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WDM magazine

Issue 41 | Winter/Spring 2017

*An Innovative Link To News
And Activities For The City Of
West Des Moines*



10-11

WDM Photo Contest

12-15

Winter in WDM

p1

WDM Parks & Recreation



02.27.17
03.03.17

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KEVIN JORGESON
Rock climber—made the first ever free climb up the 3000' dawn wall of El Capitan in Yosemite



KEN MATTINGLY
Apollo 16 command module pilot—played by Gary Sinise in the movie *Apollo 13*



KAILA MULLADY
2015 world beatbox champion, three-time, reigning beathyme champion, multi-instrumentalist



MAX BROOKS
Best-selling author of *World War Z* and *The Zombie Survival Guide*



GREG RUSSELL
Hollywood sound mixer with more than 200 films to his credit and 16 Oscar nominations



AL WORDEN
Apollo 15 command module pilot and Guinness World Record holder for being the most isolated human



DAN GABLE
Olympic Gold Medalist who coached the University of Iowa to 15 NCAA wrestling titles—one of the top ten coaches of all time (ESPN.com)



JOY HAKIM
Author of many books including *Einstein Adds a New Dimension*—the 2007 USA Book News science book of the year



DR. ANTHONY PAUSTIAN
Academic leader and author of *A Quarter-Million Steps: Creativity, Imagination & Leading Transformative Change*

DMACC
DES MOINES AREA
COMMUNITY COLLEGE
Life's Calling

FREE TO THE PUBLIC

CONTENTS

WDM NEWS

- 4 **WDM Facility Map**
- 5 **The Mayor's Column**
- 6 **WDM City Officials Boards/Commissions**
- 7 **From the City Manager**
- 8 **City Fleet Maintenance**
- 9 **Public Works Is Now Public Services YourGov**
- 10 **WDM Photo Contest Winners**
- 12 **Winter In West Des Moines**
- 16 **WestParks Foundation Bench Donation Program**
- Portable Ice Rink at Raccoon River Park**
- 17 **Adopt a Park/Trail Program**
- 18 **West Des Moines Community Enrichment Foundation**
- 20 **WDM Community Garden**
- 21 **Candle Fire Safety**
- 22 **West Des Moines Water Works**
- 24 **The West Des Moines Historical Society**
- 26 **Yard Waste**
- 27 **Hazardous Waste Drop Off**
- 28 **Holiday Curbside Recycling**
- 29 **Recycling**
- 30 **WDM Resident Guide**

WDM ACTIVITIES

- P1 **Parks & Recreation Activities**
- 32 **Library Activities**
- 46 **Human Services Programs**



WELCOME to the WDM Magazine... The City of West Des Moines' premier communication sent to over 31,000 homes and businesses throughout the City.

The WDM Magazine is published three times per year to highlight city news and information as well as community events and programming available through WDM Parks and Recreation, the WDM Library, and WDM Human Services.



WEST DES MOINES CITY HALL
4200 Mills Civic Parkway
West Des Moines, Iowa 50265
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TRANSPORTATION + WATER GOVERNMENTAL SERVICES LAND DEVELOPMENT ENERGY + CONSTRUCTION

WDM FACILITY MAP



- 1 City Hall:** 4200 Mills Civic Pkwy
- 2 Public Safety Station #19:**
8055 Mills Civic Pkwy
- 3 Fire Station #21:**
3421 Ashworth Road
- 4 Human Services:** 139 6th Street
- 5 WDM Public Library:**
4000 Mills Civic Pkwy
- 6 Law Enforcement Center:**
250 Mills Civic Pkwy
- 7 Public Services:**
560 S. 16th Street
- 8 Fire Station #17:**
1401 Railroad Avenue

- 9 Westside Fire Station #22:**
1801 68th street
- 10 Fire Station #18:**
5025 Grand Avenue
- 11 Valley Junction Activity Center:**
217 5th Street
- 12 Nature Lodge:**
2500 Grand Avenue
- 13 Holiday Aquatic Center:**
1701 Railroad Avenue
- 14 Valley View Aquatic Center:**
255 S. 81st Street
- 15 Water Works Plant:**
1505 Railroad Avenue



THE MAYOR'S COLUMN

I always look forward to the results of our Citizen Survey so that I know how well we're doing as an organization when it comes to delivering the services you expect from your local government.

Since 2002, we've hired ETC Institute to periodically survey our residents and gather data we can use to enhance our performance and make sure we remain the kind of community that attracts and keeps its residents. ETC Institute is a leader in market research for local government organizations, so they know how to conduct scientifically valid surveys and benchmark results with other communities across the nation.

The survey we completed this year was our seventh, and we were fortunate to have 570 people from all areas of the City complete our survey online or over the phone. Our sample size generated a 95 percent confidence level and a margin of error of +/- 4.1 percent.

I'm pleased to report that West Des Moines continues to set the standard nationally for the delivery of City services. Our community ranks 33 percent higher than the national average for overall quality of services provided, and we rank at or above the national average in 48 of 49 factors that were assessed on the survey.

It's quite an achievement for our elected leaders and City staff to be able to say that our resident satisfaction with City services is among the highest in the nation. Our numbers far exceed other cities of comparable size with respect to satisfaction with public safety services, parks and recreation programs and facilities, the library, maintenance, customer service and communication with the public.

Our residents have an extremely positive perception of our City – in fact, 92 percent are satisfied with the quality of life in West Des Moines and only 2 percent are dissatisfied. The same is true for the level of satisfaction with the overall quality of services

provided by the City – 89 percent are satisfied and only 2 percent are dissatisfied. We also learned that residents overwhelmingly believe West Des Moines is a safe community that provides excellent police, fire and emergency medical services.

Another compelling finding is that satisfaction with the overall quality of services is high in all areas of the City. This is important because it shows we're utilizing our resources appropriately. Whether you live in a new development southwest of I-35 or in an older, more established neighborhood, our goal is to provide the same high standard of services to everyone.

Representatives from ETC Institute are recommending that to improve overall satisfaction, we should emphasize improvements in areas of high importance to residents, such as the flow of traffic, congestion management and the overall quality of our street system. Although the negative ratings in these areas are still quite low, we want to make sure we're doing all we can to improve areas of our performance that matter to you.

If you participated in our survey, I want to thank you for taking the time to tell us how we're doing. You can view ETC's presentation and the executive summary of the survey on our website at www.wdm.iowa.gov/citizensurvey. I also want to thank you for reading WDM Magazine so faithfully. More than 85 percent of residents said they consulted this magazine in the past year to learn about their City, and that's wonderful news for the staff who work very hard to put this publication together for you.

Steven K. Gaer



Mayor

Steven K. Gaer

City Council

Kevin Trevillyan
First Ward

John Mickelson
Second Ward

Russ Trimble
Third Ward

Rick Messerschmidt
At Large

Jim Sandager
At Large

Key City Staff

City Manager
Tom Hadden
222-3610

City Attorney
Richard J. Scieszinski
222-3523

Bicycle Advisory Commission

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Margaret Christiansen
Spencer Cox
Helen Eddy
Greg France
Brittany Freund
Steve Gattou
Amanda Kelley
Joel Wolcott

Board of Adjustment

Michael Blaser
Claire Celsi
Eric P. Christiansen
Thomas Cunningham
Angie Pfannkuch

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Kevin Flagg
Chris Haviland
Lori Lavorato

Human Rights Commission

Bernell Edwards
Frank Harty
Justine Morton
Ila Plasencia
Sanjita Pradhan

Human Services Board

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Sue Bosworth
Janet Clary-Jones
Tammy Cline
Matt McNeece
Jessinda Madonia
Jim Miller
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Robert Shoemaker
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Scott Hatfield
Jill Southworth

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Ryan Crane
Gary Hammers
Tamara Kenworthy
T.J. Lechtenberg
Rita Luther
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MONEY Magazine recently named West Des Moines the fourth Best Place to Live in America. This designation is a tremendous source of pride for us because it validates what we've worked long and hard to achieve for our community.

To determine its ranking, MONEY looked at the 50 best small cities with populations of 50,000 – 300,000, and they ranked them on more than 60 factors ranging from median home prices to financial factors including the job market and economic opportunity.

From my perspective as City Manager, our elected leaders and staff have done an excellent job of managing growth without sacrificing quality of life amenities. Our challenge is to make sure we keep West Des Moines a great place to live and work.

In my last column, I mentioned that staff was working to update our strategic plan so that our work would support the framework outlined in our WDM 2036 plan. Any road map that attempts to look 20 years down the line needs action steps to make sure we stay focused on our goals.

Our strategic plan has now been approved by the City Council, and although the action steps we've developed are too numerous to list here, I'll give you a brief summary of where we're headed. Our vision is that West Des Moines is a community coveted for its business climate, natural resources and overall sense of well-being. Our mission is to deliver healthy social, economic and natural resources through effective partnerships and efficient systems.

The action steps we'll take support five key strategies that lead directly to our 2036 vision. Our first strategy is to **promote livability with West Des Moines' top leaders working together on community priorities**. To help facilitate this, we'll launch a leadership advisory board so that representatives from government, social services, education, business, development, conservation, public safety and public health can meet regularly to discuss the challenges and opportunities we face. We'll also update

our Comprehensive Plan to reflect fiscal sustainability and balanced land uses.

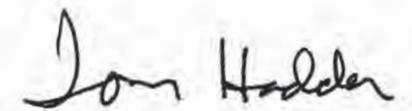
Additional priority steps will support our desire to **remain strong and solvent, and develop, retain and attract the world's best workforce**. To accomplish this, we'll update our economic development strategic plan and we'll adopt redevelopment guidelines to make sure we're giving the necessary attention to developed properties.

We also want a **sense of community to drive quality of life**, and we'll address this by creating a community outreach plan and gathering input from residents for our comprehensive plan. In addition, we want **West Des Moines to be a leader in sustainability**. Priority steps to make this happen include mapping environmentally sensitive areas and creating a conservation plan with steps to preserve water, air and environmental quality.

And finally, we want to **continue delivering highly effective City services with a new emphasis on the livability directions outlined in WDM 2036**. This strategy involves benchmarking our current service delivery and creating an action plan team to report on the progress of this plan.

Although many of these strategies may seem hard to grasp from this short summary, please know that we're working on achievable and realistic performance measures to make these strategies come to life.

As the Mayor's column in this issue states, the results of our Citizen Survey show that we continue to set the standard nationally for the delivery of City services. West Des Moines is definitely a place residents are happy to call home, and we're going to do everything we can to keep it that way.



Tom Hadden

SPONSORSHIP INDEX

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• Page 3

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The WDM magazine was produced by the City of West Des Moines, JM Impressions and Colorfx.

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CITY FLEET MAINTENANCE



Protecting the City's assets is an important function of Public Services. One important aspect of that function is the maintenance of the City's fleet of vehicles and equipment.

The City has three mechanics on staff to perform a variety of maintenance services.

WDM Fleet currently maintains:

- 170 Cars and light trucks
- 250 Pieces of equipment from hand saws, mowers, graders, loaders, etc.
- 40 Heavy duty trucks, snow plows, fire vehicles, etc.



Our Fleet Maintenance Division currently shares space with vehicle storage. The supervisor and staff are looking forward to the future construction of a new Public Services facility which will significantly enable improvements and increase efficiencies.

Just as regular oil changes and maintenance are important for your personal vehicle, the City routinely services their fleet for optimum performance. Our mechanics are frequently called on to retrofit equipment and parts based on specific needs.

A process is in place so that if a City vehicle such as a police car, ambulance or fire truck breaks down, the situation is managed by our Fleet Maintenance staff to keep our City services rolling. During a declared snow event a mechanic is on duty 24/7 to insure the best service to our residents in keeping the snowplows and equipment running.

PUBLIC WORKS IS NOW PUBLIC SERVICES

Effective September 1, 2016, the West Des Moines Public Works Department is now Public Services to better reflect organizational changes that have transferred new responsibilities to the department. Public Services will oversee parks operations, urban forestry, community compliance (formerly code enforcement) and continue with their traditional responsibilities of maintaining streets, traffic maintenance, solid waste, yard waste and recycling and sewer maintenance.

How Can You Report a Non-Emergency Issue to the City?

YourGov – A quick and easy way to report non-emergency issues and service requests such as a:



- Pothole
- Complaint
- Code Violation
- Zoning Violation

- **The web** – Visit <https://yourgov.cartegraph.com/> to start using the YourGOV web-based request portal.
- **Apple iPhone™** – download the free YourGOV iPhone app by visiting the iTunes App Store.
- **Android™ enabled smartphones** – download the free YourGOV app at Google Market or the Amazon App Store.

EYE ON WEST DES MOINES WINNERS ANNOUNCED!

Thank you for entering this year's Eye on West Des Moines Photo Contest. The judging is completed and the winners have been determined.

We will be offering this contest again next year, so keep shooting those pictures and send us your entries as you collect them!

For complete details and rules, interested photographers can call **515-222-3441** or email **Mark.Brewick@wdm.iowa.gov**.

BEST OF SHOW WINNER



Jason Floren

Spring Cardinal

CATEGORY WINNERS

Doing Business



Patty Hutchins

Valley Junction

Raising Families



Marcia McNew

Hanging with the Heroes

CATEGORY WINNERS

Living – Activities/Events



Ruth Hummel

Grand Finale at Raccoon River Park

Living – Plants/Wildlife



Ruth Hummel

Red Admiral Butterfly

Seasons in WDM



Uma Balasubramaniam

First Dip of Summer

Community Features

Winter in West Des Moines

With an estimated population of over 63,500, more than 780 lane miles of streets and high expectations from the motoring public, the City takes a serious approach to the problems associated with snow and ice control.

The City's responsibility is to conduct winter maintenance activities expediently, efficiently and safely.

Priority of Snow Removal

1. Major arterial streets
2. Collector streets
3. Residential streets, public sidewalks
4. Cul-de-sacs, alleys and City trails

Snow Emergency Parking Ban

To accomplish the effective removal of snow, a Snow Emergency Parking Ban is implemented by the Public Services Department.

are subject to being towed and/or a \$50 ticket. The parking ban is effective from its proclamation through 5:00 p.m. the following day, unless it is extended by an additional proclamation due to the length of the storm or large volume of snowfall.

If you normally park in any of these areas, now is the perfect time to make a plan for when an Emergency Parking Ban is in place and parking is not allowed.

We don't want to tow your car when it snows. You can be proactive!

When snow is forecast, park your car off the street. If you'll be gone during the winter months, don't leave your car on the street.



My vehicle was towed during a Parking Ban. What do I do?

- Go to the Police Dept., 250 Mills Civic Pkwy. (open 24/7).
- Provide ID showing the vehicle is yours or you were the driver.
- Ask for an impound release (no charge)
- Go to Roy's Towing, 155 S. 13th St., WDM.
- Pay Roy's Towing fees (such as towing, storage) and pick up your vehicle.
- If a City ticket has been issued, that fee is due at City Hall, 4200 Mills Civic Pkwy. (open Mon-Fri, 8 a.m. – 5 p.m.).
- Be proactive in the future by keeping vehicles off the street during winter weather.

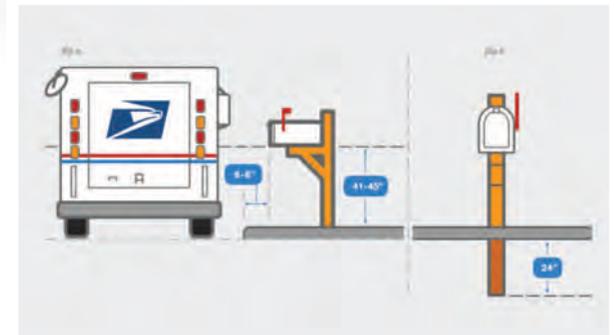
Citizen Responsibilities

Snow can be beautiful, but it can also create hazards. When residents fail to clear sidewalks, falls and injuries may occur. Residents are required by ordinance to clear sidewalks (including those crossing alleys, crosswalks and driveways) within 24 hours of the end of a storm. Please place the snow on private property or adjacent to the right of way, not in the street. A helpful hint for residents — clear your sidewalk after the snowplows have completely finished plowing the street to the curb. If your sidewalk is icy, please apply sand or applicable deicer product to alleviate the hazard and reduce pedestrian injury.

Mailboxes

The City will plow the snow within the confines of curb line to curb line of a street. During extreme winter events there may be times when City plows cannot physically place the snow onto the public right-of-way (commonly referred to as the "parking"). During these times the resident will be responsible for clearing the snow around their mailbox to assure delivery of mail. It is also the resident's responsibility for assuring that their mailbox is properly installed with the

face of the door at least six (6") inches, but no more than eight (8") inches, behind the face of the curb. The post should be at least 24" away from the face of the curb, and it should be adequately constructed to withstand snow clearing efforts but meet "breakaway" criteria. In the fall of the year, staff conducts pre-season inspections of mailbox placement throughout the community.



If a mailbox is found to be out of compliance, residents will be notified with a door hanger so the proper corrections can be made before winter begins. Damage to mailboxes that have not been repaired or brought into compliance will not be eligible for a claim adjustment.

\$50 Ticket and/or Tow

A snow plow can't clean the street with a car parked here!

If a prediction for snow or winter weather conditions exists, check the City's website at www.wdm.iowa.gov or call the Snow Hotline at 273-0766 to see if there is a Parking Ban in place! Both are available 24/7.

Vehicles must be removed from all City streets, alleys and city-owned parking areas when a Snow Emergency Parking Ban is in effect. Vehicles parked in these areas

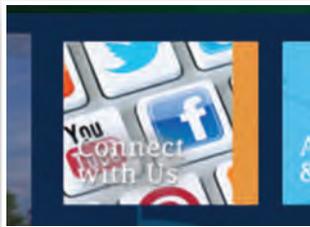
Would you like to "walk in the shoes" of a WDM snow fighter? View a video on the City website at: www.wdm.iowa.gov/snowfighting.



Frequently Asked Questions About Snow Control

How do we know when the Snow Emergency Parking Ban is in effect?

1. **Snow Hotline** — Call **2730-SNO** (273-0766).
2. Check the home page of the WDM website: www.wdm.iowa.gov



3. While on the WDM home page, sign up for **E-UPDATES** to automatically receive notices of snow emergency parking bans.
4. “Like” the City of West Des Moines on **Facebook**
5. “Follow” the City of West Des Moines on **Twitter**

Can't the city remove the snow they put in my driveway or sidewalks?

Unfortunately, we cannot. When you consider the vast number of driveways and sidewalks throughout the City, it would be very expensive to taxpayers for us to provide this type of service. The City has over 770 miles of public streets to plow during storm events and we typically do this with approximately 18 operators per shift. While we try our best to minimize the amount of snow that is placed on these areas, it can't always be avoided.

Who do I call to get the public to shovel their sidewalks?

City ordinance requires property owners to shovel their sidewalks within 24 hours after the end of a storm. You may report unshoveled walks to Community Compliance at 222-3480.

May I shovel/plow/blow the snow from my sidewalk or driveway into the street?

No. City ordinance prohibits this activity due to the hazardous conditions it can create in the street. Violators may be fined. See City Code Sections 7-1-4 and 7-1-5.

I am elderly or disabled. Can the City help clean my sidewalk?

West Des Moines Human Services offers a Handyman program to remove snow for income qualified households in the event of 2 inches or more of snow. This service is available to WDM Elderly (60+) and medically disabled households who are at or below 180% of federal poverty guidelines and prioritized according to the following criteria:

- #1 – low-income disabled households (medically verified), or
- #2 – low-income elderly;

Households must pre-qualify through an application process with HS staff requiring income and/or medical documentation.

Staff hours for the snow removal program are Monday-Friday, 8:00 a.m. – 4:00 p.m.

Because of the number of homes on our list, there is no guarantee that our one employee will have your snow removed within 24 hours. For more information concerning this program, please contact WDM Human Services at 222-3660.

I/my group would like to volunteer to help an elderly or disabled person shovel their sidewalk. Whom should I contact?

Human Services is always looking for volunteers to help clear snow in the winter and we appreciate the help. Please contact the Human Services Department at 222-3660.

When will my street be plowed?

The City has established priorities for the various classifications of streets. Major arterial streets that must be kept open to provide a transportation system for emergency vehicles will be our highest priority. Depending on storm conditions, crews may have the opportunity to start plowing some residential streets before the storm ends. Ongoing weather conditions and the number of vehicles obstructing plow maneuverability in the roadways have a major impact on the effectiveness of the operation. Please keep in mind that crews may be coming down your street more than once to fully plow the snow to the curb. The City's goal is to have all paved streets completely plowed within 24 hours after the storm has ended.



For More Information, Please Contact

The City of West Des Moines:

- By phone:**
- | | |
|---------------------|---------------------|
| Snow Hotline | 2730-SNO (273-0766) |
| Public Services | 222-3480 |
| For Emergencies | 222-3321 |
| Human Services | 222-3660 |
| Sidewalk Violations | 222-3480 |

iPhone or Android:

To report concerns, install YourGOV App



Web: To report concerns, YourGOV

Facebook: “Like” the City of WDM

Twitter: Follow the City of WDM

How can I help during a winter event?

Thanks for asking!

- ✓ Be sure your vehicle is off the street if it snows.
- ✓ While you're shoveling your sidewalk, dig out the fire hydrant also!
- ✓ Volunteer (if you're able) to help others remove snow by contacting Human Services at 222-3660.
- ✓ Give the snowplows plenty of room on the roadway.
- ✓ If you must venture out, check weather, road conditions and traffic.
- ✓ Relax and enjoy the beautiful winter scenery!

WDM City Code

The following is the City's regulation on snow emergency parking bans which is being published in accordance with the City Code regulation:

6-6-7: SNOW REMOVAL:

No person shall park, abandon, or leave unattended any vehicle on any public street, alley, or city owned off street parking area during any snow emergency proclaimed by the mayor, public works director, or their respective designees. A snow emergency parking ban shall continue from its proclamation through five o'clock (5:00) P.M. the following day. The mayor, public works director, or their respective designees may extend the duration of the parking ban if conditions require additional time to clear the snow and ice. Notice of an extension shall be posted in the same manner as a proclamation of snow emergency and shall contain the date and time the parking ban shall expire. Such a parking ban shall be of uniform application. The city shall publish information regarding the responsibilities of vehicle owners under this section in the fall and/or winter editions of the "WDM Magazine" distributed to city residents, as well as post such information on the city of West Des Moines website in the fall and/or winter of each year. When predictions or occurrences indicate the need, the mayor, public works director, or their respective designees, shall proclaim the snow emergency and direct the appropriate city employee to post said proclamation on the city of West Des Moines website and forward notice of the proclamation to at least two (2) radio and two (2) television stations that broadcast their signals into the city of West Des Moines. Such emergency may be extended or shortened as the emergency warrants or when conditions warrant. This section shall not be construed as suspending parking limitations or restrictions imposed by any other section of this title. In addition to enforcement of this section by police officers, code enforcement officials and public works employees have the authority to enforce the provisions of this section. The code enforcement officials and public works employees shall have the power to issue citation-complaints for violations of this section and impound vehicles found in violation of this section as provided in subsections 6-6-15A and G of this chapter. (Ord. 1844, 10-5-2009)

West Des Moines City Code is available 24/7 on the City's website at www.wdm.iowa.gov.

Portable Ice Rink at Raccoon River Park



Thanks to a generous gift from Wells Fargo and the Iowa Wild, a portable ice rink will be installed in Raccoon River Park near the softball complex and dog park. With a little cooperation from Mother Nature and cold temperatures, City staff will be making and maintaining the ice for recreational skating this winter. Look for announcements on the Parks and Recreation Department's webpage, Facebook page, and Twitter as soon as skating can begin! For more information, call 222-3444.

WELLS FARGO



Adopt a Park/Trail Program

A big thank you goes out to the following groups for their commitment to adopting a West Des Moines park or trail in 2016!

- Boy Scout Troop 280* *Raccoon River Park*
- Cub Scout Pack 205* *Legion Park*
- WDM Christian Church* *City Campus/Pond*
- WDM Boy Scout Troop 242* *Southwoods Park*
- Link Associates* *Ashawa Park*
- Starbucks* *Jordan Creek Trail*
- Jeff Kinion-Iowa Realty* *Meadowview Park*
- DM Chapter of Jack and Jill of America, Inc.* *Pearson Park*
- Jordan Grove Iowa Realty* *Jordan Creek Trail*
- The Palmer Family* *Brookview Park*
- The Coobs Family* *Wild Rose Park*
- Ashworth Road Baptist Church* *Jaycee Park*

Many parks and trails are still available for adoption. To learn more and apply, please visit wdm.iowa.gov/parksandrec.

WestParks Foundation Bench Donation Program

Since 2013, over \$80,000 in donations have been made to the WestParks Foundation Bench Donation Program. These donations have made it possible to provide 58 benches in parks and along trails in West Des Moines.

Many thanks to this year's bench donors!

Christine Rice – In Memory of Allen Rice

Roger & Judy Anderson –

In Honor of West Des Moines

Jeanne Dawson – In Memory of

Scott A. Dawson

If you are interested in making a donation for a bench, call the Parks and Recreation Department at 222-3444.

West Des Moines Community Enrichment Foundation

SUPPORTING QUALITY OF LIFE

The West Des Moines Community Enrichment Foundation (WDMCEF)

was created in 2007 in order to make a positive impact in our community. To date, over \$235,000 has been raised from families, individuals, businesses, the City, and Polk and Dallas Counties for our various funds to support artistic, cultural, recreational, historic, social and natural resources.

Grant Submissions Reviewed Quarterly

The Foundation serves as a catalyst for specific community projects and a champion for promoting quality of life within our city. To date, grants have been awarded by the WDMCEF to support a variety of community initiatives, including:

- WDM Hillside Elementary, Everybody Wins! literacy program
- WDM Community Schools, Booster Pak Program
- WDM Teen Center Rock Climbing Wall
- WDM Department of Human Services, transitional housing for those in need
- Children & Families of Iowa, Family Safety, Risk and Permanency services for WDM families
- WDM Public Arts Advisory Commission, Temporary "Art on the Campus" Exhibition
- WDM Raccoon River Park Archery Facility
- WDM Parks and Library Feasibility Study
- WDM Leadership Academy, annual scholarships

Non-profit organizations serving citizens in West Des Moines are eligible to submit a grant to the WDMCEF. Grants are reviewed on a quarterly basis by the WDMCEF Board of Directors, and awarded on a selective basis, according to established bylaws and policies.



Donations (of any size) Always Welcome

Donations to the WDMCEF are accepted through the Community Foundation of Greater Des Moines, which also administers and manages the four funds. No donation is too small.



WDMCEF funds:

- General Pass-through Fund
- Special Interest Fund: Arts and Culture
- Special Interest Fund: Recreation and Trails
- Endowment Fund – maximum of 5% of endowment funds are available on an annual basis

Donating to the WDMCEF is a wonderful way to give back to the community and will help to preserve and improve the quality of life in West Des Moines for generations to come.

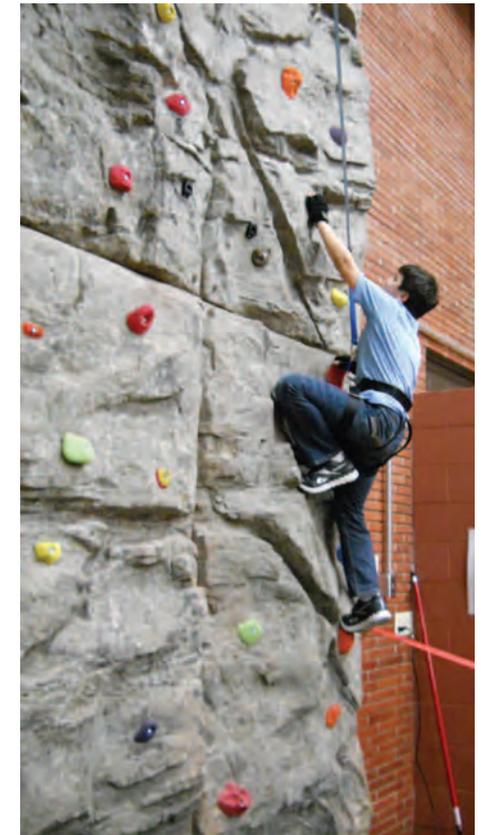
Questions:

Contact Helen Eddy, WDMCEF Board Chair, email @ heddy@hy-vee.com
Donation Form and Grant Application can be found at: www.wdmcef.org

WDMCEF Board of Directors:

Mike Abbott, Mike Banasiak, Chris Costa, Peter Cownie, Tom Cox, Kristi Davick, Jennifer Drake, Helen Eddy, Steve Jacobs, Tamara Kenworthy, Brett Peterson, Ex-officio - City Councilman John Mickelson, Ex-officio - City of WDM Deputy City Manager Jamie Letzring

www.wdmcef.org



West Des Moines
Community Enrichment Foundation

WDM COMMUNITY GARDEN IS



This fall the West Des Moines Community Garden won't be growing produce, but it will be "growing in size!" The garden located at 50th and E.P. True is undergoing some changes and will be ready for the 2017 garden season. The Community Garden project started several years ago to gauge the interest in community gardens in West Des Moines. The interest has been overwhelming and the 10 garden plots have filled immediately each year.

The new community gardens will have approximately seventy 10 ft. x 10 ft. plots. A major improvement to the gardens will be adding water hydrants throughout the garden space. The gardens are available for West Des Moines residents to rent. If you would like information about renting a garden plot, please contact Melanie at 222-3435.

Community gardening is a growing trend in the Des Moines metro and across the country. According to the American Community Gardening Association, some of the benefits include:

- Improves the quality of life for people in the garden
- Provides a catalyst for neighborhood and community development
- Stimulates social interaction
- Encourages self-reliance
- Beautifies neighborhoods
- Produces nutritious food
- Reduces family food budgets
- Conserves resources
- Creates opportunity for recreation, exercise, therapy, and education
- Reduces crime
- Preserves green space
- Reduces city heat from streets and parking lots
- Provides opportunities for intergenerational and cross-cultural connections

Visit us on the web at www.wdm.iowa.gov

Big Fires Start Small Candle Fire Safety

Candles can add a warm, inviting glow and scent to any home. But they can also be deadly. According to the National Fire Protection Association, candles cause an estimated 15,600 house fires, 150 deaths, and 1,270 injuries each year. A candle flame may be small, but you should treat it as you would any other flame, with care.

Please keep these important safety tips in mind when using candles:

- Keep candles 12 inches away from anything that can burn.
- Never leave a burning candle unattended. Blow out candles when you leave a room.
- Keep candles out of the reach of children and pets.
- Use flameless candles in your home instead.
- Avoid the use of candles in the bedroom and other areas where people may fall asleep.
- Use candle holders that are sturdy and won't tip over
- Never use a candle if oxygen is used in the home.
- Have flashlights and battery-powered lighting ready to use during a power outage. Never use candles.
- Be careful not to splatter wax when extinguishing a candle.

Always remember a candle is an open flame. It can easily ignite any combustibles nearby. Keep a careful eye on candles.



Watch Out Coke and Pepsi; Here Comes Water!

Bottled water sales will soon outpace soda, and not even Warren Buffett can drink enough Coca-Cola to make up the difference. The “Oracle of Omaha” proudly boasted at Berkshire Hathaway’s annual meeting this year, just as he has many times before in shareholder letters, that he drinks four to five cans of Coke a day.



Diana Wilson, GM.



Warren Buffett drinking a Coca-Cola.

Buffett’s comments were less of a revelation and more of a continuing rationalization of his company’s long-time investment in Coca-Cola Co.. Adding fuel to the fire was a report by Beverage Marketing Corporation, a beverage industry consulting and research firm, that predicted that bottled water would eclipse soda in sales sooner rather than later. In fact, the prediction could become reality in early 2017. Major media including *USA Today*, *Forbes*, *ABC* and *Time* picked up the news and prognosticated about the implications for soft drink makers who make a lot more margin selling soda than bottling water.

Business aside, increasing bottled water sales also stir up consternation for environmental groups, which worry about the fate of all of those water bottles and the effect on the blue planet.

“Bottled water is expensive to drink, expensive to package and extremely costly to the environment in terms of its water and carbon footprints,” said **Diana Wilson**, general manager of West Des Moines Water Works. “For example, it takes at least three liters of water to make a one-liter bottle of water.”

THE MEDIUM

Water bottles by and large are made from polyethylene terephthalate (PET), which is

denoted with a “1” inside a triangle, usually found on the bottom of the container. According to the National Association for PET Container Resources, 5.85 billion pounds of PET containers were available for recycling in the U.S. in 2013, the most recent year for which figures are available. Only 1.8 billion pounds of PET containers—less than 31 percent—flowed into the recycling system, where 87 percent was ultimately processed and back to work in, among other things clothing, carpet and more water bottles.

Despite the mantra of reduce, reuse and recycle, nearly 70 percent or more than 4 billion pounds of PET containers have a single life, with billions of pounds every year stacked in landfills and inundating lakes, rivers and oceans. PET, invented with durability in mind, wreaks havoc on marine wildlife, killing birds, fish and mammals. PET bottles that aren’t recycled take at least 500 years to degrade.

“A lot of people spend two dollars or more for a half-liter bottle of water. It costs six one-hundredths of a cent to pour that water from the tap,” Wilson said.

Even more galling was a comment in *USA Today* in the article about Beverage Marketing report, which stated that “[bottled] water is both a tap water replacement and a refreshment beverage.” The two biggest name brands are, indeed, municipal tap water.

“Irony abounds with that statement given that Aquafina [made by Pepsi] and Dasani [bottled by Coke] are both nothing more than tap water,” Wilson noted.

BOTTLED FROM THE PUBLIC TAP

PepsiCo and Coca-Cola admitted to bottling tap water as Aquafina and Dasani respectively a few years back in response to public pressure from consumer watchdog groups. Despite calls for transparency, the most popular bottled water purveyors provide very little information about the source of the water and how it’s treated.

“What that means is that you don’t know where your bottled water is from,” Wilson explained. “No municipal utility could sell drinking water this way.”

Peter H. Gleick, author of the book *Bottled and Sold: The Story Behind Our Obsession with Bottled Water*, said in an interview, with *National Public Radio’s Fresh Air* in 2010 that any bottled water not labeled as “spring water” is most likely from a purified municipal water system.

Bottled water is regulated by the Food & Drug Administration, while WDMWW and other water utilities are regulated at the federal level by the Environmental Protection Agency and at the state level by the Department of Natural Resources. The Safe Drinking Water Act spells out exactly what municipal tap water can contain. No such federal rules exist for bottled water.

“The FDA doesn’t have an analogous set of criteria and rigorous standards to compare with the Safe Drinking Water Act, so when it comes to bottled water, it’s buyer beware,” Wilson added. “Anything you want to know about our water, including the source and mineral content, can be found on our website in our annual Water Quality Report.”

The Water Quality Report is also available at the WDMWW office in City Hall.

ABOUT CONVENIENCE

Convenience is often cited as a major advantage of bottled water especially while traveling or attending events.

“It’s hard to imagine that anything is more accessible than tap water. Yet, a faucet isn’t always the easiest thing to find at a community event or a youth sport complex,” Wilson recognized. “So when people can’t get to a tap, we now can bring the faucet to them.”

West Des Moines Water Works offers portable water filling stations that are available for events at no charge with a refundable deposit. In addition to three faucets for filling personal water bottles, the station features a drinking fountain and a spigot for pet dishes.

For more information about the portable water station, contact Josh Heggen at WDMWW, 515-222-3512.

WDMWW offers portable water filling stations.





The West Des Moines
Historical Society
Proudly Presents

Home for the Holidays

Sunday, December 4 &
Sunday, December 11, 2016
2:00 p.m. – 5:00 p.m.



Step back in time and visit
The Victorian Jordan House at
2001 Fuller Rd., WDM,
near Grand Avenue

Musical Entertainment & Refreshments

-AND-

The 1926 Bennett School
at 4001 Fuller Rd., WDM,
(near Jordan Creek Elementary School)

Children's Holiday Crafts



Costs:
Age 12 and older – \$5
Age 6 -11 – \$3
5 & under – Free

West Des Moines Historical Society
(515) 225-1286
www.wdmhistoricalsociety.org



Proceeds from this fundraiser will continue the preservation of these historic landmarks.

Guided Public Tours at the Jordan House

Winter Hours (through June 1, 2017)

Fridays and Sundays – Tours begin at 11 a.m. and 1 p.m.

• Adults \$5 • Students \$3

Tours are one hour and doors open 15 minutes before the times listed.

• Jordan House is closed the month of January 2017 – no tours will be offered.

• Closed Easter Sunday



*Students from Des Moines Area Community
College tour the Jordan House.*

Support The West Des Moines Historical Society

The City of West Des Moines has a long and rich history, dating back more than 100 years. That history and sense of community converge through the efforts of the West Des Moines Historical Society.

As a privately funded nonprofit organization, the Society relies on the generosity of friends, supporters and grants to meet the considerable costs of providing unique and valuable exhibits, programs and events.

The Society maintains two historical properties – the Jordan House and Bennett School. In the past year, siding and windows have been replaced at Bennett School. At the Jordan House, repairs on porches, flat roofs and ceilings have been completed. And the work will go on, with critically needed repairs to the foundation and stairwells at the top of the list.

WDM Historical Society is also dedicated to education and outreach. Student groups regularly tour Jordan House where they learn about the Civil War and Underground Railroad as well as the accomplishments and contributions of James Jordan. And students can experience a day in a one room school house at Bennett School. Jordan House welcomes people from all over the country during regularly scheduled guided public tours.

Join the WDM Historical Society today! You'll receive advance notice of special events, discounts and the knowledge that you are helping preserve an important part of Iowa's history.

**For more information, call
515-225-1286 or go to the
secure website wdmhs.org.**

What to Know as Yard Waste Season Comes to an End

Yard waste collection through the Compost It! program ends the week of Nov. 28 - December 2, so now is the time to rake up the rest of those leaves and do a final trim of the hedges. After that, your next opportunity for curbside yard waste collection will be during Winter Collection which runs Jan. 2-13, 2017.



Stickers, bags or both?

Remember, the “Compost It!” name pays for the cost of collection. You can purchase and use either a Compost It! brand bag, or a generic store-brand bag, as long as you pair it with a Compost It! sticker. Residents of West Des Moines can also purchase a Compost It! cart, similar to your recycling cart, as a convenient alternative to bags. Call Public Services at 515.222.3480 to inquire about cart service.



Yard Waste Collection ENDS Dec. 2

Next chance to get rid of it:
Winter Collection Jan. 2 - 13, 2017

For more information about yard waste collection, including where to purchase bags and stickers, visit Metro Waste Authority at www.WherelItShouldGo.com or call **515.244.0021**.



Is It Hazardous? Don't Dump It! Drop It Off!

From window cleaner and floor care products, to paint and varnish, hazardous materials are commonly used in every household. But what do you do with products you no longer want? Don't dump it, drop it off!

Products that say “toxic,” “flammable” or “keep out of reach of children” are considered hazardous and should not be thrown away with the rest of your garbage. Metro Waste Authority facilities dispose of these items in safe ways that protect residents and the environment. To find out if a specific item is hazardous, visit www.WhereItShouldGo.com/HHW or call 515-967-5512.



Disposal Locations

Two Metro locations are available, providing a convenient disposal option regardless of where you live and work. Most items are accepted free of charge at each location!

Metro Hazardous Waste Drop Off

1105 Prairie Drive SW
Bondurant, IA 50035
• Open Tuesday – Friday
from 1 p.m. - 5 p.m.; 1st and 3rd
Saturdays of the month from
8 a.m. - 12 p.m.

Northwest Household Hazardous Waste Drop-Off

(Metro Northwest Transfer Station)
4105 SE Beisser Dr., Grimes, IA 50111
• Open 2nd Saturday of the month
March – December from 8 a.m. - 12 p.m.

House-Side Disposal Option for West Des Moines Residents

The City of West Des Moines and Metro Waste Authority also offer a House-side Hazardous Waste Collection program. Check out a bin for \$25, fill it with your hazardous materials and schedule to have it picked up at your front door. Sign up on an as-needed basis at West Des Moines Public Services, 560 S. 16th St. Call 515.333.4434 with questions.

For more information about safe and smart disposal options, visit www.WhereItShouldGo.com.





Naughty and Nice Holiday Curbside Recycling

Stay on the “Nice List” this holiday season. Know what items to recycle and what to keep out of your curbside recycling cart.

Nice Recycling

- 1. Cardboard** – From shipping boxes to shoe boxes there is certainly no shortage of cardboard this time of year. Break it down before placing it in your cart.
- 2. Cans and bottles** – Whether you are hosting or attending a party, don’t forget to recycle your plastic, glass and aluminum beverage containers.
- 3. Catalogs, mailers and junk mail** – Sort mail by the recycling cart to make sure all these paper products get recycled.
- 4. Wrapping paper (non-metallic)** – Plan ahead when opening gifts and have a receptacle ready to collect wrapping paper (keep ribbons and bows out).



Naughty Recycling

- 1. Christmas lights** – Strings of lights are not recyclable in your cart. They get tangled in the machines at the recycling sorting facility and cause damage. Instead, take them to the Metro Hazardous Waste Drop-Off (1105 Prairie Dr. SW, Bondurant) to be recycled free of charge.
- 2. Electronics** – While there is valuable material that can be recycled in most electronics, they cannot go in your recycling cart. Sell, donate or look for other local electronic recycling options.
- 3. Aluminum foil and pans** – Bendable aluminum, such as pans and foil, aren't recyclable in your cart because the material sticks on the blades and gunks up the machines at the sorting facility.
- 4. Disposable dishes, bakery containers and trays** – Paper and plastic containers, plates, cups and utensils are not recyclable and should be thrown in the trash.



For more holiday recycling tips, go to [www. WhereItShouldGo.com](http://www.WhereItShouldGo.com).

Don't Forget to Recycle Your Live Christmas Tree

Live Christmas trees will be picked up from the curb on your regular garbage days during the Compost It! Program Winter Collection from Jan. 2 through Jan. 13, 2017. All trees must have a Compost It! sticker attached and be free of decorations. Wreaths are not accepted. Stickers are sold at participating grocery and hardware stores for \$1.25. Winter Collection is also the last chance to get rid of remaining yard debris before spring. Be sure to use your Compost It! yard waste cart, Compost It! bags, or attach Compost It! stickers to generic bags to ensure your yard waste is picked up.



For more information about winter collection, visit Metro Waste Authority at [www. WhereItShouldGo.com](http://www.WhereItShouldGo.com) or call 515.244.0021.



When it Comes to Recycling, Basic is Best

Remember when baby food only came in glass jars and coffee came in cans?

Today, there are more products and packaging material than ever before. And many of those things are recyclable in your curbside cart. But not everything. That’s why when it comes to recycling, we’re going back to the basics!

Recycle the things you’ve used for years like cardboard boxes, soup cans, milk jugs and pickle jars. When these basic items get recycled, it adds up to big environmental benefits. Plus, it keeps our recycling program sustainable.

But what about those items that aren’t so basic? Items composed of multi-layered material, like electronics and toys, as well as modern day packaging, such as pouches and to-go containers, are not recyclable. When non-recyclable items are put in curbside recycling carts, they can damage machines, prevent the good recyclables from getting sorted, de-value material, and ultimately jeopardize the entire recycling program. Keeping garbage out of your recycling cart ensures a successful, sustainable program.

So keep it simple. Recycle the basics: Paper, plastics with twist-off lids, metal cans, and glass jars and bottles.

Check the accepted guidelines on your recycling cart to help you get back to the basics! Learn more at [www. WhereItShouldGo.com](http://www.WhereItShouldGo.com).



EMERGENCY 911
Non-Emergency Dispatch 222-3321
ADA Coordinator..... 222-3603
TDD/TTY..... 1-800-413-4955
Aquatic Centers 273-0700
Ambulance Billing 273-0652
Animal Control 222-3364
 250 Mills Civic Parkway
Animal Licenses..... See WestPet
Better Business Bureau 243-8137
Birth Certificates..... See Vital Records
Building Safety/Inspections..... 222-3630
 developmentsservices@wdm.iowa.gov
 Business License Info. 1-800-532-1216
Cable Television
 Mediacom..... 1-800-332-0245
 Billing, Cust. Service, Connect/ Disconnect,
 2205 Ingersoll Ave. Des Moines • mchsi.com
Jordan Cemetery 222-3444
 Sales and Maintenance
Chamber of Commerce 225-6009
 www.wdmchamber.org
City Attorney See Legal Department
City Clerk 222-3603
 Business related licenses / voter registration
 application
City Council 222-3610
City Hall Offices..... 222-3600
 4200 Mills Civic Pkwy
City Manager 222-3610
Claim for Damages 222-3601
**Community Compliance
 (Code Enforcement)**..... 222-3480
 publicservices@wdm.iowa.gov
 Community & Econ. Development 273-0770
 ced@wdm.iowa.gov
County Web Site Addresses
 • Dallas County www.co.dallas.ia.us
 • Polk County www.co.polk.ia.us
 • Madison County www.madisoncoia.us
 • Warren County www.co.warren.ia.us
Death Certificates..... See Vital Records
Development Services
 Building Division 222-3630
 Engineering & Planning Divisions 222-3620
 developmentsservices@wdm.iowa.gov
Des Moines Area Regional Transit (DART)
 Public Transportation 283-8100
 dart@ridedart.com

Des Moines Register
 Subscriptions 1-847-424-0225
Driver's License
 • Dallas County 993-6992
 • Polk County 244-1052
 • Madison County 462-1542
 • Warren County..... 961-1144
Driveway Permits 222-3480
 560 S. 16th St. • publicworks@wdm.iowa.gov
 Economic Development..... 273-0770
 ced@wdm.iowa.gov
Election Office
 • Dallas County 993-6914
 • Polk County 286-3247
 • Madison County 462-3914
 • Warren County..... 961-1020
Electrical Service..... See Utilities
Emergency Medical Services (EMS) 273-0768
 EMS Billing 8055 Mills Civic Parkway
 CPR and Public Access Defibrillation Classes
 ems@wdm.iowa.gov
Farmers Market (VJ Foundation) 222-3642
Finance Department 222-3600
Fire Administration 222-3420
 3421 Ashworth Road • fire@wdm.iowa.gov
Gas Service See Utilities
Hazardous Waste
 Regional Collection Center 967-5512
Holiday Pool 273-0700
Housing Rehabilitation Program 273-0770
Human Resources 222-3616
Human Rights Commission..... 222-3675
Human Services 222-3660
 139 6th Street • humanservices@wdm.iowa.gov
 Senior & Disabled Transportation, Energy
 Assistance, Food & Clothing Pantry, Homeless
 Prevention
Illegal Waste Disposal..... 725-0268
 http://www.iowadnr.gov
 State Dept of Natural Resources industrial or major
 hazardous waste and chemical spills.
Minor/Household Spills 222-3321
Job Hotline (City of WDM)..... 222-3616
 www.wdm.iowa.gov
Library 222-3400
 4000 Mills Civic Parkway • library@wdm.iowa.gov
Legal Department 222-3523
 4200 Mills Civic Parkway
Marriage Licenses..... See Vital Records

Mayor's Office..... 222-3610
Motor Vehicle License Plates/Registration
 • Dallas County 993-5812
 • Polk County 286-3030
 • Madison County 462-1542
 • Warren County..... 961-1111
Nature Lodge..... 222-3424
 Raccoon River Park 2500 Grand Ave.
One Call Underground Utility Lines
 811 OR 1-800-292-8989
Parks & Recreation 222-3444
 parkrec@wdm.iowa.gov
Parking Violations (non-moving) 222-3600
Passports..... 1-877-487-2778
Planning & Zoning 222-3620
 developmentsservices@wdm.iowa.gov
Police Administration 222-3300
 police@wdm.iowa.gov
Police/Fire/EMS/Dispatch (Westcom)
 • Emergency 911
 • Non-Emergency 222-3321
 250 Mills Civic Parkway
Post Office..... 255-6471
 430 5th St. WDM 50265 • usps.com
Property Tax
 • Dallas County 993-5808
 • Polk County 286-3060
 • Madison County 462-1542
 • Warren County..... 961-1110
Public Transportation See DART
Public Services 222-3480
 publicservices@wdm.iowa.gov
Recycling – Curb IT!
 Waste Management..... www.wm.com
 Missed Pickup/Questions..... 244-7336
Recreation Programs..... 222-3444
Rental Housing Inspector 222-3630
 developmentsservices@wdm.iowa.gov
Senior Citizen Meals 274-0373
Sewer Stoppages/Repair 222-3480
 publicservices@wdm.iowa.gov
Shelter Rentals (Parks & Rec)..... 222-3444
School Districts
 • Norwalk
 981-0676 • www.norwalk.k12.ia.us
 • Van Meter
 996-2221 • www.vmbulldogs.com
 • Waukee
 987-5161 • www.waukee.k12.ia.us
 • West Des Moines
 633-5000 • www.wdm.k12ia.us
Sidewalk Permits..... 222-3480
 560 S. 16th St. • publicservices@wdm.iowa.gov
Social Security Offices 800-772-1213
Street Light Outages
 MidAmerican Energy..... 1-888-427-5632
Street Repairs/Cleaning 222-3480
 publicservices@wdm.iowa.gov

Taxes See Property Tax
Tickets Moving Violations
 • Dallas County 993-5816
 • Polk County 222-3772
 • Madison County 462-1542
 • Warren County..... 961-1032
Parking Violations (non-moving)
Finance 222-3600
Traffic Signals/Street Signs 222-3480
 publicservices@wdm.iowa.gov
Trash Collection 265-7374
 Waste Connections • www.wasteconnections.com
Tree Planting Permits 222-3417
 publicservices@wdm.iowa.gov
Utilities Mid American Energy
 Gas & Electric..... 1-888-427-5632
 EMERGENCY 1-800-595-5325
 One Call Line Locator..... 1-800-292-8989
 www.midamericanenergy.com
Valley Junction Activity Center .. 222-3440
Valley Junction Foundation..... 222-3642
Vehicle Registration
 See Motor Vehicle License Plates/Registration
Vital Records
 • Dallas County 993-5804
 • Polk County 286-3781
 • Madison County 462-3771
 • Warren County..... 961-1089
Voter Registration
 • Dallas County 993-6914
 • Polk County 286-3080
 • Madison County 462-3914
 • Warren County..... 961-1020
Iowa Elections Division..... 281-8849
Water Treatment Plant 222-3465
 1505 Railroad Ave.
West Des Moines Water Works.. 222-3460
 Water/Solid Waste, New Service, Service
 Changes/Maintenance..... 4200 Mills Civic Pkwy
 www.wdmww.com • waterworks@wdmww.com
Westcom
 • EMERGENCY 911
 • Dispatch Non-Emergency..... 222-3321
WestPet 273-0651
 Animal Licenses • www.westpet.org
Yard Waste – Compost IT!
 Ankeny Sanitation ... www.ankenysanitation.com
 General Info/Questions 964-5229
 Missed Pickup 964-5229

Persons with disabilities are encouraged to participate in City activities. Those individuals seeking City services and in need of special accommodations should either contact the department sponsoring the event or the ADA Coordinator.



WDM Public Library

Mission Statement: The WDM Public Library is a relevant and integral part of the community. The library enriches the lives of residents by providing convenient and timely access to information and ideas; by offering engaging activities and opportunities for personal and professional growth; by promoting a love of reading and learning; and by remaining responsive to the changing needs of its users.

WDM Library *Adult Programs*

REGISTRATION INFORMATION

All programs are held in the **WDM Library Community Room** unless otherwise indicated. All programs are free and require registration unless otherwise indicated. Registration dates are in brackets. You may register for most programs online at www.wdmlibrary.org.

WDM WRITER'S CLUB

2nd & 4th Sat @ 10 am

Millie Knee Classroom

Informal meetings for accomplished or aspiring writers – share any form of writing and offer/receive constructive criticism. 515.222.3413

PAPERCRAFTS C.L.U.B

Sat, 10 am-4 pm: Dec 3 | Jan 7 |

Feb 4 | Mar 4 | Apr 1

Fri, 5-11 pm: Feb 17

FKA Scrapbook & Cardmaker Club. Find out what the C.L.U.B. means! Be it scrapbooks, holiday cards, book folding, or adult coloring, we welcome all papercrafters! Bring a project and your own supplies. (No sales at the event.) We'll provide space, snacks, and cutting tools. Registration required. 515.222.3403 • wdmlibrary.org

HOLIDAY TAGS MAKE 'N' TAKE

Sat, Dec 3: 11 am-1 pm

Stop in to make a few holiday gift tags. We'll have pre-cut tags, ink, and stamps ready for you. Ages 18 & up. No registration. 222-3403 • wdmlibrary.org

HOLIDAY BOOK FOLDING

Fri, Dec 9 | 6-8 pm [11/1]

Book folding is a creative way to repurpose old books into sculptural works of art. Be amazed as you transform simple folds into a delightful holiday decoration (angel or tree)! All books and materials supplied. Registration required. 515.222.3403 • wdmlibrary.org

COLOR CONNECTION: ADULT COLORING CLUB

2nd Tue @ 2 pm:

Dec 13 | Jan 10 | Feb 14 | Mar 14

Millie Knee Classroom

Guaranteed to cure rheumatism, chill blains, toothache, and warts! Okay, not really, but it IS relaxing and F-U-N! Bring your own supplies or use our markers, colored pencils, and coloring sheets. Make the color connection! Sponsored by the WDM Library Friends Foundation. Ages 18 & up. Registration preferred. 515.222.3403 • wdmlibrary.org



HOLIDAY CARDS

Fri @ 6:30 pm: Valentine Cards –

Jan 20 [1/3]

When you care enough to make it yourself! Make three holiday cards for special friends or family. Sponsored by the WDM Library Friends Foundation. *After hours program. Registration required. 515.222.3403 • wdmlibrary.org

CHECKMATES: CHESS AND BOARD GAME CLUB

4th Thu from 6:30-8 pm: Jan 26 [1/3]

Feb 23 [1/30] | Mar 23 [3/6]

For those who know the basics, we'll provide chess sets and feature a different board game each month. No Dec Checkmates due to the holidays. Sponsored by the WDM Library Friends Foundation. Age 6-adult. Registration preferred. 515.222.3403 • wdmlibrary.org

BARNES & NOBLE BOOKFAIR

Thu, Feb 9 | 9 am – 10 pm

Barnes & Noble | 4550 University Ave, WDM | bn.com

Support the WDM Library by purchasing books for yourself! A percentage of purchases made at any Barnes and Noble store ON THIS DAY will benefit the Library. Simply present the WDM Library's Bookfair ID at checkout...that's it! Can't make it to the store? Buy online and enter the Bookfair ID at checkout. Get the Bookfair ID at any WDM Library service desks or online. 515.222.3403 • wdmlibrary.org

WDM Library *Adult Programs*

FRIENDS IOWA AUTHOR SERIES

Tue @ 7 pm (refreshment @ 6:30 pm)

Dates/Authors TBA

Watch for more information on our website or in the West Des Moines Library Times (adult programs flyer) available in the library. 515.222.3403 • wdmlibrary.org

OPEN COMPUTER LAB

We offer group or individual assistance in the following areas:

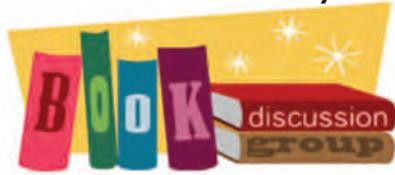
- Internet • email • e-Readers • tablets
- library e-Books

Ask questions, get hands-on experience, practice computer skills, or test out e-Readers and tablets at your own pace. See our website calendar for dates & times or call for an appointment. Please specify type of instruction needed (Internet, email, etc.). Basic computer/mouse skills required. Sponsored by the WDM Library Friends Foundation. Registration required. 515.222.3403 • wdmlibrary.org





WDM Library *Adult Book Discussions*



CLUB READ: ADULT BOOK DISCUSSIONS

Tue @ 6:30 pm:

Jan 3 *A Spot of Bother*
by Mark Haddon

Feb 7 *If You Only Knew* by Kristan Higgins

Mar 7 *The School of Essential Ingredients* by Erica Bauermeister
Millie Knee Classroom

A few copies are available at the 1st Floor Service Desk or you may bring your own copy. Books provided by the WDM Library Friends Foundation. Registration preferred. 515.222.3403 • wdmlibrary.org

CLUB READ SOCIAL

Tue @ 6:30 pm: Dec 3, Apr 4

Make new friends! Discover new authors! Bring an appetizer or dessert to share and we'll talk about what we've all been reading since the last Social. Newcomers welcome. Registration preferred. 515.222.3403 • wdmlibrary.org



YA NOT CLUB READ

NEW

Are you a "Grown Up" who likes to read and talk about Young Adult books? Are you looking for a book club that doesn't take itself too seriously? Then join us for the WDM Library's newest book club – YA Not Club Read! Meeting locations will vary. Book selection will be chosen by the attendees! Books provided by the WDM Library Friends Foundation. Register online or by phone. Questions? Contact courtney.bench@wdm.iowa.gov. 515.222.3403 • wdmlibrary.org

2nd Thu @ 6:30 pm | Locations Vary

■ **Jan 12** • Fox Brewing | 103
South 11th Street, WDM |
foxbrewco.com

BOYB: Bring your own favorite YA books. Our first meeting will be a Social where we can geek out about your favorite books! Snacks provided, drinks available for purchase on site.

■ **Feb 9** • Barnes & Noble | 4550
University Ave, WDM | bn.com

Local author Calla Devlin (Tell Me Something Real) will be joining us! Snacks and drinks available for purchase on site. This month's meeting will coincide with the Library's Barnes & Noble Bookfair. For more information, see page 36.

■ **Mar 9** • WDM Library Living
Room | 4000 Mills Civic Pkwy,
WDM | wdmlibrary.org

Join us in the library's Living Room for a YA Not homecoming pot luck! Drinks provided, bring food to share with the group!

IF YOU ENJOY OUR PROGRAMS, PLEASE JOIN THE FRIENDS!

Friends memberships pay for many adult and teen programs: Club Read, Holiday Cardmaking, Author Visits, and Teen Craft Nights, to name a few.

Donations are tax deductible!

WDM Library Friends Foundation
4000 Mill Civic Pkwy, WDM, IA 50265
222-3407 • wdmlibrary.org



DID YOU KNOW?

2015-16 Fiscal Year WDM Library Stats

Does it seem busy in the library to you? It should! More than 296,000 people used the library last year (24,000+ patrons per month). Staff checked out more than 678,000 items (an average of 56,500 items per month).



WDM Library *Teen Programs*

GROUP SERVICE PROJECTS

Project Dates: Dec 7 | Jan 4 | Feb 1 | Mar 1

Are you looking for Silver Cord, Community Service, or volunteer hours? The library offers a monthly Group Service Project for students interested in helping with a variety of tasks – no experience or training necessary! For students in 9th – 12th grade. Space is limited. Registration required. wdmlibrary.org/volunteer or email wdmlibraryvolunteers@wdm.iowa.gov

LICENSE TO DRIVE! DRIVER'S LICENSE INFORMATION PROGRAM

Thu, Mar 23 @ 6:30 pm
Library Community Room.

Find out what YOU need to know about getting an Iowa driver's permit and license. This FREE program includes information for both teens AND parents of soon-to-be drivers. Presented by Drive Tek, the Department of Transportation, Street Survival, and the WDM Police Department. Seating is limited. Registration required (begins Jan 3.) 515.222.3403 • wdmlibrary.org

NEW! WDM Library TaleTrail

Dr. Robert C. Brooks Remembered



Our community is fortunate to have an attractive City Campus situated on an ideal site. From the library side of the pond through the tunnel to Ashawa Park, visitors are now invited to travel the "TaleTrail" – a series of sixteen kiosks designed to slowly reveal a children's story. Don Freeman's book, *Corduroy*, was displayed from the projects' completion in June until the official ceremony in August, when *Bampa's Bag* by Mary Brooks was placed on view. The TaleTrail project was made possible by private donations in memory of Mary's husband, Dr. Robert C. Brooks (former principal of Valley High School who passed away in 2014) with generous supporting funds from the WDM Library Friends Foundation, and the assistance of WDM Parks and Recreation, WDM Planning and Development, the WDM Mayor's Office, and City Council. This cooperative effort effectively extends the WDM Library "outside the walls" which seems only natural in view of its remarkable setting.



EARLY LITERACY

"Early literacy is what children know about reading and writing before they actually learn to read and write. It is not the teaching of reading, but is laying the foundation for reading so that when children are taught to read, they are ready." – from *Early Literacy Storytimes @ Your Library* by Saroh Nadkarni Ghoting and Pamela Maritn-Diaz

Why is Early Literacy important?

Acquiring early literacy (pre-literacy) skills before school leads to reading achievement and academic success. Children who enter school with well-developed early literacy skills are ready to learn to read.

What are the Early Literacy Skills?

1. Letter Knowledge – knowing the names and sounds of letters, and recognizing that the same letter can look different (upper vs. lower case, different fonts)
2. Narrative Skills – being able to describe events and tell stories
3. Phonological Awareness – the ability to hear and play with the smaller sounds that make up words
4. Print Awareness – noticing print, the ability to handle a book, and understanding how to follow the words on a page
5. Print Motivation – being interested in and enjoying books
6. Vocabulary – knowing the names of things

What can YOU do to help your child?

- Allow your child time to talk while you listen attentively
- Encourage your child to handle books and "tell" you the story
- Provide an atmosphere that is fun and language rich
- Read often and make reading time an enjoyable time
- Read, sing, talk, and play with your child
- Write and color with your child to develop fine motor skills

How can the WDM LIBRARY help?

- Ask a librarian for suggestions
- Use one of our many recommended reading lists to find materials your child may enjoy (i.e. 100 Books to Read Before Kindergarten)
- Check out library materials to use at home
- Attend age appropriate library programs presented by our staff trained in early literacy and child development (see our Storytime Series)



Storytime Series

All children's programs are free and most require advance registration, which begins at 9 am on the date in brackets.
515.222.3403 • wdmlibrary.org

MOTHER GOOSE STORYTIME

Simple stories, gentle tunes, flannel boards, and nursery rhymes. Each week we'll incorporate activities that emphasize and reinforce body part identification, counting, rhythm, sensory stimulation, fine and gross motor skills, and animal sounds. Ages 6 mo-2 yrs w/adult. Registration required.

Mon @ 9:30, 10 & 10:30 am:

Dec 5 & 12 [Nov 28] Jan 9, 16 & 23 [Jan 3]	Feb 6 & 13 [Jan 30] Mar 13, 20 & 27 [Mar 6]
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NIGHTY-NIGHT DROP-IN STORYTIME

Build a lifetime love of books and reading as we share bedtime stories, sing-along songs, and interactive fingerplays with an early literacy focus. Nighty-Night Storytime follows the Family Storytime format. All ages w/adult. No registration.

Mon @ 6:45pm:

Dec 5 & 12 Jan 9, 16 & 23	Feb 6 & 13 Mar 13, 20 & 27
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LAPSIT LAMBS

Using puppets, rhymes, songs, and short stories, staff will engage baby and caregiver in language-rich activities designed for pre-walking babies. We will spotlight sensory stimulation, animal sounds, fine and gross motor skills, and of course FUN! Includes play ideas that are easily integrated into baby's everyday routine. 1mo. -18 mo. w/adult. Now offered on Thursdays too! Registration required.

Tue @ 9:30 & 10:30 am:

Dec 6 & 13 [Nov 28] Jan 10, 17 & 24 [Jan 3]	Feb 7, 14 & 21 [Jan 30] Mar 14, 21 & 28 [Mar 6]
--	--

DROP-IN FAMILY STORYTIME

Lights, camera, action! Our stories, songs, felt boards, and rhymes set the stage for children to become successful readers. All ages. No registration.

Wed @ 9:30 am:

Dec 7 & 14 Jan 11, 18 & 25	Feb 8, 15 & 22 Mar 15, 22 & 29
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FAMILY STORYTIME

Longer stories and a variety of enriching activities. Family Storytime features picture books, puppets, action rhymes, flannelboard stories, and songs for the whole family. Includes a take-home craft! Ages 2-6 w/adult. Registration required.

Wed @ 10:30 am:

Dec 7 & 14 [Nov 28] Jan 11, 18 & 25 [Jan 3]	Feb 8, 15 & 22 [Jan 30] Mar 15, 22 & 29 [Mar 6]
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NEW! LAPSIT LAMBS

Now offered on Tuesdays AND Thursdays! Using puppets, rhymes, songs, and short stories, Megan will engage baby and caregiver in language-rich activities designed for pre-walking babies. We will spotlight sensory stimulation, animal sounds, fine and gross motor skills, and of course FUN! Includes play ideas that are easily integrated into baby's everyday routine. 1mo. -18 mo. w/adult. Registration required.

Thu @ 9:30 & 10:30am:

Dec N/A Jan 12, 19 & 26 [Jan 3]	Feb 9, 16 & 23 [Jan 30] Mar 16, 23 & 30 [Mar 6]
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OLIVER'S PUPPY TALES

Join puppy Oliver for stories, rhymes, felt boards, music, and movement. Each week we will introduce and develop specific pre-literacy skills and provide effective tools, tips, and techniques for caregivers to try at home. Ages 1-4 w/adult. Registration required.

Thu @ 10:30 am

Dec 8 & 15 [Nov 28] Jan 12, 19 & 26 [Jan 3]	Feb 9, 16 & 23 [Jan 30] Mar 15, 23 & 30 [Mar 6]
--	--

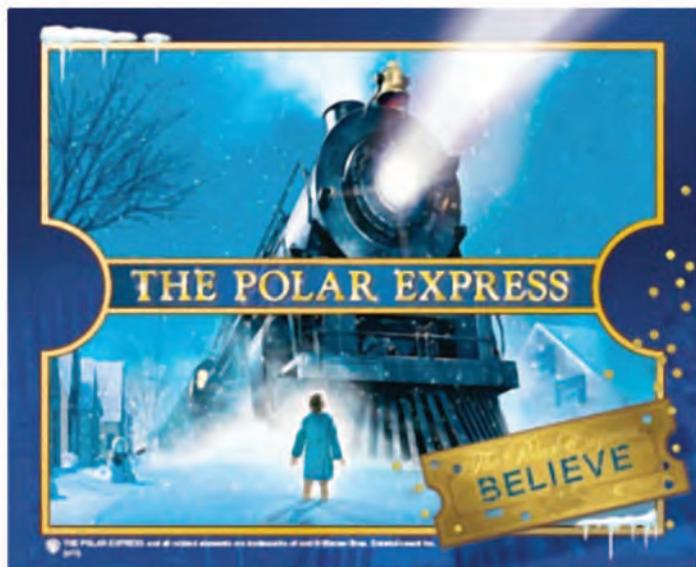
DROP-IN OLIVER'S PUPPY TALES

Puppy Oliver presents stories, songs, and rhymes followed by playtime to improve social, motor, and sensory skills! All ages. No registration.

Fri @ 10:30 am:

Dec 9 & 16 Jan 13, 20 & 27	Feb 10, 17 & 24 Mar 17, 24 & 31
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REGISTRATION INFORMATION

All children's programs are free and require registration unless otherwise indicated. You may register online at wdmlibrary.org, in person, or by phone at **515.222.3405**.

KIDS CLUB READ

Thu @ 4:15 pm: Dec 1 | Jan 5 | Feb 2 | Mar 9 — Titles TBA • Library Community Room

If you like to read and talk about books, this group is for you! Join us for discussion and activities related to each month's book. Ages 8-12. Sign up at the Children's Desk.

HOLIDAY CARD WORKSHOP

Wed, Dec 7 @ 3:45 pm • Library Community Room

Celebrate the season. We'll help you make some ho-ho-holiday cards for your friends and family! Ages 5-12. Registration required. [Nov 1]

WESTRIDGE SINGERS

Fri, Dec 9 @ 1:15 pm • Library Community Room

Stop in for a wonderful winter concert by Westridge Elementary's 5th and 6th grade chorus. All ages. No registration.

POLAR EXPRESS

Wed, Dec 14 @ 3:45 pm • Library Community Room

Climb aboard the Polar Express and depart for an arctic adventure. Entertainment en route includes the story, refreshments, and more! Ages 5-12. Registration required. [Nov 28]

SHAKE, RATTLE & ROLL

Wed, Dec 28 @ 9:30 am | Ages 1-4 • Wed, Dec 29 @ 10:30 am | Ages 2-6 Library Community Room

Bop into the library to rock 'n' roll, do The Stroll, twist and shout, sing it out ... in this upbeat music and movement program! Registration required. [Nov 28]



WINTER ANIMAL SURVIVAL

Fri, Dec 30 @ 1 pm • Library Community Room

Discover how animals survive the harsh Iowa winters. Presented by Lewis Major of Polk Co. Conservation. Ages 4 & up. Registration required. [Nov 28]

CHECKMATES: CHESS & BOARD GAME CLUB

Thu from 6:30-8 pm: Jan 26 [Jan 3] | Feb 23 [Jan 30] | Mar 23 [Mar 6]

Library Community Room

For those who know the basics, we'll provide chess sets and feature a different board game each month. No December Checkmates due to the holidays. Sponsored by the WDM Library Friends Foundation. Age 6-adult. Registration preferred.

For more information, please visit our website or pick up a calendar in the Children's Dept.



IF YOU ENJOY OUR PROGRAMS, PLEASE JOIN THE FRIENDS!

- During the 2015-16 Fiscal Year, the library offered 516 children's programs with 35,155 people attending. Friends memberships pay for many of the special children's programs throughout the year.
- Memberships provide incentives to the 2500 children participating in the Summer Reading Club, which encourages young readers to keep learning when they are not in school.
- Your donation is tax deductible!

WDM Library Friends Foundation

4000 Mill Civic Pkwy, WDM, IA 50265 • 222-3407 • wdmlibrary.org

WDM Library *services*

All services are **free** unless otherwise indicated.

Questions?
Call
222.3400

GET A LIBRARY CARD... IT'S FREE!

Present a valid ID with proof of current address. Residents of WDM, DSM, Ankeny, Clive, Urbandale, and Windsor Heights may apply. Cards are valid for three years (no renewal fee).

LIBRARY HOURS

(Labor – Memorial Day)
Mon-Thu: 9 am-9pm | Fri: 9 am-6 pm
Sat: 9 am-5 pm* | Sun: 2 pm-5 pm*
*SUMMER HOURS
Sat: 10 am-4 pm | Sun: Closed
Call or check our website for holiday hours.
515.222.3400 • wdmlibrary.org

ONLINE CATALOG... wdmlibrary.org

Access the library catalog 24/7 from the comfort of your home...just follow the link on our website. Reserve items that are checked out, or on the shelf.

RENEWALS/ ACCOUNT ACCESS BY PHONE

Use your library card number to access a list of titles checked out, including due dates; overdue items; titles on reserve with your position on the waiting list; and charges on your account. You may renew all of your items at once, or renew individual titles if you have the barcodes.

515.225.1576 or 515.225.1586
wdmlibrary.org

WE TAKE RESERVATIONS

If the item you want is checked out, use your library card to place a reserve or "hold" on it. Want to read a bestseller? We buy one copy for every six reserves. Holds can be placed by phone or online, and we'll call you when your item comes in. If we don't own the book you need, we can usually buy it, or borrow it from another library within a couple of weeks.

515.222.3400 • wdmlibrary.org

BOOK CLUB COLLECTION

The library has multiple copies of past Club Read titles available for local book clubs to borrow. Specific titles are listed on our website. Advance reservations required.

515.222.3585 children's titles
• 515.222.3410 adult titles •
wdmlibrary.org

MORE THAN BOOKS

Your library is more than a warehouse for books. The library is also a place to meet, discover, relax, and enjoy. You'll find popular magazines, newspapers, large print materials, puppets, puzzles, books on CD, popular and nonfiction DVDs, computers, iPads, and more.



E-CONTENT

Download eBooks and eAudiobooks to your computer or mobile device. Enjoy thousands of fiction, nonfiction, and children's titles. With 14-day check-out and auto-return there are no overdue fines! Stream video from the World Cinema Collection (foreign and indie films). It's easy – and free! See our website or ask at the Reference Desk for details.

515.222.3403 • wdmlibrary.org

TECHNOLOGY & EQUIPMENT

Available for use in the library: photocopier, fax, interactive storybooks, word processing, free Internet access, wireless access, and a 20/20+TV enlarger for the visually impaired. Available for checkout: overhead projector, iPads. Hate long lines? Try the 3M SelfCheck System!

515.222.3400 • wdmlibrary.org

ASK A LIBRARIAN

Got a question? We can help! Try our electronic resources...EBSCO Host magazine index, Novelist, ProQuest, and more. Business/investment info includes S&P's and The Street publications, Value Line, Investor's Business Daily, and Morningstar Mutual Funds Reports.

515.222.3403

LIBRARY BLOGS

From our Internet home page, click on KIDS, TEENS, or ADULTS (orange box, left side). BLOG is one of the choices you'll find in the green box (upper left). Discover great information on our programs, plus book lists, staff recommendations, reading and literacy tips, and more.

515.222.3405 • wdmlibrary.org

PUBLIC MEETING ROOMS

Available for public use at no charge: small rooms (8 people), Classroom (20), Community Room (60). Call for guidelines and scheduling information. • **515.222.3400**

TEEN AREA

YA materials are located upstairs, along with comfy couches and study tables. Get book lists and recommendations. For info on programs and activities, drop in or check our website.

515.222.3403 • wdmlibrary.org

WE MAKE HOUSECALLS!

If you are a WDM resident, unable to come to the library for health reasons and interested in receiving regular monthly visits from a volunteer, give us a call.

515.222.3400



NEW

INSTANTFLIX:
POWERED BY
INDIEFLIX**Movies and Classic TV Streaming
video with unlimited access to
thousands of titles**

- Choose from 7,000+ high-quality shorts, features, documentaries, classic TV shows and web series from 85 countries.
- View films from major film festivals, including Sundance, Cannes, Tribeca.
- Browse by language, genre, or length.
- Access films 24/7 from any Internet-enabled device with a Web browser. Also available on Roku, Xbox, and Apple TV.

wdmlibrary.org/evideo/instantflixGIFTS &
MEMORIALS:
BOOK BUY BOOK

It's tough finding the right gift, but you can honor friends, family, or a special occasion through the library's Book Buy Book donation program. For \$25 you may choose a format or a category (dvd, book, fiction, large print, children's, etc.). We'll purchase an appropriate title, add a bookplate in your honoree's name, and send notification of your gift. This Friends program builds a better library collection for all to enjoy AND your gift is tax-deductible! Larger gifts can be made to the Friends endowment or to fund a special project. Brochures available at the First Floor Service Desk or contact us in person to discuss which options might work for you.

515.222.3407 • wdmlibrary.org



NEW

COMICSPLUS:
LIBRARY EDITION**Comics and Graphic Novels
Unlimited access to over 16,000
popular and classic titles**

- View titles through any web-connected device.
- Browse by genre, publisher, and comic – then instantly check out your favorites.
- Access comics 24/7 – instant checkout – no holds or waiting.

wdmlibrary.org/ebooks/comicsplus

YOUR LIBRARY STORY

Has the WDM Library made a difference in YOUR life? Tell us about it in 500 words or less. Selected stories will be featured on our website or promotional materials (with permission). For details, visit www.wdmlibrary.org/tell-us-your-library-story/

*See Library Activities pages for
adult & children's programs at the
WDM Library.*

Visit us on the web at www.wdmlibrary.orgWDM LIBRARY
FRIENDS
FOUNDATION
MAKES A
DIFFERENCE

Our community library is fortunate to have the support of the WDM Library Friends Foundation — a volunteer-based, non-profit organization. Like the Friends on Facebook @ WDMLibraryFriends.

- Friends Memberships fund special projects, like the Laptop Lab, and programs for all ages. Contributions mean more books, music, and movies in the collection, so YOU have a better selection.
- Your donations are tax deductible!

WDM Library Friends Foundation
4000 Mills Civic Pkwy, WDM, IA 50265
515.222.3407 • wdmlibrary.org



SOCIAL NETWORKS

Find links to our Twitter, Facebook, and Pinterest pages on our website. Follow us on Twitter @ WDMLibrary, @ WDMLibraryChild or @WDMLibrary Teen to receive "tweets" (updates) on library news programs, and events. Like us on Facebook. Visit our Pinterest page to see Activities for Kids, Book Club Picks, Books & Reading (quotes), Staff Picks, and more! Question? Contact the Reference Desk.

515.222.3403 • wdmlibrary.orgMOBILE APP PUTS
THE LIBRARY AT
YOUR FINGERTIPS!

With our library app, you can instantly tap into library resources from any mobile phone connected to the Internet. Browse the library catalog, hold or renew a book, check your account, find events, and more. Search for "West Des Moines Library" on your phone app store and download. It's free!

515.222.3403 • wdmlibrary.org/appVisit us on the web at www.wdmlibrary.org

BE A VOLUNTEER

We need reliable volunteers, especially in our homebound delivery program (1-2 deliveries per month). Fill out an application at the 1ST Floor Service Desk.

515.222.3400 • wdmlibrary.org

BOOK SALE AREA

Find great bargains in the corner by the children's periodicals from 10¢ magazines to \$1 hardbacks – adult and children's titles. Proceeds benefit library programs and collections. • **515.222.3400**

WDM Human Services

"The ♥ of the Community"

WDM Human Services has been helping community members since 1979. As a department within the City of West Des Moines, WDM Human Services is a non-profit agency that provides necessary assistance to low-income, elderly and disabled individuals in our service area. Basic needs such as food, clothing, shelter, transportation and emergency financial assistance are a few of the critical services provided by WDM Human Services. For more than 35 years, we have provided assistance to community members during emergency situations to ensure their well-being and to improve their quality of life. WDM Human Services partners with members of the community to provide support and assistance. If you would like to help us meet our community need, please call 273-0633.



WDM Human Services *programs*

Human Services Mission:
 "To provide opportunities for citizens to improve and enhance their quality of life and sense of community through the programs and services available."

TRANSPORTATION

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p>SENIOR DINNER CLUB</p> <p>Seniors (60+) have the opportunity to enjoy one another's company while they dine at one of our local restaurants.</p>	<p>Trans. Supervisor 222-3661</p>	<p>First Tuesday of each month</p>	<ul style="list-style-type: none"> • WDM senior residents • Reservations must be made at least 24 hours in advance 	<p>Cost of your dinner</p> <hr/> <p>Transportation FREE (donations encouraged)</p>



TRANSPORTATION

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p>WESTSIDE COMMUNITY CENTER</p> <p>Transportation is available for senior residents of West Des Moines, Clive (Polk County), Windsor Heights and Des Moines (Frisbee Park area). Along with a nutritious lunch, enjoy fun daily activities.</p>	<p>Trans. Supervisor 222-3661</p> <p>134 6th St. Westside Community Center</p>	<p>M – F 8am – 4pm Lunch served at 11:30 am</p>	<ul style="list-style-type: none"> • Seniors (60+) • Reservations required at least 24 hours in advance 	<p>donations encouraged</p>
<p>APPOINTMENTS</p> <p>Transportation is available for necessary medical appointments, recreational group trips, Human Services referral trips and for other trips as time allows (i.e., grocery store, bank)</p>	<p>Trans. Supervisor 222-3661</p>	<p>M – F 8am – 4pm</p>	<ul style="list-style-type: none"> • Seniors (60+), disabled and low-income residents of WDM • Reservations must be made at least 24 hours in advance 	<p>donations encouraged</p>

CITIZENS WITH SPECIAL NEEDS

<p>FRIENDSHIP CONNECTION</p> <p>Friendship Connection is a club for young adults with special needs.</p>	<p>Human Services Staff 222-3660</p>	<p>Thursdays 10am – 11:30am</p>	<ul style="list-style-type: none"> • Young adults with special needs 	<p>NONE</p>
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Friendship Connection

Friendship Connection is offered every Thursday from 10:00am to 11:30am through WDM Human Services at various locations throughout the community. Participants socialize, play games, sing, enjoy refreshments and have fun! Organizations throughout the community also make special presentations on occasion. To learn more, or to register as a participant, volunteer or presenter, please call 222-3660 or visit our website at www.wdm.iowa.gov/HumanServices.



FOOD

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p>DMARC FOOD PANTRY Food is available at WDM Human Services for households in need.</p>	Human Services Staff 222-3660	<p>M 8:30am - 3pm T 8:30am - 3pm W 8:30am - noon TH 8:30am - 3pm F 8:30am - noon</p> <p>2nd & 4th Tues of each month 4:30pm - 6:30pm</p>	<ul style="list-style-type: none"> Must provide ID for all household members and proof of address 	<p>NONE</p> <p><i>Funding for this program is provided by USDA which is an equal opportunity employer.</i></p>
<p>HOLIDAY FOOD ASSISTANCE Food assistance for the holidays is available to eligible households.</p>	Human Services Staff 222-3660	<ul style="list-style-type: none"> Registration begins Oct. 10 Walk-ins welcome Deadlines apply 	<ul style="list-style-type: none"> Must meet income criteria of Federal Poverty Guidelines Must be in our service area 	NONE
<p>BREAD DISTRIBUTION Donated bakery items are available weekdays for households in need.</p>	Human Services Staff 222-3660	M - F 9am	NONE	NONE
<p>SUMMER FOOD SERVICE PROGRAM The state of Iowa, in conjunction with WDM Human Services and the WDM Community School District, provides a free summer lunch program to ensure children from low-income homes receive adequate food while not in school.</p>	Human Services staff 222-3660 <ul style="list-style-type: none"> Crestview Legion Park Hillside Stilwell 	Lunches served M-F, beginning in June - See website for dates and times.	All children 18 years or younger	FREE for children 18 years or younger
<p>GARDEN PROGRAM Offset the cost of food by growing your own garden. Tilling is available to elderly & disabled residents of WDM.</p>	Human Services Staff 222-3660	<p>M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm</p> <p>Sign-up in April</p>	<ul style="list-style-type: none"> Must meet income criteria of Federal Poverty Guidelines WDM residents 	NONE



HOUSEHOLD ASSISTANCE

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p>ENERGY ASSISTANCE (LIHEAP) The Low Income Home Energy Assistance Program (LIHEAP) helps qualifying households with their primary heating costs during the winter.</p>	Human Services Staff 222-3660 <ul style="list-style-type: none"> Call for an appointment Walk-ins welcome 	<p>M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm</p> <p>Sign-up through 4/28/17</p> <p>Sign-up begins: <ul style="list-style-type: none"> 10/3 for seniors and disabled households 11/1 for all other households </p>	<ul style="list-style-type: none"> Low-income households in Polk County Social security card & date of birth for all household members 13 weeks of verifiable income from all sources for all household members 	NONE
<p>Dallas County Residents receive assistance at the Dallas County Family Development Center, 2814 1st St., Perry, IA 50220 465-5185</p>				
<p>EMERGENCY FINANCIAL ASSISTANCE Emergency Assistance is available to avoid housing evictions and utility disconnections to eligible households.</p>	Human Services Staff 222-3660	<p>M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm</p>	<ul style="list-style-type: none"> Low income WDM residents. Residents must show eviction or disconnect notice to qualify 13 weeks of verifiable income from all sources for all household members 	NONE
<p>ASSISTANCE WITH GOVERNMENT FORMS Government forms are not always easy to fill out. WDM Human Services is here to help. Includes forms for DHS and tax rebates.</p>	Human Services Staff 222-3660	<p>M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm</p>	Service area residents	NONE



CURRENT NEEDS

Each month WDM Human Services assists approximately 350 low-income households with personal care products. We need your help to meet the needs in our community. We need the following items on an on-going basis:

- Laundry detergent
- Shampoo
- Conditioner
- Deodorant
- Toilet Paper
- Toothpaste
- Diapers (Sizes 4-6)
- Soap





YOUTH ASSISTANCE

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p>YOUTH RECREATIONAL ASSISTANCE</p> <p>Limited scholarships for recreational/educational activities offered through WDM Parks & Recreation are available to eligible households.</p>	Human Services Staff 222-3660	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm	<ul style="list-style-type: none"> • Proof of income • Proof of address • Low income residents of WDM 	Varies depending on household income
<p>SCHOOL SUPPLIES</p> <p>School supplies are available on a limited basis in August including classroom supplies and backpacks.</p>	Human Services Staff 222-3660	<ul style="list-style-type: none"> • Annually in August • Registration begins in July 	<ul style="list-style-type: none"> • Eligible low-income residents of WDM 	NONE
<p>HOLIDAY ASSISTANCE</p> <p>Need help with the holidays? Programs are available for qualifying households including Adopt-A-Family and Toyland.</p>	Human Services Staff 222-3660	<ul style="list-style-type: none"> • Registration begins Oct. 10 • Walk-ins welcome • Deadlines apply 	<ul style="list-style-type: none"> • Must meet income criteria of Federal Poverty Guidelines 	NONE
<p>SWIM PASSES</p> <p>Swim passes are available to low-income residents of West Des Moines.</p>	Human Services Staff 222-3660	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm	<ul style="list-style-type: none"> • Eligible low-income residents of WDM 	Reduced Rate



HOUSING

HOUSING SOLUTIONS
A housing and supportive services program that works with homeless families to identify and work to overcome barriers preventing them from providing stable or permanent housing for their families.

Housing Solutions Coordinator 222-3666	M – F 8am – 4pm	<ul style="list-style-type: none"> • Eligible homeless participants will need to meet HUD homeless guidelines and income criteria • Must be referred by Primary Healthcare (515-248-1850) 	Limited availability
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CLOTHING CLOSET

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p>Gently used clothing articles and housewares are available to those in need on a monthly basis.</p> <p><i>This is a community supported program — donations of clothing and small housewares are always needed.</i></p>	Human Services Staff 222-3660	M 8:30am - 3pm T 8:30am - 3pm W 8:30am - noon TH 8:30am - 3pm F 8:30am - noon	<ul style="list-style-type: none"> • Proof of income • Proof of address • Service area resident • ID required for all household members 	NONE (donations encouraged)
		2nd & 4th Tues of each month: 4:30pm – 6:30pm		

PERSONAL DEVELOPMENT

<p>ESL CLASSES</p> <p>are provided for individuals whose first language is not English.</p>	Human Services Staff 222-3660	T & TH 10am – noon	<ul style="list-style-type: none"> • Pre-registration required • Limited # of participants 	NONE
<p>COMPUTER CLASSES</p> <p>are available to provide introductory computer skills instruction.</p>	Human Services Staff 222-3660	Fridays 1pm – 3pm	<ul style="list-style-type: none"> • Pre-registration required • Limited # of participants 	NONE

ELDERLY ASSISTANCE

<p>HANDYMAN SERVICES</p> <p>Services include lawn mowing, snow removal and minor home repairs for low-income elderly and disabled residents of WDM.</p>	Human Services Staff 222-3660	M – F 8am – 5pm	<ul style="list-style-type: none"> • Income - eligible seniors (age 60+) or income-eligible disabled residents of WDM • Registration required for new clients 	NONE (donations encouraged)
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VOLUNTEER TODAY!

West Des Moines Human Services extends a heartfelt **THANKS** to all of the wonderful volunteers who donate their time and talents to help us continue to be the heart of the community. Volunteers are currently needed in the food pantry and clothing closet. If you have a passion for helping those in need, please call **222-3663** or visit www.wdm.iowa.gov/HumanServices.





WDM Human Services "The ♥ of the Community"

Help Your Neighbors In Need

The holidays are approaching and you are invited to add one or more families to your holiday list by participating in one of West Des Moines Human Services' holiday assistance programs.

West Des Moines Human Services is a non-profit organization that provides assistance to low-income, elderly and disabled individuals in our service area. Many of our community members are surviving on very limited incomes and struggle to afford even the most basic of necessities. The holiday season can be particularly difficult for these individuals and families.

Please consider partnering with us to assist these struggling members of our community. Gifts can be delivered directly to a family, or you may deliver your gifts to West Des Moines Human Services and we will deliver to the family. **Following are the opportunities available:**

Thanksgiving

Sponsors are needed to provide grocery gift cards or food baskets.

THANKSGIVING DINNER
Thursday, November 24
11:30 AM
WDM Christian Church
4501 Mills Civic Pkwy, WDM
Reservations required.
Call 223-1639 by
November 18th.

(Limited seating available)

* Note, for transportation to the dinner, please call 222-3661.



Adopt-A-Family Program

Sponsors are matched with a WDM family in need and asked to provide gifts for the children in the household. A "wish list" for the family will be provided consisting of names, ages, genders and gift ideas for the children in the household. Sponsors may deliver the gifts directly to their "adopted" family.

Toyland

This program provides toys for children who are not sponsored through the Adopt-A-Family program. Toyland will take place on December 15, 16, and 19 at WDM Human Services. Donations of new, unwrapped toys are needed for this event.

Monetary Gifts and Gift Cards

Monetary donations are also appreciated as this allows us to assist families during the holidays and throughout the year.

If you know of other individuals or organizations who may wish to participate, please share this information. We have many families and children who need assistance, and adopting a family is a wonderful tradition during the holidays. Please call 222-3663 for more information or visit our website at www.wdm.iowa.gov/HumanServices.

If you are interested in providing assistance, please complete the **Holiday Sponsor Form** by December 5th (November 11th for Thanksgiving) and send to:

West Des Moines Human Services
ATTN: Mindy Hotovec
139 6th Street, P.O. Box 65320
West Des Moines, Iowa 50265
Melinda.Hotovec@wdm.iowa.gov

Visit us on the web at www.wdm.iowa.gov

HOLIDAY SPONSOR FORM

Contact Name _____ Organization (if applicable) _____

Street Address _____ City, State, Zip _____

Telephone Number _____ E-mail Address _____

I will deliver directly to the family.
(Note, food baskets must be delivered to the family.)

I will deliver to WDM Human Services.

Do you speak Spanish or have access to an interpreter? Yes No

Have you been a sponsor in the past? Yes No

I would like to participate in the following programs offered by WDM Human Services:

Please check the program(s) and fill in the requested information.

Food Card and/or Food Basket:

Option 1: Purchase a **food card** from a local grocery provider for _____ (holiday)
(\$25 increment(s) please)

I will provide a food card(s) for _____ family(s). Maximum size of family(s): _____

Option 2: Provide a **food basket** for Thanksgiving.
(Food baskets must be delivered directly to the family)

I will provide a food basket for _____ family(s). Maximum size of family(s): _____

Adopt-A-Family Holiday Program:

Minimum Requirements: Sponsors are asked to **provide gifts for the children living in the household up to age 18** consisting of at least two to three gifts per child. Of course, you may provide more if you desire. **(Optional:** Sponsors may also provide a food basket for the family consisting of the groceries needed for a holiday meal or a food card from a local grocery provider.)

I want to adopt _____ family(s). Maximum size of family(s): _____

Special Preferences: (ie, specific ages) _____

Toyland

(Please deliver new, unwrapped toys to WDM Human Services by December 14, 2016.)

I will provide approximately _____ toys.

Monetary Contribution or Gift Cards

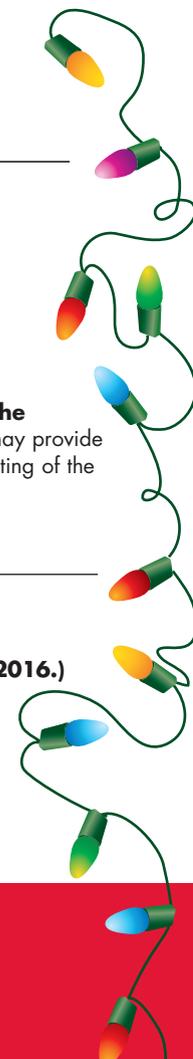
Your contribution will be used to assist families during the holidays and throughout the year.

Please make your check payable to: West Des Moines Human Services

Sponsor forms or donations should be sent to:

(Deadlines: Thanksgiving – 11/11, Christmas – 12/5)

WDM Human Services • Attention: Mindy Hotovec
139 6th Street, P.O. Box 65320, West Des Moines, IA 50265
Melinda.Hotovec@wdm.iowa.gov • 222-3663



Sunday Supper In Our Town

RAISES OVER \$50,000

To help low-income, elderly and disabled residents

West Des Moines Human Services held its 7th annual "Sunday Supper In Our Town" fundraising event at Flemings Prime Steakhouse & Wine Bar on September 25th, 2016. More than 125 guests attended the dinner benefiting low-income, elderly and disabled residents in the western suburbs. Proceeds benefit the programs of West Des Moines Human Services. It was a wonderful evening of giving back to the community!

THANK YOU TO OUR SPONSORS...

\$5,000 Giving Level

R & R Realty Group
UTC Aerospace Systems

\$2,500 Giving Level

Ahlers & Cooney, P.C.
American Equity
Athene USA
JSC (Jim Cownie)
LaMarca Law Group, P.C.

\$2,000 Giving Level

Northwest Bank

\$1,000 Giving Level

3E Electrical Engineering & Equipment Co.
Dr. Matthew Weresh
EmbarkIT
(Rick & Anita Messerschmidt)
First National Bank
Foth Infrastructure & Environment, LLC
Gilcrest/Jewett Lumber Co.

HR Green
Hy-Vee
Mary & Sam Bernabe
Russ & Alana Trimble
Steve & Sally Gaer
West Bank

\$500 Giving Level

Bankers Trust
Brian Lynch Hairstyling
Brick Gentry, P.C.
Foster Group, Inc.
Brian & Elaine Gifford
Tom & Tina Hadden
Althea Holcomb
McGowen Hurst
Jim & Louisa Sandager
Stivers Ford Lincoln
UnityPoint Health Des Moines
Valley Eye Clinic
Wright Tree Service, Inc.
Sue Wright

Special thanks to Purcell Printing and JM Impressions!



Partner with WDM Human Services to help our neighbors in need!

WDM Human Services Current Needs

Personal Pantry:

Each month WDM Human Services assists approximately 350 low-income households with personal care products. We need your help to meet the needs in our community. The following items are needed on an on-going basis:

- Laundry detergent
- Shampoo
- Conditioner
- Deodorant
- Toilet Paper
- Toothpaste
- Diapers (Sizes 4-6)
- Soap

Clothing Closet:

Our clothing closet is in need of new or gently used children's, teen, and adult clothing items for the colder seasons. We also need towels, sheets, blankets and small household items. Clothing Closet donations are accepted Monday through Friday 8:30am - 4pm at 139 6th Street in West Des Moines. Donation receipts are available.



WINTER | SPRING 2017

WDM Parks & Recreation

PROGRAM GUIDE

**Registration
Starts:
November 8**



WDM Parks & Recreation Information	p2-7
Family Programs	p8-12
Youth Programs	p12-29
Adult Programs	p30-38
Senior Programs	p39
PerfectMind	p40-41
How to Register	p42-43

West Des Moines Parks & Recreation Department Facilities

Administrative Office at WDM City Hall 4200 Mills Civic Parkway	222-3444
Raccoon River Park Nature Lodge 2500 Grand Avenue	222-3424
Raccoon River Park Archery Facility 2500 Grand Avenue	222-3424
Raccoon River Park Dog Park 2500 Grand Avenue	222-3444
Raccoon River Park Softball Complex 2500 Grand Avenue	222-3505
Valley Junction Activity Center 217 5th Street	222-3440
Holiday Aquatic Center 1701 Railroad Avenue	273-0700
Holiday Park Baseball Complex 1701 Railroad Avenue	222-3454
Valley View Aquatic Center 255 S. 81st Street	273-0700
Jordan Cemetery 2950 Fuller Road	222-3444
Weather Cancellation Hotline	222-3500



Jordan Cemetery

A resting place for many of the founding families of West Des Moines, Jordan Cemetery is located at 2950 Fuller Road. Jordan Cemetery dates back to 1846 when James Jordan arrived in Polk County and homesteaded in the area. The cemetery is now operated by the Parks & Recreation Department and continues to provide cemetery lots for sale. If you would like information, please contact the Parks & Recreation Office at 222-3444.



West Des Moines Parks

American Legion Park	301 Vine St.
Ashawa Park	4431 Waterford Dr.
Brookview Park	400 81st St.
Crossroads Park	5205 Ashworth Rd.
Fairmeadows Park	543 22nd St.
Florer Park	1410 Locust St.
Holiday Park	1701 Railroad Ave.
Huston Ridge Park	8455 Coachlight Dr.
Jaycee Park	5608 Center St.
Jordan Creek Park	310 50th St.
Kiwanis Park	3101 Maple St.
Knolls Park	5150 Aspen Dr.
Maple Grove Park	9350 Chalk St.
Meadowview Park	638 Prairie View Dr.

Pearson Park	1256 19th St.
Peony Park	1100 63rd St.
Quail Cove Park	1515 South 52nd St.
Raccoon River Park	2500 Grand Ave.
Railroad Park	425 Railroad Ave.
Scenic Valley Park	1223 South 24th Ct.
Southwoods Park	350 South 35th St.
Valley View Park	255 81st St.
Western Hills Park	4115 Walnut St.
Wild Rose Park	6801 Cody Dr.
Willow Springs Park	5685 Wistful Vista Dr.
Wilson Park	298 9th St.
Woodland Hills Park	1230 South 95th St.

Valley Junction Activity Center

Located in the heart of Valley Junction, the Valley Junction Activity Center offers a variety of meeting and social function spaces that can meet your needs. On the first level there are several flexible rooms that can accommodate groups from 20 to 100 people depending on your set up requirements.

The Grand Ballroom is located on the second level of the building which offers space for seated functions for groups as large as 200 people. The Ballroom has recently been updated with a new maple wood floor, ceiling and lighting updates, a fresh coat of paint, and new windows. It is a great space for large family or business dinner affairs as well as wedding receptions.

Give us a call at 222-3440 to check rates and availability today!



Nature Lodge Rentals

Looking for a room with a view to hold that family function or business meeting? Then the Raccoon River Park Nature Lodge is just the place for you! The Lakeview Room provides a panoramic view of Blue Heron Lake in Raccoon River Park. This unique setting provides a quality experience for your guests to enjoy and offers a variety of spaces and services to make planning your event as easy as one...two...three!

The Lakeview Room accommodates groups as small as 20 people up to sit down functions for 110 people. Our great rental rates make things affordable and works with your budget. We have preferred caterers if you choose to use them, or feel free to make your own arrangements with your caterer. Only beer and wine are allowed at the Lodge.

Give us a call at 222-3424 to check availability!



PARKS & TRAILS MAP

WEST DES MOINES PARKS & RECREATION



"IOWA BY TRAIL" APP
available FREE on Apple and Android devices

- App features include:
- Interactive map with Points of Interest
 - Geo locate position and find closest trail
 - Keep track of distance, news and events



JORDAN CREEK TRAIL



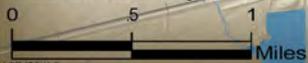
VALLEY VIEW AQUATIC CENTER



RACCOON RIVER PARK



THE CITY OF
West Des Moines
Parks & Recreation Department



updated 07/21/15

- | | | |
|-------------------------|-----------------------|----------------|
| Existing Trail | Planned Trail | City Hall |
| Jordan Creek Trail | Trail Distance Marker | Hospital |
| On-Street Bike Facility | Fire Station | Police Station |
| | Library | |

- | | |
|-----------------------|--------------------|
| 1 Nature Lodge | 6 Loop Trail |
| 2 Biddle Shelter | 7 Dog Park |
| 3 Playground | 8 Softball Complex |
| 4 Coneflower Shelters | 9 Archery Facility |
| 5 Beach | 10 Open Lawn |

Raccoon River Dog Park

Dogs in Parks

For the safety and well-being of all park visitors and for the safety of your dog, please remember that the **ONLY** place that dogs are allowed to be off-leash in the City's parks is the Raccoon River Dog Park. In all other parks, rules and regulations require that dogs be on a leash not more than 10 feet long.

Also, please be considerate to other park visitors and clean up after your dog. Waste bags are provided in Raccoon River Park along the trail. Remember to bring a bag with you to all other parks and trails. We appreciate responsible pet owners!

Dog park permits go on sale December 1. Don't miss out on the fun!

Mail-In

Go to www.wdm.iowa.gov/DogPark to download the application form, complete it and mail the form, a copy of rabies & distemper/parvo vaccination records and payment to the address on the form.

Walk-In

Stop by one of the following locations. Be sure to bring your dog's records showing current rabies & distemper/parvo vaccinations.

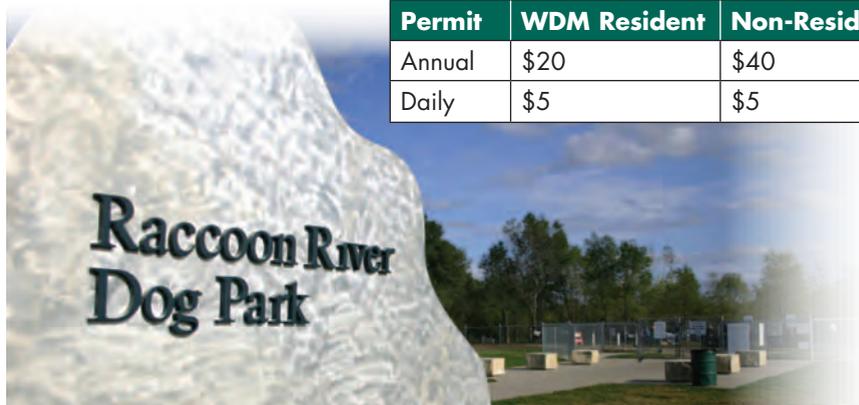
WDM Parks & Recreation Administration

4200 Mills Civic Parkway – 1B
8am – 5pm, Monday-Friday

Raccoon River Park Nature Lodge

2500 Grand Avenue
8am – 5pm, Monday-Friday
Evening/Weekend Hours –
Call 222-3424

Permit	WDM Resident	Non-Resident
Annual	\$20	\$40
Daily	\$5	\$5



Raccoon River Park Archery Facility

The facility is the first of its kind in Iowa and features:

- Enclosure walls/fencing
- Overhead 'arrow curtains'
- Shelter over shooting area
- Staging area
- 12 shooting lanes
- Target blocks up to 40 yards distance

Learn more about the facility and download permit forms at www.wdm.iowa.gov/Archery. Questions? (515) 222-3444 or ParkRec@wdm.iowa.gov

Annual Permit	WDM Resident	Non-Resident
Adult	\$20	\$40
Youth (15 & Under)	\$10	\$20
Daily Permit	WDM Resident	Non-Resident
Adult	\$5	\$5
Youth (15 & Under)	\$5	\$5

Permits can be purchased at the following locations:

- **West Des Moines Parks & Recreation Office**
4200 Mills Civic Pkwy, Suite 1B, West Des Moines
Phone: 222-3444 | Fax: 222-3459
Monday-Friday, 8:00am-5:00pm
- **Raccoon River Park Nature Lodge**
2500 Grand Avenue, West Des Moines
Phone: 222-3424 | Fax: 222-3658
Monday-Friday, 8:00am-5:00pm, call for evening/weekend hours



Using the Facility

- A permit is required for each person shooting arrows.
- The Archery Facility is open daily for use from dawn to dusk.
- Archers must supply their own equipment and paper targets.
- Children 15 and under must be supervised by an adult at all times.
- Stationary target blocks are provided; each serves 2 lanes.
- To increase the life of target blocks, use pins to attach paper targets and aim for different areas. No broadheads allowed.

See page 22 for Archery programs



Breakfast with Santa

Join us for this fun, festive, holiday breakfast featuring Santa Claus himself!! Our event features an all you can eat pancake breakfast, catered by "Chris Cakes." Photos on Santa's lap will be available so be sure to bring your camera! Limited admission tickets will be available for purchase at the door. Please be sure to register early.

All children must be supervised by a paying adult to attend.

DAY	Saturday
DATE	December 10
TIME	8 – 10am (Open house format)
LOCATION	Raccoon River Park Nature Lodge
FEE	per person
ages 12+	\$6
ages 2 – 11	\$4
under 2 years	FREE
REGISTER BY	December 2
COURSE ID	69

This is Santa Calling

Have you been naughty or nice? This is a free service for children 3-6 years old who are West Des Moines residents. If your child would like to receive a call from Santa, just complete their online registration using the course ID listed before the December 7 deadline.

DAY	Monday
DATE	December 12
TIME	6 – 7:30pm
REGISTER BY	December 7
COURSE ID	158



Daddy Daughter Sweetheart Dance

Join us for this annual community event that provides a unique opportunity for fathers, or father figures, and their daughters to spend an evening together. This event held at the **West Des Moines Sheraton Hotel**, provides an added touch of elegance. A child-friendly, light Italian meal will be served buffet style along with a variety of desserts during the festivities. A video DJ, Thunder and Lightning, will WOW the crowd with two huge video screens and family-friendly music. Photos will be available from University Photo for a small additional fee, and a box of conversation hearts will be handed out to each girl at departure. Plan ahead and don't miss out!

DAY	Sunday
DATE	January 29
TIME	4 – 7pm
LOCATION	WDM Sheraton Hotel 50th and University Ave
AGES	4 – 11
FEE	\$18 per person
COURSE ID	217

DADDY
Daughter
DANCE



NEW!

Winter Family Movie Series

Do you love movies that are based on true stories? Do you want to share these stories with your children or grandchildren now? Then join us for our Winter Family Movie Series! Each week, you and your family are invited to come to the Valley Junction Activity Center Program Room with your blankets and chairs, snack on some free popcorn, and watch a movie that is based on a true story on our big screen. This event is FREE and open to all!



DAY	Fridays	
TIME	7pm	
DATE	MOVIE	RATING/YEAR
January 27	Newsies	PG, 1992
February 10	Dreamer	PG, 2005
February 24	The Greatest Game Ever Played	PG, 2005
March 10	The Miracle Worker	PG, 2000
March 24	Apollo 13	PG, 1995

LOCATION	Valley Junction Activity Center
AGES	All
FEE	Free

NEW!

Cocoa & Carols

Stop on by the Valley Junction Activity Center during the last "Jingle in the Junction" event of the season. Grab a cup of hot cocoa or cider, and join in on some good, old-fashioned caroling that will be happening in the second level Program Room. You can even help choose the carols and songs!



DAY	Thursday
DATE	December 15
TIME	6 – 8pm
LOCATION	Valley Junction Activity Center Program Room
AGES	All
FEE	FREE

#sELFie

Join WDM Parks and Recreation's holiday #sELFie project starting the week after Thanksgiving! Can you find the three places throughout West Des Moines where you can join in on the #sELFie project? Take your picture and post it to our Facebook page with #sELFie.



Calling West Des Moines groups, families, clubs, schools and businesses!

Snowman Building Contest

The Snowman Building Contest is a community wide, family event that gets people outside and enjoying our fabulous winter. You can build a snowman or snow sculpture in your yard, place of work, or in a WDM park. Over the 8-week period we encourage groups, families, clubs, schools and businesses to have a whole bunch of fun building a snowman or snow sculpture to win a prize.

Groups are encouraged to build a snow creation, submit up to 3 photos that include at least one of the builders, and submit it to allison.ullestad@wdm.iowa.gov with contact information by February 28. Community judges will select a winner in each of these 3 categories: **Most Creative Snowman, Most Creative Snow Sculpture, and Best Traditional Snowman.**

DATES	January 1 – February 28
PRIZE	\$100 in "Park and Rec Bucks" to each category winner



NEW!



“WINTER WONDER PALACE”

Join us for the second annual Winter Wonder Palace presented by Little Princess Parties and The City of West Des Moines. Step into a world of wonder where the cold harsh winter melts away into a palace full of princesses. Your little royal will enjoy three different winter worlds during this unique 90 minute experience. First, dine with Cinderella at her Wonder Palace cookie tea party where little princesses will enjoy some homemade bibbidi bobbidi baking straight from the castle. Next up, The Little Mermaid will take you ‘under the sea’ with some of her favorite mer-games. Finally, you’ll visit Neverland where Tinkerbell and her frosty sister will be waiting to smother you in pixie dust.

The \$29 registration fee includes one admission for the princess and one admission for the Queen Mother or Prince Father who must be present with the princess throughout the event.

DAY	Saturday
DATE	February 11
TIMES	COURSE ID
9am – 10:30am	229
11am – 12:30pm	230
1pm – 2:30pm	231
REGISTER BY	February 3
LOCATION	Raccoon River Park Nature Lodge
AGES	4 – 8
FEE	\$29

MARTIAL ARTS

Tae-Kwon-Do/Karate

The Korean art of self defense, Tae-Kwon-Do, is recognized as a beneficial method of improving health, balance, agility and poise. As a philosophy of mental alertness and moral ethics, TKD can serve to enhance anyone’s life young or old. Beginner classes are for white through green belts. Intermediate/Advanced classes are for green belts and up.

**TAE-KWON-DO/ KARATE
LITTLE NINJAS INSTRUCTOR:**

Phil Dickey:
Fifth Degree Black Belt in Karate, Fourth Degree Black Belt in Tae-Kwon-Do, International Martial Arts Hall of Fame Inductee.

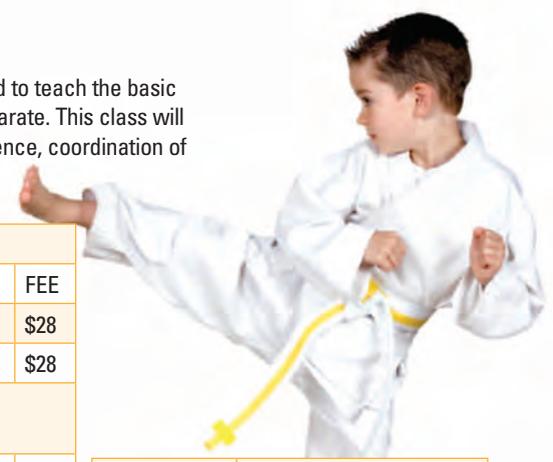
LOCATION	Valley Junction Activity Center
AGES	6+
REGISTER BY	One week before the session starts

Session II	February 28 – April 25 (No Class March 14)
BEGINNER CLASS	
DAY	TIME
Tuesdays	6:30 – 7:30pm
COURSE ID	110
FEE	\$40
INTERMEDIATE/ADVANCED CLASS	
DAY	TIME
Tuesdays	7:30 – 8:30pm
COURSE ID	112
FEE	\$40

Session I	January 3 – February 21
BEGINNER CLASS	
DAY	TIME
Tuesdays	6:30 – 7:30pm
COURSE ID	103
FEE	\$40
INTERMEDIATE/ADVANCED CLASS	
DAY	TIME
Tuesdays	7:30 – 8:30pm
COURSE ID	111
FEE	\$40

Little Ninjas

Join our early childhood program designed to teach the basic fundamentals of both Tae-Kwon-Do and Karate. This class will focus on building self-respect, self-confidence, coordination of mind and body, and self-discipline.



Session I	January 3 – February 21		
DAY	TIME	COURSE ID	FEE
Tuesdays	5:30 – 6pm	118	\$28
Tuesdays	6 – 6:30pm	119	\$28
Session II	February 28 – April 25 (No Class March 14)		
DAY	TIME	COURSE ID	FEE
Tuesdays	5:30 – 6pm	124	\$28
Tuesdays	6 – 6:30pm	125	\$28

LOCATION	Valley Junction Activity Center
AGES	4 – 5
REGISTER BY	One week before the session starts

Story Hour at The Nature Lodge

If cabin fever has struck, bring your children to the Nature Lodge to enjoy a story hour with our naturalist. Bring a sack lunch to enjoy as we share nature books, stories and games.

DAY	Tuesdays
DATES	Nov. 29, Dec. 6, 13, 20
TIME	12 – 1pm
LOCATION	Raccoon River Park Nature Lodge
AGES	All
FEE	Free

Fun Time Story Time

Does winter have you down? Looking for someplace new to take your child that is safe and fun? Join us at the Valley Community Center for a little story time fun! We will read a couple of stories, share some cool animals and have plenty of extra play time at the indoor play center. No need to register, just show up and join the fun!

DAY	Tuesdays
DATES	January 10 – February 28
TIME	10:30 – 11am
LOCATION	Valley Community Center (4444 Fuller Road, WDM)
AGES	All
FEE	Free



PRESCHOOL PROGRAMS

Indoor Playground

Need to get out of the house and let that toddler run off some steam? We've created an indoor playground that can help get the job done. Toys, slides, and riding toys will challenge your child for a day of fun! Parents are required to stay and supervise their children.

DAYS	Mondays & Wednesdays
DATES	October 10 – December 14 and January 4 – April 5
TIME	10am – 12pm
LOCATION	Valley Junction Activity Center
AGES	4 years & under with adult
FEE	FREE

(No Indoor Playground when school is not in session.)

First Steps Dance Classes

First Steps Dance classes are designed to introduce children to the fundamental skills of dance at a cost and time commitment that is minimal to parents. All classes are led by Josalynn Agnew, an instructor with many years of studio experience.

Let your child learn basic dance movements in a non-threatening, recreational environment.

- 3-4 year olds will receive instruction in ballet and jazz.
- 5-7 year olds will receive instruction in ballet, jazz, and tap.

No special shoes are required.



Beginners First Steps Dance

DAYS	Mondays	
DATES	January 2 – February 6	
AGES	TIMES	COURSE ID
5 – 7	5:30 – 6:30pm	169
DATES	February 27 – April 10 (no class on March 13)	
AGES	TIMES	COURSE ID
5 – 7	5:30 – 6:30pm	170
DATES	April 17 – May 22	
AGES	TIMES	COURSE ID
5 – 7	5:30 – 6:30pm	171

LOCATION	Valley Junction Activity Center
FEE	\$39

DAYS	Tuesdays	
DATES	January 3 – February 7	
AGES	TIMES	COURSE ID
3 – 4	5:30 – 6pm	172
3 – 4	6pm – 6:30pm	173
DATES	February 28 – April 11 (no class on March 14)	
AGES	TIMES	COURSE ID
3 – 4	5:30 – 6pm	174
3 – 4	6pm – 6:30pm	175
DATES	April 18 – May 23	
AGES	TIMES	COURSE ID
3 – 4	5:30 – 6pm	176
3 – 4	6pm – 6:30pm	177

Intermediate First Steps Dance

DAYS	Mondays	
DATES	January 2 – May 15 (no class on February 13 & 20 or March 13)	
AGES	TIMES	COURSE ID
7 – 10	6:30 – 7:30pm	178
DAYS	Tuesdays	
DATES	January 3 – May 16 (no class on February 14 & 21 or March 14)	
AGES	TIMES	COURSE ID
5 – 7	6:30 – 7:30pm	179

LOCATION	Valley Junction Activity Center
FEE	\$119

NEW!

Little Hip Hoppers

This class is perfect for your kiddos who are always moving. Hip Hop is a great way to introduce little ones to exercise and dance while exploring movement and creativity in a welcoming environment. Kids will be introduced to basic movement and rhythm while having fun with music, games and fun, age-appropriate activities. Taught by a local professional with over 20 years of experience, this class is both educational and age-appropriate. Your child will not want to stop moving in this class!

DAYS	Wednesdays
DATES	January 18 – February 15
TIME	6:30 – 7:15pm
AGES	3 – 5
LOCATION	Westridge Elementary School
MINIMUM	6
MAXIMUM	12
COURSE ID	99
FEE	\$30



NEW!

Boppin' Tots

Come bring your little one and start exploring movement and play together! Boppin' Tots uses relatable stories, music, games, and activities to keep young children engaged while working on gross motor development and body awareness. Basic calisthenics, tumbling, and movement are introduced with obstacles, props, music makers, and more. Come ready to have fun and explore!

DAYS	Tuesdays	
DATES		COURSE ID
January 17 – February 21		96
February 28 – April 4		97
TIME	9:30 – 10am	
AGES	18 months – 3 years	
LOCATION	Valley Junction Activity Center	
MINIMUM	5	
MAXIMUM	15	
FEE	\$30	

Tumble Tots

Tumble Tots is a great way to promote healthy and safe physical activity, and kids have a ball climbing, twisting, rolling, crawling, spinning, and flipping all throughout class! Basic tumbling and calisthenics are introduced using fun stories, activities and games that kids enjoy. Activities will focus on movement and strength which help promote strong motor development and body awareness necessary for sports and physical activity. Kids won't get enough of this high energy class!

DAYS	Tuesdays	
DATES	March 21 – April 18	
TIME	6:30 – 7:15pm	
AGES	3 – 5	
LOCATION	Westridge Elementary School	
MINIMUM	6	
MAXIMUM	12	
COURSE ID	98	
FEE	\$30	



CREATIVE GENIUSES

Fun, educational, and personalized art program for children. Children will look and talk about art and self expression making their own masterpieces. Art education for children supports creative ability, confidence, hand eye coordination, math, science, and literacy skills. Most of all, art just feels good! We are where the ART and mind shine bright!



Sketchbook Club

Inspired by all the kids who keep cool sketchbooks at home filled with their own personal drawings! Come to practice or learn new drawing and sketching activities! We will use a variety of drawing tools to experiment with. Sketching is a foundational art skill that helps build ideas and develops confidence. Bring your own personal sketchbook to use or let us provide a new one at class!

DAY	Wednesdays	
SESSION / DATES	COURSE ID	
1: January 4 – February 8	147	
2: February 15 – March 29 (no class 3/15)	148	
TIME	5:30 – 6:30pm	
LOCATION	Valley Junction Activity Center	
AGES	5 – 13	
FEE	\$66	
MINIMUM	4	
MAXIMUM	16	

PreK Art Play

Children’s first art class inspired by play. Dabble in paint, roll with the clay, pitter patter with some crayons. We will cultivate your child’s desire to learn about and explore the visual world through engaging in age appropriate art making. Can help build and strengthen confidence, hand-eye coordination, vocabulary, and social skills all which are valuable foundations to development during this time in a child’s life.

DAY	Wednesdays	
SESSION / DATES	COURSE ID	
1: January 4 – February 8	142	
2: February 15 – March 29 (no class 3/15)	143	
3: April 5 – May 10	149	
TIME	9:30 – 10:15am	
LOCATION	Valley Junction Activity Center	
AGES	3 – 5	
FEE	\$66	
MINIMUM	4	
MAXIMUM	12	

Figure Drawing For Kids

Inspired by all the fun outdoor activities that Spring brings! Figure drawing is an important drawing foundation for artists. Students will participate in engaging activities and explore a variety of drawing materials. Also, some physical activity will be involved to help us study and draw our figures!

DAY	Wednesdays	
DATES	April 5 – May 10	
TIME	5:30 – 6:30pm	
LOCATION	Valley Junction Activity Center	
AGES	5 – 13	
FEE	\$66	
MINIMUM	4	
MAXIMUM	16	
COURSE ID	151	

Art Club

Student driven art club will visit a variety of art mediums and techniques. Students will work collaboratively with a professional art instructor to bring to the club the topics and arts they enjoy most. Students will use these topics of interests in connections to art to learn about and engage in the artistic process.

DAY	Wednesdays	
SESSION / DATES	COURSE ID	
1: January 4 – February 8	144	
2: February 15 – March 29 (no class 3/15)	145	
3: April 5 – May 10	150	
TIME	3:45 – 4:45pm	
LOCATION	Valley Junction Activity Center	
AGES	5 – 10	
FEE	\$66	
MINIMUM	4	
MAXIMUM	16	



START SMART

Start Smart Programs will be held once a week for 5 weeks, and each week the exercises become increasingly more difficult as the class progresses and the children show improvement. All supplies needed for Start Smart programs are provided at the first class and are included in the program fee.

A parent is required to attend and participate each week. It is recommended that non-registered siblings do not attend as it makes it difficult for parents to fully participate in the program.

Basketball

Start Smart Basketball teaches children (ages 3-5) the basic motor skills necessary to play organized basketball while they work one-on-one and spend quality time with their parents. The program focuses on teaching children and their parents skills in dribbling/ball handling, passing/catching, shooting and running/agility without the threat of competition or the fear of getting hurt.

DAYS	Wednesdays
DATES	January 18 – February 15
TIME	5:30 – 6:30pm
LOCATION	Westridge Elementary School
AGES	3 – 5
FEE	\$60
COURSE ID	100

Sports Development

The Start Smart Sports Development Program is a developmentally appropriate introductory sports program for children 3-5 years old. The program prepares children for organized sports, in a fun non-threatening environment.

The Start Smart Sports Development Program prepares children and their parents for organized sports without the threat of competition or the fear of getting hurt. Age appropriate equipment from Franklin Sports® and Hasbro® is used in teaching throwing, catching, batting and kicking.

DAYS	Tuesdays
DATES	March 21 – April 18
TIME	5:30 – 6:30pm
LOCATION	Westridge Elementary School
AGES	3 – 5
FEE	\$65
COURSE ID	101

WEATHER
CANCELLATION
HOTLINE:
222-3500



WDM YOUTH SPORTS ORGANIZATIONS

Youth sports in West Des Moines are coordinated by a variety of organizations. These groups are not organized by the City of West Des Moines Parks and Recreation Department; however some of them may utilize city facilities. For a comprehensive listing of a variety of youth sports information and links to websites, visit:

www.wdm.iowa.gov/youthsports.

The youth sports organizations listed below will begin registration for summer 2017 activities soon. Contact each organization directly for complete information to get your child registered.

WDM Soccer Club

P.O. Box 65815 | West Des Moines, IA 50265 | 515-222-0079
Email: wmdadmin@wmdsoccerclub.org | Website: www.wmdsoccerclub.org

WDM Girls Softball

P.O. Box 65602 | West Des Moines, IA 50265
Email: wdmsoftball@gmail.com | Website: www.wdmsoftball.org

WDM Youth Baseball

890 SE Olson Dr. | Waukee IA 50263 | 515-987-0806
Email: frontdesk@sportsplexwest.com | Website: www.oblofwdm.com



NEW!

Lee Cole's Magicamp

Magicamp is for anyone who likes to have fun. You'll spend two days learning from professional magician Lee Cole on how to entertain and amaze your friends, family and classmates. You'll learn tricks that can be done anywhere, at any time, and for the rest of your life. All magic materials are provided.

DAYS	Wednesday and Friday
DATES	December 28 and 30
TIME	9 – 11:45am
LOCATION	Valley Junction Activity Center
AGES	8 – 15
FEE	\$45
COURSE ID	94

DAYS	Tuesday and Thursday
DATES	March 14 and 16
TIME	9 – 11:45am
LOCATION	Valley Junction Activity Center
AGES	8 – 15
FEE	\$45
COURSE ID	95

Spring Break Archery

Looking for something fun to do during your spring break? How about spending some time at the Raccoon River Park Archery Facility? You will have the opportunity to practice your archery skills and possibly learn some new ones in this spring break day camp.

DAYS	Thursday and Friday
DATES	March 16 and 17
TIME	1 – 4pm
LOCATION	Raccoon River Park Nature Lodge
AGES	9 – 12
FEE	\$25
COURSE ID	166



Hunter Education

Anyone born after January 1, 1972 is required to complete a 12 hour Hunter Safety Course before they can obtain an Iowa hunting license. The two-day course includes instruction on safe handling of firearms and archery equipment, as well as information on hunter ethics, conservation management and hunting regulations.

DAY	DATE	TIME
Must attend both days		
Thursday	March 23	6 – 9pm
Saturday	March 25	8am – 5pm
(Please bring a sack lunch on Sat.)		
LOCATION	Raccoon River Park Nature Lodge	
AGES	12+	
FEE	Free	
TO REGISTER	iowadnr.gov/hunting/hunter-education (Class will be posted after Feb. 1)	



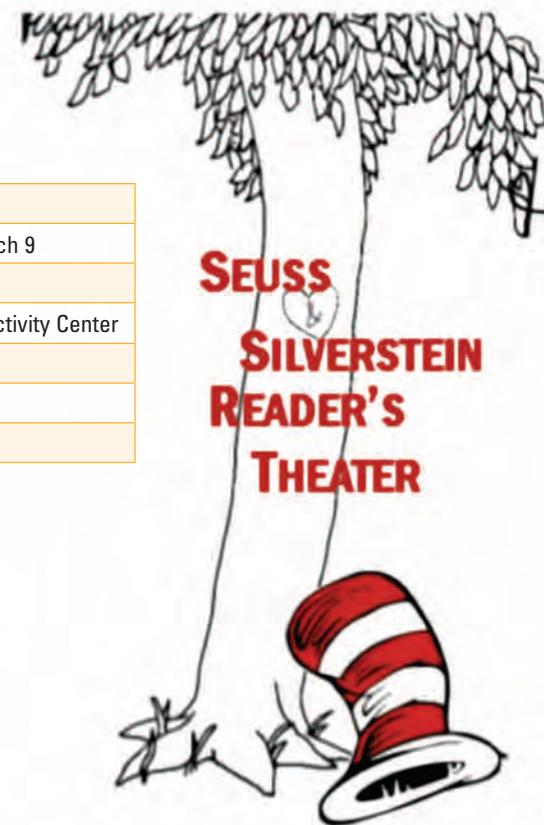
SEUSS & SILVERSTEIN READER'S THEATER

Oh, the fun will begin with the tales we will spin!

Our new program, Seuss & Silverstein Reader's Theater, will have your child reciting some of their favorite poems and stories written by Dr. Seuss and Shel Silverstein. Each week, we will come together to work on these four scripts: "A Giraffe and A Half", "Oh the Things You Could Think", "Oh the Places You'll Go", and "The Giving Tree". Each child will be guaranteed to be a reader in at least two of the scripts, and a short performance for family and friends will be held after our eight weeks of work.

Oh, please don't miss out. You'll have fun, no doubt!

DAYS	Thursdays
DATES	January 19 – March 9
TIME	5:30pm – 7pm
LOCATION	Valley Junction Activity Center
AGES	7 – 12
FEE	\$50
COURSE ID	93



At **Rounded Minds™** our mission is to make top-level extracurricular activities available, convenient and affordable, to parents who desire to raise well-rounded children and establish a strong foundation for their lifelong success.

Our unique programming focuses on building strong bodies and minds simultaneously along with the benefits of natural bilingual learning at an early age.

Every Rounded Minds™ class is designed and led by attentive experts committed to providing safe, energetic, creative and fun educational experiences.

Learn more at roundedminds.com



ROUNDED MINDS ART

Classes in our art program help children develop new artistic skills and craftsmanship while creating unique masterpieces using a wide range of quality materials. Our art instructors expose children to a variety of different artistic styles in classes designed to allow children to express themselves creatively while exercising fine motor, cognitive, language and listening skills.

DAYS	Thursdays
DATES	February 2 – 23
TIME	5:30 – 6:45pm
LOCATION	Valley Junction Activity Center
AGES	3 – 7
FEE	\$55
COURSE ID	180



ROUNDED MINDS MUSIC

Children laugh, dance and sing while developing skills and acquiring the love of music. Our music program is designed to enhance children’s development of music skills through song, dance, movement games and instruments. Music instructors expose children to an array of styles, and help children explore rhythm, melody, tonality and beat while nurturing key physical, social and intellectual skills. Students learn lots of new songs and even create their own music.

DAYS	Saturdays
DATES	January 14 – February 18
TIME	9:30 – 10:30am
LOCATION	Valley Junction Activity Center
AGES	3 – 6
FEE	\$65
COURSE ID	181



American Red Cross



Baby-Sitter Training

This course gives youth ages 11 to 15 years old the knowledge and confidence to care for infants and school-age children. Combining video, activities, hands-on skills training and discussion for a complete learning experience, Babysitter's Training teaches youth how to:

- Respond to emergencies and illnesses with first aid, rescue breathing and other appropriate care
- Make decisions under pressure
- Communicate with parents to learn household rules
- Recognize safety and hygiene issues
- Manage young children
- Feed, diaper and care for infants
- Start their babysitting business

ADVANCE REGISTRATION REQUIRED.

For class locations, dates, times, or to register, call

1-800-RED CROSS or visit
www.redcross.org/takeaclass



American Red Cross

Adult and Pediatric First Aid CPR/AED and Bloodborne Pathogens*

Training meets OSHA Guidelines for First Aid Programs and combines lecture, interactive video demonstrations and hands-on training to teach participants lifesaving skills.

- **First Aid:** Participants learn to recognize and care for a variety of first aid emergencies, such as burns, cuts and scrapes, sudden illnesses, head, neck and back injuries, and heat and cold emergencies.
- **CPR/AED Adult:** Participants learn how to perform CPR, use an AED, and care for breathing and cardiac emergencies in adults.
- **CPR/AED Child and Infant:** Participants learn how to prevent, recognize and respond to cardiac and breathing emergencies in infants and children under 12.
- **Bloodborne Pathogens:** This training course is designed for workers at risk for on-the-job exposure to blood or other body fluids that could cause infection.

*This full course meets requirements for childcare providers in the state of Iowa. You can also register for a smaller combination such as Adult CPR/AED by calling **1-800-REDCROSS** or visiting our website at **www.redcross.org/takeaclass** to see all of our scheduled class combinations.



CALL **222.3441** FOR MORE INFORMATION ON WATER SAFETY INSTRUCTOR COURSES AND LIFEGUARD TRAINING CLASSES.



Both Classes will be Blended Learning. Students will do most of the book work at home on a computer.



Lifeguard Training Course

PRE-REQUISITES FOR CLASS:

- Minimum age: 15 years
- Swim 300 yards continuously.
- Tread water for 2 minutes using only the legs.
- Complete a timed event within 1 minute, 40 seconds.
- Starting in the water, swim 20 yards.
- Surface dive to a depth of 7 to 10 feet to retrieve a 10-pound object.
- Return to the surface and swim 20 yards on the back to return to the starting point.
- Exit the water without using a ladder or steps.

DAYS	Mondays and Wednesdays
DATES	February 13 – March 8
TIME	6 – 10pm
LOCATION	Dowling Catholic High School 1400 Buffalo Road, WDM
AGES	15+
FEES	\$125 WDM Parks & Recreation + \$35 Red Cross Online Portion
COURSE ID	161
REGISTER BY	February 3

Water Safety Instructor

To train instructor candidates to teach water safety, including the Basic Water Rescue and Personal Water Safety courses, six levels of Learn-to-Swim, three levels of Preschool Aquatics and two levels of Parent and Child Aquatics Prerequisites. Fundamentals of Instructor Training certificate included. Must be at least 16 years of age.

DAYS	Tuesdays and Thursdays
DATES	February 14 – March 9
TIME	6 – 10pm
LOCATION	Dowling Catholic High School 1400 Buffalo Road, WDM
AGES	16+
FEE	\$125 WDM Parks & Recreation + \$35 Red Cross Online Portion
COURSE ID	162
REGISTER BY	February 10



Birthday Parties At The Nature Lodge

Birthdays are special, and we have some great ways to celebrate them! Choose from various themes and locations, and leave the planning details to us. Our parties include: set up, a reserved space for your event, a party host or hostess, a theme related activity, cake, ice cream, juice, paper goods, and most importantly... the clean up! All parties cost \$110 for the first 12 participants (including the birthday child) and are two hours in

length. An additional fee of \$10 per child will be charged for parties larger than 12, with a maximum of 15 participants allowed. PLEASE NOTE: All party participants must meet the minimum age required for each specific party. To schedule your special date, please call 222-3424.

Reservations must be made at least 2 weeks in advance.

THEME	AGE (of all party participants)
Frozen	4-7
Amazing Animals	4-7
Prehistoric Pals	4-7
Flower Power	5-7
Pajama Party	5-7
Star Wars	5-7

Party themes are effective November 1st.



BALLROOM DANCING

LEVEL I & II

Absolute Beginner and Beyond Ballroom

This class is for absolute beginners and for anyone who has some knowledge of various ballroom dances. It will be a great class for Level I review and for those who would like to add additional figures beyond that class. These courses teach: Foxtrot, Swing (East Coast), Waltz, Rumba, Tango and Cha Cha. We will teach 4-6 figures in each dance as we progress through the class. When you complete this course you should be comfortable going to wedding reception dances, cruises, or social dances at business functions and various venues around the Greater Des Moines Area.

LEVEL II AND LEVEL III

Beyond Beginner Ballroom

This ballroom class is for anyone who has completed Level 1 classes or has equivalent experience in dancing and training. If you know some of these dances well you may attend the associated classes. This course teaches 1 dance for 2 weeks before moving on to another dance. Class begins with a review and then new figures and technique will be added. This is not a single course and as many as 4 months will be required to cover all the various dances being taught at this level. PLEASE NOTE! This is a couple's only class.

LEVEL III AND LEVEL IV

Intermediate Ballroom

This ballroom class is for anyone who has completed Level 1 and Level 2 classes or has equivalent experience in dancing and training. If you know some of these dances well you may attend the associated classes. This course teaches 1 dance for 2 or 3 weeks before moving on to another dance. Jim and Suzi will review all the figures taught in previous Level 1/2 classes. They will then add figures and technique to each dance as we progress through the class. This is not a single course and as many as 6 months will be required to cover all the various dances being taught at this level. Dances not included in Level 1/2 class curriculum will be taught at a beginning level as we introduce new dances to the students. PLEASE NOTE! This is a couple's only class.



LEVEL I & II

# OF WEEKS	8			
LOCATION	Valley Junction Activity Center			
DATES	DAYS	TIMES	COURSE ID	FEE
January 8 – February 26	Sundays	12:30 – 1:30pm	134	\$70 per person
March 5 – April 30 (No class Easter April 16)	Sundays	12:30 – 1:30pm	135	\$70 per person
January 12 – March 2	Thursdays	6:45 – 7:45pm	136	\$70 per person
March 9 – April 27	Thursdays	6:45 – 7:45pm	137	\$70 per person

LEVEL II & III

DAYS	LOCATION	# OF WEEKS	
Mondays	Valley Junction Activity Center	8	
DATES	TIMES	COURSE ID	FEE
January 9 – February 27	6:45 – 7:45pm	138	\$140 per couple
March 6 – April 24	6:45 – 7:45pm	139	\$140 per couple

LEVEL III & IV

DAYS	LOCATION	# OF WEEKS	
Sundays	Valley Junction Activity Center	8	
DATES	TIMES	COURSE ID	FEE
January 8 – February 26	1:30 – 2:30pm	140	\$140 per couple
March 5 – April 30 (No class Easter April 16)	1:30 – 2:30pm	141	\$140 per couple



OPEN GYM

Volleyball Open Gym

Bring your friends for an exercise filled evening of recreational volleyball.

DAYS	Tuesdays
TIMES	DATES
6:30 – 10pm	November 15 – January 10 (Not held 12/27)
7:30 – 10pm	January 17 – February 28
LOCATION	Westridge Elementary 5500 EP True Pkwy., WDM
AGES	18+
FEE	\$2 WDM residents \$3 non-residents



Coed Badminton Open Gym

Drop in for pick-up badminton matches.

DAYS	Sundays
DATES	September 4 – June 25
TIME	2:30 – 5pm
LOCATION	Valley Southwoods School 625 S. 35th Street, WDM
FEE	\$2 WDM residents \$3 non-residents

Basketball Open Gym

Stop by the gym and shoot some baskets or play in a pick-up game of basketball.

DAYS	Mondays
DATES	November 14 – February 27 (Not held 12/26 and 1/2)
TIME	6:30 – 10pm
AGES	18+
LOCATION	Westridge Elementary 5500 EP True Pkwy., WDM
FEE	\$2 WDM residents \$3 non-residents

DAYS	Saturdays
DATES	December 3 – March 4 (Not held 12/24 and 12/31)
TIME	1:15 – 4:15pm
AGES	18+
LOCATION	Hillside Elementary 713 8th Street, WDM
FEE	\$2 WDM residents \$3 non-residents

ADULT SPORTS

“The Finals” Men’s Basketball Tournament

West Des Moines Parks and Recreation will again be hosting “The Finals” Men’s 5 on 5 basketball tournament. CASH PRIZES AND TROPHIES IN EACH DIVISION. Please call 222-3444 to have an entry form emailed or sent to you.

DAYS	Friday night – Sunday night
DATES	March 31 – April 2
DIVISIONS	High and Low Power
LOCATIONS	• Valley High School 3650 Woodland Ave., WDM • Valley Southwoods School 625 S. 35th Street, WDM
FEE	\$106 per team (tax included)
DEADLINE	Monday, March 20 by 4pm



ADULT SPORTS

Adult Mens and Coed Softball Leagues

The West Des Moines Parks and Recreation Department will begin accepting applications for our upcoming Adult Mens and Coed Softball Leagues starting in February. For registration information or to be placed on our emailing list, please contact the Parks & Recreation office at 222-3444. Information also will be posted at www.wdm.iowa.gov/AdultSports in February.

START DATE	Week of Sunday, April 16, 2017
DAY	LEAGUE
Sunday	Coed Recreation (Levels C – D)
Thursday	Coed Recreation
Thursday	Mens Recreation Doubleheader
Sunday	Mens Commercial 50+ League
TU & TH AM	Mens Recreation 60+ Drop-In
Monday	Mens Recreation Doubleheader
Tuesday	Mens Commercial Doubleheader C
Wednesday	Mens Commercial Doubleheader D
Wednesday	Coed Recreation Doubleheader
Wednesday	Mens Commercial 50+ “Draft” League
Wednesday	Mens Recreation Doubleheader
Thursday	Coed Commercial
Wednesday	Coed Recreation

Scoreboard Advertising Opportunity

Please contact Bruce at **222-3454** for details.



LOCATION	Raccoon River Softball Complex
AGES	Adults (18 & older and out of high school)
DEADLINE	Thursday, March 16, 2017

Adult Athletic League Team Acceptance Policy

A team admission priority policy was adopted by the WDM Recreation Department in 1992. **It applies to all adult athletic leagues.** The order of priority is as follows:

1st	Returning Teams: Teams who participated in the league the previous season of the current year. (If applicable)
2nd	Returning Teams: Teams who participated in the league the previous year.
3rd	Returning Teams: Teams may be placed in another division at the Department’s discretion to equalize competition.
4th	New Teams: Teams that did not participate in the league the previous season or year.
5th	Late Teams: Any team that does not meet the established deadlines set forth by the Department for applications, rosters and fees will be accepted at the Departments discretion.

If more teams apply than we have space for, priority will be given to teams with the highest percentage of players on their roster residing within the City of West Des Moines, in all cases.



Raccoon River Park Softball Complex Field Rental

If you need a facility to easily handle a very large (25-45 team) tournament or a small group just renting one field for an employee, family or friendly softball outing, West Des Moines Parks and Recreation welcomes and encourages community use of this facility when not in use by league play or previously scheduled tournaments.

Concessions will be opened for use for all rentals guaranteeing at least 12 teams. Field prep of mowing outfields, grooming and lining infields is included in all rental fees. Tax is also included in all rental fees. Deposit must accompany agreement to reserve dates.

AVAILABILITY	DATES	April 7 – October 29
	Friday nights	5 – 10:15pm
	Saturdays	8am – 10:15pm
	Sundays	8am – 4pm
	Weekdays	8am – 4pm

RENTAL FEES

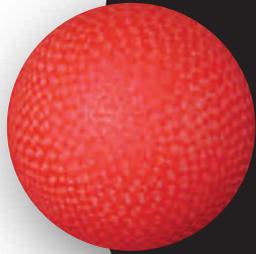
Damage/Cleaning Deposit	\$500 per weekend	
Score board Controller Deposit	\$10 per field, per day	
FIELD RENTAL FEES	NUMBER OF TEAMS	PRICE PER GAME
Adult Softball Tourney Rental	20+	\$5
Adult Softball Tourney Rental	Less than 20	\$10
Youth Tourney Rental		\$25
Fall Youth Tourney Rental (after September 1)		\$15
Hourly Rental	\$25 per field, per hour	
*Field Light Usage Fees (assessed only for actual use)	\$35 per hour, per field	
Field Equipment Rental Vehicle (Utility Vehicle and/or Field Groomer)	\$50 per day, per vehicle	
Temporary Fence Set Up/Tear Down	\$100 per field	
Merchandise Sales Commission	10% of gross sales	

* Fridays — FREE Light Fees with Saturday & Sunday Rental

Call 222-3454 or email Bruce.Mankle@wdm.iowa.gov for more information.

ADULT SPORTS

Stay active – join a league



ADULT COED KICKBALL LEAGUE SPRING SEASON

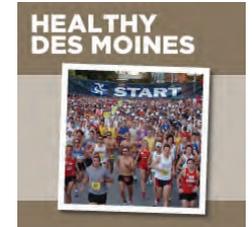
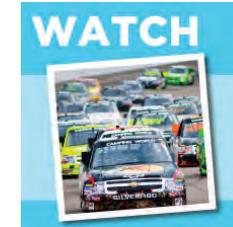
Coed Kickball league play this spring at Raccoon River Park Softball Complex. Various leagues will be offered and will start the week of April 24. Call the Parks & Recreation office at 222-3453 for registration information.

INDIVIDUAL SOFTBALL, VOLLEYBALL, KICKBALL, BASKETBALL OR FLAG FOOTBALL PLAYERS

Love softball, volleyball, kickball, basketball or flag football but just moved to town or don't have a team to play on? Anyone interested in playing in any of our leagues can call **222-3454** or e-mail **bruce.mankle@wdm.iowa.gov** and be placed on an individuals list. We will list your name, phone number and which league you would prefer to play in. This list will then be distributed to all team managers in our leagues and on our website. We can't guarantee you will be placed on a team, but past response has been positive.



Catch Des Moines active. Outdoor exploration. Biking trails and water slides. Experience edge-of-your-seat sports action. The thrill of crossing the finish line. The excitement of cheering in the stands. The connection with nature. Choose your journey. Watch. Do. Engage with health and wellness. It's all here in Greater Des Moines!



catchdesmoinesactive.com

Adult Craft Craze!

Are you looking to get out of house and get those creative juices flowing? If so, you may want to sign up for an adult craft craze class. During each class you will leave with a finished or nearly finished item great for decorating or for gifts!

DATE	CRAFT	COURSE ID
December 8	Snowflake Hanging You'll never get tired of having this little snowflake around! Made from painted window screen, this little flake can be an ornament or be hung as a seasonal wall hanging.	225
February 9	Chocolate Bouquet You will make a beautiful bouquet or flower arrangement out of delicious chocolate candies. Great gift for husbands, friends or grandchildren to share the love this Valentine's Day!	167
March 2	Watercolor Flower Art Create a beautiful piece of art for a wall hanging, greeting card or for a friend. Back by popular demand, we are having another watercolor class where we will be making an inspirational dandelion picture. Sure to fill up fast so sign up soon!	168
DAY	Thursday	
TIME	9:30 – 11am (Coffee will be served)	
LOCATION	Raccoon River Park Nature Lodge	
FEE	\$7 per class	



REGISTRATION STARTS: November 8

DAY TRIPS

"Making God Laugh" at the Old Creamery Theatre

This brand new comedy follows one typical American family over the course of thirty years' worth of holidays. Starting in 1980, Ruthie and Bill's grown children — a priest, an aspiring actress, and a former football star — all return home, where we learn of their plans and dreams as they embark on their adult lives. As time passes, the family discovers that, despite what we may have in mind, we often arrive at unexpected destinations. Rated PG. Lunch is included at the Ox Yoke Inn, with free time for shopping. Enjoy the day out with us at the Amana Colonies!



DATE	April 26
DAY	Wednesday
TIME	8am – 7pm
LOCATION	Amana, IA
FEE	\$69
REGISTER BY	April 12
COURSE ID	232

Spring Mystery Trip



Jump on board the mystery bus for an adventurous day full of surprises! You should come prepared for both indoor and outdoor activities since our destination will not be revealed. Please be sure to dress casual and comfortable. This trip will include your lunch and any admissions to destinations we may visit.

DATE	May 18
DAY	Thursday
TIME	7am – 6pm
FEE	\$74
REGISTER BY	April 25
COURSE ID	233

DAY TRIP INFORMATION

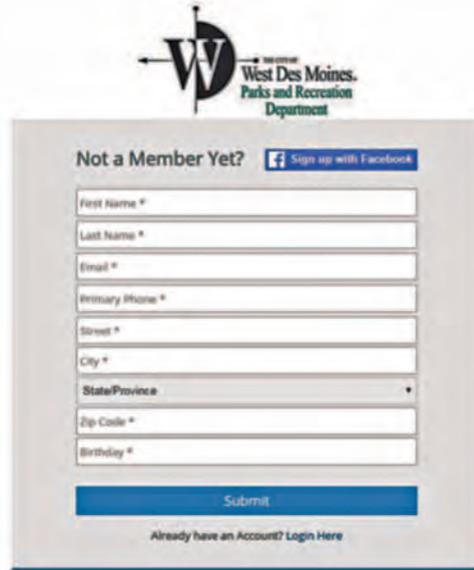
These trips generally fill quickly, so please register early. The date listed is a registration cut-off date and not a guarantee that seats will be available until the date listed. Space is limited to 52 people. All day trips are open to people 55 years old and over. All trips depart from the southeast corner of the Valley West Mall parking lot.

West Des Moines Parks & Recreation Department is proud to announce our new registration software! We have been working hard behind the scenes for many months to ensure the new software is a success. Here are the steps to register for the programs and courses in this program guide.

1. CREATE YOUR OWN ACCOUNT

– You can create your own account with this new registration system. Even if you have registered for programs through WDM Parks & Recreation Department before, you will still need to create a new account. Go to www.wdm.iowa.gov/ParkRecReg on any web-enabled device. Enter the required information, and your account has been created! From there, you have the option to add family members and fill in further details in your account profile. As a bonus, you can also create an account and log in using Facebook.

We will still be more than happy to set up an account for you if you don't feel comfortable doing so yourself. Just visit our Administrative Office in WDM City Hall or call us at 515-222-3444.



2. VIEW CURRENT AND UPCOMING ACTIVITIES

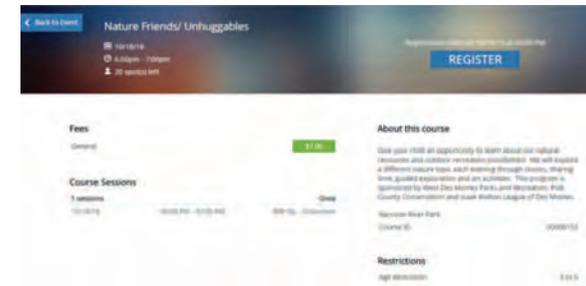
– Now that you have an account in the new system, it's time to start browsing activities. Simply select an activity category (Adult Programs, Aquatic Programs, Family Programs, Senior Citizen Programs, or Youth Programs). You will then be able to narrow your search by seeing the different types of programs being offered. Based on your selections, your screen will look something like this.



Clicking the "Show courses" arrow will display the courses offered for that specific type of activity. When the small information icon is scrolled over, the course description will appear. Further details for the program can be viewed by clicking on the small downward-pointing arrow in the course detail box.

3. REGISTER FOR ACTIVITIES

– Once you have decided to register for a course, simply click on the blue REGISTER button. (Remember that you will not be able to register for the courses in this Program Guide until 8am on Tuesday, November 8, 2016.) After doing so, you will see a screen similar to this.



This screen includes all of the final details for you to view before you commit to registering with payment.

4. FINALIZE YOUR REGISTRATION WITH PAYMENT

– Once you click the large REGISTER button from the previous screen, you will be taken to the payment page. You will first be asked which family member you would like enroll in the course. After selecting the family member(s), you can choose to pay or add more activity registrations. Once you have selected all of the activities you would like to register for, a credit card can be used for payment. If you choose to register in person at the Parks and Recreation Department's Administrative Office, cash and check are also acceptable means of payment.

Although there may be glitches encountered, we believe that you will find this new registration system more efficient and customer-centric. As always, please call us at 515-222-3444 with any questions or concerns. Thank you in advance for your patience in this transition!



4 WAYS TO REGISTER



Scan & Register with your mobile device.

- **Online:**
www.wdm.iowa.gov/ParkRecReg
- **Mail-In:**
P.O. Box 65320, WDM, IA 50265
- **Call-In:**
222-3444
- **Fax-In:**
222-3459

POLICIES

REFUND POLICY

Refunds will be gladly given for any reason as long as your request for a refund is submitted before the registration deadline date. Any time after that date, refunds will only be issued with a written medical excuse. *This policy does not apply to travel programs & adult sports leagues.*

CANCELLATION POLICY

We reserve the right to cancel a program or activity that does not meet the minimum number of participants necessary to offer the program.

REGISTRATION CHANGE FEE

A fee of \$5 will be charged for each Registration Change made after participants are enrolled in a program.

RECREATION PROGRAM ASSISTANCE

Fee discounts are available for WDM residents meeting guidelines for assistance. Applications will be available at **WDM Human Services, 139 6th Street.**

ACCOMMODATIONS

It is the responsibility of the individual with a disability requiring accommodations to inform the Parks and Recreation Department, at least 48 hours in advance. Please call **222-3444** to have accommodations provided.



WDM Parks and Recreation *registration form*

First Name(s) (Parent or Guardian)

Last Name

Address

City, State, Zip

Home Phone

Alternate Phone Number

Visa, Mastercard, or Discover (Circle one)

e-mail Address

Card number

exp. date

\$5 / change fee for program changes made after your registration has been processed.

WDM Parks And Recreation Waiver And Release

In consideration of my own or my child's participation in the Parks and Recreation (hereinafter referred to as "P&R") program or activity through the City of West Des Moines, Iowa (hereinafter referred to as "City"), we hereby release the City, its officials, employees, representatives, and agents from any and all accidents, injuries, damages, or losses received by my child or by myself through the P&R program that have not been caused by negligence attributable to the City. I also agree and acknowledge that the City is not responsible for any intentional or reckless actions of the City's officials, employees, representatives, and agents since those actions are the sole conduct of the responsible individual(s). I further agree and acknowledge that this release of liability is full, complete, and comprehensive, and it covers all accidents, injuries, damages, or losses, known or unknown, and any and all costs related thereto arising out of or otherwise related to my child's participation or my own participation in programs or activities, and that this release is binding upon our heirs, successors, and assigns.

We certify that my child and/or myself has received a proper physical examination within the past year and that we are physically able to participate in all P&R activities. We understand that it is our obligation to timely inform P&R of any restrictions or limitations regarding our physical abilities. We also understand that it is our obligation to follow all regulations and rules set forth by P&R in the performance of the activities. We hereby release, indemnify, and hold harmless the City, its officials, employees, representatives, and agents from any and all claims, settlements, and judgments, including all reasonable investigative fees, attorney's fees, and court costs for any injury, damage, or loss, which is due to or arises in whole or in part due to negligent, reckless, or intentional actions taken by my child or by myself.

Participant Name	Birthdate	Activity	COURSE ID	Fee

Please make checks payable to the City of West Des Moines

MAIL to: WDM Parks and Recreation • P.O. Box 65320 • West Des Moines, IA 50265

DROP OFF this form with your payment at the Parks and Recreation Administration Office
4200 Mills Civic Parkway • West Des Moines, IA 50265



Scan with your mobile device to see our website

PRSR, STD
U.S. POSTAGE
PAID
Des Moines, IA
Permit No. 4839
ECRWSS



PerfectMind Registration Software

The West Des Moines Parks and Recreation Department is launching a new registration and facility rental software program. PerfectMind registration software has features and functions that are customer-centric, cloud-based and at the forefront of software trends.

Users will notice changes in this issue. Please go to **pages 40 – 41** for detailed information or contact us at **222.3444**.



Perfect**Mind**