some of the secrets to catching them. We have the poles and bait so what’s keeping you from joining the fun?
WATER ADVENTURE CAMP
Join us for some water adventure! Your child will canoe, fish, kayak, hike and cook out on a Raccoon River sand bar (All participants must wear a life jacket during all water activities outside the pool!). It’s sure to be lots of fun. Registration is limited, so sign up early!

WATER ADVENTURE CAMP
Join us for some water adventure! Your child will canoe, fish, kayak, hike and cook out on a Raccoon River sand bar (All participants must wear a life jacket during all water activities outside the pool!). It’s sure to be lots of fun. Registration is limited, so sign up early!

WILDFORWATER
Be ready to have lots of fun in the sun as you explore the water worlds around you. You will go fishing, hiking and creek sloshing. You will get to try your hand at kayaking and spend a day at Valley View Aquatic Center. Water games and contests will be the rule as you learn and have fun at the same time!

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EXPLORE
Do you have a child that can’t stand to stay indoors regardless of the weather? If so, these day camps may be just what you have been looking for. Your child will have the opportunity to really explore Raccoon River Park. You may sign them up for one or all of the Explore days.

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YOUTH AXETHROWING
Participants will be taught axe safety, axe throwing techniques and games. Parents are asked to remain on site during the workshop.

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Participants will be taught axe safety, axe throwing techniques and games. Parents are asked to remain on site during the workshop.

CREEKHIKIN’
– Nothing says “Fun!” like wading and playing in a creek. This day is for the child who wants to get muddy looking for frogs, snagging minnows and splashing in the creek!

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– Nothing says “Fun!” like wading and playing in a creek. This day is for the child who wants to get muddy looking for frogs, snagging minnows and splashing in the creek!

ARCHERY
– This day will give you a “taste” of archery! You will learn the basics of target style archery and have some outdoor fun in the process!

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RIVER RATS!
– Your child will have the time of their lives exploring river sand bars and floodplain forests of the Raccoon River. A picnic lunch complete with s’mores will make this day of exploration unforgettable!

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TOM KARPAN RELAYS
Don’t miss this special annual track and field event for kids ages 5-14! Winners of qualifying events will be eligible to take part in the Iowa State Track and Field Meet in Marshalltown!

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Don’t miss this special annual track and field event for kids ages 5-14! Winners of qualifying events will be eligible to take part in the Iowa State Track and Field Meet in Marshalltown!

Races will be grouped according to age (5, 6, 7, 8, 9-10,11-12,13-14) and gender. A participant’s age is as of December 31, 2019. An award ribbon will be given for each heat/ event. The fastest time or longest distance recorded for each event (ages 7-14) will be eligible to attend the State Track and Field Meet in Marshalltown in June.

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These participants will be notified by email May 24 of their eligibility. Register at the event.

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HOLIDAY PARK BASEBALL

To register or for more information go to www.sportsplexwest.com.

COURAGE LEAGUE SPORTS

Courage League Sports is a non-profit adaptive sports and recreation program offering year-round opportunities for children and adults who are not able to go full speed due to a physical, cognitive or emotional disability. By adapting the pace, equipment or nature of an activity, Courage League can provide a safe and accessible environment where participants can go at their own speed.

All programs will include super hero training, fitness, group games, music/movement, seasonal sports plus lots of fun and social skill development!

CUB LEAGUE

<table>
<thead>
<tr>
<th>DAYS</th>
<th>DATES</th>
<th>TIME</th>
<th>AGES</th>
<th>COURSE ID</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday</td>
<td>May 2 –23</td>
<td>4:45pm – 5:30pm</td>
<td>2 – 6</td>
<td>9699</td>
<td>Valley Community Center</td>
</tr>
<tr>
<td>M, W &amp; F</td>
<td>June 24 – 28</td>
<td>8:30am – 9:30am</td>
<td>2 – 6</td>
<td>9706</td>
<td>Jaycee Park Shelter</td>
</tr>
<tr>
<td>M &amp; W</td>
<td>July 29 – 31</td>
<td>8:30am – 9:30am</td>
<td>2 – 6</td>
<td>9710</td>
<td>Jaycee Park Shelter</td>
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FEE $45

TIGER LEAGUE

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<th>AGES</th>
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<th>LOCATION</th>
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<tbody>
<tr>
<td>Thursday</td>
<td>May 2 –23</td>
<td>4:45pm – 5:30pm</td>
<td>7 – 11</td>
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<td>June 24 – 28</td>
<td>8:30am – 9:30am</td>
<td>7 – 11</td>
<td>9700</td>
<td>Jaycee Park Shelter</td>
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<tr>
<td>M &amp; W</td>
<td>July 29 – 31</td>
<td>9:30am – 9:30am</td>
<td>7 – 11</td>
<td>9711</td>
<td>Jaycee Park Shelter</td>
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FEE $45

LION LEAGUE

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<td>12 – 17</td>
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<td>Valley Community Center</td>
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<tr>
<td>M, W &amp; F</td>
<td>June 24 – 28</td>
<td>9:30am – 10:30am</td>
<td>12 – 17</td>
<td>9709</td>
<td>Jaycee Park Shelter</td>
</tr>
<tr>
<td>M &amp; W</td>
<td>July 29 – 31</td>
<td>9:30am – 10:30am</td>
<td>12 – 17</td>
<td>9712</td>
<td>Jaycee Park Shelter</td>
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FEE $45

ACTIVE ADULTS

<table>
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<tr>
<th>DAYS</th>
<th>DATES</th>
<th>TIME</th>
<th>AGES</th>
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<tbody>
<tr>
<td>Thursday</td>
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<td>10am – 11am</td>
<td>18+</td>
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<td>Thursday</td>
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<td>9688</td>
<td>Valley Community Center</td>
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<tr>
<td>M, W &amp; F</td>
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<td>9:30am – 10:30am</td>
<td>18+</td>
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<tr>
<td>M &amp; W</td>
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<td>9:30am – 10:30am</td>
<td>18+</td>
<td>9714</td>
<td>Jaycee Park Shelter</td>
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</tbody>
</table>

FEE $45

SPECIAL NEEDS NIGHT POOL PARTY!

Join us where our special population has the pool to themselves! In partnership with Courage League Sports, enjoy an evening of fun reserved just for your special person and your family.

Pre-registration required.

<table>
<thead>
<tr>
<th>DAY</th>
<th>DATES</th>
<th>TIMES</th>
<th>COURSE ID</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday</td>
<td>June 22</td>
<td>6:30pm – 8:30pm</td>
<td>9254</td>
</tr>
<tr>
<td>Saturday</td>
<td>July 13</td>
<td>6:30pm – 8:30pm</td>
<td>9253</td>
</tr>
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LOCATION Holiday Aquatic Center
AGES ALL
FEE FREE
Whether you are an experienced golfer or just starting out, this class can help you. Group instruction will be provided along with individual instruction as needed. Lessons are held at West Grand Golf. Amenities include: Target Greens, Putting Greens and Practice Bunkers. Participants will learn Putting, Chipping, Iron Play and Woods and/or Metals. Registrants will need to bring all clubs to the first class.

## YOUTH TENNIS LESSONS

Lessons for youth from beginner to advanced will feature fun, skill development, footwork, games and lots of hitting.

**FUTURE STARS (5 - 8 yrs)**

<table>
<thead>
<tr>
<th>DATES</th>
<th>FEE</th>
<th>TIME</th>
<th>COURSE ID</th>
<th>DAYS</th>
</tr>
</thead>
<tbody>
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<tr>
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<td>August 3 – 17</td>
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<td>9456</td>
<td>Saturday</td>
</tr>
<tr>
<td>June 10 – 27</td>
<td>$132</td>
<td>9am – 10am</td>
<td>9434</td>
<td>M, T, W, TH</td>
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<tr>
<td>July 8 – 25</td>
<td>$132</td>
<td>9am – 10am</td>
<td>9441</td>
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<tr>
<td>July 29 – August 15</td>
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<td>9am – 10am</td>
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**ACES (9 - 12 yrs)**

<table>
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<th>FEE</th>
<th>TIME</th>
<th>COURSE ID</th>
<th>DAYS</th>
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<td>July 13 – 27</td>
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<td>10am – 11:30am</td>
<td>9458</td>
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<td>August 3 – 17</td>
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<td>10am – 11:30am</td>
<td>9459</td>
<td>Saturday</td>
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<tr>
<td>June 10 – 27</td>
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<td>10am – 11:30am</td>
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<tr>
<td>July 9 – 25</td>
<td>$66</td>
<td>5:30pm – 6:30pm</td>
<td>9439</td>
<td>T, TH</td>
</tr>
<tr>
<td>July 30 – August 15</td>
<td>$66</td>
<td>5:30pm – 6:30pm</td>
<td>9449</td>
<td>T, TH</td>
</tr>
</tbody>
</table>

**HIGH SCHOOL (13 - 17 yrs)**

<table>
<thead>
<tr>
<th>DATES</th>
<th>FEE</th>
<th>TIME</th>
<th>COURSE ID</th>
<th>DAYS</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 10 – 27</td>
<td>$132</td>
<td>11:30am – 1pm</td>
<td>9436</td>
<td>M, T, W, TH</td>
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<tr>
<td>July 8 – 25</td>
<td>$132</td>
<td>11:30am – 1pm</td>
<td>9443</td>
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<tr>
<td>July 29 – August 15</td>
<td>$132</td>
<td>11:30am – 1pm</td>
<td>9447</td>
<td>M, T, W, TH</td>
</tr>
</tbody>
</table>

**YOUTH GOLF LESSONS**

Whether you are an experienced golfer or just starting out, this class can help you. Group instruction will be provided along with individual instruction as needed. Lessons are held at West Grand Golf. Amenities include: Target Greens, Putting Greens and Practice Bunkers. Participants will learn Putting, Chipping, Iron Play and Woods and/or Metals. Registrants will need to bring all clubs to the first class.

**PEEWEE T-BALL**

Are you looking for a way to introduce softball or baseball to your 5-7 year old but don’t want to enroll them in a program that is too competitive or time-consuming? Register them for our youth sports program, PeeWee T-Ball! This program is designed as a fun way for children to learn the basics of softball and baseball. Our staff will help guide each team through the fundamentals of hitting, catching, fielding, and base running. Teams are determined upon arrival each night of play.

**Basic Game Format:**
- No score kept
- No strike-outs
- No walks
- No pitching (only a tee will be used)
- 4 innings = standard game
- 1 inning = all players batting through

**Supplies Provided:**
- Bats
- Balls
- Tee
- Bases

**Supplies To Bring:**
- Tennis shoes
- Glove
- Water bottle
- Program Jersey (handed out on 1st night of play)
Youth Tech Inc. in cooperation with Des Moines Area Community College West Campus’s Celebrate! Innovation program is an interactive computer camp that focuses on providing enrichment opportunities to students in the world of computers. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence. For more information about Youth Tech Inc. please visit our web site at www.youthtechinc.com.

LOCATION
DMACC West Campus • 5959 Grand Ave • WDM • RM210E
DAYS Monday – Thursday

YOUTH

**VIDEO GAME DESIGN**
- **DATES:** June 10 – 13
- **TIME:** 1pm – 4pm
- **AGES:** 10 – 17
- **FEE:** $175
- **COURSE ID:** 9598
- **MAXIMUM:** 12

**ROBLOX STUDIO-GAMING AND GAME DEVELOPMENT**
- **DATES:** June 17 – 20
- **TIME:** 1pm – 4pm
- **AGES:** 9 – 15
- **FEE:** $155
- **COURSE ID:** 9604
- **MAXIMUM:** 15

**APPLICATION DESIGN**
- **DATES:** July 8 – 11
- **TIME:** 1pm – 4pm
- **AGES:** 9 – 12
- **FEE:** $125
- **COURSE ID:** 9410
- **MAXIMUM:** 12

**iCODE**
- **DATES:** June 24 – 27
- **TIME:** 9:30am – 12pm
- **AGES:** 6 – 12
- **FEE:** $125
- **COURSE ID:** 9410
- **MAXIMUM:** 12

**ANIMATION**
- **DATES:** June 24 – 27
- **TIME:** 1pm – 4pm
- **AGES:** 9 – 15
- **FEE:** $160
- **COURSE ID:** 9412
- **MAXIMUM:** 10

**iMOBILE GAME DESIGN**
- **DATES:** July 8 – 11
- **TIME:** 9:30am – 12pm
- **AGES:** 6 – 12
- **FEE:** $120
- **COURSE ID:** 9413
- **MAXIMUM:** 12

**3D GAME DESIGN**
- **DATES:** July 15 – 18
- **TIME:** 1pm – 4pm
- **AGES:** 10 – 17
- **FEE:** $160
- **COURSE ID:** 9411
- **MAXIMUM:** 5

**THE GAMING ACADEMY**
- **DATES:** July 15 – 18
- **TIME:** 9am – 4pm
- **AGES:** 10 – 17
- **FEE:** $305
- **COURSE ID:** 9601
- **MAXIMUM:** 10

**MOVIE MAKERS**
- **DATES:** July 22 – 25
- **TIME:** 9am – 12pm
- **AGES:** 9 – 15
- **FEE:** $150
- **COURSE ID:** 9414
- **MAXIMUM:** 15

**ROBOTICS/BATTLE BOTS**
- **DATES:** June 10 – 13
- **TIME:** 9am – 12pm
- **AGES:** 9 – 15
- **FEE:** $160
- **COURSE ID:** 9415
- **MAXIMUM:** 9

**iGAME CREATOR**
- **DATES:** June 17 – 20
- **TIME:** 9:30am – 12pm
- **AGES:** 6 – 10
- **FEE:** $125
- **COURSE ID:** 9416
- **MAXIMUM:** 15

**iMOBILE GAME DESIGN**
- **DATES:** July 22 – 25
- **TIME:** 9am – 12pm
- **AGES:** 6 – 12
- **FEE:** $120
- **COURSE ID:** 9417
- **MAXIMUM:** 10

**ROBOTICS/GAMES, MAZES & PROGRAMMING**
- **DATES:** July 29 – August 1
- **TIME:** 1pm – 4pm
- **AGES:** 10 – 17
- **FEE:** $160
- **COURSE ID:** 9419
- **MAXIMUM:** 8

**ROBOTICS/GAMES, MAZES & PROGRAMMING**
- **DATES:** July 29 – August 1
- **TIME:** 9am – 12pm
- **AGES:** 10 – 17
- **FEE:** $160
- **COURSE ID:** 9419
- **MAXIMUM:** 8

**YOUNG ENGINEERS**
- **DATES:** July 29 – August 1
- **TIME:** 9:30am – 12pm
- **AGES:** 6 – 12
- **FEE:** $120
- **COURSE ID:** 9417
- **MAXIMUM:** 10

**GAMING AND CODING**
- **DATES:** August 5 – 8
- **TIME:** 9:30am – 3:30pm
- **AGES:** 6 – 12
- **FEE:** $255
- **COURSE ID:** 9603
- **MAXIMUM:** 7

For more information visit www.wdm.iowa.gov/ParksAndRec. For more information visit www.wdm.iowa.gov/ParksAndRec.
YOUTH

LEE COLE’S MAGICAMP

Magicamp is for anyone who likes to have fun. You’ll spend two days learning from professional magician Lee Cole on how to entertain and amaze your friends, family and classmates. You’ll learn tricks that can be done anywhere, at any time, and for the rest of your life. All magic materials are provided.

DATES        TIME        COURSE ID
June 17 & 19  9am – 11:45am  9103
July 22 & 24   9am – 11:45am  9101
August 12 & 14 9am – 11:45am  9102
LOCATION    Raccoon River Park Nature Lodge
AGES         7 – 15
FEE            $45
MAXIMUM    22

PLANET 7

Do you want your child to have a chance to see what Jr. High has in store for them? The Planet 7 program will offer an opportunity for 6th graders entering 7th grade to:
• build self-esteem
• learn how to deal with peer pressure
• meet new friends
• learn time management and study skills
• familiarize themselves with a new school

Other fun aspects of the program include trips to:
• Val Lanes
• Valley View Aquatic Center
• Friday’s trip to World’s of Fun in Kansas City, MO.

All incoming 7th graders for the fall of 2019 in the West Des Moines Public School District are eligible to register in the program. Registration begins March 5, 2019 at 8am.

ARCHERY AND THE OUTDOORS!

During this camp your child will learn about archery equipment, safe archery techniques and how to safely shoot competition style archery. These classes will be taught by a certified NASP teacher. Your children will get a taste of the great outdoors and the opportunities it holds while at this half-day camp.

DATES        TIME        COURSE ID
July 22 – 25  Monday – Thursday
9am – 12pm    Beginner  9210
1pm – 4pm     Novice  9191
LOCATION    Raccoon River Park Nature Lodge
AGES         10 – 13
FEE            $44
MAXIMUM   18 per session

LEE COLE’S MAGICAMP

Magicamp is for anyone who likes to have fun. You’ll spend two days learning from professional magician Lee Cole on how to entertain and amaze your friends, family and classmates. You’ll learn tricks that can be done anywhere, at any time, and for the rest of your life. All magic materials are provided.

DATES        TIME        COURSE ID
June 17 & 19  9am – 11:45am  9103
July 22 & 24   9am – 11:45am  9101
August 12 & 14 9am – 11:45am  9102
LOCATION    Raccoon River Park Nature Lodge
AGES         7 – 15
FEE            $45
MAXIMUM    22

PLANET 7

Do you want your child to have a chance to see what Jr. High has in store for them? The Planet 7 program will offer an opportunity for 6th graders entering 7th grade to:
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DATES        TIME        COURSE ID
July 22 – 25  Monday – Thursday
9am – 12pm    Beginner  9210
1pm – 4pm     Novice  9191
LOCATION    Raccoon River Park Nature Lodge
AGES         10 – 13
FEE            $44
MAXIMUM   18 per session

YOUTH ARCHERY LESSONS

Does your child want to learn more about archery? Maybe they would benefit from some group archery lessons. Each lesson time will be limited to six archers. Lessons will be taught by a NASP certified teacher.

DATES        TIME        COURSE ID
June 5 – 19   Wednesday
9am – 9:45am  9218
9:45am – 10:30am  9221
4pm – 4:45pm   9216
4:45pm – 5:30pm  9217
LOCATION    Raccoon River Archery Facility
AGES         10 – 13
FEE            $21
MAXIMUM    6 per session

MAGICAL MATS YOGA

(KIDS YOGA)

This class encourages younger children to experience yoga. Using yoga postures in games, stories and playing make believe; children can improve motor skills, flexibility, balance, strength, concentration and self esteem while having fun. Children will also be introduced to relaxation and breathing techniques.

Come join with your child in a bonding experience using the power of yoga lead by Jayla Clark.

DATES        TIME        COURSE ID
June 1 – 29   Saturday
9:15am – 9:45am  9452
July 3 – August 10  9453
LOCATION
AGES         3 – 12
FEE            $45

For more information visit www.wdm.iowa.gov/ParksAndRec | 222.3444
ZUMBA
Perfect For Everybody and everybody! Each Zumba® class is designed to bring people together to sweat it on.

How It Works
We take the “work” out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you’ll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check and check.

Benefits
A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.
Instructor: Eva Otanez
515-419-9523 • www.eva123.zumba.com

BALLROOM DANCING LEVEL I & II: ABSOLUTE BEGINNER & BEYOND
This class is for absolute beginners and for anyone who has some knowledge of various ballroom dances. It will be a great class for Level I review and for those who would like to add additional figures beyond that class. These courses teach: Foxtrot, Swing (East Coast), Waltz, and Rumba. We will teach 4-6 figures in each dance as we progress through the class. When you complete this course you should be comfortable going to wedding reception dances, cruises, or social dances at business functions and various venues around the Greater Des Moines Area. PLEASE NOTE! A Special class of Country Two Step and Cha Cha in May. COUPLES ENCOURAGED Any questions, please contact Jim and Suzi Benjamin at DancelInfo@DesMoinesDance.org

DAY | Sundays
TIME | 12:30pm – 1:30pm

DATEDATES COURSE ID FEE per person
April 8 – June 23 (No class 5/26)9238 $60
July 7 – August 259240 $60
LOCATION Valley Junction Activity Center

DAY | Thursdays
TIME | 6:45pm – 7:45pm

DATEDATES COURSE ID FEE per person
May 2 – June 209243 $60
July 11 – August 299244 $60
LOCATION Valley Junction Activity Center

BALLROOM DANCING LEVEL II AND LEVEL III: BEYOND BEGINNER
This ballroom class is for anyone who has completed Level 1 classes or has equivalent experience in dancing and training. If you know some of these dances well you may attend the associated classes. This course teaches 1 dance for 2 weeks before moving on to another dance. Class begins with a review and then new figures and techniques will be added. This is not a single course and as many as 4 months will be required to cover all the various dances being taught at this level.

PLEASE NOTE! This is a couple’s only class. Formation classes are by invitation only but you may sign up for the formation class and then practice in any of our classes in addition to your primary class. Any questions, please contact Jim and Suzi Benjamin at DancelInfo@DesMoinesDance.org

DAY | Sundays
TIME | 1:30pm – 2:30pm

DATEDATES COURSE ID FEE per person
April 28 – June 23 (No class 5/28)9241 $60
July 7 – August 259245 $60
LOCATION Valley Junction Activity Center

DAY | Mondays
TIME | 6:45pm – 7:45pm

DATEDATES COURSE ID FEE per person
April 29 – June 24 (No class 5/27)9239 $60
July 8 – August 269242 $60
LOCATION Valley Junction Activity Center

DAY | Tuesdays
TIME | 1:30pm – 2:30pm

DATEDATES COURSE ID FEE per person
April 28 – May 299259 $35
July 7 – August 289261 $35
LOCATION Valley Junction Activity Center

DAY | Fridays
TIME | 6:45pm – 7:45pm

DATEDATES COURSE ID FEE per person
May 3 – June 289248 $35
July 1 – August 229250 $35
LOCATION Valley Junction Activity Center

BALLROOM DANCING LEVEL III AND LEVEL IIII: INTERMEDIATE
This ballroom class is for anyone who has completed Level 1 and Level 2 classes or has equivalent experience in dancing and training. If you know some of these dances well you may attend the associated classes. This course teaches 1 dance for 2 or 3 weeks before moving on to another dance. Jim and Suzi will review all the figures taught in previous Level 1/2 classes. They will then add figures and technique to each dance as we progress through the class. This is not a single course and as many as 6 months will be required to cover all the various dances being taught at this level. Dances not included in Level 1/2 class curriculum will be taught at a beginning level as we introduce new dances to the students.

PLEASE NOTE! This is a couple’s only class. Formation classes are by invitation only but you may sign up for the formation class and then practice in any of our classes in addition to your primary class.

VARIETY DANCE CLASSES – BEGINNER LEVELS 1 AND 2
These courses will teach a single dance for 4 or 5 weeks allowing you to concentrate on that dance alone. These courses are couples only courses. Level I & Level II courses are for anyone who is an absolute beginner or someone who has had some dancing experience either in the dance listed or in other dances.
ADULT SPORTS

ADULT GOLF LESSONS
Whether you are an experienced golfer or just starting out, this class can help you. Group instruction will be provided along with individual instruction as needed. Lessons are held at West Grand golf and amenities include: Target Greens, Putting Greens and Practice Bunkers. Participants will learn Putting, Chipping, Iron Play and Woods and/or Metals. Registrants will need to bring all clubs to the first class.

ADULT TENNIS LESSONS
Lessons for adults new to tennis as well as advanced will be focused on improving student stroke, technique, skills, footwork, strategy and match play. Courts and students will be organized by ability and experience to maximize student improvement and enjoyment.

COED BADMINTON OPEN GYM
Drop in for recreational pick-up badminton matches.

HORSESHOE PITCHING LEAGUE
Summer Season
This coed league is designed for all levels of ability (players will be handicapped). Prizes and traveling trophy awarded. Free pitching instruction available throughout the week.

Tennis Director — Bunny Bruning
Bunny played on the WTA Professional tour for 9 years and acquired rankings of #41 in singles and #8 in doubles. She has been a USPTA professional since 1987 and has been teaching and coaching for over 30 years.

Lead Instructor — Daniel Pitz
Daniel has been a USPTA professional since 1987 and an Associate Tennis Teaching Pro at Wakonda Club since April 2014. Lived in Japan and taught Japanese Tennis School and private contractor from 1990 –1998, 2000 – 2014.

RACCOON RIVER PARK
SOFTBALL COMPLEX

SCOREBOARD SPONSORS

For more information visit www.wdm.iowa.gov/ParksAndRec | 222.3444

For more information visit www.wdm.iowa.gov/ParksAndRec | 222.3444
**ADULT SOFTBALL**

### Spring Season

**GENERAL SOFTBALL LEAGUE INFO**

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>Please call 222-3444 to have application mailed, emailed or faxed to you.</th>
</tr>
</thead>
<tbody>
<tr>
<td>DEADLINE TO APPLY</td>
<td>Thursday, April 4 by 4pm</td>
</tr>
<tr>
<td>GAME TIMES</td>
<td>Generally 6:15pm – 9:15pm</td>
</tr>
<tr>
<td>LOCATION</td>
<td>Raccoon River Park Softball Complex</td>
</tr>
</tbody>
</table>

**MEN’S COMMERCIAL SOFTBALL LEAGUES**

Competitive 12” slow pitch softball leagues. Games are staffed with one umpire and an official score keeper. Teams play a 14-game doubleheader round robin schedule.

<table>
<thead>
<tr>
<th>LEAGUE</th>
<th>DAY</th>
<th>START DATE</th>
<th>AGES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Men’s DBHD B</td>
<td>Tuesday</td>
<td>April 23</td>
<td>Adults (18 &amp; older and out of high school)</td>
</tr>
<tr>
<td>Men’s DBHD C</td>
<td>Tuesday</td>
<td>April 23</td>
<td></td>
</tr>
<tr>
<td>Men’s 50+</td>
<td>Sunday</td>
<td>April 28</td>
<td>50 yrs &amp; older (Must turn 50 by 12/31/19)</td>
</tr>
</tbody>
</table>

**FEE** $405 entry fee + tax, ASA, WDM Adult SB Player Fee, Non-resident fees.

**COED COMMERCIAL SOFTBALL LEAGUE**

Competitive 12” slow pitch softball leagues. Games are staffed with one umpire and an official score keeper. Teams play a 14-game doubleheader schedule.

<table>
<thead>
<tr>
<th>LEAGUE</th>
<th>DAY</th>
<th>START DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coed</td>
<td>Thursday</td>
<td>April 25</td>
</tr>
<tr>
<td>Coed</td>
<td>Sunday</td>
<td>April 28</td>
</tr>
</tbody>
</table>

**AGES** Adults (18 & older and out of high school)

**FEE** $405 entry fee + tax, ASA, WDM Adult SB Player Fee, Non-resident fees.

**MEN’S AND COED RECREATION SOFTBALL LEAGUES**

Recreational 12” slow pitch men’s softball leagues. Teams play a 14-game round robin doubleheader schedule. Carpet used to call balls and strikes, umpire your own games. All games staffed with an official score keeper.

<table>
<thead>
<tr>
<th>LEAGUE</th>
<th>DAY</th>
<th>START DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Men’s DbHd Rec.</td>
<td>Monday</td>
<td>April 22</td>
</tr>
<tr>
<td>Men’s DbHd Rec.</td>
<td>Wednesday</td>
<td>April 24</td>
</tr>
<tr>
<td>Coed DbHd Rec.</td>
<td>Wednesday</td>
<td>April 24</td>
</tr>
<tr>
<td>Men’s DbHd Rec.</td>
<td>Thursday</td>
<td>April 25</td>
</tr>
</tbody>
</table>

**AGES** Adults (18 & older and out of high school)

**FEE** $260 entry fee + tax, ASA, WDM Adult SB Player Fee, Non-resident fees.

**COED RECREATION SOFTBALL LEAGUES**

Recreational 12” slow pitch coed softball leagues. Teams play a 6-game schedule. Carpet used to call balls and strikes, umpire your own game. All games staffed with an official score keeper.

<table>
<thead>
<tr>
<th>LEAGUE</th>
<th>DAY</th>
<th>START DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>B</td>
<td>Sunday</td>
<td>April 28</td>
</tr>
<tr>
<td>C</td>
<td>Sunday</td>
<td>April 28</td>
</tr>
<tr>
<td>D</td>
<td>Sunday</td>
<td>April 28</td>
</tr>
<tr>
<td>E</td>
<td>Sunday</td>
<td>April 28</td>
</tr>
<tr>
<td>C/D</td>
<td>Wednesday</td>
<td>April 24</td>
</tr>
<tr>
<td>C/D</td>
<td>Thursday</td>
<td>April 25</td>
</tr>
</tbody>
</table>

**FEE** $190 entry fee + tax, ASA, WDM Adult SB Player Fee, Non-resident fees.

**MEN’S RECREATIONAL “50 PLUS” DRAFT SOFTBALL LEAGUE**

Recreational 12” slow pitch softball league for men over 50 years old. Teams play a 9-game schedule. All games are staffed with an umpire and an official score keeper.

<table>
<thead>
<tr>
<th>LEAGUE (Season)</th>
<th>DAY</th>
<th>START DATE</th>
<th>COURSE ID</th>
<th>AGES</th>
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</thead>
<tbody>
<tr>
<td>Spring</td>
<td>Wednesday</td>
<td>April 24</td>
<td>9113</td>
<td>50 yrs &amp; older (Must turn 50 by 12/31/19)</td>
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<tr>
<td>Summer</td>
<td>Wednesday</td>
<td>April 24</td>
<td>9111</td>
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</tr>
<tr>
<td>Both</td>
<td>Wednesday</td>
<td>April 24</td>
<td>9110</td>
<td></td>
</tr>
</tbody>
</table>

**FEE** $25 individual entry fee per season

**ADULT ATHLETIC LEAGUE TEAM ACCEPTANCE POLICY**

For more information visit www.wdm.iowa.gov/ParksAndRec | 222.3444

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*ADULT ATHLETIC LEAGUE TEAM ACCEPTANCE POLICY*

The Adult Athletic League Team Acceptance Policy applies to all adult athletic leagues. The order of priority is as follows:

1.) Returning Teams. Defined as having at least 51% of last season’s roster.
   a.) Teams who participated in the league the previous season.
   b.) Teams who participated in the league the previous year.
   c.) Teams may be placed in another division at Department’s option to equalize competition.

2.) New Teams. Teams that did not participate in the league the previous season or year.

3.) Late Teams. Any team that does not meet the established deadlines will be accepted at the Department’s discretion.

If more teams apply than we have space for, priority will be given to teams with the highest percentage of players on their roster residing within the City of West Des Moines School District in all cases except softball, where City boundaries apply.
Team Roster Sign Up

HOW TO ADD YOUR TEAM ROSTER ONLINE

Important Notes
1) Our organization is using this process for you to register your Team and collect payments.
2) Our organization is using this process so you have an easy process to identify what players are on your Team Roster, and, so the organization can track what players are on each team.

TEAM ROSTER PROCESS

1 Sign In
Click the “Enroll” button for the Program you want to register in. The Site has a secure online process, so when you click the “Enroll” button you will be prompted to Sign In.
   • If you are a new user, click the “Not registered? Create a new account” link and follow the steps to sign in.
   • If you are not a new user, then sign in. If you do not remember your password, click the “Forgot your password?” link and follow the steps to be emailed your password.

2 Add Items To Your Cart
After you Sign In, you will be on the “Add Items To Your Cart” page. On this page:
   1) From the “Enrollee” list select your name
   2) From the “Enrollment Type” list select “General”
   3) From the “Program” list select the program
   4) From the “Offering” list select the offering
   5) Click the “Add Enrollment” button
   6) Repeat the above steps if you want to choose additional offerings.
   7) When done, click the “Proceed to Checkout” button.

3 Team Information
On the Team Information page, complete all information, then click the “Done” button at the bottom of the page.

4 Checkout
On the Checkout page, click the Place Order button at the bottom of the page.

5 Manage Rosters
From the order confirmation page, in the top dark blue navigation bar, select “Manage Rosters” and then select your Team Name.

Add to Roster
• Click the Add to Roster button to add players to your Roster.
• When done, click the Submit button so the organization administering the web site knows you have completed your Roster.

• Important Note: The organization administering the web site can see which rosters are “Submitted” versus not.

Field Rental Options

<table>
<thead>
<tr>
<th>Field Type</th>
<th>Rental Season</th>
<th>Hours</th>
<th>Cost to Rent*</th>
<th>Min Hours of Rental</th>
</tr>
</thead>
<tbody>
<tr>
<td>Soccer</td>
<td>Apr 1 – Oct 31</td>
<td>Weekdays 3pm – 9pm; Weekends 7am – 9pm</td>
<td>$15 per hour</td>
<td>2 hours</td>
</tr>
<tr>
<td>Softball/</td>
<td>Apr 1 – Oct 31</td>
<td>Weekdays 3pm – 9pm; Weekends 7am – 9pm</td>
<td>$10 per hour</td>
<td>2 hours</td>
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<tr>
<td>Baseball</td>
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<tr>
<td>Cricket</td>
<td>Apr 1 – Oct 31</td>
<td>Weekdays 3pm – 9pm; Weekends 7am – 9pm</td>
<td>$40 per hour</td>
<td>2 hours</td>
</tr>
</tbody>
</table>

*The above rental fees are for individuals and non-profit organizations. For-profit organizations or businesses will pay two (2) times the above rates. The Department reserves the right to limit the number of reservations that can be made by for-profit organizations or businesses.
New Concession Vendor at Raccoon River Softball Complex!

Formaro's Stuffed

Welcome softball players, fans and families! Formaro’s Stuffed will be providing all of your food and beverage needs. We are excited to offer a variety of fresh, high quality and award-winning menu items for you to enjoy. In addition to all the standard classics we will have new, made-to-order items, such as our homemade pizza, stuffed pulled pork nachos, stuffed ribeye steak & cheese sandwich and stuffed bacon cheesy hot dogs, just to name a few.

Formaro’s Stuffed is adding the following services to help keep your team hydrated and at peak performance. MVP Cooler Service — Let us do the heavy lifting for you. Reserve your team cooler, filled with ice and your choice of beverages. Snack packs and discounted rates on a variety of food and beverages available. We will also offer a beverage station located near the fields for you to grab ice cold beverages and get discounted refill drinks and snack packs for your team cooler. We look forward to serving YOU!

Your Formaro’s Stuffed Crew
www.facebook.com/formarostuffed
www.formarostuffed.com

Practice Field Rentals — Raccoon River Park Softball Complex

Youth or Adult Softball or Baseball teams may reserve a weekly practice field.

| FEES | $25 per hour |
| DAYS AVAILABLE | Mondays, Tuesdays and Thursdays Will open Wednesdays if these days fill and still have interest. |
| TIMES AVAILABLE | 4:30pm – 5:45pm ok to rent earlier than 4:30pm, but cannot rent after 5:45pm |
| START DATE | Week of April 8 |
| CLOSED | Monday, May 27 Memorial Day Thursday, July 4 Independence Day Monday, September 2 Labor Day |
| CONTACT | bruce.mankle@wdm.iowa.gov |

COED TOUCH RUGBY - ADULT

Informational meeting/open play will take place on Wednesday, May 29, at 6:15pm. At this meeting we will explain the team organization process and answer questions about the league and allow for open play time. All teams are required to have one woman playing on the field at all times. Please bring a light and dark shirt or reversible jersey. Teams will be determined by ability and teammate preference. There will be a minimum of 10 games played over the five week season. Games last approximately 15 minutes. Babysitters are provided by Des Moines Rugby.

RAIN BARREL WORKSHOP

Have you ever wanted to build a rain barrel and didn’t quite know how to do it? Here is your chance! We will have 55 gal plastic barrels and the tools to turn them into a useful rain barrel for your home.

| DAY | Saturday |
| DATE | March 30 |
| TIME | 9:30am – 11am |
| LOCATION | Raccoon River Nature Lodge |
| AGES | 18+ |
| FEE | $50 |
| COURSE ID | 9264 |

PADDLE BOARD BASICS

Here is your chance to try your luck on a stand up paddle board! They are quite popular and have been given accolades of providing an all body workout! This class will give you a brief introduction and knowledge to make your first paddle board outing a positive one. This class will fill fast so sign up early. (We will meet at the boat ramp at Raccoon River Park.) Paddle boards provided.

| DAYS | Tuesday |
| DATE | July 16 |
| TIME | 5:30pm – 7pm |
| LOCATION | Raccoon River Park Boat Ramp |
| AGES | 18+ |
| FEE | $10 |
| COURSE ID | 9220 |
| MAXIMUM | 10 |
NEW!

ADULT OUTDOOR BASKETBALL
This new and exciting program will be offered Spring, Summer and Fall seasons at the newly constructed lighted Valley View basketball courts. Games will be staffed with a score keeper and two officials. Teams will play a 7 game schedule. Please contact the Parks and Recreation Office at 222-3453 for more information.

ADULT TENNIS LEAGUE
Saturday morning adult tennis league.

INDIVIDUAL SOFTBALL, VOLLEYBALL, KICKBALL OR FLAG FOOTBALL PLAYERS
Love softball, volleyball, kickball or flag football but just moved to town or don’t have a team to play on? Anyone interested in playing in any of our leagues can call Bruce at 222-3454 or e-mail bruce.mankle@wdm.iowa.gov and be placed on an individuals list. We will list your name, phone number and which league you would prefer to play in. This list will then be distributed to all team managers in our leagues and on our website. We can’t guarantee you will be placed on a team, but past response has been positive.

ADULT COED KICKBALL LEAGUE
SPRING SEASON
Coed Kickball league play this spring at Raccoon River Park Softball Complex. Leagues are offered on Sundays or Tuesdays and start the week of April 22. Call Parks & Recreation office at 222-3453 for registration information.

ADULT MEN’S FLAG FOOTBALL LEAGUES
SUMMER LEAGUES Men’s Flag Football Teams now have another season to play the game they love. Applications will be available in late April. Please call 222-3444 to receive an application by mail, email or fax. Seven-man teams will play a seven game schedule. Applications for FALL LEAGUES will be available at the WDM Parks & Recreation Office in August.

MEN’S “60 PLUS” DROP-IN SOFTBALL
Players who are 58 and older can now drop in, split up into teams and play softball. No pre-registration necessary! Just show up!

ADULT VOLLEYBALL LEAGUE
Non-officiated call your own team. Teams will play 7 matches round robin schedule. Power “A” is the highest competitive level. Power “C” is the lower competitive level.

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Day Trip Information

*PLEASE NOTE: These trips are run in conjunction with Clive Parks & Recreation. Space is limited to the first 50 people that register. These trips generally fill quickly, so please register early. The date listed is a registration cut-off date. These trips are open to people 55 years old and over. All trips depart from the Southeast corner of the Valley West Mall parking lot.

St. Louis Cardinals vs. Chicago Cubs Double Header

Join us as we travel to the “The Gateway to the West” to take in the rivalry between the Cubs and Cards. This three day, two night package includes: stadium seating on Friday night; premium and all-inclusive seats on Saturday in a box suite on Redbird Row. These seats include: a two-hour, all-you-can-eat picnic buffet; Coca-Cola products throughout the game; Bud and Bud Light beverages through the middle of the 8th inning and your game ticket. (Please note: These seats include indoor/outdoor seating in a box Suite in right field.) This travel package also includes a two night hotel stay, breakfast each morning at the hotel; and roundtrip transportation. Whichever team you cheer for….GO CUBS or GO CARDS, this sports tour will satisfy all baseball fans.

A $100 non-refundable deposit is due at the time of registration, with the remaining balance due three weeks prior to departure. Because all travel expenses are prepaid, we cannot offer refunds for travel programs.

DAYS Friday – Sunday
DATE September 27 – 29
TIME 7am departure
LOCATION St. Louis, MO
FEE per person Single: $611
       Double: $486
       Triple: $456
       Quad: $436
REGISTER BY August 30
DEPARTURE LOCATION WDM City Hall
COURSE ID 9384

**PLEASE NOTE: Due to the Historic nature of this home, there will be more walking on this tour, including stairs!**

Explore the Outdoors!

Take in the scenes of nature today as we tour the beauty in Central Iowa! First we’ll visit Reiman Gardens in Ames. This wonderful outdoor display features a butterfly flight house, herb gardens, wetland gardens and an award-winning rose garden! We’ll eat lunch at Hickory Park in Ames before heading to Boone. “All Aboard…” for our afternoon scenic train ride through the Des Moines River Valley! This 15 mile loop passes over two great bridges. Be sure to bring your camera today! Time will also be allowed for shopping in their gift shop, and to tour the NEW Iowa Railway Museum, set to open this spring.

DAYS Friday – Sunday
DATE September 27 – 29
TIME 7am departure
LOCATION St. Louis, MO
FEE per person Single: $611
       Double: $486
       Triple: $456
       Quad: $436
REGISTER BY August 30
DEPARTURE LOCATION WDM City Hall
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Discover Iowa Falls

Travel with us today as we discover a few of the highlights that Iowa Falls has to offer! We’ll be greeted by our step on guide with morning coffee and treats as we tour throughout several interesting “City Highlights.” Our stops will include: The Historic St. Mathew’s Church with an organ concert; lunch aboard the Scenic City Empress on the Iowa River; and an afternoon treat before departure.

DAYS Tuesday
DATE August 6
TIME 8am – 5:30pm
LOCATION Iowa Falls
FEE $68
REGISTER BY July 16
DEPARTURE LOCATION WDM City Hall
COURSE ID 9644
MAXIMUM 42

For more information visit [www.wdm.iowa.gov/ParksAndRec](http://www.wdm.iowa.gov/ParksAndRec) | 222.3444
Aquatic Centers • Open June 1

AQUATIC CENTER SEASON PASSES
Aquatic Center Season Passes are on sale NOW at the following locations:

- Parks & Recreation Office at WDM City Hall, 4200 Mills Civic Pkwy Monday – Friday, 8am – 5pm
- Valley Junction Activity Center 217 5th Street Monday – Friday, 12pm – 5pm
  
SEASON PASS DETAILS:
- Valid at 3 locations! (Holiday and Valley View Aquatic Centers in WDM and the Clive Aquatic Center)
- May include any/all household members 3 years and up.
- All pass holders must have a current photo. Photos can be taken at City Hall or the Valley Junction Activity Center during regular business hours or at the Aquatic Centers starting June 1.
- If you had a season pass last year, you can call 222-3444 and renew your pass over the phone. Parks and Recreation will mail your pass.

Purchase before March 29 and SAVE 10%

<table>
<thead>
<tr>
<th>Season Pass</th>
<th>WDM Resident</th>
<th>Non-Resident</th>
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<tbody>
<tr>
<td>Single</td>
<td>$85</td>
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<td>Two people</td>
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<td>$170</td>
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<td>Each additional person</td>
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<tr>
<td>Granny/Nanny add-on (no additional discounts)</td>
<td>$60</td>
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</tr>
</tbody>
</table>

OPEN SWIM

**Holiday Park Aquatic Center**
1701 Railroad Avenue
Hours: Monday — Friday: 11:30am – 7pm
(Closes at 5:30pm during evening swim lessons)
Saturdays 11:30am – 6pm • Sundays 12pm – 5:45pm

**Valley View Aquatic Center**
255 81st Street
Hours: Sunday – Friday: 12pm – 5:30pm and 6:30 – 8:30pm
Saturday: 12pm – 6pm

WEATHER POLICY

If the Aquatic Center closes because of weather (electrical storm or cool temperatures) between 12:30pm – 5pm the pool will not reopen until 5:30pm. If weather conditions do not allow the pool to reopen at 5:30pm, the pool will remain closed for the day.

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For more information and reservations please call 222-3440.

AQUATIC CENTER BIRTHDAY PARTIES
Have your next birthday party in the sun and fun at Valley View or Holiday Aquatic Center! Party packages include: reserved space for 2 hours for your group, admission to the aquatic center for your group, one FREE admission for an accompanying adult, and your choice of a food combo from the concessions for everyone in your party. Your group will also get to use the water slides during a special assigned pool break so there are NO lines to wait in!!

$150 for the first 10 participants plus 1 adult
($15 per additional participant with a maximum of 15 participants.)

PRIVATE SWIM LESSONS
Each child learns and excels differently. Your child will learn to swim or further their skills through private lessons with one-on-one instruction. Instructors will use the Learn-to-Swim progressions but at an individualized pace.

Call 222-3440 for more information and to register

ADULT SWIM LESSONS
Learn to swim or improve your skills in this class for adults.

<table>
<thead>
<tr>
<th>DAYS</th>
<th>Monday – Thursday</th>
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</thead>
<tbody>
<tr>
<td>DATES</td>
<td>June 10 – 20</td>
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<tr>
<td>TIMES</td>
<td>6:15pm – 6:45pm</td>
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<tr>
<td>AGES</td>
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<td>LOCATION</td>
<td>Holiday Aquatic Center</td>
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<td>FEE</td>
<td>$45 per session</td>
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<td>COURSE ID</td>
<td>9294</td>
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For more information visit www.wdm.iowa.gov/ParksAndRec | 222.3444

SWIM LESSONS

American Red Cross Skill Progress Levels:

PRE-SCHOOL 1: 3 & 4 year olds
Water Exploration: Putting face under water, bubble blowing, kicking, supported kick on front and back.

PRE-SCHOOL 2: 3 & 4 year olds
Children will kick and glide on front and back and learn basic swimming skills.

Level 1-5 lessons have a minimum age requirement of 5 years old

LEVEL 1 – INTRODUCTION TO WATER SKILLS
Helps participants feel comfortable in the water.
- Enter and exit water using ladder, steps or side
- Blow bubbles through mouth and nose • Bobbing
- Open eyes under water and retrieve submerged objects
- Front and back glides and floats
- Recover to vertical position
- Roll from front to back and back to front
- Tread water using arm and hand actions
- Alternating and simultaneous leg actions on front and back
- Combined arm and leg actions on front and back

LEVEL 2 – FUNDAMENTAL AQUATIC SKILLS
Gives participants success with fundamental skills.
- Fully submerge and hold breath
- Bobbing
- Open eyes under water and retrieve submerged objects
- Front, jellyfish and tuck floats
- Front and back glides and floats
- Recover to vertical position
- Roll from front to back and back to front
- Change direction of travel while swimming on front or back
- Tread water using arm and leg actions
- Combined arm and leg actions on front and back
- Finning arm action

LEVEL 3 – STROKE DEVELOPMENT
Builds on the skills in Level 2 through additional guided practice in deeper water.
- Enter water by jumping from the side
- Head first entries from the side in sitting and kneeling positions
- Bobbing while moving toward safety • Rotary breathing
- Survival float • Back float
- Change from vertical to horizontal position on front and back
- Tread water
- Flutter, scissor, dolphin and breaststroke kicks on front
- Front crawl and elementary backstroke

LEVEL 4 – STROKE IMPROVEMENT
Develops confidence in the skills learned and improves other aquatic skills.
- Head first entries from the side in compact and stride positions
- Swim under water
- Feet first surface dive
- Survival swimming
- Front crawl and backstroke open turns
- Tread water using 2 different kicks
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Flutter and dolphin kicks on back

LEVEL 5 – STROKE REFINEMENT
Provides further coordination and refinement of strokes.
- Shallow-angle dive from the side then glide and begin a front stroke
- Tuck and pike surface dives, submerge completely
- Front flip turn and backstroke flip turn while swimming
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Sculling

TO BETTER PLACE YOUR CHILD in the American Red Cross Learn to Swim Program, please review these lists of skills taught in each progress level. These partial lists are skills taught in the course and required for completion of the level.
### MORNING SWIM LESSONS: VALLEY VIEW AQUATIC CENTER

**DAYS**: Tuesday – Friday  
**DATES**: Session 1: June 11 – 21  
*Session 2: June 25 – July 12  
Session 3: July 16 – 26  
**LOCATION**: Valley View Aquatic Center  
**FEES**: Pre-School 1 & 2: $47  
Levels 1 – 5: $45

*No classes July 1 – 5 | All classes are 30 minutes in length

<table>
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<th>Session</th>
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<th>9:10</th>
<th>9:50</th>
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### EVENING SWIM LESSONS: HOLIDAY AQUATIC CENTER

**DAYS**: Monday – Thursday  
**DATES**: Session 1: June 10 – 20  
*Session 2: June 24 – July 11  
Session 3: July 15 – 25  
**LOCATION**: Holiday Park Aquatic Center  
**FEES**: Pre-School 1 & 2: $47  
Levels 1 – 5: $45

### WDM Parks & Recreation Waiver And Release

In consideration of my own or my child’s participation in the Parks & Recreation (hereinafter referred to as “P&R”) program or activity through the City of West Des Moines, Iowa (hereinafter referred to as “City”), we hereby release the City, its officials, employees, representatives, and agents from any and all accidents, injuries, damages, or losses received by my child or myself through the P&R program that have not been caused by negligence attributable to the City. I also agree and acknowledge that the City is not responsible for any intentional or reckless actions of the City’s officials, employees, representatives, and agents since those actions are the sole conduct of the responsible individual. I further agree and acknowledge that this release of liability is full, complete, and comprehensive, and it covers all accidents, injuries, damages, or losses, known or unknown, and any and all costs related thereto arising out of or otherwise related to my child’s participation or my own participation in programs or activities, and that this release is binding upon our heirs, successors, and assigns.

We certify that my child and or myself has received a proper physical examination within the past year and that we are physically able to participate in all P&R activities. We understand that it is our obligation to timely inform P&R of any restrictions or limitations regarding our physical abilities. We also understand that it is our obligation to follow all regulations and rules set forth by P&R in the performance of the activities. We hereby release, indemnify, and hold harmless the City, its officials, employees, representatives, and agents from any and all claims, settlements, and judgments, including all reasonable investigative fees, attorney’s fees, and court costs for any injury, damage, or loss, which is due to or arises in whole or in part due to negligent, reckless, or intentional actions taken by my child or by myself.

### DEADLINES

- **Registration**: June 5 (for morning classes)  
- **Processing Fee**: $5  
- **Cancellations**
  - Pre-School 1 & 2: $47  
  - Levels 1 – 5: $45 (processing fee will be deducted)

For more information visit [www.wdm.iowa.gov/ParksAndRec](http://www.wdm.iowa.gov/ParksAndRec) | 222.3444
SHELTER RENTAL REQUESTS NOW AVAILABLE ONLINE!

If you have ever had to call us to find out if or when a park shelter is open for reservation, you will most certainly like the new online reservation feature we have just released. You can now fully see when a shelter is available for rental during the April 15 to October 15 rental season. Not only that, you can take your rental reservation a step further and submit an online request to us. First, start your reservation at www.wdm.iowa.gov/ShelterRental. You can use filter options to choose the shelter that best fits your needs. Then you complete all of the details of your reservation, pay with your credit card, and submit your request for approval. We will then approve your request and send you a final contract via email. That’s it! Your reservation is set!

Of course, we will still gladly help you set up a reservation over the phone as well. You can call us at 515-222-3444 any weekday between 8am and 5pm to create your shelter reservation. And we are always glad to see customers when they set up a reservation in-person at our Administrative Office in WDM City Hall.

<table>
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<tr>
<th>Shelter Name</th>
<th>Rentable Times</th>
<th>Rental Fee</th>
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<tr>
<td>American Legion Park Shelter</td>
<td>7am-10:30pm</td>
<td>$10/hour 4 hour min.</td>
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<tr>
<td>Brookview Park Shelter**</td>
<td>7am-10:30pm*</td>
<td>$10/hour 4 hour min.</td>
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<tr>
<td>Crossroads Park Shelter**</td>
<td>7am-10:30pm</td>
<td>$10/hour 4 hour min.</td>
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<tr>
<td>Fairmeadows Park Shelter</td>
<td>7am-10:30pm</td>
<td>$10/hour 4 hour min.</td>
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<tr>
<td>Pearson Park Shelter</td>
<td>7am-10:30pm</td>
<td>$10/hour 4 hour min.</td>
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<tr>
<td>Raccoon River Park Biddle Shelter</td>
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<td>$10/hour 4 hour min.</td>
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<tr>
<td>Raccoon River Park Coneflower Shelters (A, B, C)</td>
<td>7am-10:30pm</td>
<td>$10/hour 4 hour min.</td>
</tr>
<tr>
<td>Valley View Park Shelter</td>
<td>7am-10:30pm</td>
<td>$10/hour 4 hour min.</td>
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*During the school year, rental is limited to Fridays after 4pm and weekends.

**Alcohol is not permitted due to proximity to a school.