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AN INNOVATIVE LINK TO NEWS AND ACTIVITIES FOR THE CITY OF WEST DES MOINES

WDM magazine

Issue 37 | Fall 2015



10

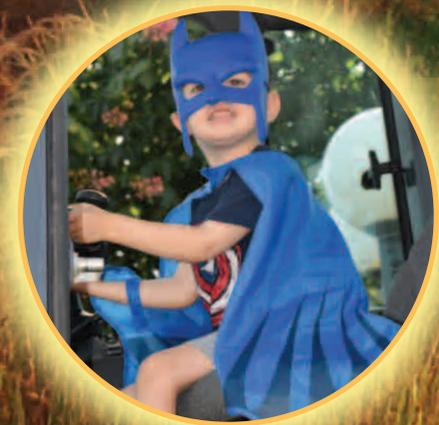
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WDM Parks & Recreation



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WELCOME to the WDM Magazine... The City of West Des Moines' premier communication sent to over 31,000 homes and businesses throughout the City.

The WDM Magazine is published 3 times per year to highlight city news and information as well as community events and programming available through WDM Parks and Recreation, the WDM Library, and WDM Human Services.



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THE MAYOR'S COLUMN

As your mayor, I work with the City Council to host an annual retreat with senior management to discuss our goals for the next five years. It's an important gathering because it helps ensure we have a clear vision for our community.

Thoughtful planning has allowed West Des Moines to see amazing results. We have received dozens of national awards over the years, and it is no small achievement that we are the only city in Iowa with a top financial rating (AAA) from Moody's and Standard & Poor's. We're also the only city in Iowa to have our own Human Services Department that provides assistance through grants and donations for seniors, people with disabilities and low-income citizens. This speaks well of our longstanding commitment to serving the entire community of West Des Moines.

Although new construction valuations are at near record levels and our quality of life and amenities have never been better, it's important that we stay ahead of the curve to ensure our continued success. One of the ways we can do this is to look down the road at what may be happening 20, 30 or 40 years from now.

To help us think about our future, we're working with author and futurist Rebecca Ryan. If you've ever read one of her books or heard her speak, you know she's a dynamic individual who challenges the status quo. She's also a graduate of Drake University, so she's familiar with the Des Moines area.

Ryan believes America is seasonal, and our country experiences cyclical periods of spring, summer, fall and winter about every 80 to 100 years.

Our most recent spring occurred after WWII, from 1946 - 1964, when our economy was booming and the middle class was exploding. Then summer came from 1965 - 1980, and a cultural revolution was launched with the civil rights movement and the rise of feminism.

Fall arrived next from 1981 - 2000, and this ushered in an era of anxiety as divorce rates increased, the Savings and Loan Crisis dominated the news, and the space shuttle Challenger exploded. Winter happened suddenly on Sept. 11, 2001, and the events of that day sparked a domino effect of bad news that included the near collapse of the financial system, high unemployment and record home foreclosures.

Ryan believes America is still experiencing winter, and as a result, many cities are hibernating. She states that smart communities resist the urge to pull inward and stop investing in their future. Winter is the time to reassess and regenerate, she says, because America has always emerged as a stronger nation and that is winter's promise.

To help us prepare for the coming spring, Ryan and her team at Next Generation Consulting are leading a strategic foresight process for West Des Moines. This is the first project of its kind in the Des Moines Metro area. It began last April with the formation of a Delphi panel of thought leaders (CEOs from our business community, elected officials and City staff) who answered questions and shared their thoughts about our future.

Once the results of the questionnaires are compiled, participants will be invited to attend our first Strategic Foresight workshop. Through a structured discussion, we hope to arrive at a consensus about our likely future and how we can work together now to make it happen.

As we look down the road, it's important for us to view West Des Moines as the next generation sees it. We know from research that millennials want to live in a healthy community they can afford that matches their values and offers things to do after hours. They also want parks, trails and recreational areas, and access to transportation since owning a car isn't a priority for them.

All these generational preferences have an impact on our ability to recruit and keep talent in our community. As Ryan has often stated, "today's leaders have a responsibility to set the table for the next generation." I look forward to sharing the results of our efforts with you as we move forward.

Mayor Steven K. Gaer

SPONSORSHIP INDEX



To become a sponsor, please contact the City Manager's Office at 222-3610.



WEST DES MOINES CITY HALL

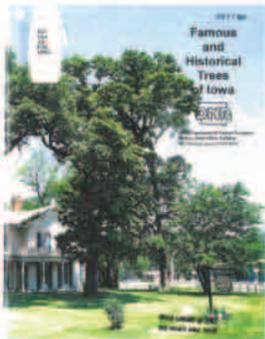
4200 Mills Civic Parkway | West Des Moines, Iowa 50265 | (515) 222-3600



"MIGHTY OAKS FROM LITTLE ACORNS GROW"



On Arbor Day, April 24, 2015, members of the West Des Moines Parks & Recreation Advisory Board and West Des Moines Historical Society along with City staff planted a native Bur Oak tree on the front lawn of the Jordan House (2001 Fuller Road). The tree, grown from an acorn that was locally collected in Central Iowa, was planted in commemoration of Arbor Day and James Cunningham Jordan. When arriving as the first settlers to the area in 1846, Jordan and his family set up camp under a grove of Bur Oak trees along what is now Fuller Road. The new tree will carry on the important legacy of oak trees on the Jordan House site.



Did you know that the Jordan House oak trees are on the cover of this Iowa Department of Natural Resources publication? For more information about Iowa's Famous and Historical Trees, visit www.publications.iowa.gov/11341/

The West Des Moines Historical Society

The West Des Moines Historical Society is a privately funded nonprofit institution that relies on the generosity of its friends and supporters. Help preserve the legacy of West Des Moines' history through membership. Become a member today by visiting the Society's website at www.wdmhs.org.



Visit us on the web at www.wdm.iowa.gov



CITY CAMPUS POND WATERSHED IMPROVEMENT

The City kicked off the City Campus Pond Watershed Improvement project over the summer with the goals of demonstrating ways to reduce runoff and water pollution, improving the pond's water quality, and ultimately creating a great place for urban fishing. The project is being funded by a \$33,000 grant from the Iowa Department of Agriculture & Land Stewardship Water Quality Initiative program along with City funds. First phases include:

Native Plantings – About 11 acres of City property on the slope to the southeast of the pond were planted in native species found in Central Iowa prairies. The seed mix used is diverse with grasses and a large variety of showy native flowers. Native plantings such as this require patience as these species can take 3 to 4 years to become established...thanks for hanging in there with us during this establishment period!

Benefits: *improved soil, increased infiltration of rainwater, decreased runoff into the pond, increased plant diversity, improved wildlife habitat, less frequent mowing, lower fertilizer and herbicide use, enhanced educational opportunities*



Visit us on the web at www.wdm.iowa.gov

Soil Quality Restoration – The soil around the City facilities on the City Campus is highly compacted with a high clay content. This leads to water running off turfgrass areas directly into the pond. This fall the site will be aerated using a deep-tined aerator with gypsum and compost applied over it.

Benefits: *improved water infiltration, decreased runoff into pond, better turf quality*

For more information on the City Campus Pond Watershed Improvement project, call West Des Moines Parks & Recreation at 222-3447.

Watershed? What is a watershed?

watershed – noun
:a time when an important change happens :a region of land within which water flows down into a specified body, such as a river, lake, sea, or ocean

In the City Campus Pond watershed, the water all flows into the pond located next to City Hall and the Library. That means every drop of water that doesn't soak into the ground and runs off ends up in one place – the pond – where it eventually makes its way into other drainage systems each with their own watersheds.

Stay Cool, Keep Hydrated Even After the Dog Days of August

When this publication arrives on your door step in August, it will be hot—the dog days of summer. Chances are you will be outside and active, engaged in any number of summer activities—gardening, running, biking, sporting events, picnics, swimming and more.

All this activity and the sometimes triple-digit heat of late summer in Iowa can really take it out of you—the water, that is. It leaves your body through perspiration, evacuation and respiration, and if you're not paying attention to your thirst, you can suffer dehydration. Even in mild temperatures, the typical adult needs to replenish nine to 13 cups of water per day depending on ...

“Everyone knows they need to drink water, but the science on just how much water people need isn't that precise because so many factors feed into the equation,” notes Diana Wilson, general manager of West Des Moines Water Works. “Climate, temperature, activity level, gender and season all play a role. You may feel thirstier in hot weather, but that doesn't mean you need less water in the fall or winter. Again, it depends.”

The 8 by 8 Rule

As medical professionals and scientists learn more about hydration in the 21st century, the adage that you should drink eight, 8-ounce glasses of water a day is quickly becoming an old wives' tale rather than hard and fast advice. Memorable as

the phrase is, realistically for most adults, 8 by 8 might not be enough to prevent dehydration. In its analysis of dietary intakes, the Institute of Medicine of the National Academies (IOM) approximates that an adequate intake of water for an average adult female is at least nine 8-ounce cups and 13 cups for an adult male.

While “water” can include beverages other than alcohol, plain water from the tap remains the most efficient and cost-effective way to quench your thirst.

“Bottled water marketing obfuscates the benefits of tap water,” Wilson notes. “The distributors and marketers have done an outstanding job of making their product seem like a safer, healthier alternative. Neither the facts nor the science back up that perception.”

The treated drinking water from your faucet undergoes a plethora of tests to ensure that it meets federal and state standards for safety and quality. Bottled water, on the other hand, is not subject to the Safe Drinking Water Act and other rules and regulations from the Environmental Protection Agency.

“Bottled water is regulated by the Food & Drug Administration, so it isn't subject to all of the stringent rules, regulations and testing required by the EPA,” Wilson adds. “One of the most ironic aspects of bottled water is that about 45 percent of what consumers buy is actually tap water.” That's right. Aquafina and Dasani



“We believe it's best for consumers to make informed decisions about the water they buy and drink. Go ahead and buy Fiji or Aquafina, but understand what it is and what it isn't,” she adds.

Spring water, for example, comes from underground aquifers and is often accessed by wells. Also described as artesian or groundwater, spring water may or may not be treated before it is bottled. As a comparison, West Des Moines drinking water comes from a combination of three deep wells and 22 shallow wells. To learn more about your West Des Moines drinking water, check out our water quality report on the website.

BYOB to the WDMWW Filling Station

In addition to the monetary costs, bottled water leaves behind a massive environmental footprint with the Container Recycling Institute estimating that nearly two out of three water bottles end up in landfills or as litter.

are bottled tap water, and both have significant production operations in drought-ridden California, according to a recent article in Mother Jones.

West Des Moines Water Works delivers safe, high-quality drinking water for a fraction of the cost of bottled water. While a liter bottle of Aquafina retails for more than \$2, a one-liter of West Des Moines tap water costs less than a penny.

“Bottled water wholesale sales are well into 11 digits in the U.S. As a matter of convenience, bottled water is prevalent—you can find it in most grocery stores, gas stations, vending machines and other retail outlets. At the same time, most people have multiple faucets in their homes dispensing safe, healthy and tested water,” Wilson says.

One way to contain water bottle waste is to fill your own bottle or cup. This year, West Moines Water Works introduced “The Filling Station,” four portable water stations available for special events.

“BYOB, bring your own bottle and fill it as many times as you want,” Wilson explains. “The filling stations are a way to serve our community and help reduce waste. We hope to put the stations into use even more in the future.”

For more information, contact WDMWW at 222-3510 or visit the website at www.wdmww.com.

 **West Des Moines Water Works**
Delivering reliably safe and refreshing water.

reduce. reuse. refresh!

2015 CONSTRUCTION

The City of West Des Moines has undertaken several major construction projects.

Grand Avenue Improvements Phase 5 & 6

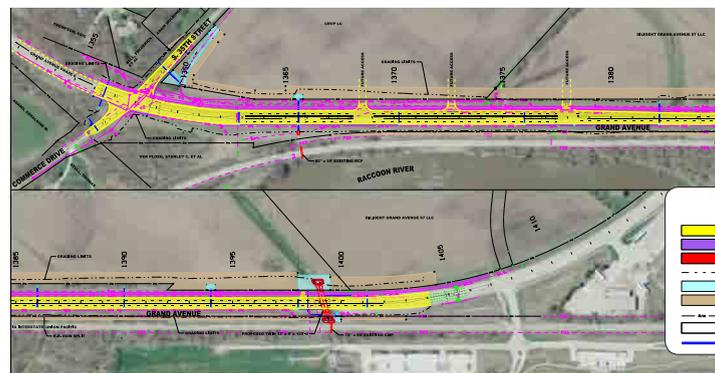
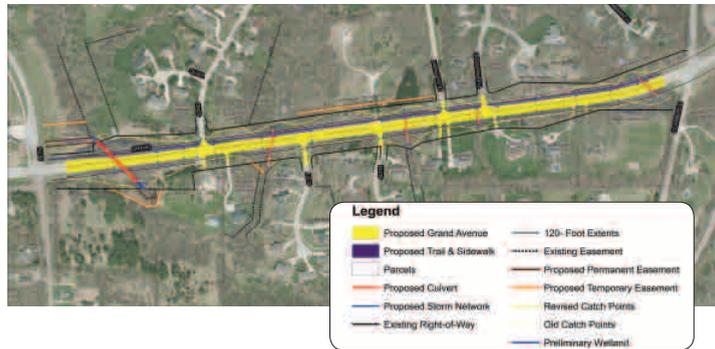
Grand Avenue between S. 50th Street and Raccoon River Regional Park closed to through traffic for reconstruction late this spring. This work includes two projects and will complete a multi-year expansion of Grand Avenue. When complete, Grand Avenue will have two lanes in each direction from I-35 to Iowa Highway 28.

Grand Avenue is classified by the City as a Major Arterial roadway. The previous two lane rural cross section roadway was constructed between 1936 and 1955. The finished roadway will be an urban pavement section with curb and

gutters similar in appearance to the section from Raccoon River Park to Railroad Avenue. The new pavement will vary in width between 49 feet (4 lanes) to 61 feet (5-lanes) where left turn lanes are present. The 5-lane section begins east of South 50th Street and continues east approximately 2,000 feet east of South 35th Street where it transitions to a 4-lane section until just west of the Raccoon River Regional Park entrance.

The project is broken into two distinct sections. Phase 5 extends from the Raccoon River Regional Park entrance to South 35th Street. This section of roadway was designed

by Foth Infrastructure & Environment, LLC. Phase 6 extends from South 35th Street to South 50th Street, and this section of roadway was designed by HR Green Company. The project also includes storm sewer, box culverts, water main adjustments, grading, and other related miscellaneous work required to construct an urban street. The shoulders behind the curbs will generally be filled and graded to accommodate a sidewalk and a multi-purpose trail.



The total project cost is estimated to be \$7.4 million for Phase 5 and \$5.8 million for Phase 6. The projects are partially financed by Federal Aid through the Surface Transportation Program. The remainder will come from general City revenues.

It is anticipated Grand Avenue will reopen to through traffic before winter. Initially, the Phase 5 segment will reopen as a two-lane facility. Due to the potential for embankment settlement, the remaining lanes will be paved in spring 2016. Grand Avenue will briefly close to complete paving operations during that time.

interchange and increase the efficiency of the regional transportation system. The corridor will serve as a catalyst for regional economic growth by providing new development options for businesses wishing to expand or relocate to Iowa.

The Grand Prairie Parkway bridge over I-80 opened in 2010 and construction of the interchange began in late 2014. During 2015 construction has included removal of the rest areas and grading and paving of the interchange ramps and new Grand Prairie Parkway. The interchange is planned to open in 2015 with construction complete in early 2016. Subsequent projects will connect Grand Prairie Parkway to Mills Civic Parkway, Grand Avenue, Raccoon River Drive and a planned bridge crossing of Raccoon River.

Sanitary Sewer Extensions

Multiple sanitary sewer extensions are also currently under construction. New trunk sewers on the west side of the City in the Fox Creek and Sugar Creek areas will provide service to currently undeveloped land opening new areas for growth. Approximately 3 miles of sewer ranging in size from 12-inches to 30-inches will be installed. These projects will be funded by the new development through a connection fee district. Construction of Fox Creek Trunk Sewer Phase 1 is scheduled for completion before winter. Future phases will extend the trunk sewer to Waukee with construction timing based on demand.



Grand Prairie Parkway

Grand Prairie Parkway is a regional project cooperatively planned by the cities of Waukee and West Des Moines. When complete, Grand Prairie Parkway will extend from University Avenue to Mills Civic Parkway in West Des Moines with an interchange at I-80. The construction of Grand Prairie Parkway will reduce traffic congestion on Hickman Road, University Avenue, the Hickman I-35/80 interchange, and the Jordan Creek Parkway I-80

The Frink Creek Sanitary Sewer project is located on the south side of the City along Veterans Parkway and S. 1st Street. This project includes installation of over 1 mile of gravity sewer, a new lift station, and 3600 feet of force main. Construction began in May and is anticipated to be substantially complete in December 2015. The project cost is approximately \$1.5 million to be paid through a sanitary sewer connection fee district.

The City's elected officials and staff would like to thank everyone affected by this work for their cooperation in completion of these important projects.

The City of West Des Moines Receives Prestigious Award



New Traffic Technology

Smart traffic signals controlled by the traffic! West Des Moines has 62 busy intersections controlled by adaptive traffic signal control systems that automatically adjust (or adapt) the signal based on changes in the traffic flow.

Currently there are real-time adaptive traffic signal control systems located at 9 intersections on Valley West Drive, 2 intersections on 1st Street, 15 intersections on Jordan Creek Parkway, 13 intersections on Mills Civic Parkway, 5 intersections on 22nd Street, and 18 intersections along the University Avenue corridor.

Not only does this new technology greatly improve the movement of traffic in West Des Moines, but it provides a significant savings in fuel, time and stops for motorists.

Recipient of the 2015 Best of ITS Heartland Project Award

The City of West Des Moines received this prestigious award as a result of our Adaptive Traffic Signal System.

ITS Heartland includes the five-state area of Iowa, Nebraska, Kansas, Missouri and Oklahoma.

Traffic Engineer Jim Dickinson, who has spearheaded this endeavor and obtained grants to help fund the projects, accepted the award for the City.



Construction Update



A busy summer of City infrastructure projects will soon be coming to a close. Completion of construction projects is always dependent on weather, along with other issues; however, the most current information is available on the City website. Visit www.wdm.iowa.gov and type in "construction update" in the search box.

*A huge **THANK YOU** to our motorists and the residents of West Des Moines who have been patient in enduring interruptions to traffic flow through the 2015 construction season!*

WHAT'S THIS? A SHARROW



A **SHARROW** or shared lane marking is a marking on the street that helps position bicyclists within the travel lane. It also is used in combination with BIKE ROUTE signs to alert motorists of bicycle traffic. Sharrows can now be found on 39th Street, Fuller Road, Prairie View Drive, Vista Drive, Woodland Avenue, Western Hills Drive, Giles Street, and Vine Street. Look for more coming soon!

SHARROW FACT: You may notice that some sharrows are positioned further away from the curb than others. This happens on streets where parking is allowed. This keeps the sharrows from being covered up by the parked cars and guides bicyclists away from the parked cars.

SCRAP APPLIANCE AND METAL DROP-OFF

Saturday, September 12 • 8 AM to Noon

The City of West Des Moines is offering residents additional opportunities to recycle unwanted items!

Residents may bring scrap appliances and metal to the West Des Moines Public Works facility located at 560 S. 16th Street on Saturday, September 12, from 8:00 a.m. to 12:00 (noon).

These Items will be accepted FREE along with general scrap metal

- | | | | |
|------------------------------|---------------------------|---------------------------------|-------------------------|
| Air Conditioners | Copiers | Humidifiers/
Dehumidifiers | Refrigerators |
| Batteries - Lead | Dishwashers | Metal Bathtubs | Rooftop Units |
| Acid Batteries | Drills | Metal Bed | Saws |
| Bikes /Trikes | Dryers | Frames | Snow Blowers |
| Blenders/Mixers/
Toasters | DVD Players | Metal Cabinets | Speakers |
| Blu-Ray Players | Exercise
Equipment | Metal Furniture | Stereo Systems |
| Calculators | Fans | Metal Sinks | Stoves |
| Camcorders | Fax Machines | Microwaves | Trash
Compactors |
| Cameras | Freezers | Mowers - Riding | Vacuums |
| Cellphones | Furnaces | Mowers -
Walk Behind | VCRs |
| Chiller Units | Garage Doors
& Openers | Phones | Video Gaming
Systems |
| Computer
Servers | Garbage
& Disposals | Pool Heaters | Washers |
| Computer
Towers | Garden Tillers | Pool Ladders | Water Heater |
| Condenser
Units | Grills (no tanks) | Pots/Pans/
Electric Skillets | Weed Eaters |
| | Heat Pumps | Printers | |

These Items will NOT be accepted

- Anything with food in it
- Garbage
- Chemicals
- Paint
- Light Bulbs
- Wood
- Plastics

H & M Recycling is partnering with the City of West Des Moines in this collection event and will provide personnel to assist with unloading. If you have any questions, please call the Public Works Department at 222-3480 or H & M Recycling at 641-227-3200.

Tube-Type Televisions and Computer Monitors will be accepted FOR A FEE (Flat Screens are No Charge)

- \$15 - TVs regular sized
- \$30 - Console TVs
- \$30 - Big Screen TVs
- \$15 - Computer Monitor

Residents participating in City-provided solid waste collection may dispose of TVs and monitors of any type by putting them at the curb by 6 a.m. on their normal collection day with the appropriate sticker(s). For more information, visit the City website at www.wdm.iowa.gov or Metro Waste Authority at www.mwatoday.com for recycling opportunities.

SCRAP APPLIANCE AND METAL DROP-OFF CONTINUED

**Saturday, September 12
8 AM to Noon**

Secure Paper Shredding

has been added as a service to West Des Moines residents at this Saturday Scrap Appliance & Metal drop-off event. Residents are encouraged to come early with their old documents and watch a shredding truck destroy your paperwork under your watchful eye!

No need to remove paper clips, staples, rubber bands, binder clips, hanging file folders, manila file folders, or metal clips. No 3-ring binders or plastic.

Come early because when the trucks are full, the service is over! The next event sponsored by the City will be in April 2016.

HELP PROTECT OUR STORM SEWER SYSTEM



Putting leaves, grass, or other debris in the street will clog the storm sewer and increase the likelihood of flooding. That's why it's against City Code - it's all about **protecting you, our residents.**

PLEASE:

- Bag or mulch your yard waste, and help keep our storm sewers clean and unobstructed.
- Limit lawn chemicals, pick up pet waste, and help keep our water sources clean.

Thank you!

Quick and Easy Way to Contact Your WDM City Government! - YourGOV



At your fingertips 24/7, citizens can report non-emergency issues and service requests using:

- **The web** - Visit <http://yourgov.wdm-ia.com> to start using the YourGOV web-based request portal.
- **Apple iPhone™** - download the free YourGOV iPhone app by visiting the iTunes App Store.
- **Android™ enabled smartphones** - download the free YourGOV app at Google Market or the Amazon App Store.

HEALTH, SAFETY AND ENVIRONMENT:

Why Proper Disposal of Household Hazardous Waste Matters

The average home can accumulate as much as 100 pounds of household hazardous waste (HHW) in the basement, garage and storage closets according to the Environmental Protection Agency. That's 100 pounds of household chemicals in YOUR home with labels that say: corrosive, toxic, flammable, or Keep Out of Reach of Children!

Items like cleaning products, batteries, lawn fertilizer, oil, varnish and even nail polish remover are all considered hazardous waste and do NOT belong in the regular trash. Because these materials contain hazardous ingredients, improper disposal poses significant health, safety and environmental risks.

Why Proper Disposal Matters

Pouring hazardous materials in the drain, flushing them down the toilet or throwing them in the trash has a negative impact on the environment, including the water supply. Yes, the water you and your family drink, bathe in and use for recreation. Many hazardous materials can go through waste water treatment facilities untouched because they don't break down in the process. These harmful chemicals are eventually released into rivers, lakes and streams.

There are also significant health and safety risks associated with improperly disposing of HHW. Dumping several products at a time down the drain could cause chemical reactions, releasing harmful gasses. Tossing hazardous waste in the garbage can pose a health risk to sanitation workers. Even your family and pets can be affected if materials leach out of the garbage cart or truck and are tracked in and around the home.



Where SHOULD Unused HHW Go?

There are several options for properly disposing of your unused household hazardous waste.

- 1. Metro Hazardous Waste Drop-Off** – A year-round hazardous waste drop-off facility located outside of Bondurant (half mile off of I-80 and Highway 65). It is open to residents for disposal of unused hazardous products free of charge up to 75 pounds.
- 2. West-Side Drop-Off Events** – Drive through a Hazardous Waste Drop-off Event located in the western suburbs to dispose of your hazardous materials at no charge. The Drop-Off Events are held annually in the spring and fall. Go to www.WhereItShouldGo.com/DropOffEvents for a schedule.
- 3. House-Side Service** – The City of West Des Moines partners with Metro Waste Authority to provide residents with a collection option at your front door. Sign up on an as-needed basis at West Des Moines Public Works, 560 S. 16th St. Collection is \$25 per use. Call 515.333.4434 with questions.

With proper disposal we can minimize the impact on the environment and protect the health and safety of our family and community.

For more information, call 515.244.0021 or visit www.WhereItShouldGo.com/wdm and select Household Hazardous Waste.

Visit us on the web at www.wdm.iowa.gov

ENJOY SAFE, COZY FIRES:

Fireplace Maintenance and Safety

Fireplaces and wood burning stoves can provide you with economical heat and a relaxing atmosphere during cold fall and winter days. However, when these heating devices are not properly maintained, they can be a source of danger and possible disaster resulting in a fire.

According to the National Fire Protection Agency, the leading factor contributing to home heating fires (28%) was failure to clean, principally creosote from solid-fueled heating equipment, primarily chimneys.

To understand what causes a chimney fire, you need to know that when wood is burned, it gives off creosote, tar, and resins. These products collect in the flue liner and, if allowed to build up, they will eventually ignite. Creosote ignites at 451° F (about the same burning point as paper) and can quickly become a raging 2100° F inferno.

Enjoying a warm, cozy fire requires a clean, safe fireplace. Here are some tips for keeping it that way:

- Before starting a fire in your woodstove or fireplace, be sure the draft is open wide for proper ventilation for your fire.
- Your fireplace should never be used for burning garbage, piles of paper, building scraps, or Christmas trees.
- Install a spark shield or wire basket on top of your chimney. The chimney should rise at least two feet higher than the roof peak or any tall, nearby objects.
- Check your flue regularly for any obstructions such as squirrel or bird nests, debris, etc.
- Don't pile on the wood and smother the fire because that causes creosote to build up in your stove and chimney. High flames burning hot will burn cleanly.



- Woodstoves should be at least 36" from unprotected combustible materials.
- Always use a fireplace screen or glass door.
- Keep the area around the hearth clear of debris, decorations, and flammable materials.
- Keep your fireplace and chimney in good condition. Check for cracks and loose mortar or bricks. Have any problems fixed before using your fireplace or stove.
- Never leave a fire in your fireplace unattended. Make sure the fire is extinguished before going to bed.
- Chimneys should be inspected and cleaned annually by a certified chimney specialist.
- Gasoline or other flammable liquids should never be used to start a wood fire. It could explode or flare up.
- Pressure treated wood should not be burned in fireplaces because it contains toxic chemicals that can make you sick.
- Artificial logs made out of wax and sawdust should never be used in wood stoves and should only be used one at a time in fireplaces.
- Only hardwoods should be used as fuel since softwoods have a high content of creosote and resin. Hardwood trees have leaves, and softwood trees have needles.

Make sure you are one of the homeowners who realizes the importance of regular fireplace maintenance.

Visit us on the web at www.wdm.iowa.gov

MULCHING AND COMPOSTING: An Alternative To Bagging Yard Waste

Are you purchasing bags, bagging the grass clippings, then lugging them to the curb to await yard waste collection? Ever think there must be another way? Well, right you are. In fact there are two alternatives. Mulching and backyard composting are less costly, great for your lawn and garden and kind to the environment.

Turn Grass Clippings Into Mulch

Return grass clippings to your lawn rather than bagging them. This can provide up to 25 percent of your lawn's fertilizer needs. Mowers should be set at a high cutting height, and blades must be sharp for optimum results. The taller grass reduces the need for water and also helps "shade out" many weeds. Research shows that clippings do not add to thatch buildup on your lawn.

You can also collect grass clippings and add them gradually to flower beds and gardens as a mulch. The mulch layer can be built gradually to an inch thick, and it will fortify with nutrients and protect against water erosion.

Turn Yard Waste Into Compost

Grass clippings, branches, weeds and more can be added to a compost pile. The additional nitrogen that the yard waste materials supply will speed up the microbial process. Composting yard, garden and some food waste creates a valuable soil amendment. A well-managed compost pile, under warm conditions, will usually be ready to use in just one to four months (but up to a year if left unattended).

Consider managing your yard waste in your own backyard and see how it goes! Your lawn and garden will reap the benefits.

For more information about managing yard waste, go to www.WhereItShouldGo.com.



MULCHING & COMPOSTING

It's easier, cheaper and benefits your yard and garden

EMERALD ASH BORER

Frequently Asked Questions



Has Emerald Ash Borer (EAB) been found in West Des Moines?

Yes. EAB was confirmed on a tree on residential property in May of 2015.

Should I be concerned about EAB?

Yes. There are thousands of ash trees on public and private property in West Des Moines. Without preventative treatment measures, EAB kills all species of ash trees in 2 to 4 years.

How do I know if I have an ash tree in my yard?

Check out this website for help in identifying your trees - www.extension.iastate.edu/forestry/iowa_trees/tree_id

How do I know if my ash tree is infested?

Look for the following symptoms:

1. Thinning or dying branches in the top of the tree
2. Water sprouts (suckers) halfway up the trunk
3. Woodpecker feeding sites / flaking bark

If my ash tree is healthy, should I consider treating my tree?

Yes, if your tree is in West Des Moines, you should consider treatment options for your HEALTHY ash tree. The latest information on treatment can be found at www.extension.iastate.edu/Publications/PM2084.

If I am contacted by a pesticide applicator about treating for EAB in the fall or winter, what should I do?

The best time to do a preventative treatment for EAB is spring with some products being effective throughout the summer or early fall. No treatment should be done in late fall (after leaf color change) or winter. Always get more than one estimate before any treatment is done.

My tree is infested and not healthy, what should I do?

Property owners are responsible for trees on their own private property and removal should be considered. The wood in dead ash trees becomes extremely brittle which can create a hazard to people and property. Contact a local tree care professional to discuss removal options.

If I have questions, who can I contact with the City?

Current information will be shared on the City's webpage at www.wdm.iowa.gov/EAB. If you don't find the information that you are looking for, contact John Olds, Urban Forestry Supervisor, at 222-3417 or john.olds@wdm.iowa.gov.

www.wdm.iowa.gov/EAB

CHECKLIST AND TIPS For Safe Winter Driving

Check your vehicle

- Start the winter season by ensuring your vehicle is in optimal condition.
- Check your battery.
- Fill your windshield washer reservoir.
- Check windshield wipers and defrosters.
- Verify floor mat installation to prevent pedal interference.
- Inspect your tires.
- Check your fuel supply.

Know your vehicle!

Especially when driving on wet, icy, or snowy roads, every vehicle handles differently. Take time now to learn how to best handle your vehicle under winter weather driving conditions.

When it snows, practice winter driving but not on a main road. Practice in an empty parking lot in full daylight until you've sharpened your winter weather driving skills and know how your vehicle handles in snowy conditions.

Stock your vehicle

Items you may need in case of emergency are: snow shovel, ice scraper, sand or kitty litter, jumper cables, flashlight, warning devices such as flares and markers, blankets, water, food, medicine and a cell phone.

Check your visibility

Clean all ice and snow from your windows, mirrors, lights and roof before you begin – or restart – your trip.

Plan Ahead Before You Drive Into Bad Weather

- Check the weather, road conditions and traffic. <http://www.511ia.org/> is a great source for current traffic and road conditions.
- Pay attention to media alerts.
- Don't rush! Leave early.
- Keep your gas tank close to full, even with an electric vehicle.
- Wait until road and weather conditions improve before venturing out in your vehicle.
- If road conditions are hazardous, avoid driving if possible.

DRIVE

SLOWLY!

Make sure you have plenty of time to stop for vehicles ahead of you.

Braking: Know what kind of brakes your vehicle has and how to use them properly. In general:

- If you have antilock brakes – apply firm, continuous pressure
- If you don't have antilock brakes – pump the brakes gently

IN A SKID?

Stay calm and ease your foot off the gas while carefully steering in the direction you want the front of your vehicle to go. Stay off the pedals (gas and brake) until you are able to maintain control of your vehicle. This procedure, called "Steering into the skid," will bring the back end of your car in line with the front.



Know what to do in a winter emergency

If you are stopped or stalled in wintry weather:

- Stay with your vehicle and don't overexert yourself.
- Put something bright on the antenna or windows.
- To avoid asphyxiation from carbon monoxide poisoning, don't run your car for long periods of time with the windows up or in an enclosed space. If you must run your vehicle, clear the exhaust pipe of any snow and run it only sporadically to stay warm.



Watch your speed – Snowplows may travel below the posted speed limit. Be patient and share the road.

DON'T CROWD THE PLOW!

Be alert – Always be on the lookout for the flashing amber lights on snowplows. Give plow drivers room to work.

Keep your distance – Snowplows sometimes work in tandem, which means they follow each other on the roadway at close distances. Never try to pass between two plows.



Let's ENJOY the season and remove some of the WORRY out of WINTER

Parking

If you normally park your vehicle on a City street, you have plenty of time NOW to put a plan in place for where you will park if there is a Snow Emergency Parking Ban. The parking ban is necessary to allow our Public Works crews to efficiently and effectively remove the snow. Where will you park this winter when it snows?

Sidewalks – Mailbox – When will my street be plowed?

Details on winter issues will be included in the next edition of the West Des Moines Magazine.



SAFETY of our CHILDREN going to School

PARENTS



- Determine your child's safest route to school.
- Walk your children along this route several times prior to the start of fall classes and emphasize proper procedures for crossing the streets.
- When dropping off your children, unload on the school side of the street or where your child can cross the street at a designated crosswalk.

STUDENTS



- Use established school routes.
- Participate in bike, pedestrian, and bus safety programs provided by your school.
- Practice safe and proper pedestrian behavior at all times.

It is time to begin thinking about school crossing safety as West Des Moines students return to school in August. Currently, there are 38 school crossings that serve 15 schools within the City of West Des Moines.

Cooperation among parents, students, motorists, schools, and public safety and engineering departments is crucial to the safety of children as they walk to and from school. It is important that each group is aware of their responsibility for maintaining safe routes to schools for children.

MOTORISTS



- Familiarize yourself with all local school areas and locations used by school children.
- Obey all school crossing controls and be particularly alert near any school area.
- Watch your speed in school zones.
- Respond immediately to any pedestrian accident, regardless of severity, by providing first aid if necessary and calling emergency services.

SCHOOLS



- Instruct the children on pedestrian safety, bicycle safety, and bus safety.
- Develop a school route plan with transportation engineers.
- Periodically review routes with special attention given to conditions such as unsafe sidewalks, trees or bushes that obscure vision, and the need for speed limit enforcement.

PUBLIC SAFETY

ENGINEERING

- Demonstrate and instruct students on the safe way to cross streets.
- Provide training and supervision of crossing guards.
- Respond to emergency situations.
- Investigate and make recommendations on requests received from the school administrators and the engineering division.
- Assist in the development of a school route plan.
- Investigate and make recommendations on requests for school traffic control measures.
- Respond to inquiries regarding school traffic controls and develop a maintenance program for all traffic controls.



If you have requests for school crossing controls, visit our website at www.wdm.iowa.gov and navigate to Forms on the Public Works page to download a School Crossing Control Request form.

School Crossing Safety

ARE YOUR KIDS HAVING LUNCH WITH THE TRASHY FOUR?

A waste-free lunch is easy and often healthier.

School is almost back in session, and for many parents that means packing the kids a cold lunch. When packing a school lunch, it's tempting to depend on convenience food products that often include single-use plastic bags, aluminum foil, and single-serving items that come in disposable packaging. While these products are extremely convenient, they come at an environmental cost. The Trashy Four of Lunch – plastic, paper, foil and foam – are some of the worst offenders. They end up being the litter in our waterways, parks and along highways, not to mention loading up our landfills.

The good news is that packing a waste-free lunch is easy and often translates into healthier eating habits. Invest in a lunch box or bag, a reusable drink bottle and food containers for your kids, and don't forget them for yourself!

Here are some more tips for packing a waste-free lunch:

- Sandwiches in reusable containers
- Whole fruits without packaging
- Drinks in reusable drink containers
- Snacks purchased in bulk and packed in reusable containers
- Reusable ice packs
- A stainless steel fork and spoon (some of your old ones will do)
- A cloth napkin

Becoming less dependent on single-serving lunch items benefits everyone. It means less garbage, less cost and it's better for kids and the environment.

For more information about safe, smart disposal and recycling options, visit www.WhereItShouldGo.com or call 515.244.0021.



National Public Works Week Celebration

The City of West Des Moines Public Works Department continued their popular yearly tradition of providing a free family event to celebrate National Public Works Week.

On May 21, crews brought large equipment to the Farmer's Market in Historic Valley Junction, and Public Works operators answered questions and assisted children of all ages as they explored the equipment and sat in the driver's seat of all kinds of vehicles.

Fun games such as traffic signal beanbag toss, miniature golf, boat races (using a straw!), traffic cone ring toss, along with free face painting and balloon artistry, helped encourage families to join the festivities and learn about Public Works.

West Des Moines' partners in solid waste collection, Metro Waste Authority and Waste Management, also attended the event to answer solid waste questions. Free handouts such as children's activity books, popcorn and information on the new rules for Spring Cleanup also were available.

Mark your calendar now for next year's event on Thursday, May 19, 2016!



WDM RESIDENT GUIDE

All City service requests can be directed to the Online Service Desk at

www.wdm.iowa.gov

EMERGENCY	911
Non-Emergency Dispatch	222-3321
ADA Coordinator	222-3603
TDD/TTY	1-800-413-4955
Aquatic Centers	273-0700
Ambulance Billing	273-0652
Animal Control	222-3364
250 Mills Civic Parkway	
Animal Licenses	See WestPet
Better Business Bureau	243-8137
Birth Certificates	See Vital Records
Building Safety/Inspections	222-3630
developmentsservices@wdm.iowa.gov	
Business License Info.	1-800-532-1216
Cable Television	
Mediacom.....	1-800-332-0245
Billing, Cust. Service, Connect/ Disconnect,	
2205 Ingersoll Ave. Des Moines • mchsi.com	
Jordan Cemetery	222-3444
Sales and Maintenance	
Chamber of Commerce	225-6009
www.wdmchamber.org	
City Attorney	See Legal Department
City Clerk	222-3603
Business related licenses / voter registration	
application	
City Council	222-3610
City Hall Offices	222-3600
4200 Mills Civic Pkwy	
City Manager	222-3610
Claim for Damages	222-3601
Code Enforcement	222-3304
police@wdm.iowa.gov	
Community Center	222-3440
Community & Econ. Development	273-0770
ced@wdm.iowa.gov	
County Web Site Addresses	
• Dallas County www.co.dallas.ia.us	
• Polk County www.co.polk.ia.us	
• Madison County www.madisoncoia.us	
• Warren County www.co.warren.ia.us	
Death Certificates	See Vital Records
Development Services	
Building Division	222-3630
Engineering & Planning Divisions	222-3620
developmentsservices@wdm.iowa.gov	
Des Moines Area Regional Transit (DART)	
Public Transportation	283-8100
dart@ridedart.com	

Des Moines Register	
Subscriptions	1-847-424-0225
Driver's License	
• Dallas County	993-6992
• Polk County	244-1052
• Madison County	462-1542
• Warren County.....	961-1144
Driveway Permits	222-3480
560 S. 16th St. • publicworks@wdm.iowa.gov	
Economic Development.....	273-0770
ced@wdm.iowa.gov	
Election Office	
• Dallas County	993-6914
• Polk County	286-3247
• Madison County	462-3914
• Warren County.....	961-1020
Electrical Service	See Utilities
Emergency Medical Services (EMS) 273-0770	
EMS Billing	8055 Mills Civic Parkway
CPR and Public Access Defibrillation Classes	
ems@wdm.iowa.gov	
Farmers Market (VJ Foundation) 222-3642	
Finance Department	222-3600
Fire Administration	222-3420
3421 Ashworth Road • fire@wdm.iowa.gov	
Gas Service	See Utilities
Hazardous Waste	
Regional Collection Center	967-5512
Holiday Pool	273-0700
Housing Rehabilitation Program 273-0770	
Human Resources	222-3616
Human Rights Commission	222-3675
Human Services	222-3660
318 5th St • humanservices@wdm.iowa.gov	
Senior & Disabled Transportation, Energy	
Assistance, Food & Clothing Pantry, Homeless	
Prevention	
Illegal Waste Disposal	725-0268
http://www.iowadnr.gov	
State Dept of Natural Resources Industrial or major	
hazardous waste and chemical spills.	
Minor/Household Spills	222-3321
Job Hotline (City of WDM)	222-3616
www.wdm.iowa.gov	
Library	222-3400
4000 Mills Civic Parkway • library@wdm.iowa.gov	
Legal Department	222-3523
4200 Mills Civic Parkway	
Marriage Licenses	See Vital Records

Mayor's Office	222-3610
Motor Vehicle License Plates/Registration	
• Dallas County	993-5812
• Polk County	286-3030
• Madison County	462-1542
• Warren County.....	961-1111
Nature Lodge	222-3424
Raccoon River Park 2500 Grand Ave.	
One Call Underground Utility Lines	
811 OR 1-800-292-8989	
Parks and Recreation	222-3444
parkrec@wdm.iowa.gov	
Parking Violations (non-moving) 222-3600	
Passports	1-877-487-2778
Planning & Zoning	222-3620
developmentsservices@wdm.iowa.gov	
Police Administration	222-3300
police@wdm.iowa.gov	
Police/Fire/EMS/Dispatch (Westcom)	
• Emergency	911
• Non-Emergency	222-3321
250 Mills Civic Parkway	
Post Office	255-6471
430 5th St. WDM 50265 • usps.com	
Property Tax	
• Dallas County	993-5808
• Polk County	286-3060
• Madison County	462-1542
• Warren County.....	961-1110
Public Transportation	See DART
Public Works	222-3480
publicworks@wdm.iowa.gov	
Recycling – Curb IT!	
Waste Management.....	www.wm.com
Missed Pickup/Questions.....	265-5267
Recreation Programs	222-3444
Rental Housing Inspector	222-3630
developmentsservices@wdm.iowa.gov	
Senior Citizen Meals	274-0373
Sewer Stoppages/Repair	222-3480
publicworks@wdm.iowa.gov	
Shelter Rentals (Parks & Rec)	222-3444
School Districts	
• Norwalk	
981-0676 • www.norwalk.k12.ia.us	
• Van Meter	
996-2221 • www.vmbulldogs.com	
• Waukee	
987-5161 • www.waukee.k12.ia.us	
• West Des Moines	
633-5000 • www.wdm.k12ia.us	
Sidewalk Permits	222-3480
560 S. 16th St. • publicworks@wdm.iowa.gov	
Social Security Offices	800-772-1213
Street Light Outages	
MidAmerican Energy.....	1-888-427-5632

Street Repairs/Cleaning	222-3480
publicworks@wdm.iowa.gov	
Taxes	See Property Tax
Tickets Moving Violations	
• Dallas County	993-5816
• Polk County	222-3772
• Madison County	462-1542
• Warren County.....	961-1032
Parking Violations (non-moving)	
Finance	222-3600
Traffic Signals/Street Signs	222-3480
publicworks@wdm.iowa.gov	
Trash Collection	265-7374
Waste Connections • www.wasteconnections.com	
Tree Planting Permits	222-3417
parkrec@wdm.iowa.gov	
Utilities Mid American Energy	
Gas & Electric.....	1-888-427-5632
EMERGENCY	1-800-595-5325
One Call Line Locator.....	1-800-292-8989
www.midamericanenergy.com	
Valley Junction Foundation	222-3642
Vehicle Registration	
.....	See Motor Vehicle License Plates/Registration
Vital Records	
• Dallas County	993-5804
• Polk County	286-3781
• Madison County	462-3771
• Warren County.....	961-1089
Voter Registration	
• Dallas County	993-6914
• Polk County	286-3080
• Madison County	462-3914
• Warren County.....	961-1020
Iowa Elections Division	281-8849
Water Treatment Plant	222-3465
1505 Railroad Ave.	
West Des Moines Water Works ..	222-3460
Water/Solid Waste, New Service, Service	
Changes/Maintenance.....	4200 Mills Civic Pkwy
www.wdmww.com • waterworks@wdmww.com	
Westcom	
• EMERGENCY	911
• Dispatch Non-Emergency.....	222-3321
WestPet	273-0651
Animal Licenses	
www.westpet.org	
Yard Waste – Compost IT!	
Waste Management	www.wm.com
General Info/Questions	222-3600
Missed Pickup	265-5267

Persons with disabilities are encouraged to participate in City activities. Those individuals seeking City services and in need of special accommodations should either contact the department sponsoring the event or the ADA Coordinator.

WDM Public Library



Mission Statement: The WDM Public Library is a relevant and integral part of the community. The library enriches the lives of residents by providing convenient and timely access to information and ideas; by offering engaging activities and opportunities for personal and professional growth; by promoting a love of reading and learning; and by remaining responsive to the changing needs of its users.

WDM Library *Adult Programs*

All programs are free and require registration unless otherwise indicated. You may register for most programs online at www.wdmlibrary.org.

WDM WRITER'S CLUB

2nd & 4th Sat @ 10 am

Informal meetings for accomplished or aspiring writers – share any form of writing and offer/receive constructive criticism. 2nd Floor Library Conference Rm. 515.222.3413

SCRAPBOOK & CARDMAKER CLUB

Sat, 10 am – 4 pm: Aug 8, Sep 12, Nov 7, Dec 5 • Fri, 5pm-11pm: Oct 2

Whether you're a scrapbooker or a cardmaker, bring a project and your own supplies. (No sales at the event.) We'll provide space, snacks and cutting tools. Library Community Rm. \$1 donation requested. Registration preferred. 515.222.3403 • wdmlibrary.org

CHECKMATES: CHESS & BOARD GAME CLUB

Thu from 6:30 – 8 pm: Aug 27 [8/3] Sep 24 [9/8] • Oct 22 [10/5]

For children and adults who know the basics, we'll provide chess sets and feature a different board game each month. Checkmates does not meet in Nov and Dec due to the holidays. Ages 6-adult. Registration required. 515.222.3403 • wdmlibrary.org

CRAFT NIGHT: FILE BOXES

Fri, Sep 11 at 6 pm

Decorate your own file boxes, which fit perfectly in a locker or on your desk at home, with washi tape or craft paper to make a colorful organized filing system! Registration required. 515.222.3403 • wdmlibrary.org

BEADED BOOKMARK

Tue, Sep 15 at 6:30 pm

Make a beaded thong bookmark at the library! Sponsored by our Friends Foundation. Sign up online or call 222-3403. Registration required.

HOLIDAY CARDMAKING

Fri at 6:30 pm: Oct 16 Fall Cards [Oct 5] • Nov 13 Christmas Cards [Oct 17]

When you care enough to make it yourself! Make three holiday cards for special friends or family. Sponsored by the WDM Library Friends Foundation. Library Community Rm after hours. Registration required. 515.222.3403 • wdmlibrary.org

FRIENDS IOWA AUTHOR SERIES

Tue at 7 pm (refreshments at 6:30 pm):

Sep 22 – Danny Beyer, author of *The Ties That Bind: Networking With Style*

Oct 27 – Tracey Garvis Graves, *NY Times Bestselling Author of On the Island and her latest, Heart-Shaped Hack*

No registration. 515.222.3403 • wdmlibrary.org



Visit us on the web at www.wdmlibrary.org

CLUB READ: ADULT BOOK DISCUSSIONS

Tue @ 6:30 pm:

Sep 1 *A Land More Kind Than Home* by Wiley Cash

Oct 6 *Mind of Winter* by Laura Kasischke

Nov 3 *My Name is Mary Sutter* by Robin Oliveira
(All Iowa Reads Selection)



A few copies are available at the Information Desk or you may bring your own copy. Library 2nd Floor Classroom. Books provided by the WDM Library Friends Foundation. 515.222.3403 • wdmlibrary.org

CLUB READ SOCIAL

Tue @ 6:30 pm: Aug 4, Dec 1

Make new friends! Discover new authors! We'll share what we've all been reading lately! Newcomers welcome. Bring an appetizer or dessert to share. Library Community Rm.

Registration preferred.

515.222.3403 • wdmlibrary.org

HOLIDAY TAGS MAKE 'N' TAKE

Sat, Dec 5: 11 am – 1 pm

Stop in to make a few holiday gift tags. We'll have pre-cut tags, ink, and stamps ready for you. 222-3403 • wdmlibrary.org

OPEN COMPUTER LAB

Tue: Aug 4-Dec 29 | 10-11:30 am | Library Classroom (2nd Floor)

- => Do you need a little help using the Internet?
- => Are you having trouble with your email?
- => Want to play around with an e-reader before you buy?
- => Interested in more information on our e-books collections?

Practice your computer skills and test out e-readers at your own pace. Ask questions and learn from hands-on experience. Staff can also demonstrate some of the e-readers and tablet computers available. (Please note: basic computer/mouse skills are assumed.) Laptop Lab and devices provided by the WDM Library Friends Foundation. Registration preferred. Please specify what kind of help is needed – email, e-reader, etc. Individual appointments are also available. 515.222.3403 • wdmlibrary.org



Visit us on the web at www.wdm.iowa.gov





IF YOU ENJOY OUR PROGRAMS, PLEASE JOIN THE FRIENDS!

Friends memberships pay for many adult and teen programs: Club Read, Holiday Cardmaking, Author Visits, and Teen Craft Nights, to name a few!

Donations are tax deductible!

WDM Library Friends Foundation,
4000 Mills Civic Pkwy, WDM, IA 50265
222-3407 • wdmlibrary.org



WDM Library *Teen Programs*

REGISTRATION INFORMATION

Programs are for ages 12 & up unless otherwise indicated. All programs are free. Advance registration is required unless otherwise indicated. Sign up by phone, online, or at the Reference Desk.
515.222.3403 • wdmlibrary.org



GROUP SERVICE PROJECTS (VOLUNTEERS)

Wed: Sep 2, Oct 7, Nov 4, Dec 2
3-5 pm | Library Classroom, 2nd Floor

Are you looking for Silver Cord, Community Service, or volunteer hours? The library is looking for teens (students, ages 13-18) to assist with monthly group service projects.

Volunteers will perform a variety of tasks to help out the Library – NO experience or training necessary! Group Service Projects are scheduled for the 1st Wednesday of each month, September – May. Space is limited. Registration required. To sign up or find out more, contact Courtney. 515.222.3412 • courtney.bench@wdm.iowa.gov

WDM LIBRARY'S TEEN ADVISORY BOARD (TAB)

Wed 3:30 – 5 pm: Sep 9, Oct 14, Nov 11, Dec 9 | Library Classroom, 2nd Floor

Are you interested in making the Library a better place for teens? Then TAB is for you! The WDM Library's Teen Advisory Board (TAB) is an exciting opportunity for area teens age 12-18 (6th – 12th grade) to take leadership roles in our community, have input in teen activities, and volunteer at library events. TAB meets the 2nd Wednesday of each month, September – May. To join TAB or find out more, contact Courtney – or just stop by a meeting and see what it's all about! 515.222.3412 • courtney.bench@wdm.iowa.gov

WDM Library *Teen Programs*

TEEN CRAFT NIGHTS

Thu: 6-8 pm | Library Community Room

Join us for an evening program full of crafting goodness! A variety of crafts will be featured with a different craft every month. Visit the Library's Calendar on our website for more info on each program. Teens (ages 12 & up). Registration required.
515.222.3403 • www.wdmlibrary.org



Aug 13 – Dry Erase Boards. Perfect for back to school! Make your own dry erase board to keep track of what is DUE today and what to DO tomorrow.

Sep 10 – File Boxes. Decorate your own file boxes, which fit perfectly in a locker or on your desk at home, with washi tape or craft paper to make a colorful organized filing system!

Oct 8 – Frankentoy. What do you get when you mix the head of a panda bear, octopus legs, a duck body, and a unicorn horn? A panducticornipus, of course, or your very own Frankentoy.

Nov 12 – Book-Making Workshop. Learn to make a personalized book of your own to use as a journal, photo album, or drawing book.

Dec 10 – Crafty Cinema. Join us to watch a movie while we make some crafts. Popcorn and drinks provided.

Check the Library's website for more information on upcoming teen programs.

Thanks TO THE Sponsors OF THE 2015 TEEN & CHILDREN'S SUMMER READING CLUBS



The WDM Library Friends Foundation & Iowa Cubs Greater DSM Baseball Co.

Barnes & Noble Booksellers
Blank Park Zoo
Dairy Queen, WDM & Windsor Hts
Des Moines Area Quilter's Guild
Famous Dave's
Jason's Deli
Leo 9 Textiles



North 40 Golf
P.F. Chang's
Panera Bread of Iowa
Raygun
Tasty Tacos
Warrior Lanes
WDM Parks & Recreation

Summer Reading Club would not exist without community support. Approximately 2500 children and teens participate in summer reading activities.



Storytime Series

All children's programs are free and require advance registration, which begins at 9 am on the date in brackets. Sign up in person, by phone, or online. children's desk • 515.222.3403 • www.wdmlibrary.org.

MOTHER GOOSE STORYTIME

Enjoy stories, rhymes, flannelboards, gentle tunes and puppets that promote early literacy skills. Ages 6 months – 2 yrs with adult. Storyroom. Registration required.

Mon @ 9:30, 10 & 10:30 am:
Sep 14, 21 & 28 [Sep 8]
Oct 12 & 19 [Oct 5]
Nov 9 & 16 [Nov 2]
Dec 7 & 14 [Nov 30]

NIGHTY-NIGHT DROP-IN STORYTIME

Join us for stories, rhymes, and songs (same format as Family Storytime). Library Storyroom. All ages with adult. No registration.

Mon @ 6:45pm:
Sep 14, 21 & 28 • Oct 12 & 19
Nov 9 & 16 • Dec 7 & 14

LAPSIT LAMBS

Using rhymes, stories, music, and puppetry, we'll engage baby and caregiver in language-rich activities designed for pre-walking babies (ages 1-18 months with adult). Stay for a short playtime (15 min.) after class! Library Storyroom. Registration required.

Tue @ 9:30 & 10:30am:
Aug 11, 18 & 25 [Aug 3]
Sep 15, 22 & 29 [Sep 8]
Oct 13 & 20 [Oct 5]
Nov 10 & 17 [Nov 2]
Dec 8 & 15 [Nov 30]

FAMILY STORYTIME

(Now on Wed in the Storyroom!)

Join us for stories, flannelboards, songs, rhymes, and a take-home craft! Storyroom. All ages.

Wed @ 9:30 am (no registration)
Wed @ 10:30 am:
Sep 16, 23 & 30 [Sep 8]
Oct 14 & 21 [Oct 5]
Nov 11 & 18 [Nov 2]
Dec 9 & 16 [Nov 30]

NEW

OLIVER'S PUPPY TALES

Puppy Oliver introduces stories, songs, and rhymes followed by gross and fine motor play with an early literacy focus! Library Community Room. Ages 1 – 4 with adult. Registration required.

Thu @ 10:30 am:
Sep 17, 24 & Oct 1 [Sep 8]
Oct 15 & 22 [Oct 5]
Nov 12 & 19 [Nov 2]
Dec 10 & 17 [Nov 30]

DROP-IN OLIVER'S PUPPY TALES

Puppy Oliver introduces stories, songs, and rhymes followed by gross and fine motor play with an early literacy focus! Library Community Room. All ages. No registration.

Fri @ 10:30 am:
Sep 18, 25 & Oct 2 • Oct 16 & 23
Nov 13 & 20 • Dec 11 & 18

NEW

WDM Library *Children's Programs*

description

days/dates/times/locations

ages

All children's programs are free and require advance registration, which begins at 9 am on the date in brackets. Sign up in person, by phone, or online. children's desk • 515.222.3403 • www.wdmlibrary.org.

LIBRARY PLAYTIME

Enjoy a story, games, a craft and more... designed for some of our youngest library users.

Wed, Aug 12 at 10 am
registration required [Aug 3]

ages 2-6

MUSIC TOGETHER®

Music Together® is an international research-based, developmentally appropriate music and movement program for children ages birth through five. In this short sample class we'll sing, move, chant, and play-along with instruments to a variety of music styles, melodies, and rhythms. Presented by Songs and Signs, LLC.

Thu, Sep 10
9:30 & 10:15 am [Sep 8]
Thu, Dec 3
9:30 & 10:15 am [Nov 30]
Library Community Room
registration required

0-5 w/adult



PRESCHOOL HALLOWEEN PARTY

Put on your favorite costume and join us for not-too-spooky stories and more at the library. Please choose ONE session.

Mon, Oct 26 at 6:30 pm
Wed, Oct 28 at 10:30 am
Thu, Oct 29 at 10:30 am
Fri, Oct 30 at 10:30 am
Library Community Room
registration required [Oct 5]

2-6 w/adult



WDM Library *Children's Programs*

description **days/dates/times/locations** **ages**

All children's programs are free and require advance registration, which begins at 9 am on the date in brackets. Sign up in person, by phone, or online. children's desk • 515.222.3403 • www.wdmlibrary.org.

DROP-IN FALL CRAFT

Come in to the Children's Department any time during these 3 days, and we'll have a Thanksgiving craft, just for you!

Mon-Wed, Nov 23-25 during library hours Library Children's Department no registration

all ages



HOLIDAY CARD WORKSHOP

Celebrate the season. We'll help you make some ho-ho-holiday cards for your friends and family!

Wed, Dec 9 at 3:45 pm Library Community Room registration required [early registration - Nov 2]

5-12

POLAR EXPRESS

Climb aboard the Polar Express and depart for an arctic adventure. Entertainment en route includes the story, refreshments, and more!

Wed, Dec 16 at 3:45 pm Library Community Rm registration required [Nov 30]

5-12



DROP-IN WINTER CRAFT

Stop in the Children's Department and we'll have a "cool" winter craft for you to make.

Mon-Thu, Dec 28-31 during library hours* Library Children's Department no registration

all ages

**Note: The library closes at noon on Dec 31 and remains closed Jan 1. Regular hours resume Jan 2.*



All children's programs are free and most require advance registration, which begins at 9 am on the date in brackets. 222-3405 • wdmlibrary.org

LEGO CLUB

Wed @ 3:45 pm:

Aug 19 [Aug 3] | Sep 23 [Sep 8] | Oct 21 [Oct 5] | Nov 18 [Nov 2] | Dec 2 [Nov 30]

What CAN'T you build with Legos?! Put your creative skills to the test. We'll have a special challenge for you, if you think you're up to it. Community Room. Ages 5-12. Registration required.



KIDS CLUB READ

Thu, Aug 20 at 2 pm *Escape from Mr. Lemoncello's Library* by Chris Grabenstein.

Thu at 4:15 pm: Sep 17 | Oct 15 | Nov 19 | Dec 17 - Titles TBA

If you like to read and talk about books, this group is for you! Join us for discussion and activities related to each month's book. Ages 8-12. Sign up at the Children's Desk.

For more information, please visit our website or pick up a calendar in the Children's Dept.

CHECKMATES

Thu from 6:30-8 pm: Aug 27 [8/3] Sep 24 [9/8] | Oct 22 [10/5]

Chess and Board Game Club - For adults and children who know the basics, we'll provide chess sets and feature a different board game each month. Checkmates does not meet in Nov and Dec due to the holidays. Ages 6-adult. Registration required. 515.222.3403 • wdmlibrary.org





If You Enjoy Our Kids' Programs...

PLEASE JOIN THE FRIENDS!



- During the 2013-14 fiscal year the library offered **544** children's programs with **36,500** people attending.
- Memberships provide incentives to more than **2,500** children participating in the Summer Reading Club, which encourages young readers to keep learning when they are not in school.
- Your donation is tax deductible!

WDM Library Friends Foundation

4000 Mills Civic Pkwy, WDM, IA 50265
515.222.3407 • wdmlibrary.org

WDM Library services

All services are **free**
unless otherwise indicated.

Questions? Call **222.3400**

GET A LIBRARY CARD... IT'S FREE!

Present a valid ID with proof of current address. Residents of WDM, DSM, Ankeny, Clive, Urbandale, and Windsor Heights may apply. Cards are valid for three years (no renewal fee).

LIBRARY HOURS

(Labor – Memorial Day)

Mon-Thu: 9 am–9pm | Fri: 9 am–6 pm

Sat: 9 am–5 pm* | Sun: 2 pm–5 pm*

*SUMMER HOURS

Sat: 10 am–4 pm | Sun: Closed

Call or check our website for holiday hours.

222-3400 | wdmlibrary.org

ONLINE CATALOG... wdmlibrary.org

Access the library catalog 24/7 from the comfort of your home...just follow the link on our website. Reserve items that are checked out, or on the shelf!

RENEWALS/ ACCOUNT ACCESS BY PHONE

Use your library card number to access a list of titles checked out, including due dates; overdue items; titles on reserve with your position on the waiting list; and charges on your account. You may renew all of your items at once, or renew individual titles if you have the barcodes.

225-1576 or 225-1586
wdmlibrary.org



WE TAKE RESERVATIONS

If the item you want is checked out, use your library card to place a reserve or "hold" on it. Want to read a bestseller? We buy one copy for every six reserves. Holds can be placed by phone or online, and we'll call you when your item comes in. If we don't own the book you need, we can usually buy it, or borrow it from another library within a couple of weeks.

222-3400 | wdmlibrary.org

BOOK CLUB COLLECTION

The library has multiple copies of past Club Read titles available for local book clubs to borrow. Specific titles are listed on our website. Advance reservations required.

222-3413 [adult titles] • 222-3575 [children's titles] | wdmlibrary.org

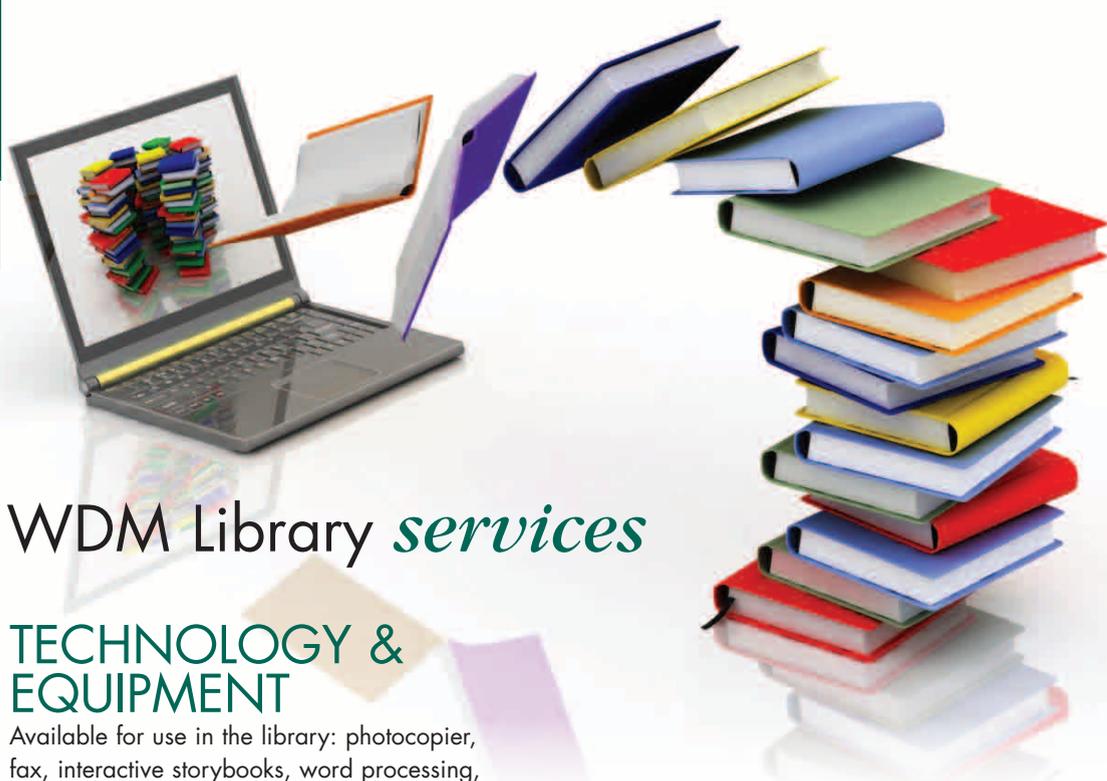
MORE THAN BOOKS

Your library is more than a warehouse for books. You'll find popular magazines and newspapers; large print materials; puppets and puzzles; recorded books; new releases, classics, and nonfiction DVDs; music

CDs; and more. E-books are offered through the WILBOR library consortium. This works similarly to our OverDrive downloadable audiobooks collection. A WDM library card and a small software install are required.

For details, look for the eBooks news item on our website and click on the WILBOR link. **222-3403** | wdmlibrary.org





WDM Library *services*

TECHNOLOGY & EQUIPMENT

Available for use in the library: photocopier, fax, interactive storybooks, word processing, free Internet access, wireless access, and a 20/20+TV enlarger for the visually impaired. Available for checkout: overhead projector, iPads. Hate long lines? Try the 3M SelfCheck System!

222-3400 • wdmlibrary.org

ASK A LIBRARIAN

Got a question? We can help! Try our electronic resources...EBSCO Host magazine index, Novelist, ProQuest, and more! Business/investment info includes S&P's and The Street publications, Value Line, Investor's Business Daily, and Morningstar Mutual Funds Reports. **222-3403**

LIBRARY BLOGS

From our Internet home page, click on KIDS, TEENS, or ADULTS (orange box, left side). BLOG is one of the choices you'll find in the green box (upper left). Discover great information on our programs, plus book lists, staff recommendations, reading and literacy tips, and more.

222-3405 • wdmlibrary.org

PUBLIC MEETING ROOMS

Available for public use at no charge: small rooms (8 people), Classroom (20), Community Room (60). Call for guidelines and scheduling information. • **222-3400**

TEEN AREA

YA materials are located upstairs, along with comfy couches and study tables. Get book lists and recommendations. For info on programs and activities, drop in or check our website.

222-3412 • wdmlibrary.org

WE MAKE HOUSECALLS!

If you are a WDM resident, unable to come to the library for health reasons and interested in receiving regular monthly visits from a volunteer, give us a call.

222-3400

WDM LIBRARY FRIENDS FOUNDATION MAKES A DIFFERENCE

Our community library is fortunate to have the support of the WDM Library Friends Foundation – a volunteer-based, non-profit organization.

- Friends Memberships fund special projects, like the Laptop Lab, and programs for all ages. Contributions mean more books, music, and movies in the collection, so YOU have a better selection.

- Your donations are tax deductible!

WDM Library Friends Foundation
4000 Mills Civic Pkwy, WDM, IA 50265
515.222.3407 • wdmlibrary.org

BE A VOLUNTEER

Make a difference! We need reliable volunteers, especially in our homebound delivery program (1-2 deliveries per month). Fill out an application at the Info Desk.

222-3400 • wdmlibrary.org

BOOK SALE AREA

Don't miss the Friends book sale area (just around the corner from the Info Desk) to find great bargains from 10¢ magazines to \$1 hardbacks – adult and children's titles. Proceeds benefit library programs and collections. • **222-3400**

SOCIAL NETWORKS

Links to our Twitter, Facebook, and Pinterest pages are located on our website home page (upper right corner). "Follow" us on Twitter @ WDMLibrary, WDMLibraryChild or WDMLibraryTeen to receive "tweets" (updates) on library news, programs, and events. "Like" or "Follow" us on Facebook. Visit our Pinterest page to see Activities for Kids, Book Club Picks, Books & Reading (quotes), Staff Picks, and more! Instructions on how to set up accounts are available at the Reference Desk.

222-3403 • wdmlibrary.org



MOBILE APP PUTS THE LIBRARY AT YOUR FINGERTIPS!

With our new library app, you can instantly tap into library resources from any mobile phone connected to the Internet. Browse the library catalog, hold or renew a book, check your account, ask a question, find events, and more. Search for "West Des Moines Library" on your phone app store and download. It's free!

222-3403 • wdmlibrary.org



YOUR LIBRARY STORY

Has the WDM Library has made a difference in YOUR life? Tell us about it in 500 words or less. Selected stories will be featured on our website or promotional materials (with permission). For details, visit **www.wdmlibrary.org/tell-us-your-library-story/**

See Library Activities pages for adult & children's programs at the WDM Library.



WDM Human Services

"The ♥ of the Community"

WDM Human Services has been helping community members since 1979. As a department within the City of West Des Moines, WDM Human Services is a non-profit agency that provides necessary assistance to low-income, elderly and disabled individuals in our service area. Basic needs such as food, clothing, shelter, transportation and emergency assistance are a few of the critical services provided by WDM Human Services. For more than 35 years, we have provided support and assistance to community members during emergency and crisis situations to ensure their safety and well-being and to improve or enhance their quality of life. WDM Human Services partners with members of the community to provide support and assistance. If you would like to help us meet our community need, please call 273-0633.



WDM Human Services *programs*

Human Services Mission:

"To provide opportunities for citizens to improve and enhance their quality of life and sense of community through the programs and services available."

TRANSPORTATION

description	contact/ location	dates days/times	eligibility/ qualifications	fee
SENIOR DINNER CLUB Seniors (60+) have the opportunity to enjoy one another's company while they dine at one of our local restaurants.	Trans. Supervisor 222-3661	First Tuesday of each month	<ul style="list-style-type: none"> • WDM senior residents. • Reservations must be made at least 24 hours in advance. 	Cost of your dinner Transportation FREE (donations encouraged)



TRANSPORTATION

description	contact/ location	dates days/times	eligibility/ qualifications	fee
WESTSIDE COMMUNITY CENTER Transportation is available for senior residents of West Des Moines, Clive (Polk County), Windsor Heights and Des Moines (Frisbee area). Along with a nutritious lunch, enjoy several fun daily activities.	Trans. Supervisor 222-3661 134 6th St. Westside Community Center	M – F 8am – 4pm Lunch served at 11:30 am	<ul style="list-style-type: none"> • Senior residents (60+) • Reservations required at least 24 hours in advance 	donations encouraged
APPOINTMENTS Transportation is available for necessary medical appointments, recreational group trips, Human Services referral trips and for other trips as time allows (i.e., grocery store, bank)	Trans. Supervisor 222-3661	M – F 8am – 4pm	<ul style="list-style-type: none"> • Seniors (60+), disabled and low-income residents of WDM • Reservations must be made at least 24 hours in advance. 	donations encouraged

CITIZENS WITH SPECIAL NEEDS

FRIENDSHIP CONNECTION Friendship Connection is a club for young adults with special needs.	Human Services Staff 222-3660	Thursdays 10am – 11:30am	<ul style="list-style-type: none"> • Young adults with special needs 	NONE
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Friendship Connection

Friendship Connection is offered every Thursday from 10:00 am to 11:30 am through WDM Human Services. Participants socialize, play games, sing, enjoy refreshments and have fun! Organizations throughout the community also make special presentations on occasion. To learn more, or to register as a participant, volunteer or presenter, please call 222-3660 or visit our website www.wdmhumanservices.com.

FOOD

WDM Human Services *programs*

HOUSEHOLD ASSISTANCE

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p>DMARC FOOD PANTRY Food is available at WDM Human Services for households in need.</p>	Human Services Staff 222-3660	M 8:30am - 3pm T 8:30am - 3pm W 8:30am - noon TH 8:30am - 3pm F 8:30am - noon	<ul style="list-style-type: none"> Must provide ID for all household members and proof of address 	NONE <i>Funding for this program is provided by USDA which is an equal opportunity employer.</i>
<p>HOLIDAY FOOD ASSISTANCE Food assistance for the holidays is available to eligible households.</p> <p>Thanksgiving Dinner November 26 at 11:30am, WDM Christian Church</p>	Human Services Staff 222-3660	<ul style="list-style-type: none"> Registration begins Oct. 1 Call 222-3660 to schedule an appointment. Walk-ins welcome. Deadlines apply – Call 222-3660 or visit our website. 	<ul style="list-style-type: none"> Must meet income criteria of Federal Poverty Guidelines. Must be in our service area. 	NONE
<p>BREAD DISTRIBUTION Donated bakery items are available weekdays for households in need.</p>	Human Services Staff 222-3660	M – F 9am	NONE	NONE

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p>ENERGY ASSISTANCE (LIHEAP) The Low Income Home Energy Assistance Program (LIHEAP) helps qualifying households with their primary heating costs during the winter.</p> <div style="border: 1px solid blue; padding: 5px; margin: 10px 0;"> <p>Dallas County Residents receive assistance at the Dallas County Family Development Center, 2814 1st St., Perry, IA 50220 465-5185</p> </div>	Human Services Staff 222-3660 Call for an appointment.	M 8am – 3pm T 8am – 3pm TH 8am – 3pm Sign-up begins 10/1 for seniors & disabled households 11/2 for all other households Through 4/29/16	<ul style="list-style-type: none"> Low-income households in Western Polk County Social security card & date of birth for all household members Copy of your most recent heating/ electric bill 13 weeks of verifiable income from all sources for all household members 	NONE
<p>EMERGENCY ASSISTANCE/HOMELESS PREVENTION Emergency Assistance is available to avoid housing evictions and utility disconnections to eligible households.</p>	Human Services Staff 222-3660	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm	<ul style="list-style-type: none"> Low income WDM residents. Residents must show eviction or disconnect notice to qualify. See above energy requirements. 	NONE
<p>ASSISTANCE WITH GOVERNMENT FORMS Government forms are not always easy to fill out. WDM Human Services is here to help. Includes forms for DHS and tax rebates.</p>	Human Services Staff 222-3660	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm	Service area residents.	NONE

CURRENT NEEDS LIST

- Personal care items
- Diapers & wipes
- Fall/winter clothing (for all ages)
- Non-perishable food items
- Gift cards for gas, groceries & clothing
- Towels, sheets & blankets

Donations may be dropped off Monday through Friday between 8:30am & 4pm at **139 6th Street** in WDM.



YOUTH ASSISTANCE

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p>YOUTH RECREATION ASSISTANCE Limited scholarships for recreational/educational activities are available to eligible households.</p>	Human Services Staff 222-3660	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm	<ul style="list-style-type: none"> • Proof of income • Proof of address • Documented proof of activity costs • Low income • WDM resident 	Varies depending on household income
<p>SCHOOL SUPPLIES School supplies are available on a limited basis in August including classroom supplies and backpacks.</p>	Human Services Staff 222-3660	<p>DONATIONS NEEDED: Call Mindy Hotovec at 222-3663</p>	<ul style="list-style-type: none"> • Eligible low-income residents of WDM 	NONE
<p><i>Distribution of donated items will take place at the WDM Human Services office August 11th, 12th & 13th. Call for more information.</i></p>				
<p>HOLIDAY ASSISTANCE Need help with the holidays? Programs are available for qualifying households including Adopt-A-Family and Toys For Tots.</p>	Human Services Staff 222-3660	<ul style="list-style-type: none"> • Call 222-3660 to schedule an appointment. Walk-ins welcome. • Registration begins Oct. 1 • Deadlines apply – call 222-3660 or visit our website 	<ul style="list-style-type: none"> • Must meet income criteria of Federal Poverty Guidelines. • Must be in our service area. 	NONE



HOUSING

HOUSING SOLUTIONS

An intensive housing and supportive services program that works with homeless families to identify and work to overcome barriers preventing them from providing stable or permanent housing for their families.

Housing Solutions Coordinator 222-3666	M – F 8am – 4pm Limited availability.	Eligible homeless participants will need to meet HUD homeless guidelines and income criteria.
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DONATE TODAY!

Go to www.wdmhumanservices.com and click on "Donate Now" to make a secure, tax-deductible contribution. It has never been easier to help a neighbor in need!

Application opportunities will be announced throughout the year.



CLOTHING CLOSET

description	contact/ location	dates days/times	eligibility/ qualifications	fee
Gently used clothing articles and housewares are available to those in need on a monthly basis.	Human Services Staff 222-3660	M 8:30am - 3pm T 8:30am - 3pm W 8:30am - noon TH 8:30am - 3pm F 8:30am - noon	<ul style="list-style-type: none"> • Proof of income • Proof of address • Service area resident • ID required 	NONE (donations encouraged)

This is a community supported program — donations of clothing and small housewares are always needed.

LIFE SKILLS

COMPUTER CLASSES

are available on a limited basis to teach or enhance computer skills on a variety of levels.

Human Services Staff 222-3660	Mondays & Wednesdays 3:30pm – 4:30pm
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NONE (donations encouraged)

ELDERLY ASSISTANCE

HANDYMAN/CHORE

Services include lawn mowing, snow removal and minor home repairs for low-income elderly and disabled residents of WDM.

Human Services Staff 222-3660	M – F 8am – 4pm
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Income - eligible seniors (age 60+) or income-eligible disabled residents of WDM.
Registration required for new clients.

NONE (donations encouraged)

VOLUNTEER TODAY!

West Des Moines Human Services extends a heartfelt **THANKS** to all of the wonderful volunteers who donate their time and talents to help us continue to be the heart of the community. Volunteers are currently needed in the food pantry, clothing closet and at the front desk. If you have a passion for helping those in need, please call **222-3663** or visit www.wdm.iowa.gov.



WDM Human Services "The ♥ of the Community"

Help Your Neighbors In Need

The holidays are approaching and you are invited to add one or more families to your holiday list by participating in one of West Des Moines Human Services' holiday assistance programs.

West Des Moines Human Services is a non-profit organization that provides assistance to low-income, elderly and disabled individuals in our service area. Many of our community members are surviving on very limited incomes and struggle to afford even the most basic of necessities. The holiday season can be particularly difficult for these individuals and families.

Please consider partnering with us to assist these struggling members of our community. Gifts can be delivered directly to a family, or you may deliver your gifts to West Des Moines Human Services and we will deliver to the family. Following are the opportunities available:

Thanksgiving

Sponsors are needed to provide grocery gift cards or food baskets.

THANKSGIVING DINNER
Thursday, November 26
11:30 AM
WDM Christian Church
4501 Mills Civic Pkwy, WDM
Reservations required.
Call 223-1639 by
November 19th.

(Limited seating available)

* Note, for transportation to the dinner, please call 222-3661.



Adopt-A-Family Program

Sponsors are matched with a family in need and asked to provide gifts for the children in the household. A "wish list" for the family will be provided consisting of names, ages, genders and gift ideas for the children in the household. Sponsors may deliver the gifts directly to their "adopted" family.

Toys For Tots

This program provides toys for children who are not sponsored through the Adopt-A-Family program. Toys For Tots will take place on December 15, 16, and 17 at WDM Human Services. Donations of new, unwrapped toys are needed for this event.

Monetary Gifts and Gift Cards

Monetary donations are also appreciated as this allows us to assist families during the holidays and throughout the year.

If you know of other individuals or organizations who may wish to participate, please share this information. We have many families and children who need assistance, and adopting a family is a wonderful tradition during the holidays. Please call 222-3663 for more information or visit our website at www.wdmhumanservices.com.

If you are interested in providing assistance, please complete the **Holiday Sponsor Form** by December 4th (November 13th for Thanksgiving) and send to:

West Des Moines Human Services
ATTN: Mindy Hotovec
139 6th Street, P.O. Box 65320
West Des Moines, Iowa 50265
Melinda.Hotovec@wdm.iowa.gov

Visit us on the web at www.wdm.iowa.gov

HOLIDAY SPONSOR FORM

Contact Name _____ Organization (if applicable) _____
Street Address _____ City, State, Zip _____
Telephone Number _____ E-mail Address _____

- I will deliver directly to the family.**
(Note, food baskets must be delivered to the family.)
- I will deliver to WDM Human Services.**

Do you speak Spanish or have access to an interpreter? Yes No

Have you been a sponsor in the past? Yes No

I would like to participate in the following programs offered by WDM Human Services:

Please check the program(s) and fill in the requested information.

Food Card and/or Food Basket:

Option 1: Purchase a **food card** from a local grocery provider for _____ (holiday)
\$25 increment(s)

I will provide a food card(s) for _____ family(s). Maximum size of family(s): _____

Option 2: Provide a **food basket** for Thanksgiving.
(Food baskets must be delivered directly to the family)

I will provide a food basket for _____ family(s). Maximum size of family(s): _____

Adopt-A-Family Holiday Program:

Minimum Requirements: Sponsors are asked to **provide gifts for the children living in the household up to age 18** consisting of at least two to three gifts per child. Of course, you may provide more if you desire. **(Optional:** Sponsors may also provide a food basket for the family consisting of the groceries needed for a holiday meal or a food card from a local grocery provider.)

I want to adopt _____ family(s). Maximum size of family(s): _____

Special Preferences: (ie, specific ages) _____

Toyland

(Please deliver new, unwrapped toys to WDM Human Services by December 14th, 2015.)

I will provide approximately _____ toys.

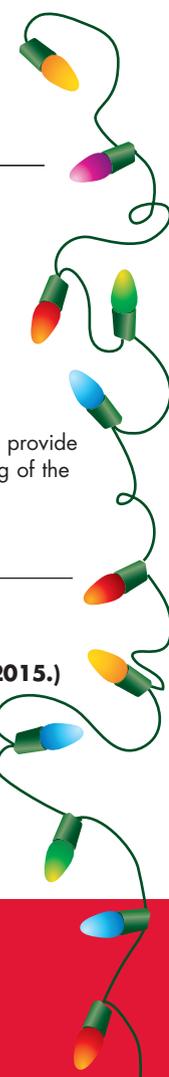
Monetary Contribution or Gift Cards

Your contribution will be used to assist families during the holidays and throughout the year.

Please make your check payable to: West Des Moines Human Services

Sponsor forms or donations should be sent to:

WDM Human Services • Attention: Mindy Hotovec
139 6th Street, P.O. Box 65320, West Des Moines, IA 50265
Melinda.Hotovec@wdm.iowa.gov • 222-3663





Partner with WDM Human Services to help our neighbors in need!

WDM HUMAN SERVICES

“The ♥ of the Community”



WDM Human Services Current Needs

Personal Pantry:

Each month WDM Human Services assists approximately 300 low-income households with personal care products. We need your help to meet the needs in our community. Following is a list of items we need on an on-going basis:

- Laundry detergent
- Shampoo
- Conditioner
- Deodorant
- Toilet Paper
- Toothpaste
- Diapers (Sizes 3-6)
- Soap

Clothing Closet:

Our clothing closet is in need of new or gently used children’s, teen, and adult clothing items for the warmer seasons. We also need towels, sheets, blankets and small household items. Clothing Closet donations are accepted Monday through Friday 8:30am – 4pm at 139 6th Street in West Des Moines. Donation receipts are available.



Free Transportation



West Des Moines residents who are seniors (age 60+), disabled, or low income can receive free transportation to necessary appointments, the Westside Community Center, and other trips as time allows (grocery store, bank, WDM Library and hair salon). In 2014, 16,866 rides were provided with a fleet of four vehicles – three wheelchair accessible buses and one van. The service operates Monday through Friday all year. Transportation is also provided for recreational outings like the “Senior Dinner Club.” Reservations required 24 hours in advance. Please call 222-3661 for more information or to schedule a ride.

Please join **West Des Moines Human Services** on September 27th at Flemings Prime Steakhouse & Wine Bar for the 6th Annual **“Sunday Supper In Our Town”** fundraising event as we raise dollars to assist our low-income, elderly and disabled neighbors. Share a delicious meal, great conversation and a wonderful evening of giving back to the community. Tickets are \$125 each. Sponsorships are available. Please call 222-3663 for more information or visit our website at www.wdmhumanservices.com.

WDM City Officials

Mayor

Steven K. Gaer

City Council

Kevin Trevillyan
First Ward

John Mickelson
Second Ward

Russ Trimble
Third Ward

Rick Messerschmidt
At Large

Jim Sandager
At Large

Key City Staff

City Manager
Tom Hadden
222-3610

City Attorney
Richard J. Scieszinski
222-3523



The WDM magazine was produced by the City of West Des Moines, JM Impressions and Colorfx.

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Margaret Christiansen
Spencer Cox
Helen Eddy
Greg France
Steve Gatton
Amanda Krause
Brittany Martinez
Joel Wolcott

Board of Adjustment

Michael Blaser
Claire Celsi
Eric P. Christiansen
Thomas Cunningham
Sherry Stewart

Civil Service Commission

Lucas Casey
Chris Haviland
Lori Lavorato

Human Rights Commission

Bernell Edwards
Frank Harty
Justine Morton
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FROM THE CITY MANAGER

As your City Manager, one of my most important responsibilities is to hire the right people to lead our departments. Craig Leu recently accepted our offer to serve as West Des Moines' new fire chief, and it's been a pleasure getting to know him as he settles into his new position.

Craig comes to us from Park City, Kansas, a suburb of Wichita, where he was in management for 11 years with the Sedgwick County Fire District #1. Like many firefighters, he came up through the ranks, and he is passionate about all aspects of fire service. It's easy to see how he developed his love for the job when you consider that his father is still the fire chief in Craig's hometown.

Like all city departments, the fire service has to evolve to ensure we are meeting the needs of our growing community. Craig is an innovative thinker and a problem solver who loves what he's doing. I'm confident he'll be a great addition to the strong team already providing outstanding services to our residents.

I also want to take this opportunity to recognize our public works and code enforcement employees and thank our residents (you!) for responding so well to new guidelines for our annual Spring Cleanup. All the changes we made were designed to help reduce littering in our neighborhoods, and we experienced very few problems with our collection efforts.

If you want to look online for more special collection opportunities or the latest city news, I encourage you to visit the city's redesigned website at www.wdm.iowa.gov. You'll notice an entirely new look and feel that should make it easier for you to find the information you need. Included in our new website is a comprehensive community calendar that will keep you up-to-date with the latest activities occurring in the area.

It's been a busy summer, and we can be proud of the renovations at the Holiday Park baseball complex, the Art on the Campus sculptures, Yoga on the Lawn at City Hall on Sunday mornings, the Mayor's Bike Ride and the usual warm weather fun at our aquatic centers!

As I launch into my second year as City Manager, I'm excited about the new retail establishments, office buildings, and hotels that are under construction, as well as the variety of new housing under development. Progress also is being made every day with the construction of the Microsoft Data Center just north of Highway 5. Our development activity is strong, and that's good news as we move into budget discussions for the coming fiscal year.

Finally, I want to thank everyone for taking the time to answer questions from the Special Census enumerators who have been going door-to-door in our neighborhoods. The additional road use funding we'll receive as a result of their efforts to document our population growth will definitely make a difference in our community.

We couldn't have done it without our residents and those of you who applied to work as Census takers, office staff or crew leaders. We appreciate your patience throughout this process, and we're looking forward to seeing the results of your good work!

Tom Hadden

FALL 2015

WDM Parks & Recreation

PROGRAM GUIDE

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Online
Registration
Starts:

Tuesday, August 11
8am



West Des Moines Parks and Recreation Department Facilities

Administrative Office at WDM City Hall

4200 Mills Civic Parkway

222-3444

Raccoon River Park Nature Lodge

2500 Grand Avenue

222-3424

Raccoon River Park Archery Facility

2500 Grand Avenue

222-3424

Raccoon River Park Softball Complex

2500 Grand Avenue

222-3505

West Des Moines Community Center

217 5th Street

222-3440

Holiday Aquatic Center

1701 Railroad Avenue

273-0700

Valley View Aquatic Center

255 S. 81st Street

273-0700

West Des Moines Teen Center

1401 Vine Street

202-5169

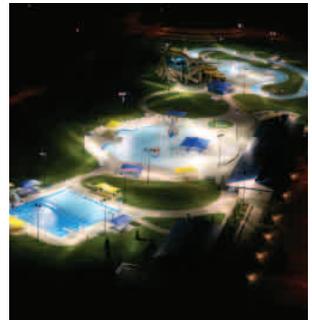
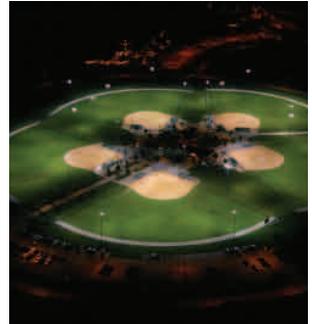
Jordan Cemetery

2950 Fuller Road

222-3444

Weather Cancellation Hotline

222-3500



Jordan Cemetery

A resting place for many of the founding families of West Des Moines, Jordan Cemetery is located at 2700 Fuller Road. Jordan Cemetery dates back to 1846 when James Jordan arrived in Polk County and homesteaded in the area. The cemetery is now operated by the Parks and Recreation Department and continues to provide cemetery lots for sale. If you would like information, please contact the Parks and Recreation Office at 222-3444.



West Des Moines Parks

American Legion Park...301 Vine St.
 Ashawa Park.....4431 Waterford Dr.
 Brookview Park400 81st St.
 Crossroads Park.....5205 Ashworth Rd.
 Fairmeadows Park.....543 22nd St.
 Florer Park.....1410 Locust St.
 Holiday Park.....1701 Railroad Ave.
 Huston Ridge Park8455 Coachlight Dr.
 Jaycee Park5608 Center St.
 Jordan Creek Park.....310 50th St.
 Kiwanis Park.....3101 Maple St.
 Knolls Park5150 Aspen Dr.
 Maple Grove Park.....9350 Chalk St.

Meadowview Park638 Prairie View Dr.
 Pearson Park1256 19th St.
 Peony Park.....1100 63rd St.
 Quail Cove Park1515 South 52nd St.
 Raccoon River Park.....2500 Grand Ave.
 Railroad Park425 Railroad Ave.
 Scenic Valley Park.....1223 South 24th Ct.
 Southwoods Park.....350 South 35th St.
 Valley View Park.....255 81st St.
 Western Hills Park4115 Walnut St.
 Wild Rose Park6801 Cody Dr.
 Willow Springs Park.....5685 Wistful Vista Dr.
 Wilson Park.....298 9th St.

West Des Moines Community Center Rentals

Located in the heart of Valley Junction, the West Des Moines Community Center offers a variety of meeting and social function spaces that can meet your needs. On the first level there are several flexible rooms that can accommodate groups from 20 to 100 people depending on your set up requirements.

The Grand Ballroom is located on the second level of the building which offers space for seated functions for groups as large as 200 people. The Ballroom has recently been updated with a new maple wood floor, ceiling and lighting updates, a fresh coat of paint, and new windows. It is a great space for large family or business dinner affairs as well as wedding receptions.

Give us a call at 222-3440 to check rates and availability today!



Nature Lodge Rentals

Looking for a room with a view to hold that family function or business meeting? Then the Raccoon River Park Nature Lodge is just the place for you! The Lakeview Room provides a panoramic view of Blue Heron Lake in Raccoon River Park. This unique setting provides a quality experience for your guests to enjoy and offers a variety of spaces and services to make planning your event and easy as one...two...three!

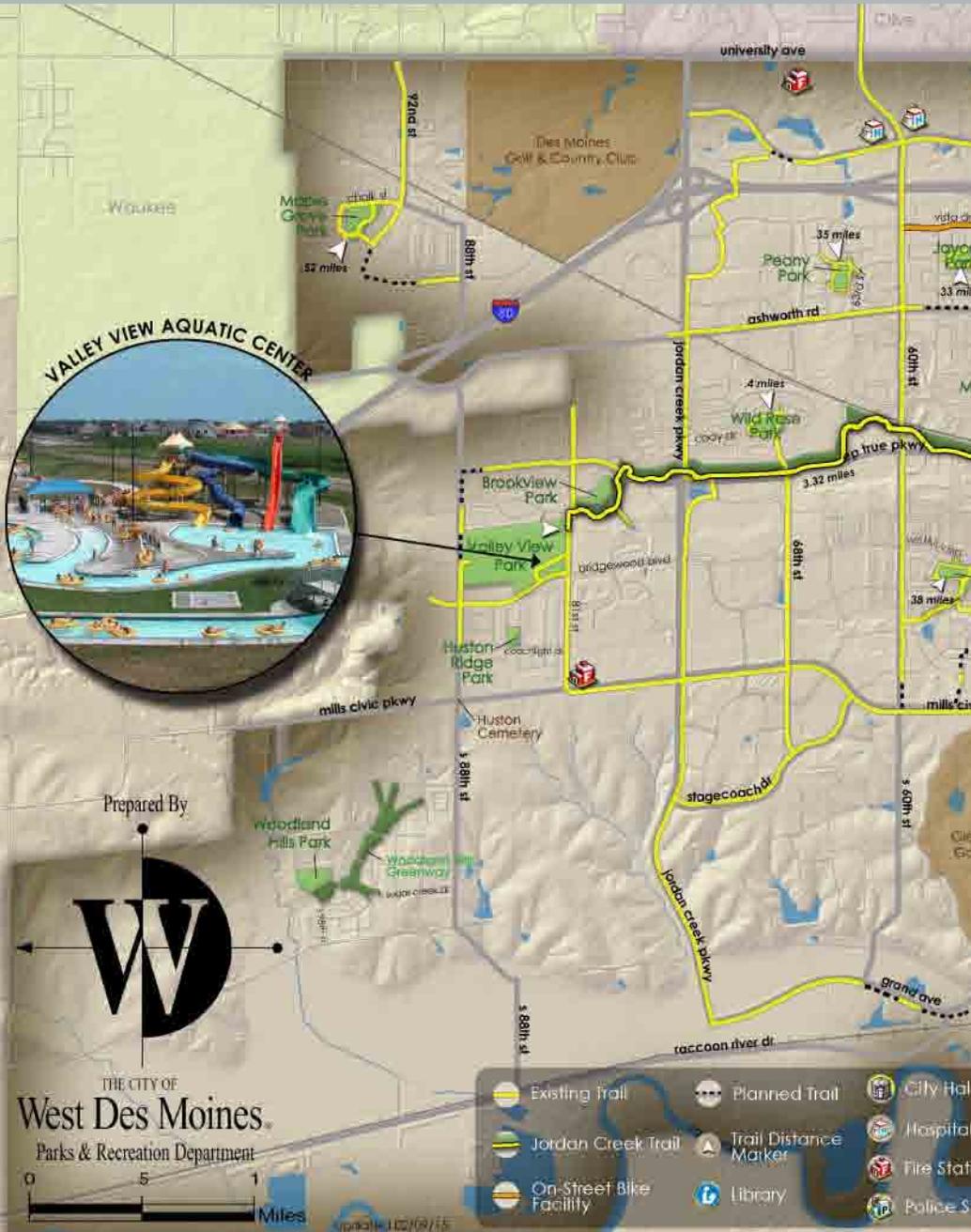
The Lakeview Room accommodates groups as small as 20 people up to sit down functions for 110 people. Our great rental rates make things affordable and works with your budget. We have preferred caterers if you choose to use them, or feel free to make your own arrangements with your caterer. Only beer and wine are allowed at the Lodge.

Give us a call at 222-3424 to check availability!



PARKS & TRAILS MAP

WEST DES MOINES PARKS & RECREATION





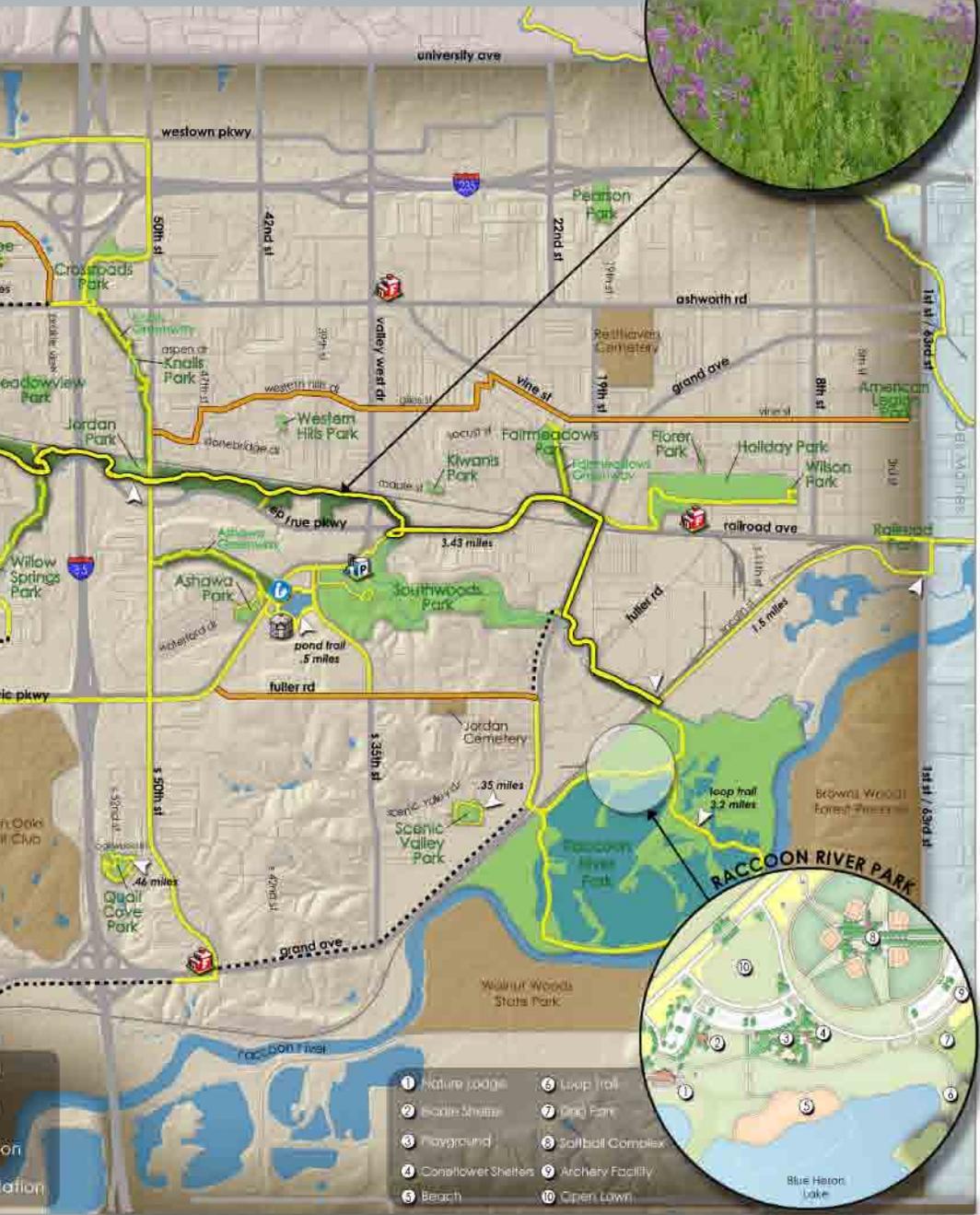
"IOWA BY TRAIL" APP

available FREE on Apple and Android devices

Visit the iTunes Store or Play Store to download



JORDAN CREEK TRAIL



RACCOON RIVER PARK

- 1 Native Lodge
- 2 Ladies Shelter
- 3 Playground
- 4 Coneflower Shelter
- 5 Beach
- 6 Loop Trail
- 7 Dog Park
- 8 Softball Complex
- 9 Archery Facility
- 10 Open Lawn

Raccoon River Dog Park

Dogs in Parks

For the safety and well-being of all park visitors and for the safety of your dog, please remember that the **ONLY** place that dogs are allowed to be off-leash in the City's parks is the Raccoon River Dog Park. In all other parks, rules and regulations require that dogs be on a leash not more than 10 feet long.

Also, please be considerate to other park visitors and clean up after your dog. Waste bags are provided in Raccoon River Park along the trail. Remember to bring a bag with you to all other parks and trails. We appreciate responsible pet owners!

Dog park permits are now on sale. Don't miss out on the fun!

Mail-In

Go to www.wdm.iowa.gov/DogPark to download the application form, complete it and mail the form, a copy of rabies & distemper/parvo vaccination records and payment to the address on the form.

Walk-In

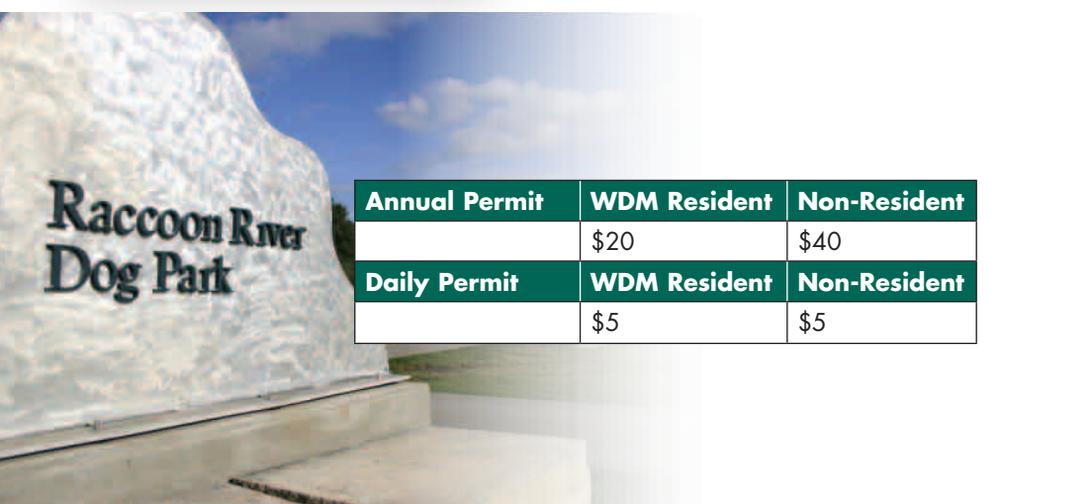
Stop by one of the following locations. Be sure to bring your dog's records showing current rabies & distemper/parvo vaccinations.

WDM Parks & Recreation Administration

4200 Mills Civic Parkway – 1B
8am – 5pm, Monday-Friday

Raccoon River Park Nature Lodge

2500 Grand Avenue
8am – 5pm, Monday-Friday
Evening/Weekend Hours –
Call 222-3424



Annual Permit	WDM Resident	Non-Resident
	\$20	\$40
Daily Permit	WDM Resident	Non-Resident
	\$5	\$5



Raccoon River Park Archery Facility

The facility is the first of its kind in Iowa and features:

- Enclosure walls/fencing
- Overhead ‘arrow curtains’
- Shelter over shooting area
- Staging area
- 12 shooting lanes
- Target blocks up to 40 yards distance

Learn more about the facility and download permit forms at www.wdm.iowa.gov/Archery. Questions? (515) 222-3444 or ParkRec@wdm.iowa.gov

Annual Permit	WDM Resident	Non-Resident
Adult	\$20	\$40
Youth (15 & Under)	\$10	\$20
Daily Permit	WDM Resident	Non-Resident
Adult	\$5	\$5
Youth (15 & Under)	\$5	\$5

Permits can be purchased at the following locations:

- **West Des Moines Parks & Recreation Office**
4200 Mills Civic Pkwy, Suite 1B, West Des Moines
Phone: 222-3444 | Fax: 222-3459
Monday-Friday, 8:00am-5:00pm
- **Raccoon River Park Nature Lodge**
2500 Grand Avenue, West Des Moines
Phone: 222-3424 | Fax: 222-3658
Monday-Friday, 8:00am-5:00pm, call for evening/weekend hours



Using the Facility

- A permit is required for each person shooting arrows.
- The Archery Facility is open daily for use from dawn to dusk.
- Archers must supply their own equipment and paper targets.
- Children 15 and under must be supervised by an adult at all times.
- Stationary target blocks are provided; each serves 2 lanes.
- To increase the life of target blocks, use pins to attach paper targets and aim for different areas. No broadheads allowed.

See page 13 and 19 for Archery programs

Help light up West Des Moines!

IllumiFest

a Fall Festival of light

Photo by Rob Dehnert



Saturday
September 26
4pm – 9pm

4200 Mills Civic Pkwy
WDM City/School Campus



- **Inflatables & Games**
- **Food vendors**
- **FREE hot air balloon rides**
- **FREE demonstrations and exhibits by Chinese Association of Iowa**
- **FREE lantern making**
- **“Royal Promenade” around the Pond with Little Princess Parties**

(Please see page 9 for event details and registration)

- **FREE outdoor movie — Cinderella**
- **Fireworks**

And much, much MORE!



For more information check out

www.illumifest.com

ILLUMIFEST EVENTS



“Royal Promenade” around the Pond with Little Princess Parties

This is a unique event, created to complement our Illumifest special event! Join several of the “Royal Princesses” for a meet-and-greet before the movie Cinderella plays on the giant 28’ outdoor movie screen. These professional look-alike Royal characters will be stationed around the pond and available for an autograph and quick photo with your little ones! You will receive a unique “autograph book” with the Little Princess Parties actress photos inside for signing. What a fantastic storybook keepsake to a most memorable evening!

DAY	Saturday
DATE	September 26
TIME	5pm – 7pm
LOCATION	WDM City/School Campus— around the pond
AGES	2 and up
PROGRAM #	15018
FEE	\$10 per child
REGISTER BY	September 11

*** Please note: Due to time limitations, your registration does not guarantee you a photo and an autograph with ALL Royal characters available. Autograph books must be picked up in the Parks and Recreation Office Wednesday – Friday, September 23rd – 25th and brought to the event. A very limited number of books will be available for purchase on-site.**

STORY HOUR AT THE LODGE

Come to the Nature Lodge to enjoy story hour with our staff naturalist. Bring a lunch to enjoy as we share nature books, stories and games.

DAY	DATES
Wednesdays	October 21 – November 11
TIME	Noon
LOCATION	Raccoon River Park Nature Lodge
AGES	ALL
FEE	FREE

HALLOWEEN HOOPLA

Halloween is lurking just around the corner, and this haunted holiday would not be complete without a fun, family-friendly event at Raccoon River Park. Come on out and join the freaky festivities. We will decorate pumpkins and enjoy a ride on the "Witch's Wagon" around the Lake. You will be treated to Count Dracula's "blood" while making your own Skeleton S'mores! Be sure to save the date....we're just dying to see you there.



DAY	Friday
DATE	October 23
TIME	5:30pm – 7:30pm
LOCATION	Raccoon River Park Nature Lodge
AGES	All AGES (Please note: All children must be supervised by a paying adult to participate in the evening festivities and to ride the hayrack.)
FEE	ages 12+: \$6 ages 2 – 11: \$4 under 2 years: FREE
REGISTER BY	October 9
PROGRAM #	15019

BEGGARS NIGHT

Beggars night for the City of West Des Moines will be Friday, October 30 from 6pm – 8pm.

HOLIDAY TURKEY SHOOT

A wonderful holiday event for children and adults. Teams will consist of an adult and child. Each team will get 20 free throws (10 per person). High score in each age group wins a turkey. Age groups for boys and girls will be available. To register please call the Walnut Creek YMCA at 224-1888.

DAY	Friday
DATE	November 6
TIME	7pm
LOCATION	Walnut Creek YMCA
AGES	ALL
FEE	FREE



BREAKFAST WITH SANTA

Join us for this fun, festive, holiday breakfast featuring Santa Claus himself! Our event features an all you can eat pancake breakfast catered by "Chris Cakes." Photos on Santa's lap will be available so be sure to bring your camera. Limited tickets will be available for purchase at the door. Please be sure to register early. (Please note: All children must be supervised by a paying adult to attend.)

DAY	Saturday
DATE	December 12
TIME	8am – 10am (Open house format)
LOCATION	Raccoon River Park Nature Lodge
AGES	ALL
FEE	ages 12+: \$6 ages 2 – 11: \$4 under 2 years: FREE
REGISTER BY	November 25
PROGRAM #	15021



THIS IS SANTA CALLING

Have you been naughty or nice? This is a free service for children 3-6 years old who are West Des Moines residents. If your child would like to talk to Santa, just call the North Pole Extension Office at 222-3444 after October 3. You will be mailed an information sheet to return to Santa before the date of the calls.

DAY	Monday
DATE	December 14
TIME	6pm – 7:30pm

ONE STOP SHOPPING!

Are you looking for a unique gift for the Holidays? Do you enjoy the products sold at "Home Shows" but haven't had the time or energy to host a party? Well, we've got the answer for you! Representatives from several home-based businesses will gather to display their products, all under one roof. Let this unique event take some stress off your holiday shopping by bringing these wonderful products to you!

This will be held in conjunction with Valley Junction's "Jingle in the Junction" event. What a great way to shop and prepare for the holidays in a unique retail district.

DAY	Thursday
DATE	November 19
TIME	5pm – 8pm
LOCATION	WDM Community Center South Dining Room
AGES	ALL
FEE	FREE ADMISSION
Limited vendor space available. Please call Jodie at 222-3645 for more information.	



MARTIAL ARTS

FAMILY

TAE-KWON-DO/KARATE

The Korean art of self defense, Tae-Kwon-Do, is recognized as a beneficial method of improving health, balance, agility and poise. As a philosophy of mental alertness and moral ethics, TKD can serve to enhance anyone's life, young or old. Beginner classes are for white through green belts. Intermediate/Advanced classes are for green belts and up.

BEGINNER CLASS

SESSION	DATES	PROGRAM #
1	August 25 – October 13	14973
2	October 20 – December 8	14976
DAY	TIME	FEE
Tuesdays	6:30pm – 7:30pm	\$40 per session

LOCATION	WDM Community Center
AGES	6+
REGISTER BY	One week before the session starts

INTERMEDIATE/ADVANCED CLASS

SESSION	DATES	PROGRAM #
1	August 25 – October 13	14974
2	October 20 – December 8	14975
DAY	TIME	FEE
Tuesdays	7:30pm – 8:30pm	\$40 per session

**TAE-KWON-DO/ KARATE
LITTLE NINJAS INSTRUCTOR:**
Phil Dickey: *Fifth Degree Black Belt in Karate, Fourth Degree Black Belt in Tae-Kwon-Do, International Martial Arts Hall of Fame Inductee*

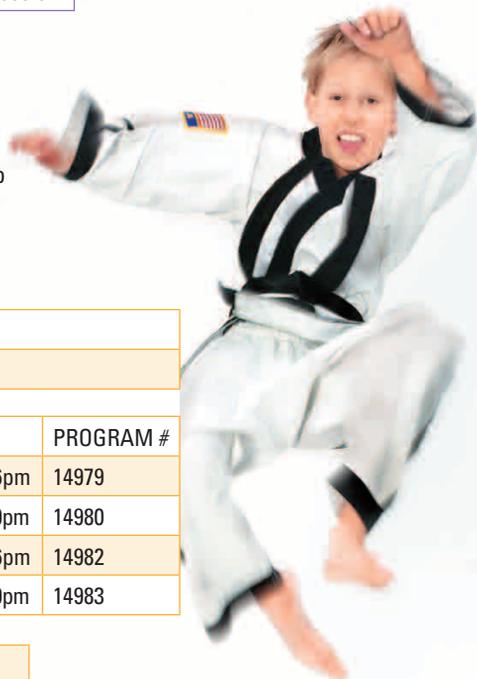
LITTLE NINJAS

Join our early childhood program designed to teach the basic fundamentals of both Tae-Kwon-Do and Karate. This class will focus on building self-respect, self-confidence, coordination of mind and body, and self-discipline.

DAY	FEE
Tuesdays	\$28 per session

DATES	SESSION	TIME	PROGRAM #
August 25 – October 13	1	5:30pm – 6pm	14979
August 25 – October 13	1	6pm – 6:30pm	14980
October 20 – December 8	2	5:30pm – 6pm	14982
October 20 – December 8	2	6pm – 6:30pm	14983

LOCATION	WDM Community Center
AGES	4 – 5
REGISTER BY	One week before the session starts



YOUTH



EXPLORE ARCHERY

Have you thought about trying out archery, but you don't have any equipment? These family events are planned just for you! Come to the NEW archery facility at Raccoon River Park to give it a try. We will provide bows and arrows for you to try this exciting new sport. This activity is free, but registration is required.

DAYS	DATES	TIME	PROGRAM #
Tuesday	August 25	5:30pm – 7pm	14995
Wednesday	Sept. 16	5:30pm – 7pm	14996
Thursday	Oct. 15	5:30pm – 7pm	14997
LOCATION	Raccoon River Park Archery Facility		
AGES	6+		
FEE	Free		

SENIOR DAYS

These days are for active seniors! Have you wanted to try archery? We have the equipment, so come and try it out. This event is free, but registration is required.

DAY	DATE	TIME	PROGRAM #
Thursday	Sept. 10	9:30am – 11am	14998
Tuesday	Oct. 20	12:30pm – 2pm	14999

HUNTER EDUCATION

Anyone born after January 1, 1972 is required to complete a 12 hour Hunter Safety Course before they can obtain an Iowa hunting license. The two-day course includes instruction on safe handling of firearms and archery equipment, as well as information on hunter ethics, conservation management and hunting regulations.

DAYS	DATES	TIMES
Must attend both days		
Thursday	August 20	6pm – 9pm
Saturday	August 22	8am – 5pm
(please bring a sack lunch on Sat.)		
LOCATION	Raccoon River Park Nature Lodge	
AGES	12+	
FEE	Free	
TO REGISTER	http://www.iowadnr.gov/training	



BEGINNERS FIRST STEPS DANCE

Beginners First Steps Dance classes are designed to introduce children to the fundamental skills of dance at a cost and time commitment that is minimal to parents. All classes are led by Josalynn Agnew, an instructor with many years of studio experience. Let your child learn basic dance movements in a non-threatening, recreational environment!

- 3-4 year olds will receive instruction in ballet and jazz.
- 5-7 year olds will receive instruction in ballet, jazz, and tap.

DAY	Tuesdays	
DATES	September 8 – October 13	
AGES	TIME	PROGRAM #
3 – 4	5:30pm – 6pm	15028
3 – 4	6pm – 6:30pm	15029
5 – 7	6:30pm – 7:30pm	15030
DATES	October 20 – November 24	
AGES	TIME	PROGRAM #
3 – 4	5:30pm – 6pm	15032
3 – 4	6pm – 6:30pm	15033
5 – 7	6:30pm – 7:30pm	15034
LOCATION	318 5th Street (former Human Services building)	
FEE	\$39	



No special shoes are required.

INTERMEDIATE FIRST STEPS DANCE

Intermediate First Steps Dance classes are designed as a way for students who have completed a First Steps Dance class in previous sessions to advance their skills. These sessions are 12 weeks in length, as opposed to 6 weeks, and will end with a performance that friends and family members can attend to watch the dancers show off their finely-honed skills. All classes are led by Josalynn Agnew, an instructor with many years of studio experience.

DAY	Mondays	
DATES	September 14 – November 30	
AGES	TIME	PROGRAM #
5 – 7	5:30pm – 6:30pm	15035
8 – 10	6:30pm – 7:30pm	15036
LOCATION	318 5th Street (former Human Services building)	
FEE	\$79	



YOUTH SPORTS

The Right Start...Start Smart

Start Smart Programs, created by the National Alliance for Youth Sports, help kids get ready for sports...and succeed in life. It is a step-by-step approach that makes sports fun and builds confidence and self-esteem. The Start Smart philosophy is based around the idea that kids and parents will be able to have a positive sports experience together. Start Smart was developed by top motor skill development specialists in the field of youth sports. Parent-child groups perform motor skill tasks that gradually build confidence in children while they are having fun at the same time. Also, parents spend quality time together with their child while learning how to properly teach and support them in sports.

Please note that this program is not a competitive game setting. Skills are taught in stations each week. All materials needed for participation are included in the registration fee, and a parent must attend and participate with their child. It is recommended that non-registered siblings do not attend as it makes it difficult for parents to fully participate in the program.

SOCCER	
DAY	Tuesdays
DATES	PROGRAM #
Sept. 8 – Oct. 6	14920
TIME	5:30pm – 6:30pm
LOCATION	Meadowview Park
AGES	4 – 6
FEE	\$65
MAXIMUM	20

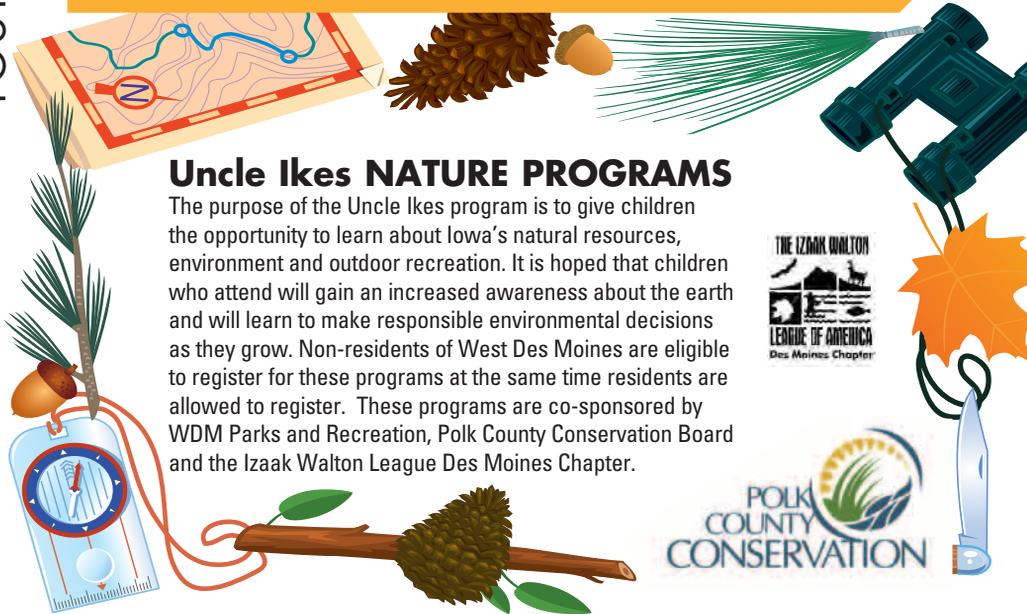
LACROSSE	
DAY	Thursdays
DATES	PROGRAM #
Sept. 10 – Oct. 8	14921
TIME	5:30pm – 6:30pm
LOCATION	Ashawa Park
AGES	5 – 7
FEE	\$70
MAXIMUM	15

NEW



WEATHER CANCELLATION HOTLINE: **222-3500**

NATURE CLASS FOR CHILDREN 3-5



Uncle Ikes NATURE PROGRAMS

The purpose of the Uncle Ikes program is to give children the opportunity to learn about Iowa’s natural resources, environment and outdoor recreation. It is hoped that children who attend will gain an increased awareness about the earth and will learn to make responsible environmental decisions as they grow. Non-residents of West Des Moines are eligible to register for these programs at the same time residents are allowed to register. These programs are co-sponsored by WDM Parks and Recreation, Polk County Conservation Board and the Izaak Walton League Des Moines Chapter.

NATURE FRIENDS - PRESCHOOLERS EXPLORING NATURE

Nature Class for children 3-5 with an adult

We will explore a different nature topic each evening through stories, sharing time, guided exploration, and art activities. Snacks will be provided.

Participate in a Park Passport Program. Attend five different programs, each located at a different park and receive a Nature Friend Explorer pack. Participants must record program name, location and date with the speaker’s initials on their passport. Turn the passport in at the office at Jester Park or Raccoon River Nature Lodge to receive your Nature Friend Explorer pack. One Nature Friend Explorer pack per child please.

Day	Date	Location	Program Name	Program #
Tues.	8/18	Jester Park Shelter #5	Water Wonders	14756
Mon.	9/14	Raccoon River Park NL	Migration Sensation	14988
Tues.	9/29	Brown’s Woods	Falling Leaves	14989
Mon.	**10/ 5	Jester Park (Playscape)	Fossil Dig	14990
Tues.	**10/20	Quail Park	Spunky Spiders	14987

Times 6:30pm – 7:30pm
** 6pm – 7pm

Ages 3 – 5 and an adult

Fee \$7



PRESCHOOL PROGRAMS

PARENT/CHILD TUMBLE TOTS

Tumble Tots is a beginning tumbling program for boys and girls ages three and four with their parents. This course will focus on forward rolls, coordination and walking on a foam balance beam. Each 45 minute class is held at the Nature Lodge at Raccoon River Park. Class size is limited to 15 participants. Parent participation required.

DAY	Tuesdays
DATES	November 3, 10, 17, 24
TIME	5:30pm – 6:15pm
LOCATION	Raccoon River Park Nature Lodge
AGES	3 – 4 with parent
FEE	\$29
PROGRAM #	15022

INDOOR PLAYGROUND

Need to get out of the house and let that toddler run off some steam? We’ve created an indoor playground that can help get the job done. Toys, slides, and riding toys will challenge your child for a day of fun! Parents are required to stay and supervise their children.

DAYS	Mondays & Wednesdays
DATES	October 14 – December 16
TIME	10am — Noon
LOCATION	WDM Community Center
AGES	4 and under with adult
FEE	FREE

PARK PACKS

Have you ever wanted to do fun and educational outdoor activities with your children, scouts or home school group, but didn’t know where to start? The West Des Moines Parks and Recreation Department has put together “Park Packs” to help you get started. These packs will give you the knowledge and activities to get your family out and enjoying nature. You will be able to check out the “Park Packs” from the Nature Lodge. We currently have packs available on insects, birds, mammals, GPS Geocaching and life in the pond. Come and check one out today!



C3-PA

(Collaborative Construction Camp – Public Art)

The West Des Moines Public Arts Advisory Commission would like to invite 12-14 year olds to this exciting, new camp where participants design and construct a large art piece that is displayed in a public space in West Des Moines. With funds partially provided by a Bravo Community Enrichment grant, Jeff Boshart, an art professor at Eastern Illinois University, will lead the group throughout the process. The group will first create a small scale model of a sculpture out of balsa wood in a classroom setting led by Jeff Boshart. After the model is complete, the students can assist in the fabrication of the steel tube “boxes” on site in a safe manner. This truly is an opportunity for participants to see the entire process of producing a piece of public art! The program fee includes a t-shirt and all supplies needed for participation. You can learn more about Jeff Boshart and his work at www.jeffboshart.com. For more detailed information on this program please contact the Parks and Recreation Office.

DAYS	DATES	TIME	COLLABORATIVE
Saturday	Sept. 19	10am – 4pm	Classroom
Sunday	Sept. 20	1pm – 4pm	Classroom
Monday – Friday	Sept. 21	4pm – 6pm	Fabrication (optional attendance)
Saturday	Sept. 26	10am – TBD	Final Assembly
LOCATION	TBD		
AGES	12 – 14		
FEE	\$39		
MAXIMUM	24		
PROGRAM #	15054		

Please note dates and time are subject to change.



“Interstellar Naught” by Jeff Boshart

NEW

YOUTH ARCHERY FUN TOURNAMENT

We are having an archery tournament just for the fun of it! There will be no awards, but each flight of archers will have the chance to win door prizes. Shooting will be at 15 yards using NASP targets and scoring. Each archer will shoot three, 5 arrow rounds. You must sign up for a shooting time.

DAY	Saturday	
DATE	September 19	
FLIGHT	TIME	PROGRAM #
1	9:30am	15012
2	9:50am	15013
3	10:10am	15014
4	10:30am	15015
5	10:50am	15016
6	11:10am	15017
LOCATION	Raccoon River Archery Facility	
AGES	9-14	
FEE	\$5	





Birthday Parties At The Nature Lodge

Birthdays are special, and we have some great ways to celebrate them! Choose from various themes and locations, and leave the planning details to us. Our parties include: setup; a reserved space for your event; a party host or hostess; a theme-related activity; cake; ice cream; juice; paper goods; and most importantly....the cleanup. All parties cost \$110 for the first 12 participants (including the

birthday child) and are two hours in length. An additional fee of \$10 per child will be charged for parties larger than 12, with a maximum of 15 participants allowed.

PLEASE NOTE: All party participants must meet the minimum age required for each specific party. To schedule your special date, please call 222-3424. Reservations must be made at least 2 weeks in advance.

THEME	AGE <i>(of all party participants)</i>
Animal Tracks	4-8
Prehistoric Pals	4-8
Pirate Party	5-8
Flower Power	5-8
Princess Party	5-8
Star Wars	5-8

Party themes are effective September 1st.



Parties @ THE WDM Teen Center

Are you looking for something new to do for your child's birthday this year? Want to take your youth group somewhere they haven't been yet? Just looking to have fun with your friends for a night?

Then the WDM Teen Center is the place for your next party!

Choose 2 elements for your party from the list below. We will provide the staff, the facility, the snacks, the setup and the cleanup. All you have to do is come and enjoy yourself and thrill your guests!

Location: 1401 Vine Street

Days/Time: M — F • 6:30pm – 8:30pm

Fee: \$120 for the first 15 participants
(\$5 per additional participant with a max of 30 participants)

PARTY ELEMENTS (pick any 2)

Rock Wall Warriors

We have an 18 ft high rock climbing wall that can climb 2 people at a time. We have all the necessary equipment. Anyone wanting to climb must wear tennis/climbing shoes and complete an activity waiver.

Movie Mania

We will set up our sound system and projector to create a movie theater experience for your group. Popcorn is included for your guests. You help pick the movie.

Vigorous Video Games

We will get you set up on the Xbox 360, Kinect, Wii, or Playstation. We have a wide range of games to choose from.

Rec Room Revelry

We have a pool table, ping pong table, foosball table, basketball spot shot, and air hockey table all for you to enjoy. We can even set up a tournament for you and your guests to challenge each other throughout the evening.

Karaoke Kraziness

We will set up our sound system and projector to rock out with your friends. We have loads of songs for you to choose from.

**Call 222-3444
to schedule your
party today!**

Reservations must be made at least two weeks in advance.

JOIN IN ON THE FUN!

TEEN WEST DES MOINES CENTER

VIDEO GAMES
TABLE GAMES
ROCK CLIMBING WALL
AND MUCH MORE

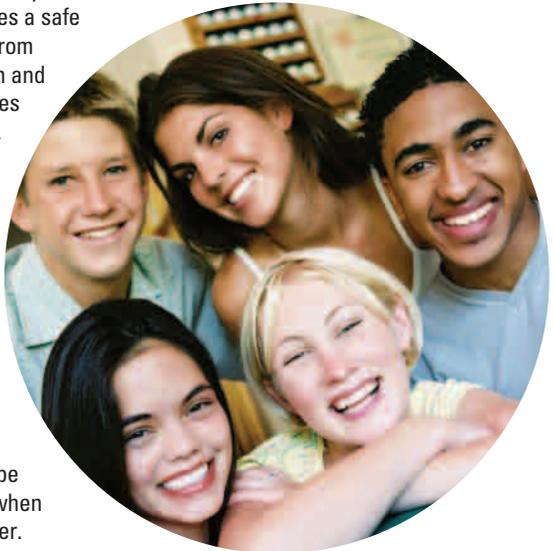
1401 Vine Street • 515.202.5169

HOURS:

Monday • Tuesday • Thursday • Friday 2:30pm – 6pm
Wednesday 1:50pm – 6pm

What the WDM Teen Center is all about.

Headed up by the West Des Moines Parks and Recreation Department, the WDM Teen Center opened its doors in the Fall of 2006. Working jointly with WDM Community Education and the WDM Community School District (WDMCSD), the Teen Center provides a safe and recreational environment for students from Stillwell Junior High, Indian Hills Junior High and Valley Southwoods. The Teen Center features movie days, cooking classes, pool tournaments, guest speakers, sports, study time, leadership games, and dances, among other activities. User survey results show 76% of youth stay at the Center for two hours or more, and 69% say it is likely they would be home alone if they could not attend the Teen Center. Community support has truly made this a safe and fun environment for the youth of West Des Moines. The Teen Center follows the WDMCSD calendar and is not open when school is closed. The Teen Center will also be closed when there is an early dismissal or when school is cancelled due to inclement weather.



Your kids will find great things to do at the Teen Center.

From video games to Internet access, your child will find a large variety of activities to keep them busy while they are at the Teen Center.

The WDM Teen Center has 8 computers that have Internet access. This access is filtered through the WDMCSD's safety settings. So basically, anything they can access at school, they can access at the Teen Center, or vice versa. Students sign up for time slots each day in which they can use the computers. A staff member is always in the room when computers are being used. The Teen Center has been fortunate in receiving many donations throughout its short history. Some of these include a pool table, foosball table, 2 Wii game systems, an Xbox 360, a rock climbing wall, numerous books, puzzles, craft supplies, and much, much more. One day each week is known as the Snack Shack day. Students can purchase after-school concessions and often help in the management of the Snack Shack.

Field trips are often scheduled where staff take up to 10 students off-site for either a recreational or service-oriented activity. Of course, studying is always allowed and staff members are more than willing to help your child with daily assignments and homework. And finally, most Teen Center attendees like to just sit around in one of our many furnished areas and chat with friends.



Follow the WDM Teen Center on Facebook.

Why you need to register your child today.

To ensure your child's access to the Teen Center, please register them online.

Each student wanting to attend the Teen Center must register. Students will be admitted to the Teen Center by scanning the school ID each day of attendance. This will need to be done when they arrive and when they leave each day. Students can only sign in and out one time per day.

The West Des Moines Teen Center will be charging a yearly registration fee of \$50 per student. Each student is allowed up to 3 FREE visits to the Teen Center. The \$50 fee will be charged if a child has used the Teen Center more than 3 times. If payment is not received after the third visit, admittance will not be granted on the student's next visit.

Your child can be registered and the registration fee can be paid online at <https://reconline.wdm-ia.com> using the program #14923.

Discipline Policy at the Teen Center

The Teen Center uses the "3 Strikes You're Out" method of discipline. A detailed record of each offense will be kept on file. Parents will be notified if their child has received a strike. The first strike will result in removal from the Teen Center for the day. The second strike will result in removal from the Teen Center for 5 school days. The third strike will result in removal from the Teen Center for the remainder of the school year. The Teen Center is a Zero Tolerance facility, and the discipline for all offenses will be left to the Teen Center staff members' discretion.

WDM Teen Center Registration Form and Registrant Handbook can be found at www.wdm.iowa.gov/teencenter

JUST YELL FIRE™ CLASS

The award winning Just Yell Fire™ program is the leading teen safety and self-defense program in the nation. This class for middle and high school students (ages 12-17) is designed to empower participants with the information and skills they need to protect themselves. The comprehensive program presents participants with the Dating Bill of Rights and teaches ways to stay safe, predict violence and avoid and deter potentially dangerous situations. The simple, easy to learn street fighting techniques give participants the confidence that they could effectively fight back and escape attack situations, even against someone larger and stronger. All participants receive an educational booklet, bookmark, and training DVD to take home.

Instructor: Amanda Kruse, MSW, Des Moines Area Self Defense, LLC



DAY	Wednesday	
TIME	6:30pm – 8:30 pm	
DATE	SESSION	PROGRAM #
October 21	1	14977
November 11	2	14978
LOCATION	WDM Community Center	
AGES	12 – 17 years	
FEE	\$45	

***Advance Registration Required. To register for a class, call 1-800-RED CROSS or visit redcross.org/takeaclass**

AMERICAN RED CROSS PROGRAMS

BABYSITTER'S TRAINING

This course gives youth ages 11 to 15 years old the knowledge and confidence to care for infants and school-age children. Combining video, activities, hands-on skills training and discussion for a complete learning experience, Babysitter's Training teaches youth how to:

- Respond to emergencies and illnesses with first aid, rescue breathing and other appropriate care
- Make decisions under pressure
- Communicate with parents to learn household rules
- Recognize safety and hygiene issues
- Manage young children
- Feed, diaper and care for infants
- Start their babysitting business

*Be sure to bring a sack lunch.

ADULT AND PEDIATRIC FIRST AID/CPR AND BBP

Training meets OSHA Guidelines for First Aid Programs and combines lecture, interactive video demonstrations featuring emergency scenarios that are likely to occur in a variety of environments and hands-on training to teach participants lifesaving skills.

- First Aid: Participants learn to recognize and care for a variety of first aid emergencies, such as burns, cuts and scrapes, sudden illnesses, head, neck and back injuries, and heat and cold emergencies.
- CPR Adult: Participants learn how to perform CPR and care for breathing and cardiac emergencies in adults.
- CPR Child and Infant: Participants learn how to prevent, recognize and respond to cardiac and breathing emergencies in infants and children under 12.
- Bloodborne Pathogens: This training course is designed for workers at risk for on-the-job exposure to blood or other body fluids that could cause infection.

*This course meets requirements for childcare providers in the state of Iowa.

For dates, please call the American Red Cross.



BALLROOM DANCING

LEVEL I & II

ABSOLUTE AND BEYOND BEGINNER BALLROOM

This ballroom class is for anyone who is an absolute beginner, never danced before, or may have 2 left feet and for anyone who has some knowledge of various ballroom dances. It will be a great class for those who need to review their Level I – Absolute Beginner Ballroom class and for those who would like to add additional figures beyond that class. This course teaches 6 dances: Foxtrot, Swing (East Coast), Waltz, Rumba and introduction to Tango and Cha Cha except in the 6 week class when only the first 4 dances will be taught. Jim and Suzi will teach 4-6 figures in each dance as we progress through the class. When you complete this course you should be comfortable going to wedding reception dances, cruises, or social dances at business functions and various venues around the greater Des Moines area.

LEVEL II AND LEVEL III

INTERMEDIATE BALLROOM

This ballroom class is for anyone who has completed Level I and Level II classes or has equivalent experience in dancing and training. These classes are intended as a follow-on course for the Level I and Level II Ballroom students. If you have not had this previous class but you know 5-8 figures in Foxtrot, Swing, Waltz, and Rumba, and a few figures in Tango and Cha Cha, you are welcome to join this class. If you know some of these dances well, you may attend the associated classes.

This course teaches 1 dance for 2 or 3 weeks before moving on to another dance. Jim and Suzi will review all the figures taught in previous Level I and Level II Ballroom classes. They will then add figures and technique with an additional 3-4 figures being added to each dance as we progress through the class. This is not a single course and as many as 6 months will be required to cover all the various dances being taught at this level. Any dance not included in the normal Level I and Level II Ballroom class curriculum will be taught at a beginning level as we introduce new dances to the students.

When you complete this course you should be very comfortable dancing at any social event anywhere and perhaps using your dancing for formation teams, showcases, or even (for the more daring) competing at some event.



DAY	LOCATION				# OF WEEKS
SUNDAYS	WDM Community Center				7
CLASSES	TIMES	DATES	PROGRAM #	FEE	
Level 1 – Absolute Beginner	12:30pm – 1:30pm	Sept. 13 – Oct. 25	15037	\$60 per person	
Level 1 – Absolute Beginner	12:30pm – 1:30pm	Nov. 1 – Dec. 13	15038	\$60 per person	
Level 2 – Beyond Beginner	1:30pm – 2:30pm	Sept. 13 – Oct. 25	15041	\$120 per couple	
Level 2 – Beyond Beginner	1:30pm – 2:30pm	Nov. 1 – Dec. 13	15042	\$120 per couple	
Level 3 – Intermediate	2:30pm – 3:30pm	Sept. 13 – Oct. 25	15047	\$120 per couple	
Level 3 – Intermediate	2:30pm – 3:30pm	Nov. 1 – Dec. 13	15048	\$120 per couple	

DAY	LOCATION				# OF WEEKS
THURSDAYS	WDM Community Center				7
CLASSES	TIMES	DATES	PROGRAM #	FEE	
Level 1 – Absolute Beginner Level 2 – Beyond Beginner	6:45pm – 7:45pm	Sept. 10 – Oct. 22	15039	\$60 per person	
Level 1 – Absolute Beginner Level 2 – Beyond Beginner	6:45pm – 7:45pm	Oct. 29 – Dec. 17 (No Class Thanksgiving Day – Thursday, Nov. 26	15040	\$60 per person	

Extra Practice Times

If you would like some extra practice time you may also sign up for this option and attend any of our group classes (excluding formation practice) on either Sunday afternoon or Thursday evening. The cost for this option is \$50 per couple but you will only be taught during your regular scheduled class.

*This option is **ONLY** available to those students who are currently in a regularly scheduled class.*

DAY	SUNDAYS			
LOCATION	WDM Community Center			
CLASSES	TIMES	DATES	PROGRAM #	FEE
Formation Practice	3:30pm – 4:30pm	July – Sept.	15052	\$50 per couple
Formation Practice	3:30pm – 4:30pm	Oct. – Dec.	15053	\$50 per couple



Catch Des Moines active. Outdoor exploration. Biking trails and water slides. Experience edge-of-your-seat sports action. The thrill of crossing the finish line. The excitement of cheering in the stands. The connection with nature. Choose your journey. Watch. Do. Engage with health and wellness. It's all here in Greater Des Moines!



catchdesmoinesactive.com

ADULT FITNESS



ZUMBA Fitness®

Starting to exercise, returning to it or want the newest dance fitness program in town? Are you ready to party yourself into shape? ZUMBA Fitness® provides an invigorating, effective, easy to follow, Latin-inspired, calorie-burning dance for the active enthusiast. No previous experience is necessary. 12 yrs and older welcome. You will be taught the steps and encouraged to groove at your own pace. Wear comfortable clothes, athletic shoes and bring a water bottle. Good time guaranteed! Please check with your physician prior to starting any fitness routine. No classes on holidays.

JOIN AT ANY TIME!

DAY	TIME
Monday	5:15pm – 6:15pm
Tuesday	4:15pm – 5:00pm
Wednesday	5:15pm – 6:15pm
Thursday	5:15pm – 6:15pm
LOCATION	WDM Community Center
AGES	12+
FEE	<ul style="list-style-type: none"> • Unlimited monthly classes for \$35 • 8-class punch card for \$50
REGISTRATION INFORMATION	Contact Eva: 515-419-9523 • 515-779-0467 zumbafunfiesta.com

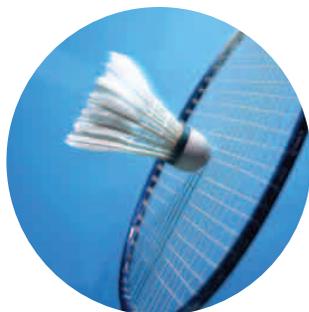


ADULT SPORTS

ADULT GOLF LESSONS

Whether you are an experienced golfer or just starting out, this class can help you. Group instruction will be provided along with individual attention as needed. Lessons are held at West Grand Golf. Participants will need to bring all clubs to first class.

DAYS	Monday – Thursday
DATES	September 14 – 17
TIME	6:30pm – 7:30pm
LOCATION	West Grand Golf, 6450 Raccoon River Drive (1 mile west off of Interstate 35)
FEE	\$51 per person
INSTRUCTOR	Brian Larson
MINIMUM	15
MAXIMUM	20
PROGRAM #	15008



DROP IN PROGRAM

COED BADMINTON OPEN GYM

Drop in for recreational pick-up badminton matches.

DAYS	Sundays
DATES	August 9 – May 29
TIME	2:30pm – 5pm
LOCATION	Valley Southwoods – 625 S. 35th St.
FEE	• \$2 WDM school district residents • \$3 non-residents due on site

Corporate Sponsor Honor Roll

*We would like to say
thank you to our sponsors
and advertisers
of the Adult Sports
Programs and encourage
you to support them*

- COCA COLA
- BARKER
IMPLEMENT
- AWARDS
PROGRAM
SERVICES

THANK YOU!



ADULT COED KICKBALL LEAGUE

Applications for the upcoming Adult Kickball League are now available. Teams play a 6 game schedule. Teams will be split into Jr. High, Jr. Varsity and Varsity divisions when numbers are conducive. Call 222-3444 for more information.

GAME TIMES	6:15pm, 7:15pm, 8:15pm, and 9:15pm		
LEAGUE NAME	DAY	START DATE	PROGRAM #
Coed	Monday	August 31	14928
Coed	Tuesday	September 1	14929
Coed	Wednesday	September 2	14930
Coed	Thursday	September 3	14931
LOCATION	Raccoon River Park Softball Complex		
AGES	Adults (18 & older and a high school graduate)		
DEADLINE TO APPLY	Wednesday, August 19 at 4pm		
FEEES	Team fee \$164.30 (tax included) Non-WDM resident fee \$3		



RECREATION HOTLINE

**FOR SPECIAL PROGRAM
INFORMATION AND UPDATES
OR WEATHER-RELATED
CANCELLATIONS, CALL THE
RECREATION HOTLINE!**

222.3500

ADULT MEN'S FLAG FOOTBALL LEAGUE

Applications are now available for teams interested in joining a Flag Football league. Please call 222-3444 to have an application mailed, emailed or faxed to you. Seven man teams will play a 7 game schedule.

ADULT

GAME TIMES	6:15pm, 7:15pm, 8:15pm, and 9:15pm		
*Some Monday or Thursday games may be scheduled for all leagues			
LEAGUE NAME	DAY	START DATE	PROGRAM #
Men's A	Tue	September 1	14924
Men's B	Tue	September 1	14925
Men's B	Wed	September 2	14926
Men's C	Wed	September 2	14927
LOCATION	Valley Stadium • 4440 Mills Civic Pkwy.		
AGES	Adults (18 & older and a high school graduate)		
DEADLINE TO APPLY	Tuesday, August 11 at 4pm		
FEES	Team fee \$508.80 (tax included) Non-WDM resident fee \$6		



MEN'S BASKETBALL LEAGUES

Applications will be available in September for teams interested in joining our exciting and very popular basketball leagues. Please call 222-3444 to have an application mailed, emailed or faxed to you. Teams will play a 10 game, round robin schedule.

All games will be staffed with high school certified officials and scorekeepers.

LEAGUE NAME	DAY	START DATE	PROGRAM #
Men's A	Wed	December 2	14932
Men's B1	Wed	December 2	14933
Men's B2	Wed	December 2	14934
Men's C1	Wed	December 2	14935
Men's C2	Wed	December 2	14936
Men's C3	Wed	December 2	14937
Men's D1	Wed	December 2	14938
Men's D2	Wed	December 2	14939
Men's B1	Sun	December 6	14940
Men's B2	Sun	December 6	14941
Men's C	Sun	December 6	14942
Men's D	Sun	December 6	14943
LOCATION	Various WDM, Clive and Waukee Schools		
AGES	Adults (18 & older and a high school graduate)		
DEADLINE TO APPLY	Thursday, November 5 at 4pm		
FEES	Team fee \$418.70 (tax included) Non-WDM resident fee \$6		



VOLLEYBALL LEAGUES

Applications for our Fall volleyball leagues are now available. Call 222-3444 to have one mailed, emailed or faxed to you. Six player teams will play a 10 match schedule. All Leagues will be staffed with an official.

LEAGUE NAME	DAY	START DATE	PROGRAM #
Coed A	Mon	September 14	14944
Coed B	Mon	September 14	14945
Coed C	Mon	September 14	14946
Coed A	Tues	September 8	14947
Coed B	Tues	September 8	14948
Coed C	Tues	September 8	14949
Women's A	Wed	September 9	14950
Women's B1	Wed	September 9	14951
Women's B2	Wed	September 9	14952
Women's C	Wed	September 9	14953
Coed A1	Thurs	September 10	14954
Coed A2	Thurs	September 10	14955
Coed B	Thurs	September 10	14956
Coed C1	Thurs	September 10	14957
Coed C2	Thurs	September 10	14958
LOCATION	Various		
AGES	Adults (18 & older and a high school graduate)		
DEADLINE TO APPLY	Thursday, August 13 at 4pm		
FEES	Team fee \$238.50 (tax included) Non-WDM resident fee \$6		



ADULT ATHLETIC LEAGUE TEAM ACCEPTANCE POLICY

The Adult Athletic League Team Acceptance Policy applies to all adult athletic leagues. The order of priority is as follows:

- 1.) **Returning Teams.** Defined as having at least 51% of last season's roster.
 - a.) Teams who participated in the league the previous season.
 - b.) Teams who participated in the league the previous year.
 - c.) Teams may be placed in another division at Department's option to equalize competition.
- 2.) **New Teams.** Teams that did not participate in the league the previous season or year.
- 3.) **Late Teams.** Any team that does not meet the established deadlines will be accepted at the Department's discretion.

If more teams apply than we have space for, priority will be given to teams with the highest percentage of players on their roster residing within the city of West Des Moines School District in all cases except softball, where City boundaries apply.

SENIOR DAY TRIPS

Open to people 55 years and over.

A DAY AT OMAHA'S HENRY DOORLY ZOO

Spend the day at one of the nation's finest zoos. We'll enjoy a leisurely day visiting the Scott Aquarium; the Lied Jungle; the IMAX Theatre; the largest indoor desert in the world, the Desert Dome; and Kingdoms of the Night, the world's largest nocturnal exhibit! Your day will include your admission ticket and an IMAX Theatre ticket. There are many concessions available as well as the Tree Tops Restaurant, overlooking the Lied Jungle. Lunch will be on your own today, at your own pace and time. "We're going to the Zoo! How about you?"

DAY	Thursday
DATE	September 10
TIME	7am – 5pm
LOCATION	Omaha, NE
DEPARTURE LOCATION	Valley West Mall — SE Lot
FEE	\$39
REGISTER BY	August 21
PROGRAM #	15023



CELEBRATION BELLE THROUGH 2 LOCK AND DAMS

Enjoy the scenic fall colors as we cruise downriver and enjoy all of the wonderful food and live entertainment along the Mississippi River to the historical town of Muscatine, IA. We'll board the largest luxury excursion vessel on the upper Mississippi River, and take in breathtaking views. As if that weren't enough to tempt you...our day will also include: sticky rolls and fruit as the cruise departs, a full hot lunch buffet, and a snack in the afternoon! Prepare yourself for a fun, relaxing day on the river.

DAY	Wednesday
DATE	October 21
TIME	7am – 7pm
LOCATION	Moline, IL to Muscatine, IA
DEPARTURE LOCATION	Valley West Mall — SE Lot
FEE	\$99
REGISTER BY	October 5
PROGRAM #	15024



THE CHURCH BASEMENT LADIES IN: THE LAST (POTLUCK) SUPPER

Those lovable Church Basement Ladies are back, one last time, for the last (potluck) supper. Lots of flashback, hilarity and brand new musical numbers. Whether you've seen them before or are brand new to the basement kitchen, you'll have fun watching the ladies dish it out. Rated G. Lunch is included at the Ox Yoke Inn, with free time for shopping. Enjoy the day out with us at the Amana Colonies!



DAY	Wednesday
DATE	November 4
TIME	8am – 7pm
LOCATION	Amana Colonies
DEPARTURE LOCATION	WDM City Hall
FEE	\$69
REGISTER BY	October 19
PROGRAM #	15025



DAY TRIP INFORMATION

*PLEASE NOTE:

Space is limited to the first 52 people who register. These trips generally fill quickly, so please register early.

The date listed is a registration cut-off date. These trips are open to people 55 years old and over. Please note the departure location for each trip!

IOWA HAWKEYES VS. PITTSBURG FOOTBALL — UNDER THE LIGHTS!

Join us as we travel to Kinnick Stadium to watch the Iowa Hawkeyes take on Pittsburg for an exciting night game! This trip includes your game ticket in section 217, tailgate parking and round trip transportation. Pack your cooler, and leave the driving to us as we travel via deluxe motor coach. What a great way to experience Hawkeye football at Kinnick Stadium—UNDER THE LIGHTS! GO HAWKS!!

DAY	Saturday
DATE	September 19
TIME	Noon – Midnight
LOCATION	Iowa City
DEPARTURE LOCATION	WDM City Hall
FEE	\$114
REGISTER BY	September 4
PROGRAM #	15026

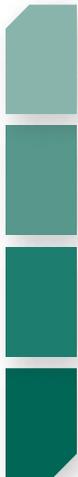
A \$100 non-refundable deposit is due at the time of registration, with the remaining balance due three weeks prior to departure. Because all travel expenses are prepaid, we cannot offer refunds for travel programs.



4 WAYS TO REGISTER NOW!



Scan & Register with your mobile device.



- **Online:**
<https://reconline.wdm-ia.com>
- **Mail-In:**
P.O. Box 65320, WDM, IA 50265
- **Call-In:**
222-3444
- **Fax-In:**
222-3459

POLICIES

REFUND POLICY

Refunds will be gladly given for any reason as long as your request for a refund is submitted before the registration deadline date. Any time after that date, refunds will only be issued with a written medical excuse. *This policy does not apply to travel programs & adult sports leagues.*

CANCELLATION POLICY

We reserve the right to cancel a program or activity that does not meet the minimum number of participants necessary to offer the program.

REGISTRATION CHANGE FEE

A fee of \$5 will be charged for each Registration Change made after participants are enrolled in a program.

RECREATION PROGRAM ASSISTANCE

Fee discounts are available for WDM residents meeting guidelines for assistance. Applications will be available at **WDM Human Services, 318 5th Street.**

ACCOMMODATIONS

It is the responsibility of the individual with a disability requiring accommodations to inform the Parks and Recreation Department at least 48 hours in advance. Please call **222-3444** to have accommodations provided.



First Name(s) (Parent or Guardian)	Last Name
Address	City, State, Zip
Home Phone	Alternate Phone Number
E-mail Address	Visa, Mastercard, or Discover (Circle one)
	/ /
	Card number exp. date

\$5 / change fee for program changes made after your registration has been processed.

WDM Parks And Recreation Waiver And Release

In consideration of my own or my child's participation in the Parks and Recreation (hereinafter referred to as "P&R") program or activity through the City of West Des Moines, Iowa (hereinafter referred to as "City"), we hereby release the City, its officials, employees, representatives, and agents from any and all accidents, injuries, damages, or losses received by my child or by myself through the P&R program that have not been caused by negligence attributable to the City. I also agree and acknowledge that the City is not responsible for any intentional or reckless actions of the City's officials, employees, representatives, and agents since those actions are the sole conduct of the responsible individual(s). I further agree and acknowledge that this release of liability is full, complete, and comprehensive, and it covers all accidents, injuries, damages, or losses, known or unknown, and any and all costs related thereto arising out of or otherwise related to my child's participation or my own participation in programs or activities, and that this release is binding upon our heirs, successors, and assigns.

We certify that my child and or myself has received a proper physical examination within the past year and that we are physically able to participate in all P&R activities. We understand that it is our obligation to timely inform P&R of any restrictions or limitations regarding our physical abilities. We also understand that it is our obligation to follow all regulations and rules set forth by P&R in the performance of the activities. We hereby release, indemnify, and hold harmless the City, its officials, employees, representatives, and agents from any and all claims, settlements, and judgments, including all reasonable investigative fees, attorney's fees, and court costs for any injury, damage, or loss, which is due to or arises in whole or in part due to negligent, reckless, or intentional actions taken by my child or by myself.

Participant Name	Birthdate	Activity	Program #	Fee

Please make checks payable to the City of West Des Moines

MAIL to: WDM Parks and Recreation • P.O. Box 65320 • West Des Moines, IA 50265

DROP OFF this form with your payment at the Parks and Recreation Administration Office
4200 Mills Civic Parkway • West Des Moines, IA 50265



Scan with your mobile device to see our website

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Permit No. 4839
ECRWSS



SENIOR CRAFT CRAZE!

Are you looking to make some creative fall decorations or Holiday gifts? If so, you may want to sign up for a senior craft craze class. During each class you will leave with a finished or nearly finished item great for decorating or gifts! Sign up with a friend, make a craft, go out to lunch and make a day out of it!

October 22 • #14991 Magazine Bead Jewelry

You will take old magazine pictures to create some beautiful beads perfect for making a bracelet to wear for all occasions.



November 19 • #14992 Recycled Wool Sweater Bag

Winter is on the way and you will be in style with your new winter bag. Everyone needs to bring an old wool sweater that has been felted. You will make a styling bag that will have everyone talking.

TIME	9:30am – 11am
LOCATION	Raccoon River Park Nature Lodge
FEE	\$7 per class
(Coffee and tea will be served!)	